

Sucker Moon
April 2023



Namebine Giizis



Garden River First Nation

The Creator's Garden

Volume 23
Issue: 4

Community Newsletter





Words from the Chief...



Aanii/Boozhoo Elders, Youth and Fellow citizens!

I wanted to take this opportunity to congratulate all the Little NHL Participants. It was a busy week I'm sure for most of the families who travelled down to Mississauga for the event and it was nice to see some of our teams successful in the pursuit of championships. It was a bittersweet moment to see the tournament return to action and we're looking forward to next year's 50th Anniversary of the Little NHL event. I want to specially thank all those parents, organizers and members who assisted in putting together the resources and coordinating the fundraising drives to assist our teams. Special recognition goes to Courtney Lesage who had been instrumental in helping with the coordination of our Garden River teams. Much appreciation also goes out to our staff for being able to help transition those resources to the families and participants.

PDAC – I had the opportunity to attend the Prospectors and Developers Association Conference held in Toronto. Companies, resource development firms and organizations worldwide attended this event. In Garden River's interest, we have a number of resource development agreements that has been signed off over the course of the last 5 years, which always require a follow-up to ensure that companies are fulfilling their obligations. We also had an opportunity to meet Alamos Gold who is one of the mining claims within our traditional territory to continue on with negotiations. We have joined efforts with Missanabie Cree to co-negotiate the terms and conditions of an agreement and we are hopeful that we are near.

Transmission Line Discussion – Garden River continues to meet with communities along the North Shore to position our Nations to actively participate in the energy sector within the province. There are some big companies that are also vying to win this opportunity, however, the relationship we have with our neighbouring communities, we are hopeful that we are successful in our attempts to participate in this sector. We will continue to update membership as discussions continue.

CEDI – Sault Ste. Marie City Council – The CEDI (Community Economic Development Initiative) was a joint opportunity that we were awarded which will focus on 2 years of collaboration with the city, its staff and CANDO to develop common economic goals. We had a meeting with the Mayor, some of his Council including city staff to determine specific items to focus on. One of those items included a transportation link from the city of Sault Ste. Marie into our community to provide access. We are collectively collaborating on a proposal that we are hoping to submit that will extend the bus route into our community. Further to that, we have been in discussion with the Mayor of Echo Bay, Lynn Watson who also is interested in the potential opportunity. Another item that we are focusing on is an Anti Racism strategy to determine how we can combat the systematic discrimination that our people are experiencing in the city. Aside from those hard conversations is the economic development opportunities that exist, so far we have been invited to the table with our friends from the city to meet on potential partnerships with companies looking to establish a presence in this area. We will continue to update the community as we move forward with this relationship.

Mayor Shoemaker – Garden River has met a number of times with Mayor Matthew Shoemaker along with some of their Council to continue to forge a relationship. This hasn't been done in many years and we are hopeful that this new relationship not only opens up doors for membership but also bridges that divide that has been there for many years. We have remained committed to have some of those difficult conversations on historical matters but we have also focused on a renewed relationship. We will be capping off this work through ceremony, which we will announce in the coming weeks.

Housing Matters – the housing department has had substantial challenges over the years and Council has been determined to address these historical matters. Delinquent mortgages, housing arrears continue to plague this department which overall affects the bottom line of the Nation. We could not continue to operate without addressing the concerns within this department. We have families and many of our members who do not have access to adequate housing, which puts a strain on our department. We cannot stress the importance of addressing the debts that is owed in housing as it not only affects our

current and future funding but it jeopardizes our ability to provide access to mortgages to our members. This is a difficult conversation but a necessary one and we are hopeful that we can pull ourselves out of this instability into a healthier position. We are doing our best to work with our members who find themselves in these situations, as evictions are always the last possible resort. We appreciate all the members who have willingly come forward to address their files.

North Shore Tribal Council Meetings – I participated in a 2-day session with North Shore Tribal Council and the respective communities to receive their quarterly reports from the various departments and programs within NSTC. One of the big topics was Ontario Health Transformation as well as Ontario Health Teams. Both could potentially help to improve health services within our community. One challenge I have for our leadership table is determine what our vision for Health is for Garden River. We have noticed increased funding injections into our First Nation organizations and my concern is that perhaps these funds would be better served directly in our community to provide the necessary resources for our members. We have to be careful that we have enough resources to provide the supports our own members require in our community. We will continue to have those open conversations and determine a path forward.

Annuities – The updates have been very limited at this point, much of the internal dialogue has been kept confidential with the Legal team of Nahwegahbow Corbiere Genoodmagejig who are representing the file with the province and federal government. There are two negotiators who represent the 21 communities, Chief Dean Sayers and former Chief Duke Peltier from Wikwemikong along with the legal team. We are limited on what we as Chiefs have received thus far and can only present that the negotiations are on-going and that they are hopeful that an agreement can be structured sooner than later. There has been a communication strategy implemented from the Litigation team and we as

Chiefs have urged the process to get the message out to our membership sooner than later. Please be patient, as more information will present itself over the coming weeks. There has been NO distribution of funds to communities nor has it been determined per community, anything outside of that is rumour.

Mayor Lynn Watson – Echo Bay – Some of our Council had an opportunity to sit down with Mayor Lynn Watson, including the town's CAO and Volunteer Fire Chief. I want to say Miigwetch to Councillor Tim Johns for assisting with the coordination of the meeting to discuss a number of areas: fire protection, emergency services, partnerships and our environment. We both recognized that we have not sat down as two communities in a very long time. We have remained committed to determine how we can support each other in the area of emergency and fire protection and we are hopeful we can come up with an agreement. For the other important discussions and conversations, we have asked Mayor Watson to "dust off" those previous items that were discussed in the past and determine if we can move some of those discussions forward. Resetting relationships is critical to position our community in a better place.

Huron Superior Catholic District School Board Superintendent – Councillor Trevor Solomon and myself met with Danny

Viotto, Director of Education for the Huron Superior Catholic District School Board to discuss how they can support the needs of our community and children. We talked about the importance of cultural based education and challenged the Director to assist our community in trying to salvage and preserve our languages, culture and traditions. Our children need to know who they are as Anishinaabe, the sense of identity is slowly fading in our young people. We need to challenge those school boards who Garden River has been paying tuition dollars for years with more efforts assist our community. We have remained committed to host Mr. Viotto and the rest of his team in our teaching lodge in the very near future.

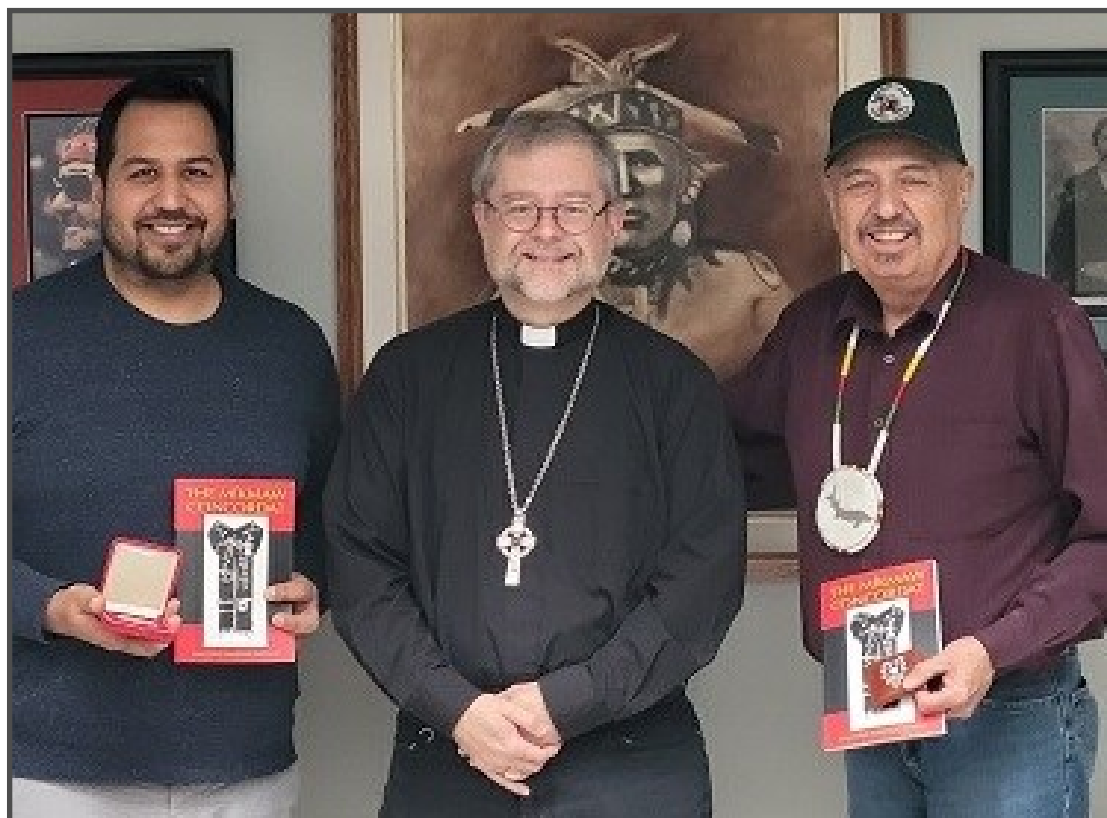
Restorative Justice Program – Congratulations to Brandi Nolan, Governance Specialist and Molli Zack, Restorative Justice support who kicked started the program off with a signing ceremony with stakeholders. This provides Garden River with an opportunity to reclaim back the responsibility of administering our own process in the area of restorative justice for our membership. Terry Nolan was instrumental way back when of establishing our justice diversionary program, which we are hopeful that the restorative justice will allow our members to go through a culturally based process that redirects our people away from the prisons/jails that are

filled with our people. This is one step towards self-governance that we want to build off of.

Council has been very busy addressing the historical challenges inherited over the years. As the Chief, I have no vote in matters of decision; it's the collective of the Council who guides the direction of the community. These difficult and hard conversations are required in order to get us to a better place. We as a leadership table want the best in every area within the community, but with that comes the reality of many challenges, shortfalls in funding, lack of capacity, complacency and a number of other influences. Either way, this Council has remained committed and ready to hit on those difficult matters; it's the only way to improve our Nation.

In closing, I want to again, congratulate all participants who represented our community at this year's Little NHL. It has been a busy time with the fiscal year end for all of our departments and services and we're looking forward to the New Year for continued advancement of our community. Sending prayers and good thoughts to all our membership, near and afar.

Miigwetch,
Chief Andy Rickard,
Namay Dodem
Garden River First Nation



GWEYER

The Restorative Justice Program has been successfully launched on Wednesday, March 22, 2023!

Chi-miigwetch to all community members and partnerships that made it out for the signing ceremony.

JJ-BIMOSENG

"WALKING THE STRAIGHT ROAD"



restorativejustice@gardenriver.org
7 Shingwauk Garden River, ON
905-946-6300 ext. 244



Lil' NHL



Garden River Tykes



Garden River U13 Rec Team



Garden River U13 Competitive Team
~ finished second in the A finals

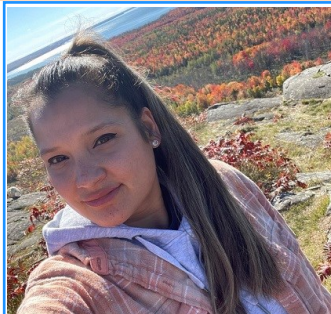


Wiindamaage



Happy 1st
Birthday to
Gabriella on
April 28th!
Can't
believe you
are 1
already!
We love
you so
much!!
From:

Auntie Shasta & your cousins Brynn,
Lakes and Riv ♥



Special
Shout Out
to
Sarah
Shawanda
who will be
celebrating
a birthday
in APRIL

Happy Birthday / Mino Dibishkaan.
Hope you have a Wonderful and Fun
Birthday.

Misko Asin / Red Stone / Barbara Day aka
Mom n Grandma



Wishing my brother
Pete Pine
a very Happy Birthday on April
29th!

Love you always,
Pam and all your
Sisters, nieces,
nephews and many greats! xoxox

Happy 1st birthday to our Granddaughter Gabriella
Lothrop on April 28th,

Love Gramma and Poppa

Congratulations to the March's New Hires

- Norman Belleau – General Maintenance – Community Buildings
- Clayton Belleau – General Maintenance – Community Buildings
- Allison (LOAH) Souliere – Registered Early Childhood Educator
- Carolyn Sewell – Anishinaabe Support Worker
- Janine Zack – Senior Administrative Assistant (Special Projects)
- Alyssa Carolei – Administrative Assistant (CAO)
- Tracy Solomon – Custodian – Community Buildings

Hours of Operation



Monday—9 am—4 pm
 Tuesday—CLOSED
 Wednesday—9 am—4 pm
 Thursday—CLOSED
 Friday—9am—4 pm
 PLEASE NOTE: CLOSED (12-1pm)

Food bank access is limited to one visit per month

Further information, please contact
 Michelle @ MIIJIM GAAMIG
 (705-946-6300 ext 227)

*Food and Monetary Donations are always greatly appreciated

GRFN Community Trust

The 3-step process to become a Garden River Trustee:

1. Apply in writing: must meet Trust requirements: 30+ years of age, Garden River Band member
2. Interview: must achieve at least 50%+1 of total average aggregate score
3. Submit:
 - a. Code of Conduct -- signed;
 - b. Credit score: no bankruptcies, money management, per March 10, 2001 BCR B2000-2001-56
 - c. Criminal Records Check, Level 1, per March 10, 2001 BCR B2000-2001-56
 - d. Corporate trustee forms:
 - i. Client Information form-- Controlling and Authorized Persons/ beneficial owners / Beneficiary / Directors / Settlers / Trustees
 - ii. Electronic Communications (e-Communications) consent
 - iii. Third Party Attestation

Once #3 documents/forms (clean/clear) have been submitted to the Trust, the Band members' terms as Trustee commences.

Thank you.
 Alanna
 GRFN Trust Manager



COMMUNITY TRUST

"Strength from the Past, Integrity of the Present, Respect for the Future"

Ph: 705-206-7525
 Email: grfntrust@gmail.com

c/o 6 Shingwauk Street
 Garden River, ON P6A 6Z5

"1994 – 2022: Celebrating Community Engagement:
 Garden River Membership Approved – Trust Funded!"

NOTICE OF VACANCIES & PRIORITY LIST -- OPEN UNTIL FILLED

1. Are you:
 - A) trustworthy and honest?
 - B) over the age of 30 years on commencement of term as Trustee?
2. Can you make:
 - C) time commitment of a minimum of 5 hours per month?
 - E) sound judgments?
3. Would you:
 - F) help others in your role as a Trustee?
 - G) maintain loyalty to the Trustees, AND a higher loyalty to the Garden River First Nation (GRFN) Band members (beneficiaries), both present and future generations?

If you have answered YES to all of the above, Garden River band members should submit your resume and cover letter to the address below. Interviews will be scheduled for those applicants who meet the qualifications. Successful candidates would be entered onto a priority list for vacancies that occur within the Garden River First Nation Community Trust, whose purpose is:

"...the Trustees...will manage the Trust Property in a wise and prudent manner, and that the management of the Trust Property may include...investing and expending the Trust Property in ways that are to the greatest benefit to the people of GARDEN RIVER FIRST NATION, both those alive at the time this Trust Agreement is made and the future generations."

Interested Garden River Band members are invited to submit a letter and resume to:

Alanna Jones, Trust Manager
 Garden River First Nation Community Trust
 c/o 6 Shingwauk Street
 Garden River, ON P6A 6Z5
 Email: grfntrust@gmail.com

NOTES:

- a. Meeting criteria within Trust Agreement and interview process, appointments as Garden River Trustees are conditional upon submission of:
 - a. clear Criminal Reference Check
 - b. clear/negative bankruptcy/credit check
 - c. signed Code of Conduct
 - d. Three (3) forms as required corporate trustee

For more information, please call Alanna at (705) 206-7525, or email grfntrust@gmail.com.

Posted June 14, 2022



GROUP FITNESS CLASSES



- YOUTH
- BEGINNER/INTERMEDIATE
- LATIN DANCE



The Garden River Rec Centre, and Garden River Wellness Centre are excited to announce a partnership to offer ConqHER group fitness classes to the community!

All classes will be free of cost to GR band members (drop in fee for others), starting mid-April with the following schedule:

Youth Classes: Tuesday & Thursday, 5:30pm—6:30pm

Beginner / Intermediate Classes: Tuesday & Thursday, 6:30pm-7:30pm

Latin Dance Class: Saturday, 10:00 am - 10:45am

Huge thank you to Sportchek SSM for donating new equipment for the program!

For further inquiries, reach out to Chris or Roy at the Rec, or samantoine03@hotmail.com.

Chris—cmoretin@grfnrec.com
Roy—rbillingsley@grfnrec.com

SPRING MEMBERSHIP SALE

Starting - March 20th
Ending - April 8th

	6 Month	1 Year
Junior (14-17)	\$140	\$200
Adult (18-60)	\$150	\$220
Elder (60+)	\$135	\$210



**Garden River
Recreation Centre**

Fitness Jokes for the light hearted

1. Sit-ups are the best exercise because they include the most lying down.
2. (at the gym) Me: What does this machine do? "Sir, that's a bench." Me: perfect!
3. I'm sorry if I don't wave or smile back at you while I'm running. It's just that I'm trying very hard not to die.
4. I thought a spin cycle class was about laundry.
5. A man in his sixties asks the trainer at the gym: What machine should I use to impress a 30 year old woman? The personal trainer looks at him and says ... "I recommend the ATM."
6. Why do hamburgers go to the gym? To get better buns.
7. My running form could be described as "drunk peep slowly being chased by no one".
8. Fitness failure: I just burned 2000 calories. That's the last time I leave brownies in the oven while I take a nap.
9. Do people who say, "Exercise helps me relax" know about not exercising?
10. Strong people don't put other people down. They lift them up and slam them to the ground for maximum impact.



Sports



Wolverines SPORTS: 2023 NOSSA Boys Jr Basketball Championships goes to the White Pines Wolverines Junior Boys held in North Bay on the Feb 25th Weekend. Miigwetch to Coach Ian, and Coach Natalya, Mr. Dunn and Cheri Pine for coordinating this Tournament and the others as well. The young fellas got to experience the gold. Special acknowledgement to Garrin Pine who amazingly scored 37 points, the young guy got some serious skills.



Wolverines WPjrBB travelled to Northern Ontario, during the coldest part of this winter, -40 to Timmins, during the first weekend of February 2023 for another basket

ball tournament. All the way to Timmins to face their rivals, where sadly the Korah Colts took that game, but the tournament was not finished yet, as Korah Colts faced Loellen High School from Sudbury for that Championship Game. The outcome of that game was Loellen High School took the championship during this Timmins 2023 Challenge. This tournament lead up, to much excitement, as White Pines Wolverines Junior Boys battled it out for the SSM City Championships against Korah Collegiate once again, here in Baawaating in mid-February where it was held on neutral territory (Superior Heights) the stands were packed, sadly Korah took it again. The Wolverines battled it out in true wolverine style. It was a teeth clencher and an emotional game for all White Pines players, fans and families. Many felt the boys faced some unfair calls and poor treatment during the refereeing of their game. This tournament was a wrap for the WPjrBB League, Get 'Em Next Year Boys. Miigwetch for all the excitement, the commitment and playing in the true spirit of basketball. We witnessed some fine basketball from you all and a spirit of sportsmanship and friendship that not only give you all an edge in sports but also in life.

WTG

Recap of their Over All Wins: To Sudbury on December 9th and 10th for the Mitch Lalonde Memorial Tournament where they took their first gold 2022.



Eastview Eagles Jr Girls Volleyball took the Championship Mid Feb 2023. Congratulations and continue on the path of sports.

Eastview Eagles Senior Girls from the gold in basketball to taking the gold now in volleyball: Taking the volleyball championships home this year March 2023. WTG Girls, you all are both skilled and great leaders in sports.



Sports page—photos and comments submitted by:
Misko Asin / Red Stone / Barbara Day aka Mom n Grandma



NOTICE: INCOME TAX GARDEN RIVER *DOES NOT* ISSUE T4'S FOR POSTSECONDARY STUDENTS.

You will be receiving your tuition fees form, T2202A, directly from your school. This is yours to use when filing your income tax. If you do not have a taxable income, you should be able to either save it for future use or you can transfer to a parent/guardian that can benefit from this tax deduction.
Please check with a tax expert on this for proper information.

Elementary School

Aanii Boozhoo

We kicked off March is Reading Month with celebrating Dr Seuss' birthday eating green eggs and ham! Students wore stripes, t-shirts with words, and read to their favourite stuffies. Our final celebration was reading with flashlights in the dark! For the rest of March and early April, we are visiting Sugar Bush.

Mii'iw

Garden River Elementary Team





REGISTRATION

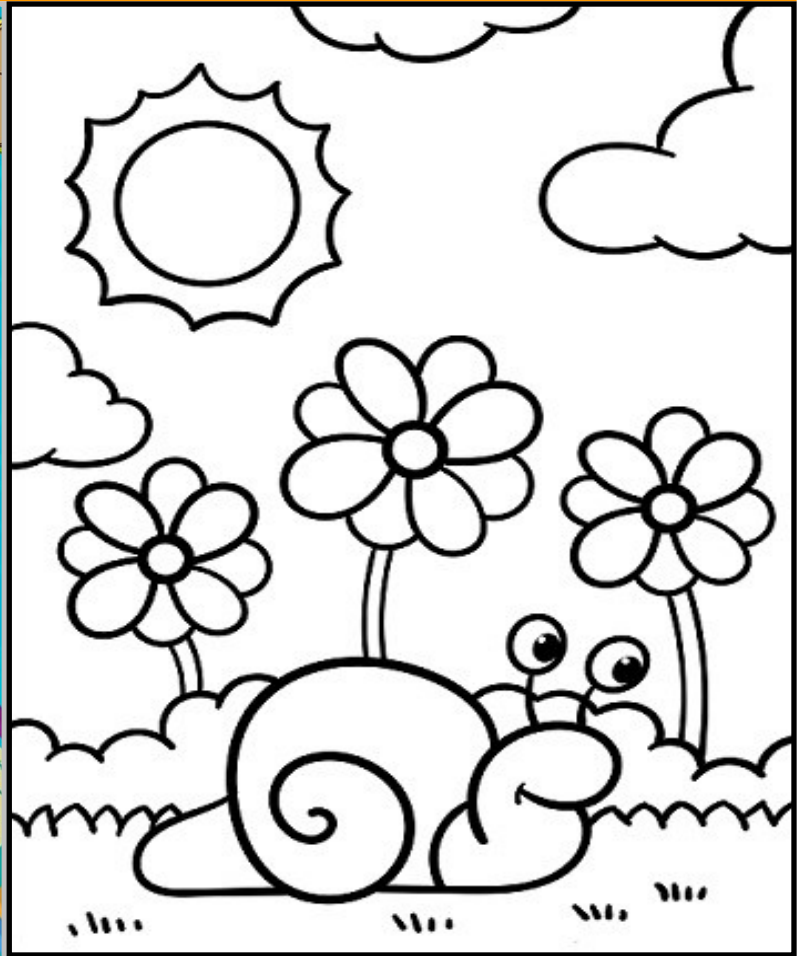
New Student Enrollment

If your child is born in 2019 (JK) or 2018 (SK), please register them with us today.

How to register:

1. Come in anytime at the Garden River Education Unit
2. Fill out registration papers
3. Provide status card if your child has one
4. Receive a copy of the Elementary guidelines to see what services are provided for your child

Please register with Deanna Jones, Elementary Liaison I can be reached at 705-946-3933 ext 203 or by email at dejones@gardenriver.ca




Huron-Superior Catholic DISTRICT SCHOOL BOARD

HIGH SCHOOL 101

Join the Indigenous Transitions Coach to chat about High school!

GIFT CARD

Let's learn about High school!
Each session, we will cover topics about high school!
Attendance, Uniforms, Supports, Services, Career Pathways, Parent Involvement, and Much More!

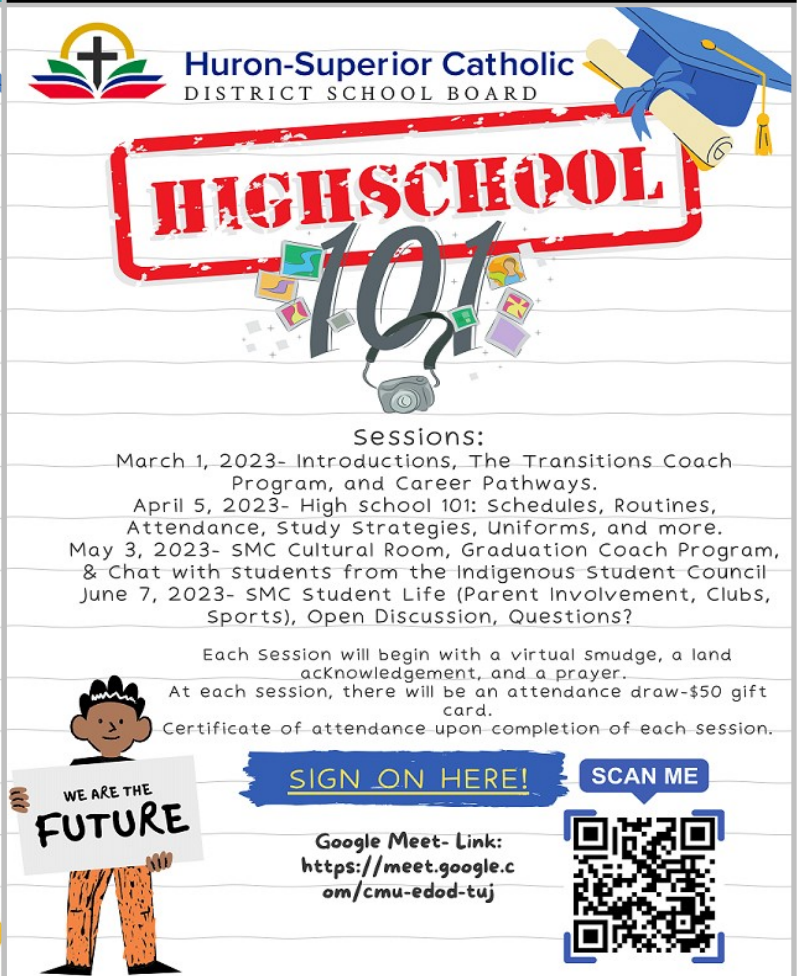
When: Wednesdays- March 1, April 5, May 3, and June 7, 2023
6:00pm-7:30pm

Who: Grade 7 & 8 Students & Parents

Where: Google Meet- Link: <https://meet.google.com/cmu-edod-tuj>
Or dial: +1 289-432-9934 PIN: 698 943 576#

SIGN ON HERE!

Questions?
Contact Hannah Syrette
(705) 945-5448
Hannah.Syrette@hscdsb.on.ca



Huron-Superior Catholic DISTRICT SCHOOL BOARD

HIGH SCHOOL 101

Sessions:


- March 1, 2023- Introductions, The Transitions Coach Program, and Career Pathways.
- April 5, 2023- High School 101: Schedules, Routines, Attendance, Study Strategies, Uniforms, and more.
- May 3, 2023- SMC Cultural Room, Graduation Coach Program, & Chat with students from the Indigenous Student Council
- June 7, 2023- SMC Student Life (Parent Involvement, Clubs, Sports), Open Discussion, Questions?

Each session will begin with a virtual smudge, a land acknowledgement, and a prayer.
At each session, there will be an attendance draw-\$50 gift card.
Certificate of attendance upon completion of each session.

SIGN ON HERE!

Google Meet- Link:
<https://meet.google.com/cmu-edod-tuj>

SCAN ME



WE ARE THE FUTURE

Secondary Liaison

GARDEN RIVER EDUCATION
UNIT PRESENTS

LIMITED SPOTS
AVAILABLE!
REGISTER NOW BY
SCANNING THE QR
CODE BELOW!

CAREER DIMENSIONS WORKSHOP

FOR GRADES 9-12 HIGH SCHOOL STUDENTS
WITH
COLLEEN NOLAN

APRIL 27th 4 PM - APPROX. 7 PM
EDUCATION/REC CENTRE, GARDEN RIVER
INCENTIVES ~ DINNER PROVIDED ~ & A DOOR PRIZE

Analysis & guidance towards careers
that suit you best and get direction to
the colleges and training programs that
will help prepare you for your future.

For more info or questions,
please contact Stephanie Jones
sjones@gardenriver.ca or
705.946.3933 ext 208

CAREER DIMENSIONS WORKSHOP
FOR HIGH SCHOOL STUDENTS



2 ways to register, either by scanning the QR code or
registration link provided below, thanks!
<https://forms.office.com/r/Mku2xr13nu>

GARDEN RIVER
EDUCATION UNIT
PRESENTS

MOCCASIN MAKING WORKSHOP -
FOR HIGH SCHOOL STUDENTS



LIMITED SPOTS
AVAILABLE!
REGISTER NOW BY
SCANNING THE QR CODE



MOCCASIN
MAKING
WORKSHOP
WITH COLLEEN NOLAN

SAT, APR 29TH 10 AM - 4 PM
REC CENTRE, GARDEN RIVER
FOR GARDEN RIVER HIGH SCHOOL STUDENTS (GR'S 9-12)

For more info or questions, please contact Stephanie Jones
sjones@gardenriver.ca or 705.946.3933 ext 208

SNACKS &
LUNCH
PROVIDED,
INCENTIVES
& A DOOR
PRIZE!

2 ways to register, either by scanning the QR code
or registration link provided below, thanks!
<https://forms.office.com/r/NAGKnUzQDJ>

Superior Heights Elder Visit

Students at Superior Heights were visited by Elder, Carol Hermiston, on March 1st, during their lunch block to hear about how the Warrior Down program impacts us today. The goal was to have our students realize the responsibility they have towards each other. She addressed ways in which they as students can assist each other when they are in trouble. Her message was strong, wise and clear and the students seemed to have really taken in the message that she was conveying. We provided lunch and it was nice to see the students listen so intently. I'm currently in the process of planning more visits amongst the local high schools with Carol and other available, local elders and knowledge keepers.



I'm also in the process of compiling a list of resources - elders and knowledge keepers who are willing to do visits in either the cultural room and/or classrooms to speak to students. I'm finding that there is a lot of interest from some of the high school teachers as well. So, if you know of anyone who may be interested, please forward their contact information to me at sjones@gardenriver.ca. We would most welcome the opportunity to connect with them!

~ Steph
Secondary Liaison Worker

Post Secondary

Congratulations to all of our sponsored students that are nearing the completion of another school year! Hang in there...you are almost done! **CHALLENGE YOURSELF** to complete and submit your coursework on time, to read all of your readings BEFORE your class, to review your notes regularly, to study earlier and more than you normally would for your final exams; and of course, to attend all of your remaining classes. Professors should be reviewing information to help you prepare for your final exams in the final weeks of classes.

Are you Planning on Continuing your Studies in the Fall 2023?

Application for Sponsorship
Deadline is May 15th

DO I REALLY NEED TO SUBMIT A NEW APPLICATION AGAIN FOR FUNDING?

YES....If you are currently enrolled full-time or part-time at college or university, **AND** you plan on continuing your studies in the September 2023, you must complete and submit a new **GRFN Application for Post-Secondary Educational Assistance**. You can either print out a copy of the 4 required pages via the internet at www.gardenriver.ca in the Post-Secondary Downloads section or you can stop by to pick up a copy here at the office. Don't wait until the last day to complete and send your application.

ARE YOU CONSIDERING GOING TO COLLEGE OR UNIVERSITY THIS COMING YEAR?

Remember.....you can't get accepted at a college or university if you don't apply through the **Ontario College Application Service (OCAS)** or the **Ontario University Application Service (OUAS)**!

And you **can't get sponsored** if you don't complete the **GRFN Application for Educational Assistance by the deadlines!** Don't delay ... complete and submit your applications early to avoid disappointment.

Even if you have not yet decided, please make sure that you submit your GRFN Application package for Post-Secondary Education Assistance...then at least, I will know that you are thinking about going and

I can add you to the list of GR members applying for sponsorship....then you will have some time to make your final decisions.

....**COLLEGE STUDENTS: "INTENT TO RETURN" FORMS** - these are forms that your school may need YOU to complete and return or submit via your online student account to tell them that you are planning on returning to your studies in either the Fall 2023 semester. By submitting this as requested, the school will hold your seat in the program and work on your new schedule. IF YOU DON'T SUBMIT, the school will consider you as "not returning" and will not send you any new correspondence and/or will not have anything ready for you. **CHECK WITH YOUR SCHOOL ABOUT THIS TYPE OF FORM OR REQUIRED INFORMATION** if you have not already submitted this form.

....COMMUNICATION:

If I don't know that you are having problems, I cannot help you. If I am not in my office or I am on the phone when you call, please leave me a message on my voice mail, with the receptionist or send me an email. Please do not just think that if I am not in the office that you cannot reach out and report problems or share some good news.

?? JOB HUNTING ??

If you haven't already done so, you should be starting your search for summer employment opportunities. Before you even start your job hunt, you need an *up-to-date resume*. Writing a great resume takes time. There are many styles of resumes. There are no strict rules to writing a resume, however, there are some important things to keep in mind. Be concise - use concrete language - research the position qualifications sought and list your appropriate skills/qualifications. AND just as important, you need to develop your interview skills by practicing AND preparing for your interviews.

The internet has excellent resources to help in preparing for interviews, resume writing tips, job listings, career information.

Good luck in your job search!

****Scholarships Reminder****

It's never too late to apply for some scholarships. Please, please visit one of the

many websites to help you perform a customized search for a scholarship. This means that once you have keyed in your academic and personal information, it will search for scholarships for you. All you have to do is complete the application requirements.

WEBSITES TO VISIT:

<https://indspire.ca/programs/students/bursaries-scholarships/>
www.studentawards.com
www.scholarshipscanada.com

also check out the Post-Secondary: Scholarships/Bursaries/Awards section on our website - www.gardenriver.ca

CURRENT COLLEGE & UNIVERSITY STUDENTS.... ARE YOU GRADUATING THIS YEAR ?

If you haven't already done so, please contact me as soon as possible to confirm your graduation and to discuss your graduation gifts for the Annual Education Celebration in late June....date will be announced at a later date.

2022/2023 HIGH SCHOOL GRADS and NEW TO COLLEGE OR UNIVERSITY STUDENTS...

Are you planning on going to college or university in September 2023? If you haven't already done so, please contact me at the office to set-up an appointment to complete your Garden River Application for Post-Secondary Educational Assistance soon. The deadline is May 15th for Fall 2023 fulltime and part-time sponsorship

If you were one of the students that applied to OCAS/OUAS by their deadline, February 1st, you should have started receiving information from the colleges/universities that you applied to.

IF so, did you email me a copy of your "offer of admission / acceptance letter", "residence application information"? It is your responsibility to submit your official acceptance, tuition fees invoice, residence information to me in a timely manner.

POST-SECONDARY
SPONSORSHIP APPLICATION
DEADLINES:

For Spring/Summer Session:

March 29

For September Enrolment:

May 15

For January Enrolment:

October 15

Deadlines are strictly adhered to!!

Apply early to avoid
disappointment.

REMEMBER that, naturally, each school will be requiring you to respond to their "offer of admission" and make your final decision!

**WHEN YOU RECEIVE CORRESPONDENCE,
ALWAYS make sure to check for:**

- deadlines to respond by?
- do they require a "confirmation fee"
- do you have to send more info?
- Are there any entrance tests to write?
- Residence/meal plan information - are you going to apply for residence? There are deadlines for this too...
- Etc.....

PLEASE NOTE: I do not receive any documentation from the school directly during the application process. You are responsible for making sure I am kept informed at all times by bringing me copies of your information.

Remember, if you have sent your application to the Ontario College Application Service or the Ontario University Application Service, you will be reimbursed for the application fees, once you email me your "Acknowledgement Letter OR copy of your OCAS/OUAC receipt" and have **completed your Garden River Application package for Post-Secondary Education Assistance**. For those of you that sent your OCAS/OUAS application before February 1st, you should start receiving correspondence from the colleges/universities anytime now.

Please make sure that you read each letter carefully....there will be invitations to attend information sessions, to get a tour of their facilities or they will need more information from you before they can

make their admission decisions...most importantly though there will be deadlines to respond by.

Each school will be trying to convince you that their school is the best....you will need to do your homework -- this means researching your choices to ensure that your time at college/university will be both an enjoyable AND rewarding experience for you. As I am sure most of you know, each school has a reputation for certain types of programs - make sure you check out the program credentials along with the school credentials. Ask about or look for information on the availability of things like support services, campus life/activities, student residences for new students, accessibility by public transportation, etc., etc (visit the school web-sites for e-tours and basic information).

**VISIT YOUR POTENTIAL
COLLEGE/UNIVERSITY TO HELP
MAKE YOUR FINAL DECISION**

If you have submitted your GRFN Application for Sponsorship package and have applied to eligible colleges or universities, and when you have received correspondence from all of the schools you applied to and prioritized/narrowed down your choices, you can then arrange and confirm a date for a campus visit or the orientation sessions that most schools have prepared for "potential students". This is an excellent opportunity to "experience" your new school before you make a final decision.

Remember that according to the GRFN Post-Secondary Operating Guidelines and as a new post-secondary applicant/student, you are **eligible for one trip to a prospective college or university to help you finalize your decision**. Once you have decided which school you would like to visit, you must submit a copy of the official "Campus Visit" invitation and confirmed itinerary. According to the length of the pre-arranged visit, you will receive travel assistance plus student rates for meals and accommodations according to the length of your official visit/tour. Remember, this is an excellent opportunity to help you make an informed decision about your new school. **In order to receive this assistance, you must complete your GRFN Application package for Education Assistance** AND submit a copy of your invitation with full itinerary of your visit. This needs to be

submitted to my office at least two weeks or a month in advance of your scheduled visit so that I can get your funding calculated and ordered for you in time.

This is an excellent opportunity to help you make an informed decision about your new school.

Even though you will have a lot of different opinions/suggestions from your parents, older brothers/sisters, your friends, your guidance counsellors, and so on, ultimately,

**this education/career
decision is yours to make !!**

Do your homework and make an informed decision!!!!

Once this process is done, naturally, each school will be requiring you to respond to their "offer of admission" and make your final decision!

**WHEN YOU RECEIVE CORRESPONDENCE,
ALWAYS make sure to check for:**

- deadlines to respond by?
- do they require a "confirmation fee"
- do you have to send more info?
- Are there any entrance tests to write?
- are you applying for residence? You will need to apply separately with each school ...check for this information as there are deadlines for this too
- Etc.....

Just as important in these next steps is to PLEASE MAKE SURE THAT YOU EMAIL ME COPY OF YOUR OFFICIAL INFORMATION IMMEDIATELY SO THAT WE CAN PROCESS AND EMAIL SPONSORSHIP LETTERS BEFORE TUITION DEPOSIT DEADLINE.

Please be advised that this office is not responsible for payment of any late fees or loss of seat due to late payments.

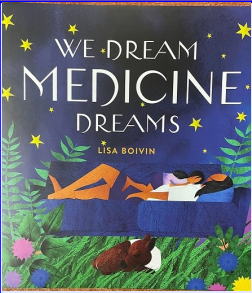
If you ever have any concerns or questions about your education, please do not hesitate to contact me at the office, 705-946-3933 ext.202 or email me at amjones@gardenriver.ca or send a virtual meeting request or make an appointment for an in-person meeting.

Miigwetch
Anne Marie Jones
Post-Secondary Counsellor



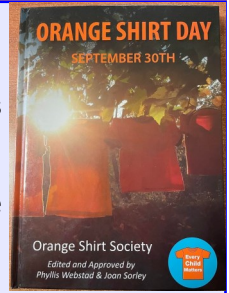
GRFN Public Library aka Resource Centre

April's Featured Books



We dream medicine dreams. *Lisa Boivin.* From Dene artist and bioethicist Lisa Boivin comes this healing story of hope, dreams and the special bond between grandfather and granddaughter.

Orange Shirt Day September 30th. *Orange Shirt Society.* The Orange Shirt Day Journey. Orange Shirt Day is observed annually on September 30th to honour Residential School Survivors and their families, and to remember those who did not make it.



Both these books and many more Native Content books are available for borrowing at the Garden River Public Library

The Garden River Resource Centre/Public Library's

Services include:

- Book lending
- Printing services (*free for students*)
- Reading; craft; kids programs
- Online through Facebook NEW GRFN Resource Centre Page: <https://www.facebook.com/profile.php?id=100090213668983>
- GRFN Archives
- Home of the GRFN Community Monthly Newsletter

Additional Info:

- The VR Console/Computer has approx. 30 games available
- There are a variety of Folkmanis animal puppets
- Ontario Parks Permit—2 parking passes that can be loaned out
- Free Wifi Available to students & community members
- 3D Printer—small single colour requests can be printed for a fee
- Printing, blinding, laminating is available.

Appointments:

can be set up for library usage after regular hours — for homework, VR games, printing, wifi — must be scheduled at least 2 days in advance.

Email: irene.gray@gardenriver.ca
Or Call: 705-946-3933 ext. 210

The GRFN Public Library presents:
(48 Syrette Lake Road)

The 2023 GRFN PL Reading Challenge

April's Challenge

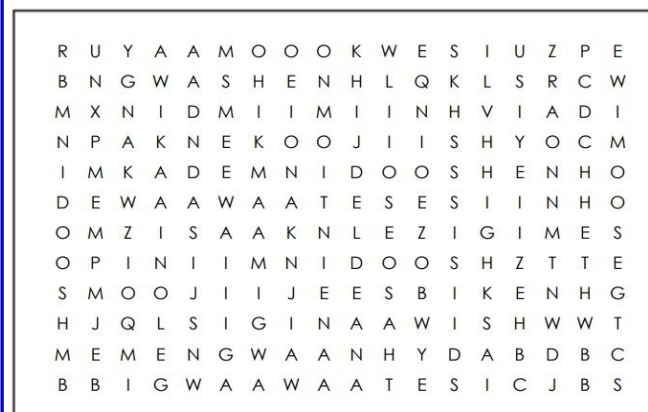
To read:

- ~ a purple coloured book;
- ~ a book about a famous person;
- ~ a children's book;
- ~ a romance book.

Submit your name, the names of all the books you have read along with the author and identify which of the 4 it is.

Email to: irene.gray@gardenriver.ca
by the first business day of the next month (May 1, 2023)

Minidooshesag - insects



Find the following words in the puzzle.
Words are hidden → ↓ and ↘.

AAMOO - bee	AKADEMNIDOOSHENH - black fly
BBIG - flea	MINIDOOSH - bug
BNGWASHENH - sandfly	MOOSE - caterpillar
ESBIKENH - spider	MZISAAK - horse fly (1)
KOOJISH - lice	OOJII - housefly
MEMENGWAANH - butterfly	OOKWE - maggot
MIIMIINH - moth	PAKNE - grasshopper
	PINIIMNIDOOSH - potato bug
	SIGINAAWISH - earth worm (2)
	WAAWAATESEINH - firefly (2)
	WAAWAATESI - firefly (1)
	ZIGIME - mosquito

Anishinaabemowin Words for the Month:

apikweshimon
(pillow)



nibewiniigin
(bed sheet)



waaboowaan
(blanket)



nibewin
(bed)





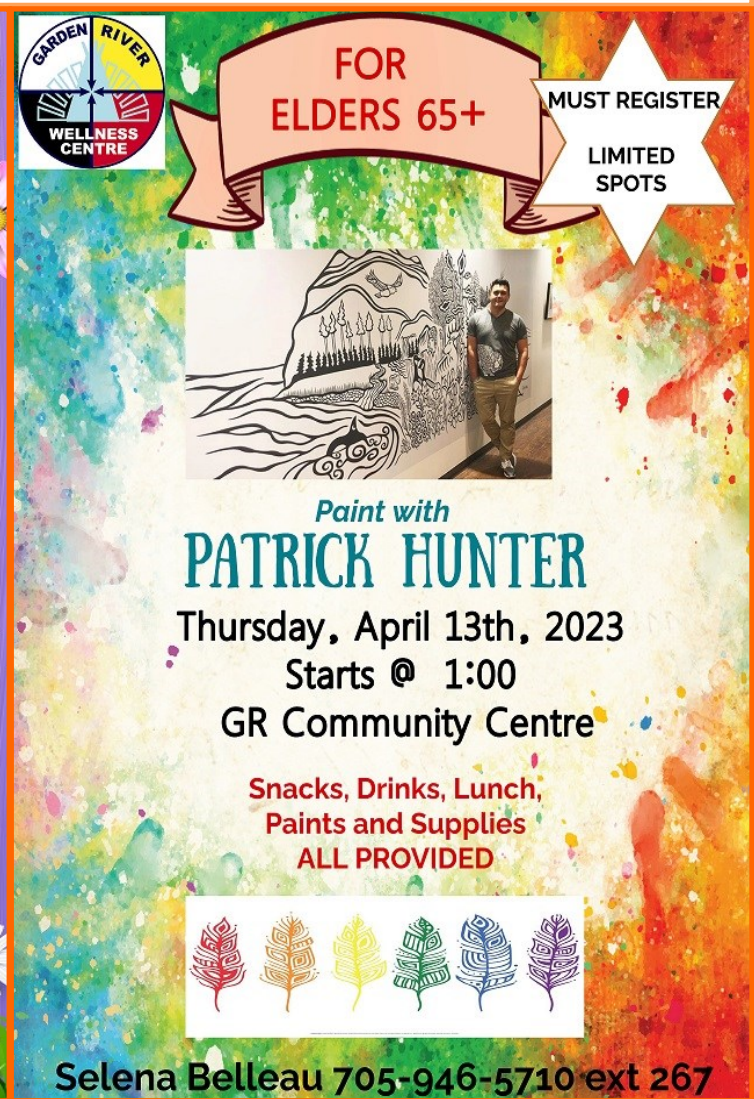

ELDERS 65+

GROCERY BINGO

TUES. APRIL 4TH , 12:00
@ GR COMMUNITY CENTRE

HOT LUNCH & GIFTS/PRIZES
***DON'T FORGET YOUR DABBERS**

Selena Belleau 705-946-5710 ext 267



FOR ELDERS 65+

MUST REGISTER
LIMITED SPOTS

Paint with
PATRICK HUNTER

Thursday, April 13th, 2023
Starts @ 1:00
GR Community Centre

Snacks, Drinks, Lunch,
Paints and Supplies
ALL PROVIDED

Selena Belleau 705-946-5710 ext 267

TIME TO BLOOM! SPRINGTIME WELLNESS TIPS YOU'LL LOVE
 (adapted from: <https://homedna.com/blog/time-bloom-springtime-wellness-tips>)

SPRING INTO A HEALTHIER DIET

Springtime wellness begins from the inside and works its way out. So spring-clean your body by cutting out heavier winter comfort foods and adding more fresh fruits and vegetables back into your diet. Some of nature's tastiest and healthiest edibles are in season right now: asparagus, leafy greens, strawberries, and more. You'll naturally eliminate toxins and you'll feel lighter, too!

GROW A NEW WORKOUT ROUTINE

Jump-start your body with a new workout. Are you a walker? Try something different for a week, like bicycling, swimming, or lifting weights. Changing things up is not only rejuvenating, but it can also be a trigger for weight loss.

SPROUT A NEW HOBBY

Spring is a time for moving forward and experiencing renewal. So add freshness to your life by trying something completely new. Trying something outside our usual (and comfortable!) habits forces us to grow, which in turn contributes to our happiness. It may be scary at first to get out of your tried-and-true routine, but you'll soon find there's nothing to be afraid of, and that newness is exhilarating.

BLOSSOM IN THE GREAT OUTDOORS

Winter stagnation is hard on even the happiest person—it can make you unproductive, irritable, and even depressed. A never-fail springtime wellness tip is to recharge your psychological batteries in the great outdoors; when you venture out into nature regularly, you can enjoy:

- Improved attention span
- Boost in serotonin (the feel-good neurotransmitter)
- Increased brain activity

CONSCIOUSLY CULTIVATE A MORE POSITIVE MINDSET

Negative thoughts are draining, but if you recognize that you're having one, you can consciously choose to change it. Switch out "I can't" for "I can" for a week and see how differently you feel at the end of it. The chemicals produced by the body in response to positive thoughts are more likely to support you as you spring into the new season.

THE BOTTOM LINE

How and when you choose to come out of that funk in the springtime is largely in your control—and that's a great feeling! Being proactive takes courage, but the benefits are pure sunshine.



You're invited to the GRCFS

Spring Family Dance

Non-perishable food donations are appreciated upon entry

Where: Garden River Community Centre

When: Friday, April 28, 2023

Time: 6:00-8:00 pm



Now has it's own Facebook page!!

Check out the latest and most up to date activities!!

<https://www.facebook.com/profile.php?id=100089863964795>

(Garden River Child and Family Services)

To continue practicing safe social distancing - Most programs will be on a virtual platform.

Off reserve band members are encouraged to participate!

HOW TO REGISTER FOR A PROGRAM

Please email or call Staff running the program to register! Join by phone, cellphone, tablet, or computer!!

****PLEASE REGISTER ONE DAY IN ADVANCE AS SPACES ARE LIMITED****

STAFF CONTACT INFORMATION

KH - Kiana Hill – khill@grcfs.ca/705-989-8189 x222

MP – Marie T. Pine – mtpine@grcfs.ca/705-971-7116 x214

SN—Stevie Nolan—snolan@grcfs.ca/705-989-7770 x221

JT - Jordie Thibault – jthibault@grcfs.ca/705-971-7165 x209

HB—Hailey Bryan—hbryan@grcfs.ca/705-542-9717 x201

BC – Belinda Camara – bcamara@grcfs.ca/ 705-542-9200 x202

KM - Kelly Musgrove – kmusgrove@grcfs.ca/705-987-1645 x206

PROGRAM INCENTIVES/DRAWS

PROGRAMS – Participants will receive an incentive for every program they attend.

FAMILY CHALLENGES – Every family that participates will receive an incentive.

LEARNING ACTIVITIES (LA) – Each family that participates in the Learning Activities will receive an incentive



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
Please Note: Virtual program participants will not be let in to Zoom more than 5 minutes after program start time.					
3	4 BC/KM—LA: Create an Easter Bunny Parents/ Caregivers & Children 0-6	5 SN-Bami'aagan Support Group 5:30 Caregivers of Children w/ Special Needs	6 BC/KM—LA: Easter Egg Decorating Parents/ Caregivers & Children 0-6	7 Good Friday Office Closed	1/2
10 Easter Monday Office Closed	11 BC/KM—Humpty Dumpty 4:30 Parents/ Caregivers & Children 0-6 KH/MP—Gas lighting (Hybrid) 6 pm Parents/ Caregivers of Children 0-12 HB—Nutrition Talk Tuesdays 4:30 Youth 7-12 yr KH—LA: Family Fun Challenge *sign up by 4:30	12 BC/KM—Show & Tell 4:30 Parents/ Caregivers & Children 0-6 SN-Just Bead It (In Person) 10-noon Parents/ Caregivers 18+ (location TBD) HB—Workout Wednesday 4:30 Youth 7-12	13 BC/KM-LA: Anishinaabemowin: Waabooz Parents/ Caregivers & Children 0-6 HB-Thankful Thursday 4:30 Youth 7-12 KH-Lunch & Learn (In Person) 10-noon For Grants & Gruncles (location TBD)	14 KH-LA: Family Fun Challenge * due by noon	15/16
17 KH-LA: Family Fun Challenge *sign up by 4:30	18 BC/KM—Scavenger Hunt 4:30 Parents/ Caregivers & Children 0-6 JT-Assertiveness 4:30 Youth 13-24 HB-Nutrition Talk Tuesday 4:30 Youth 7-12 KH/MP-Fake Pills (Hybrid) 6 pm Parents/ Caregivers of Children 0-12	19 BC/KM-Story & Song 4:30 Parents/ Caregivers & Children 0-6 SN-Just Bead It (In Person) 5:30-7:30 Parents/ Caregivers 18+ (location TBD) JT-Fake Pills 4:30 Youth 13-24 yrs HB-Workout Wednesday 4:30 Youth 7-12	20 BC/KM-LA: Anishinaabemowin-Ziigwan Parents/ Caregivers & Children 0-6 JT-Effective Listening 4:30 Youth 13-24 HB-Thankful Thursday 4:30 Youth 7-12 KH-Lunch & Learn (In Person) 10-noon For Grants & Gruncles (location TBD)	21 KH-LA: Family Fun Challenge * due by noon	22/23
24 KH-LA: Family Fun Challenge *sign up by 4:30	25 BC/KM—Umbrella Craft 4:30 Parents/ Caregivers & Children 0-6 JT-Corrections/Jail System w/guest speakers (In Person) 5 pm (location TBD) Youth 13-24 HB-Nutrition Talk Tuesday 4:30 Youth 7-12 KH/MP-Cultural Teaching (Hybrid) 6 pm Parents/ Caregivers of children 0-12	26 BC/KM-Story & Song 4:30 Parents/ Caregivers & children 0-6 JT-Healthy Self Relationship 4:30 Youth 13-24 HB-Workout Wednesday 4:30 Youth 7-12	27 BC/KM-LA: Anishinaabemowin: Gimiwan Parents/ Caregivers & Children 0-6 JT-Youth Culture 4:30 Youth 13-24 HB-Thankful Thursday 4:30 Youth 7-12 KH-Lunch & Learn (In Person) 10-noon for Grants & Gruncles (location TBD)	28 KH-LA: Family Fun Challenge * due by noon Family Dance 6-8 @ Community Centre	29/30
BUILDING STRONG FAMILIES AND COMMUNITIES FOR OUR CHILDREN					



2SLGBTQIA+ Youth Group

- ✓ Safe Space
- ✓ Snacks
- ✓ Peer Support

Join us in-person on the
third Friday of every
month for a drop-in group

Ages 12-17

6:00-7:30pm

**GR Child & Family
Services Building
(7A Shingwauk Street)**

- ✓ Information sessions
- ✓ Discussion
- ✓ Incentive offered
to those who attend



Contact Lana Grawbarger for
information or to register
705-450-5071 x226
lgrawbarger@grcfs.ca



Bami'aagan Parent & Caregiver Support Group

Are you the parent or caregiver of a child with Special Needs? Join us for our Parent & Caregiver Support Group where we can form supportive relationships and share resources that may benefit you and your children.

*Group will be in-person the 1st
Wednesday of each month
5:30 pm-7:30 pm*

Beginning February 1st, 2023

Contact Stevie to Register or for
more information

Call: 705.450.5071 ext 221

Text: 705.989.7770

Email: snolan@grcfs.ca





Dan Pine Healing Lodge



CIRCLE OF LEARNING

Our Ojibway Stories, History and Treaties Workshops for 2022-23

Facilitator: Carol Nadiwon, BA, BEd, MA in American Indigenous Studies. Odawa, member of Batchewana First Nation. Rooted in learning from Elders and ceremonial life.

You are invited to learn and participate in our Circle of Learning Workshops about our Ojibway stories, history and treaties to be held **once a month** on a Wednesday from October 2022 to December 2023 **at the Dan Pine Sr. Healing Lodge from 5:30 to 8:00 pm with supper included.**

Indigenous Peoples have experienced life before contact and after contact. Colonization and racism of control created powerlessness. This included forced assimilation of the residential schools systems, denial of history, culture and economic social co-development. Learning about our past, present and visions for the future are important to our sense of identity, good health and good life.

CONTACT LAURIE 705-946-5710 EXT 228 TO REGISTER

#	Date	Subject
7	Apr 5	1859 Pennefather Treaty - Batchewana, Garden River, Thessalon
8	May 3	Colonialism and Control Doctrine of Discovery, Historical Timeline, Indian Acts, Residential Schools
9	June 7	Mid Evaluation and Discussion
10	Aug 2	Decolonization Historical Timeline, Petitions for Justice, Opposition to White Paper, 1980 Declaration of First Nations, 1982 Constitutional Reform., 1850 Treaty Annuities Court Decision in 2018
11	Sept 13	1991 to 1996 Royal Commission on Aboriginal Peoples and Report submitted in 1996, 2008 to 2015 Truth and Reconciliation Commission and 94 Calls For Action
12	Oct 4	Human Rights – International Rights of Indigenous People
13	Nov 1	Stories. Dreams and Feast for our Relations
14	Dec 6	Overall Evaluation, Feast and Circle





NAAN-DOO-WE'AN
DAN PINE HEALING LODGE

MEN'S NIGHT

JOIN US AS GERRARD SAGASSIGE LEADS MENS NIGHT.

DATES FOR 2023
MAY 4 | JUNE 1 | JULY 6 | AUGUST 10
| SEPTEMBER 7 | OCTOBER 5 |
NOVEMBER 2 | DECEMBER TBD

Please register with via Facebook Messenger at Kimberly Pelletier Sagidjiwejig, or email at Kpelletier@grhc.ca or call 705 946 5107 ext 215. There are a limited number of spots available.

Dan Pine Healing Lodge, 200 Anishinaabe Point Road, Garden River ON, Ojibways of Robinson Huron Treaty 1850




GARDEN RIVER WELLNESS CENTRE

NAANDOOWE'AN

DAN PINE HEALING LODGE

MAZINIGWAASO AAWANIFIWE – LET'S READ

Beading Dates 2023
 April 5 & 19 | May 3 & 10 | June 7 & 14 | July 12 & 19 |
 August 9, 16, & 30 | September 13 & 20 | October 18
 November 15 & 29 | December none

If you plan to attend in person, please register through Facebook Private Message at Kimberly Pelletier Sagidjiwejig, email Kpelletier@grhc.ca or Phone at 705 946 5107 ext 215. There are a limited number of spots available.

Dan Pine Healing Lodge, 200 Anishinaabe Point Road, Garden River ON, Ojibways of Robinson Huron Treaty 1850




GARDEN RIVER WELLNESS CENTRE

Tea & Talk



Aniish miinawaa Gaganoonidiwag - Tea & Talk
Thursdays 1 - 3 pm

Come join virtually or in person as we all Pull up a chair, grab your blanket, pour yourself a cup of coffee, tea, & grab a snack. Join us as we chat, visit, and craft.

DATES FOR 2023
 APRIL 6, 20, & 27 | MAY 11 & 18 | JUNE 8, 15, & 29 |
 JULY 13 & 20 | AUGUST 17 & 24 | SEPTEMBER 14, 21, & 28 |
 OCTOBER 19 & 26 | NOVEMBER 16, 32, & 30 | DECEMBER 14

ZOOM INFO
 MEETING ID: 941 1082 8629 PASSCODE: 907256
 THERE ARE A LIMITED NUMBER OF SPOTS AVAILABLE.
 IF YOU PLAN TO ATTEND IN PERSON, YOU MUST REGISTER THROUGH FACEBOOK MESSENGER AT KIMBERLY PELLETIER SAGIDJIWEJIG, EMAIL AT KPELLETIER@GRHC.CA OR 705 946 5107 EXT 215.

Dan Pine Healing Lodge, 200 Anishinaabe Point Road, Garden River ON, Ojibways of Robinson Huron Treaty 1850

GARDEN RIVER WELLNESS CENTRE

SUPER WOW (WORK ON WHATEVER)

Dan Pine Healing Lodge, 200 Anishinaabe Point Road, Garden River ON, Ojibways of Robinson Huron Treaty 1850

Super WOW Dates - 2023
 April 3, 17, & 24 | May 1, 8, & 15 | June 5, 12, & 26 | July 10, 17, & 24 |
 August 14 & 21 | September 11, 18, & 25 | October 16, 23, & 30
 November 13, 20, & 27 | December 11

JOIN US FOR LEARNING, TEACHING, SNACKING, & VISITING.
 IF THERE IS SOMETHING THAT YOU WANT TO LEARN, LET ME KNOW, I WILL TRY TO MAKE SURE THAT HAPPENS.

ON THE LAST MONDAY OF THE MONTH, WE WILL BE WORKING ON OUR FULL MOON PAINTING.
 GATHER YOUR SUPPLIES & COME CREATE WITH US.
 ZOOM MEETING [HTTPS://US06WEB.ZOOM.US/J/94234860430](https://us06web.zoom.us/j/94234860430)...
 MEETING ID: 942 3486 0430

If you plan to attend in person, please register with me through FB PM at Kimberly Pelletier Sagidjiwejig, email Kpelletier@grhc.ca or at 705 946 5107 ext 215. There are a limited number of spots available.




GARDEN RIVER WELLNESS CENTRE

2Spirit Monthly Hangout Online



Via Zoom
at 6:00 PM - 8:00 PM EST

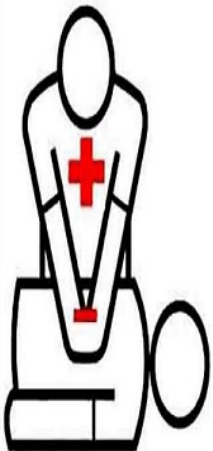
Meeting ID:
 824 3869 7228
 Passcode:
 549354

Meeting Dates for 2023
 April 20, May 18, June 15, July 20, August 24, September 21,
 October 19, November 16, December 14,

For More Information Please Contact
Kimberly Pelletier at Kpelletier@grhc.ca

Garden River First Nation Employment and Skills Development in partnership with Superior EMS is offering—

Standard First Aid with CPR and AED



When: Saturday April 15 & Sunday April 16, 2023

Where: GRFN Community Centre at 6 Shingwauk St.

Time: 9:00am-5:00pm

*Lunch provided Daily
space is Limited*

Please contact Lee Ann Gamble for more information and to see if you qualify for funding

Lee Ann Gamble—Employment Counsellor

(705) 256-5413 Ext. 205

lgamble@gardenriver.org



Garden River First Nation Employment and Skills Development in partnership with Migizi Security Services is offering—

SECURITY GUARD TRAINING

When: May 8-11, 2023

Time: 10:00am—4:00pm

Lunch provided Daily

Where: Garden River First Nation Community Centre at 6 Shingwauk St.

*10 Spots Available—
Training to possible
Employment*

Participants MUST be:

- At least 18 years old
- No Criminal Convictions on this list <http://www.Ontario.ca/laws/regulation/080037>
- Have at least 2 pieces of Government ID
- Must have VALID Standard First Aid with CPR and AED

Course Includes:

- In Person Security Guard Training
- Training Completion Number
- Security Test Exam
- Security License application and assistance with applying for the Security Guard License

**Deadline to
Register—**

April 11, 2023

Please contact Lee Ann Gamble for more information and to see if you qualify for funding

Lee Ann Gamble—Employment Counsellor

(705) 256-5413 Ext. 205

lgamble@gardenriver.org



OntarioSecurityHub



Are you interested in Driver's Training?



LIMITED SEATS AVAILABLE —

CALL TODAY TO RESERVE YOUR SPOT!!

When: May 20-21, 2023 & May 27-28, 2023

(2 weekends)

Time: 9:30am – 3:30pm (two 15-minute breaks and half an hour lunch)

Where: GRFN Recreation Centre Gymnasium

ISSET Program REQUIREMENTS

- Garden River First Nation Band Member
- Experiencing a barrier to employment
- Unemployed/Underemployed



Must be
16 years +

Please contact Lee Ann Gamble for more information and to see if you qualify for funding.

Lee Ann Gamble
Employment Counsellor
(705) 256-5413 Ext. 205
lgamble@gardenriver.org



Recipe Corner

Slow Cooker Ham and Potato Soup

Ingredients:

- 8 cups of russet potatoes, diced
- 1 yellow onion, diced
- 2 large carrots, peeled and chopped
- 1/2 cup of chopped celery
- 16 ounce cube ham
- 1 teaspoon of kosher salt
- 1/4 teaspoon of fresh cracked black pepper
- 1/4 cup of flour
- 4 cups chicken broth
- 1 1/2 cups of heavy cream (or whole milk)
- 1/2 cup of sour cream

Instructions:

1. Add the potatoes, onion, carrot, celery, ham, kosher salt, pepper, chicken broth to your slow cooker and cook on low 7-8 hours or high 4-5 hours.
2. Using a potato masher, mash about 1/3 of the potatoes
3. Add the flour, heavy cream/milk and sour cream and stir it all together.
4. Cover and cook on high for an additional 15 minutes.



GRFN Bingo



No Online Spring Monster Bingo
Friday April 7th, 2023

16 page bundle includes all specials and regular games.
 (all you need to purchase is your Twoonie stamp, Mini's, Late Bird & Dig Balls) Extra Specials are \$1.00 each

Over \$10,000 in cash prizes

Doors open @ 5:30pm
 Mini's start @ 7:00pm
 \$20 per strip
 Min of 4 strips to play (\$80)

Break time—30 mins
 3 Members will have a
 Chance to spin the wheel

SALES START APRIL 1ST

RAFFLE Time

TICKET
 Valid until: August 7, 2023

WIN CASH PRIZE
 50/50 SPLIT

August 7, 2023

WINNER WILL BE ANNOUNCED AT OUR MEGA MONSTER BINGO

20 SYRETTE LAKE ROAD, GARDEN RIVER

FOR MORE INFO : 705-253-8718 EXT 227 OR VISIT: WWW.GARDENRIVERBINGO.COM



GARDEN RIVER BINGO ENTERPRISE PRESENTS

MeGa MoNsTeR BiNgo

Games • Food • Prizes

MONDAY, AUGUST 7th - 12:30PM
 DOORS OPEN AT 8:30AM

TICKETS: \$75/strip ADVANCED / \$100/strip AT THE DOOR

4 STRIP MINIMUM PURCHASE
 RESERVED SEATING AVAILABLE!

FOR MORE INFO PLEASE CALL: (705) 253-8718 EXT 235
 EMAIL: MINIMONSTER@GRFNBINGO.COM

MasterCard VISA

20 Syrette Lake Rd. | Garden River ON | P6A 7A1

April 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Pay as you Play Added Easter Monday!	night owls return! april 8th		April Showers Bring May Flowers	Happy April Fools' Day MATINEE, PAY AS YOU PLAY & MAIN
2 NO ONLINE MATINEE, PAY AS YOU PLAY & MAIN	3 MATINEE & MAIN	4 MATINEE, PAY AS YOU PLAY & MAIN	5 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN	6 MATINEE, PAY AS YOU PLAY & MAIN	7	8 Night Owl MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS
9 Happy Easter! NO ONLINE MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS Night Owl	10 Easter Monday Double Points MATINEE, PAY AS YOU PLAY & MAIN	11 MATINEE, PAY AS YOU PLAY & MAIN	12 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN	13 MATINEE, PAY AS YOU PLAY & MAIN	14 Night Owl MATINEE, PAY AS YOU PLAY, MAIN & NIGHT OWL SESSIONS	15 Night Owl MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS
16 NO ONLINE MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS Night Owl	17 MATINEE & MAIN	18 MATINEE, PAY AS YOU PLAY & MAIN	19 FREE STRIP DAY MATINEE, PAY AS YOU PLAY & MAIN	20 Double Points MATINEE, PAY AS YOU PLAY & MAIN	21 Night Owl MATINEE, PAY AS YOU PLAY, MAIN & NIGHT OWL SESSIONS	22 Night Owl MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS
23 NO ONLINE MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS Night Owl	24 MATINEE & MAIN	25 MATINEE, PAY AS YOU PLAY & MAIN	26 3x \$1000 Jackpots MATINEE, PAY AS YOU PLAY & MAIN online included	27 MATINEE, PAY AS YOU PLAY & MAIN	28 Night Owl MATINEE, PAY AS YOU PLAY, MAIN & NIGHT OWL SESSIONS	29 Night Owl MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS

BINGO HOTLINE (705) 253-8718 PRESS #1



Featured Artist



Boozhoo
Ketegaunzeebee n'doonjibaa

As an Anishinaabe kwe born and raised down the Point where My Miishomis and Nookimis lived, I was brought to the original Gardens River now referred to as St Mary's River having being the youngest. I would also like to say that my level of interest in this work was inspired by my family roots. As a St Hubert school catholic elementary school I engaged in art very young with classmates. I would then graduate and attend White Pines Collegiate and would be a student of renowned artist teacher Anthony Chelsom. I was asked to do a wall mural for the school capturing athletic ability. I think it was a girl doing high jump over 6ft and the pivotal position was in 3 dimension. From there I would not do any more art for more than a decade. A tragedy of accidents had taken its reprocessing on my physicality. In 2012 I would be inspired again to get my first gig with some stain glass work in Toronto as a volunteer with "25 doors silent auction". ANOTHER decade elapsing I was born with the inspired ways of returning above all odds with many challenges of physicality and restraints. Recently I have Used other modalities to engage myself with a hobby I have since a tiny tot.

Darla Roach



Miigwetch to all who have submitted their brief bios and images of their art! We have a few to keep the Featured Artist going for a few more months! Keep an eye out for future featured artists! If you wish to be featured, please email your brief bio and photo images to irene.gray@gardenriver.ca. Artist submissions will be accepted at any time.

Miigwetch,
Irene



Membership



Pub Works



MEMBERSHIP OFFICE **UPDATES** April, 2023

GARDEN RIVER FIRST NATION



Updates

THE MEMBERSHIP OFFICE IS NOW LOCATED AT:

Garden River First Nation Administration Building
7 Shingwauk Street
Garden River First Nation
P6A 6Z8

Please contact Terri Tice, IRA
Telephone 705-946-6300 ext. 246
Cell 705-989-2041
Email ttice@gardenriver.org

OFFICE HOURS
Monday - Friday 8:30 a.m. - 4:30 p.m.
closed from 12-1

PLEASE CALL TO SCHEDULE AN APPOINTMENT

Made with PosterMyWall.com

The GRFN Transfer Station located at
216 Noonday Drive is **OPEN**



TUESDAY, 9 am—5 pm
WEDNESDAY, 9 am—5 pm
THURSDAY, 9 am—5 pm
FRIDAY, 9 am—5 pm
SATURDAY, 9 am—5 pm

**CLOSED SUNDAY AND MONDAYS &
CLOSED FOR LUNCH EACH DAY (12-1)**



Newsletter FYI



Garden River Community Newsletter Submission Deadlines for 2023

- ♦ **May Newsletter—Friday, April 21**
- ♦ June Newsletter—Friday, May 26
- ♦ July Newsletter—Friday, June 23
- ♦ August Newsletter—Friday, July 28
- ♦ September Newsletter—Friday, August 25
- ♦ October Newsletter—Friday, September 22
- ♦ November Newsletter—Friday, October 27
- ♦ December Newsletter—Friday, November 24

Email submissions to:
irene.gray@gardenriver.ca

What can be submitted for the newsletter:

- Program Updates
- Upcoming programs
- Anniversaries/Weddings
- Birthday announcements
- Shout Outs—acknowledge our band/community members for accomplishing their goals
- Congratulations to those who did well
- Community based photos—old-time photo sharing, 'seen here'
- Community Welcomes—new hires, new members, returning members
- Miigwetch's, chi Miigwetch's
- Pet photos
- Inspirational words to share
- Remember when's—elders please share stories of when you were young
- Public acknowledgement for grants received (dreamcatcher)
- Short stories, poetry

And as always—email to Irene.gray@gardenriver.ca



GRFN Housing



The following Homeowner Electrical Safety Handbook for Inside the home excerpts was submitted by Greg Solomon from the GRFN Housing department the entire document is 12 pages long and can be found at: <https://esasafe.com/home-renovation-buying-and-selling/homeowner-electrical-safety-handbook/> along with the Homeowner Electrical Safety Handbook for outside the home.

ESA's Top Tips:

- If you're hiring someone to do electrical work, they need to be licensed. Ask your electrical contractor for their ECRA/ESA licence number.
- Only purchase electrical products with a certification mark.
- Don't daisy chain power cords or extension cords.
- There is no such thing as a safe shock.

Common Electrical Hazards

Look for these common electrical hazards in the home and learn how to avoid them.

Hazards

1. Damaged cords
2. Overloaded outlets
3. Inadequate grounding
4. Unapproved electrical products
5. Fuses or circuits that frequently trip or cut out.
6. Lights that flicker
7. GFCI Outlets that don't work when tested

What's the Risk?

1. Frayed or damaged extension cords or cord ends can expose wire, resulting in potential shock and fire hazards. Extension cords used incorrectly or as permanent wiring can also create potential shock and fire hazards.
2. "Octopus" outlets—ones that have too many devices plugged in—can overheat and present potential fire hazards.
3. Incorrect grounding presents a shock hazard.
4. Unapproved electrical products can present both shock and fire hazards - especially true for products bought online.
5. Overheated plugs or outlets, fuses that blow, or circuits that frequently trip indicate overloading of the circuit or

possible faulty electrical wiring or equipment, which can cause electrical shock or fire hazard.

6. Dim, surging or flickering lights can be a sign of a loose connection in a lighting circuit, fixture, or your electrical service and can present the risk of electrical shock or become a fire hazard.
7. A faulty GFCI (Ground Fault Circuit Interrupter) increase the risk of electrical shock.

How to Avoid It

1. Replace damaged cords, undersized cords, and remove from under carpets. Do not use interior-rated cords for outdoors.
2. Contact a licensed electrical contractor to add additional outlets or circuits or use an approved power bar.
3. Look for missing third prongs, or two-to-three prong adapters. Consult with a licensed electrical contractor if your home's wiring requires updating.
4. Look for the mark of a recognized certification agency on any electrical product you purchase. It represents both product safety and value.
5. Regularly check for these hazards and if you spot any of these hazards, contact a licensed electrical contractor as soon as possible.
6. If you detect dim, surging or flicking lights in your home, contact a licensed electrical contractor.
7. Test GFCI outlets monthly, or as per the manufacturer's instructions, to ensure they are operating properly. Defective GFCI outlets can be identified by pushing the test button—if power stays on after you have pushed the test button, your GFCI is defective. Defects are more common with older GFCI products. Contact your licensed electrical contractor to replace your faulty GFCI outlets.

Preventing Shocks

Even a low-voltage shock can have serious long-term after effects, including memory loss, anxiety and pins and needles. Here's what you can do to prevent them.

Simple fixes to make your home a safe zone:

1. Replace missing or broken outlet cover plates;
2. Install tamper-resistant receptacles to protect younger children from shocks;
3. Keep cords away from children's hands and

mouths;

4. Plug and unplug safely—never overload outlets by plugging in too many cords and don't yank cords from the wall;
5. Replace damaged cords and use extension cords temporarily;
6. Install Ground Fault Circuit Interrupters (GFCIs) in any room with water to help protect from a shock; and
7. Only hire a licensed electrical contract business to do electrical work done in your home. Ask to see their ECRA/ESA licence number.

Looking for more ways to make your home safe? Visit esasafe.com/nosafeshock.

Buying Electrical Products

All electrical products or electrical equipment used, sold, displayed or advertised for sale in Ontario, must be approved by an accredited certification or evaluation agency. Look for the marks.

Electrical products must carry the official mark or label of an accredited certification or evaluation agency; this indicates that the product was independently assessed for safety. The installation and connection of unapproved electrical equipment is against the law and puts people at risk.

Make sure to look for the mark or label before you buy, install or use an electrical product.

For a full list of recognized certification marks, visit esasafe.com/approvalmarks

More helpful information will be continued in the May Newsletter.

Greg Solomon

Construction Maintenance Coordinator
Housing Department
7 Shingwauk Street
Garden River First Nation
Garden River, ON P6A 6Z6
Phone: 705.946.6300 Ext. 289
gsolomon@gardenriver.org



GRFN Chief & Council Portfolio Holders	
Chief Andy Rickard	Community Trust, NSTC, Robinson Huron Treaty Trustee
Councilors	Portfolio
Tim Johns Jr.	Community Safety, Educational Programs, Infrastructure, Social Services
Darwin Belleau	Administration, Business, Infrastructure, Lands & Resources
Brandi Nolan	Administration, Business, KGPI, Lands & Resources, Nogdawindamin
Cindy Belleau-Jones	Business, Governance, Infrastructure, Membership, Nationhood, NSTC, APS
Dan Tice	Community Safety, Governance, Social Services, KGPI, Business
Trevor Solomon	Community Safety, Administration, Lands & Resources
Chris Thibodeau	Business, Lands & Resources, Social Services
Tyler Pine	Education, Governance, Nationhood
Kassidy Armstrong	Community Safety, Governance, Indigenous Women Anti-Violence Task Force, Nationhood
Chester Langille	Community Safety, Education, Nationhood
Albert Williams	Administration, Infrastructure, Social Service
Karen Bell	Educational Programs, Infrastructure, Nationhood, Environmental Committee

GRFN Community Newsletter Contact Information

Irene M. Gray, Resource Centre Coordinator
 GR Education/Recreation Centre 48 Syrette Lake Road, G.R., ON P6A 7A1
 Phone: 705-946-3933 Ext 210, Fax: 705-946-0413
 Email: irene.gray@gardenriver.ca Website: <https://urlis.net/xvdb0>

Garden River First Nation

Mission Statement

In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.

N'bwaakaawin— Wisdom

Zaagidwin—Love

Mnaadendmowin— Respect

Aakdehewin—Bravery

Gwekwadziwin—Honesty

Dbaadendizin—Humility

Debwewin—Truth

**May 2023 Newsletter
Submission Deadline:
April 21, 2023**

Anishinabek Police Service

1-888-310-1122



Please call **1-888-310-1122** when you need to make a report with your local APS detachment.

Avoid using the local administrative lines unless it is for Criminal Records Checks or to reach our Court Administrators.

Our offices are not staffed 24/7. Officers are on the road and unable to check voice messages.

When you call the dispatcher they will automatically create an occurrence report and it will be given to an APS officer.

Remember that dispatchers are not from the community and will ask you questions, please be patient as it is their job, and it is for everyone's safety.
 Miigwech for your understanding.

Sucker Moon
April 2023



Namebine Giizis

