



#### Women's Big Drum Teachings



On January 16, 2016 I coordinated a Women's Big Drum Teachings at the Garden River Recreation Centre featuring special guests Isaac Murdock and Nokomis Josephine Mandamin.

The gathering was a huge success with participants sharing their knowledge on teachings. Everyone brought their own feast bags to minimize waste, any leftover food was composted, and no plastic water bottles were used. It was stated that we need more gatherings like this one so we are planning another. Stay tuned for more information.

The drum was feasted and some participants shared songs they were gifted; was beautiful to hear the women singing. Chi Miigwetch to Christie Belcourt for designing the poster, Darrell Boissoneau for bringing the Eagle Staff, Deb Nolan & Mona Jones for assisting in the clean- up, Sault Tree Experts for donating coffee and food, and all the participants who shared their knowledge and brought food to share: the wild rice dish was absolutely amazing.

I was so humbled to be among so many great teachers and seeing our Anishinabe qwe stand strong. Nokomis Josephine spoke of qwe responsibilities to the lands, the waters, each other and all life.

Isaac shared that we are writing our own history and it's our decisions that will determine how that history is written. Will our children, grandchildren and those we are borrowing from read our history and be proud of our decisions?

~ Sue Chiblow

# CHIEF & COUNCIL CORNER

Message from Chief Paul Syrette. . .



Aaniin, Boozhoo, Greetings,

Chief and Council send condolences to the family and friends who have lost loved ones

and we acknowledge them on their journey in the spirit world.

On January 19, 2016 a community feast and presentation to the community took place the on Western Boundary Law Suit. GRFN legal counsel, Kim Fullerton and Dr. Carl Beal Economist provided the power point presentation. Our legal counsel is diligently working with the Federal and Provincial government to finalize settlement. Garden River is looking at land appraisals and a proxy model for compensation on the settlement. No dollar figure has been identified yet, however, once all the information is gathered the experts will continue negotiations. We expect to receive information from the economist and the land appraiser within a couple of months.

*Our GRFN citizens will be provided updates on the status of the claim.* 

Volume 1, Issue 5

February

Stay tuned for further community consultation sessions with a goal to obtain as much as community input as we can. At some point, we will be voting on the settlement through a referendum process.

To all our students from elementary to university, good luck in your exams continue to chase your dreams.

Even though we haven't had a hard winter, guaranteed we will have the odd snow days with bad driving conditions, please be respectful and mindful to our snow removal drivers and bus drivers who provide service to our community and children. Please keep your safe distance!

Respectfully, Chief Paul Syrette



# CHIEF & COUNCIL CORNER

## **UPCOMING MEETINGS:**

- Tuesday, February 2, 2016– Chief and Council Monthly Meeting—GR Community Centre
- . Tuesday, February 9, 2016– Chief and Council Working Meeting
- Tuesday, February 23, 2016– Chief and Council Working Meeting

CHIEF AND COUNCIL EMAIL ADDRESSES		
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LANGILLE, Chester	clangille@gardenriver.org	

www.gardenriver.org Like us on Facebook @ Garden River First Nation Follow us on Twitter Garden River FN @Garden River February Community Mkwa Gijzis - Bear Moon

WIKWA GIIZIS - BEAT WOON			
Monday	Tuesday	Wednesday	
1 • Garbage Day -GRE • Landfill Site Open • Food Bank Open • Tutoring • Youth Program • Winter Walking Prog • Grief Recovery Prog • Physiotherapist	2 •GROUND HOG DAY •Garbage Day—GRW •Landfill Site Open •Tutoring •Youth Program •Sew-What—Sweater Mitts •COHI •Cancer Peer Support Grp	3 • Garbage Day—GRW • Landfill Site Open • Food Bank Open • Tutoring • Youth Program • Healthy Sexuality Info Session • Stand Up Exercises • Myofascia Exercises 1/4	
8 • Garbage Day -GRE • Landfill Site Open • Food Bank Open • Tutoring • Youth Program • Winter Walking Prog • Grief Recovery Prog • Physiotherapist • EDS Shopping Van	9 • Garbage Day—GRW • Landfill Site Open • Tutoring • Youth Program • Menopause Support Grp • Sew-What—Aprons • EDS client GRWC appt • Nurse Practitioner • Psychologist	10• Garbage Day—GRW• Landfill Site Open• Food Bank Open• Tutoring• Youth Program• Prenatal Class• Drop In Clinic• Stand Up Exercises• Myofascial Exercises 2/4	
15 Family Day—OFFICES CLOSED • Women's Wellness Seminar	16• Nurse Practitioner• Garbage Day—GRE• Psychologist• Landfill Site Open• EDS client GRWC appt• Tutoring• Dietitian• Youth Program• Dietitian• Sew-What—Patches for Pants• Healthy Living• Cancer Peer Support Grp	17• Myofascial Exer- cises 3/4• Landfill Site Open • Food Bank Open • Tutoring • Youth Program • Elders Luncheon • CWS—Circle of learning• Myofascial Exer- cises 3/4 • Basic Facts –drugs • Physician Clinic • EDS client GRWC appt • Nurse Practitioner • Speech Language	
22 Garbage Day -GRE Landfill Site Open • Food Bank Open • Tutoring • Youth Program • Winter Walking Prog • Grief Recovery Program • Nurse Practitioner	23 •Garbage Day—GRW •EDS Shopping Van •Landfill Site Open •Nurse Practitioner •Tutoring •Youth Program •Coffee House •Sew-What—Finishing projects •Make & Take Program •Psychologist	24 • Landfill Site Open • Food Bank Open • Tutoring • Youth Program • Drop In Clinic • Myofascial Exercises 4/4 • Parent N Tot Prog • Stand Up- Exercises	
29 Garbage Day -GRE Landfill Site Open • Food Bank Open • Tutoring • Youth Program • Winter Walking Prg	Anger Solutions Program available (Mental Health & Addictions) call Sarah Jackson, RSW, BSW for a screening appt and more information! Ext. 204	Elderly & Disabled Service (PSW)	

### **Colour Coding**

Community Event Education Unit Program Youth Program Newsletter Program Food Bank Program G.R. Community Trust Wellness Centre Program

weiness centre Program			
Thursday	Friday	Saturday	Sunday
4 • Tutoring • Youth Program • Drop In Social • Traditional Regalia Teachings 5/10 • Physiotherapist • Dietitian • EDS Client GRWC appt • Library Open Late	5 • Food Bank Open • Youth Program • EDS Shopping Van • Walking Prog • Spa Day	6 •Landfill Site Open •Community Swim	7 • Men's Wellness Seminar • Food Bank Valentine Bingo
<ul> <li>11</li> <li>Tutoring</li> <li>Youth Program</li> <li>You &amp; Your Baby</li> <li>Traditional Regalia Teachings</li> <li>Craft Day</li> <li>Physiotherapist</li> <li>EDS Client GRWC appt</li> <li>Library Open Late</li> </ul>	<ul> <li>12</li> <li>Food Bank Open</li> <li>Youth Program</li> <li>EDS Shopping Van</li> <li>Healthy Heart Walk Presentation</li> <li>Healthy Habits</li> </ul>	13 •Landfill Site Open •Community Swim	14 Valentine's Day
<ul> <li>18</li> <li>Tutoring</li> <li>Youth Program</li> <li>Traditional Regalia Teachings</li> <li>You &amp; Your Baby</li> <li>Physiotherapist</li> <li>EDS Client GRWC appt</li> <li>Library Open Late</li> </ul>	19 • Food Bank Open • Youth Program • EDS Shopping Van • Walking Program • Spa Day • Newsletter Submissions Due	20 • Landfill Site Open • Community Swim	21
<ul> <li>25 • Library Open Late</li> <li>• Tutoring</li> <li>• Youth Program</li> <li>• Traditional Regalia Making</li> <li>• You &amp; Your Baby</li> <li>• Sharing Circle</li> <li>• Physiotherapist</li> <li>• EDS Client GRWC Appt</li> <li>• Dietitian</li> </ul>	26 • Food Bank Open • Youth Program • Walking Program • EDS Shopping Van	27 • Landfill Site Open • Community Swim • GRFN Historical Society Meeting	28
<ul> <li>Medical Transportation Van</li> <li>MEDICAL Appts. Only</li> <li>Weekdays going up at 8:00, 10:00, 12:45 &amp; 2:30</li> <li>Monday—Sunday After hours 705-971- 5774</li> <li>If an emergency please call 911.</li> </ul>	NOTE: EDS refers to "Elderly & Disabled" **Children's Oral Health Services Available (ages 0-7) Call for more information.	If the state of th	ear Valentine sun refused to shine nce ran out of rhyme uld still have my heart the end of time

Events Calendar

Volume 16 Issue 5

#### An Anishinabek Education System will bring knowledge, identity and pride to our kids

Posted on January 22, 2016 In Education, News By Marci Becking

SAULT STE. MARIE — "The current option for our children's education isn't working and we need to remind all of our citizens that this is why we need the Anishinabek Education System," says Marnie Yourchuk, Education Manager for Mamaweswen, North Shore Tribal Council.

Yourchuk says that a low graduation rate for First Nations is a big reason why we need an education system that works for our children.

Grand Council Chief Patrick Madahbee points out that racism, lack of self-esteem, lack of culture, not knowing our language are all factors as to why the current system just does not work for our kids.

"We can turn that all around by implementing our Anishinabek Education System," says Madahbee. "We have to do this for our children's future — to maintain their Anishinaabe identity."

The first round of regional information sessions on the proposed Anishinabek Nation Education Agreement with Canada started today preparing Anishinabek Nation citizens for the upcoming ratification vote to be held Nov. 28 – Dec. 2, 2016.

Andrew Arnott, Fiscal Negotiator for the Union of Ontario Indians says that the intent is to have votes in all of the communities.

"Anishinabek Nation citizens will be able to vote by mail-in ballot as well," says Arnott. "So far we have 30 communities who have agreed to be part of this process."

Madahbee says that he's confident that up to 35 communities might be part of the voting process since there is a lot of interest.

One of the challenges will be is to make sure that the First Nations have updated addresses for our citizens so that they will be able to vote.

"The most important component of the Anishinabek Education System are the Regional Education Councils that feed into the Kinoomaadziwin Education Body," says Madahbee. "Once this system is ours, it will be a community-driven system." In this round of community and regional meetings, the Regional Communications Coordinators will be setting up meetings to introduce the proposed Anishinabek Nation Education Agreement with Canada and finding out more about the Anishinabek Education Anishinabek control of Anishinabek education

www.sayyestoaes.ca

#### System.

The Regional Communications teams will be going into the communities and having more regional sessions in urban centres to reach out to citizens to learn more about the agreement learn about the vote and give them the opportunity to vote in the fall.

To find out more, visit www.sayyestoaes.ca - See more at: http:// anishina-

beknews.ca/2016/01/22/ananishinabek-education-systemwill-bring-knowledge-identityand-pride-to-our-kids/ #sthash.OOlfxFtO.dpuf

#### Miigwetch!!

The Garden River Novice B and Tyke C teams would like to thank all those who came out to support their Chili and Scone Take Out Fundraiser on Friday, January 22.

Watch for our next Soup and Scone and Sconedog fundraisers on Friday, February 5 and Friday, February 19 at the GR Education/ Recreation Centre.

We especially thank Darlene Nolan for donating her time to make the best ever scone and scone dogs. If you haven't tried them yet, make sure to! You can catch her every Tuesday at 778A Hwy 17B as part of another fundraiser and at our upcoming fundraisers! Mmmmmm!

Jo-anne Thiessen, Manager Tyke C team Morgan Roach-Pine, Manager Novice B team

#### The A/OFRC presents the Fisheries E -Newsletter 2014-2015 Edition!

This edition includes Project Summaries for the 2014-2015 Field Season, games, recipes, and more!

Click on the following link to view the E-Newsletter online! http://issuu.com/aofrc/docs/ aofrc\_newsletter\_2014-2015

The link is also available on the A/OFRC website at www.aofrc.org.

#### Miigwech!

#### Heidi Manitowabi

Community Liaison Specialist Anishinabek/Ontario Fisheries Resource Centre 755 Wallace Road. Unit 5. North Bay, ON P1A 0E7 Tel: (705) 472-7888 ext. 5 Cell: (705) 491-2451 Fax: (705) 491-2451 Fax: (705) 472-6333 Email: hmanitowabi@aofrc.org WWW.aofrc.org

## **Education Unit**

#### The Latest from Adults In Motion

#### Garden River Education Unit Telephone Extension List 705-946-3933

Irene M. Gray, Receptionist/ Resource Centre Coordinator	210
Dianne Roach, Education Manager	203
Kerry Boissoneau, <i>Finance Clerk</i>	219
Stephanie Jones Administrative Support Worker	208
Sherri Kitts, Education Support Services Coordinator	217
Anne Marie Jones, Post-Secondary Counselor	202
Phil Jones, Secondary Liaison Worker	209
Leah-Anne Pine, Elementary Liaison Worker	201
Natalie Barry, AIM Teacher/Coordinator	206
Michelle Thibault, AIM Administrative Assistant	205
Joanne Thiessen, AIM Co-op Teacher	211
Bonnie Pregent AIM Teacher	231

#### AIM Transportation Route

A.M. Route: Begins at 8:30 am

- Corner of Hwy 17B & Sweetgrass St.
- Corner of Eagle St. & Blue Jay St
- Corner of Sweetgrass St. & Sage St.
- Corner of Hwy 17 East and Gemah
- Band Office
- Big Arrow Variety
- Corner of Whiskey Jack
   Drive and Moccasin St.
- Corner of White Birch & Wolf St.
- 🛱 Perrault's Gas Bar

AIM Departure: 12:00 Noon PM Pick –up: Begins @ 12:30 pm AIM Departure: 3:00 pm Dear Student(s):

If you are currently a student, wish to become one or know someone who does, please contact us! We can help to come up with a plan to get your grade 12 diploma! Adults In Motion believes that regular attendance is key for student success and we hope to see you soon! Please don't hesitate to call or come into the school if you need more information.

#### There are 5 ways you can earn credits:

- Independent Learning courses (over 16 courses, including Grade 10, 11, and 12 English, the Literacy Course, 4 math courses, social science course, and more)
- Co-op or working Co-op (you can earn credits while working at your current job)
- 3. In-class courses: Spring 2016 (Visual Art or Green Industries)
- Maturity Credits—you can earn up to 12 credits (come in to see if you are eligible)
- MPLAR—you can earn up to 16 grade 9 and 10 credits (come in to see if you are eligible)

Reminder: Any students that attend a

regular high school, can come and register for a course, to either catch up or get ahead in their diploma requirements.

**Co-operative Education** is a valuable part of AIM where students can earn high school credits toward their diploma while gaining valuable work experience at a work placement. Students can even use their current job as their placement. Call or come in to speak with Joanne to discuss your options.



Student Incentive: Students receive a Student Incentive for each course completed. For students completing a grade 9 or 10 course, an incentive of \$100.00 per completed credit

and \$50.00 per completed half credit will be issued. For students completing a grade 11 or 12 course, an incentive of \$100.00 along with a 3month gym membership from the Garden River Fitness Centre per credit will be issued. (Motion #2006-2007-0104)

Hope to hear from you soon! Natalie, Joanne, Bonnie and Michelle Adults in Motion 48 Syrette Lake Rd. Garden River, ON P6A 7A1 adultsinmotion@gardenriver.ca

Take a look at some of the great work done by the Adults In Motion, Visual Arts Class in December 2015. Congratulations to the seven students who obtained their credit! Excellent work to all ©

#### Moccasin Making with Elder Blanch Pine



Woodland Style Drawing with Phil Jones



Keep an eye out for upcoming Spring Courses at AIM!



Peyote Stitch Beadwork - Candleholders



-Bonnie Pregent, Secondary Teacher, Adults in Motion

#### **Elementary Liaison Worker Updates**



East Views New Culture Room.

Students at East View gather around Mr. Nolan to proudly show off the school's new Culture Room.



## **Holy Cross JK Registration**



Carlee just finished registering her daughter and Mrs. Coulter was there for any questions.



Daanis is excited to have Mrs. Coulter as her principal in the fall.



Noah and mom holding his new shirt from Holy Cross.



Carson is happy to start JK at Holy Cross

#### At the Child Care Centre





The whole family came to register Rodney for Junior Kindergarten.



Annalise and mom stop to take a quick picture.



Phoenix is eager to learn new things at his new school in the fall.



Braylin, mom and sister pose for a picture after he receives his new shirt from Holy Cross.





Jasmine and Mrs. Traves at JK registration.



Big sister Amelia is excited to have her little brother Jacob join her at East View in the fall.



Age.

Registration Deadline will be Friday, February 26, 2016 by 4:30 p.m.

This deadline will ensure that all registrations are sent in to ensure your space.

Please note, the Banquet ticket is not included in the registration fee.

Miigwetch, Irene M. Gray



Virginia checking out her new

principal while in the arms of

Josef and mom are excited for East View in the fall.



LIC SC

Stevie and Jayce are excited to sign up for Junior Kindergarten.



Lillianna snuggling up to her mom for a photo.



22nd Annual Conference Theme: "Anishinaabe Manidoowaadiziwin: The Anishinaabe Spiritual Way." March 31—April 3, 2016 Quattro Hotel, Sault Ste. Marie, Ontario

The Garden River First Nation and the Education Unit will once again cover the registration fee for our **Band Member Elders**, aged 65 years and older.

**Please call Irene at 705-946-3933 to register.** The following information will be required when you call:

Name,

• Address,

The Garden River Historical Society met on Saturday, January 23, 2016 in the Library. Attendees included, Roseanne Wabegijik, Alanna Jones, Frank Belleau and Irene M. Gray.

Discussions were about the creation of Veterans Memorial Hallway, G.R. Trust application to help with various projects, Highway of Heroes idea, E-Readers that have historical books listed, including historical dates and the 2016 GR Historical Society Meetings which will meet on the last Saturday of the month at 12 noon to approximately 2 p.m. in the library:

- February 27
- March 26
- April 30
- May 28
- June 25
- July 30
- August 27
- September 24
- October 29
- November 26
- December TBA

within the monthly newsletter—You're Invited!

Veterans Memorial Hallway may contain pictures of past and present GR Vets and memorabilia such as medals, insignia, coins, ribbons, flags to name a few.

Highway of Heroes, based on the 401 "Highway of Heroes" - having families plant trees along highway 17 B in memory of their veterans and those who were warriors and such—more of a community beautification and recognition of our past warriors by including plaques recognizing names, years and deeds.

It was suggested adding E-Reader apps to the tablets that would show Historical books that are not in print anymore. Information that is pertinent to our First Nation.

It was discussed the significance of past events and it was mentioned that particular dates be included in the newsletter as a way to inform, teach and

#### **Resource Centre News**

educate our community members as well develop pride and self worth because there is quite a bit of historical significance that isn't included in the historical books of school.

Benefits to your involvement: your ideas; contribute to Garden River's history; family memories are preserved; who's house was in particular area, who grew up where, what kind of wild plants are edible and where they were located; great networking; truly awesome ideas are discussed! GR people dedicated to get things off the ground and in motion!

The next meeting will be recorded if participants want to be recorded so that the stories won't be lost and elders are highly encouraged to attend. If rides are required, I am willing to pick up and drop off for the meeting, just contact Irene at 705-946-3933.

The Garden River Food Network was discussed as well, as the historical significance of food preservation and food gathering is important to our continued education and growth towards self sufficiency.

#### **Borrowing Books**

The Resource Centre has over 600+ Native content books and over 500 children's picture/story books that have now been listed for easier look up—not electronic though. I can email you the .pdf list and you can make your requests to borrow specific titles.

Coop Student Kaylin is currently working on the Young Adult/Youth books now and that list will be made available when it is completed.

The VHS Movie list has been posted in a previous newsletter and those remain available for borrowing as well.

If you have specific requests, please email myself at Irene.gray@gardenriver.ca for more information.

Mini Workshops & Events: 6 p.m.-7:30 p.m.

- Monday, February 8—Open
- Thursday, February 11—WII Games
- Thursday, February 18— Open
- Monday, February 22—Book
   Club
- Thursday, February 25—Positive
  Affirmations
- Monday, February 29—WII Games
- Thursday, March 3—Open
- Monday, March 7— Book Club
- Thursday, March 10—WII
   Games
- Monday, March 21— Book Club
- Thursday, March 24—Open
- Monday, March 28— Book
  - Club—final day
- Thursday, March 31—Open

## Available Magazine for borrowing:

- People
- Cosmopolitan
- Parent
- Star
- Woman's World
- Native
- Lou Lou
- Chatelaine
- Canadian Living
- First
- Plus more!

Magazine Donations are welcome!



## **Garden River Community Trust**

It's that time of year again for the GRFN Community Trust to accept proposals from Garden River First Nation. The deadline to apply is MARCH 31, 2016 for Fall 2016 vote. Garden River departments wanting to submit a proposal(s) can submit their written proposal with a detailed budget using the attached form by the deadline date.

Please email Alanna at grfntrust@gmail.com to have the applications sent to you. It was requested to post them in the newsletter, but due to size issues, it is not feasible to do so. Please email Alanna to get the correctly sized applications sent to you. ~ Irene

#### Lil NHL Team Rosters

#### Lil NHL 2016 Tyke C All Stars—Official List

Team Players: Averi Thiessen, Cedar Jones, Jasyn Bondy, Teah Roach, Leah Lesage, Dreyden Muckuck (Jones), Peyton-Ann Neveau, Ella Barry, Aliyah Barry, Noah Barry, Tyler Binkley, Landon Belleau, Brooklynn Toulouse, Kienen Robertson, Joseph Thiessen, Nevaeh Barry Manager: Jo-Anne Thiessen Coach: Mona Jones Trainer: Carlee Lewis

Novice A

Manager: Vicki Boissoneau

Team Players: Trey Topash, Avery Zack, Arthur Vincent, Wayne Reid-Jones, William Sayers, Diondre Nolan, Garrin Pine, Deven McDonald Jones, Cameron Seguin, Nick Storr, Lily Bressette.

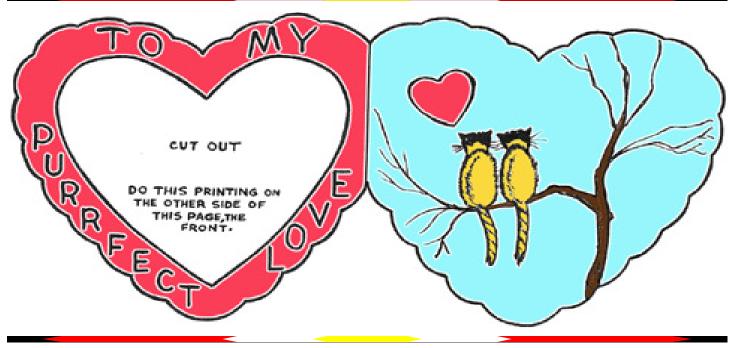
#### <u>Bantam</u>

Manager: Vicki Boissoneau

Team Players: Brandon Southwind, Chase Southwind, Zak Nolan, William Lesage, Robert Boissoneau, Jared Barry, Colin Simpson, Cole Rogers, Earl George, Kieran Kewais

There are 3 more team rosters that haven't been sent in at time of printing, these will be posted in the next issues—keep an eye out for them!

Way to go Garden River Lil NHL Teams-Play hard and have fun!



Sun	Monday	Tuesday	Wednesday	4006 ext. 3 Email Thursday	Friday	Sat
Live by the Seven Grandfather Teachings:		ommunit	<sup>3</sup> vay for Rig y Mentor ams This	Training	5 <b>Y</b>	6
7 <b>Debwewin</b> Truth	RIGHT Sone Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs RIGHT Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 Wordey & Wednesday 4 p.m 5 p.m. Ages 10 - 12	9 FIT Zone Tuesday & Thursday 4.p.m 5.p.m. Ages 13 - 18 yrs Tuesday & Thursday 4.p.m 5.p.m. Ages 13 - 18 years	10 FIT Zone Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs FISELAY UNIOR TLP Ages 10 - 12	11 Tuesday & Thursday 4 p.m 5 p.m. Ages 13 - 18 yrs Tuesday & Thursday Tuesday & Thursday Ages 13 - 18 yrs		13 Nbwaakawi Wisdom
14 Dbadendizwin Humility	15 FIT Cone Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs FEFLER JUNIOR YLP Ages 16 - 12	16 Tuesday & Thursday 4 p.m 5 p.m. Ages 13 - 18 yrs Tuestey & Thursday Tuestey & Thursday - 5 p.m 6 p.m. Ages 13 - 18 years	17 Torrest State	18 Tuesday & Thursday 4 p.m 5 p.m. Ages 13 - 18 yrs Tuesdey & Thursday Tuesdey & Thursday Ages 13 - 18 yrs	19	20 Zaagidwi Love
21 Minaadendmowin Respect	22 FIT Zone Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs FISPLAY Wordey & Wednesday 5 p.m. Ages 10 - 12 yrs Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs	23 FIT FURCHARY Tuesday & Thursday 4 p.m 5 p.m. Ages 13 - 18 yrs TUESCAY & Thursday TUESCAY & Thursday TUESCAY & Thursday Ages 13 - 18 yrs	24 FIT Zone Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs Wordey & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs	25 FIT FOPLAY Tuesday & Thursday 4 p.m 5 p.m. Ages 13 - 18 yrs TUESCAY & Thursday TUESCAY & Thursday Ages 13 - 18 years		27 Aakdewin Bravery
28 Gwekwaadziwin Honesty	29 <b>FIT</b> <b>Cone</b> Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs <b>RIFLAY</b> Monday & Wednesday 4 p.m 5 p.m. Ages 10 - 12 yrs Worder & Wednesday - 5 p.n 6 p.n. Ages 10 - 12	Look	ok Aft After ( <b>GHT</b>	Dne A	noth	er"

### Right to Play Hockey for Development News:



• The Rankin Arena for donating their upstairs space for our use over three days.

• The Batchewana Learning Centre for donating their space for the coaching clinic.

• Willard Pine for delivering an opening prayer at our dinner.

• Justin Perrault and other members of Bear Creek and Ron Rickard for their drumming and singing at our dinner.

• Chief Paul Syrette from Garden River and Chief Dean Sayers from Batchewana for each saying a few words of support to open our dinner.

 Silver Creek Golf Course for letting us use their rink for the

family skates and the coaching clinic.

• The G R Wellness Centre for donating funds for the lunches for the youth over three days and for providing bussing to and from the family skates.

 The Batchewana Chief and Council for donating

funds for the Rankin arena rental over three days.

- Jamie and Muk, our Recreation Coop students for all their hard work.
- Preston Boissoneau for being the DJ for our Glow Dance.
- Harley Jones for her help with decorating the gym for the dinner and dance.
- Irene M. Gray and Olivia Gray for being our volunteer photographers at our dinner.
- Kim Duguay for her help with registration at the family skates and the dinner.
- Trevor Solomon for his help with set up and clean up for our dinner.
- The Rankin Arena for providing the rink and lunch for the youth over three days.
- Silver Creek Golf Course for catering our delicious pasta dinner.

#### Colleen Crowley

Right to Play Community Mentor/Youth Wellness Coordinator Garden River First Nation 48 Syrette Lake Road 705-946-4006 Ext. 3

The Batchewana First Nation and Garden River First Nation partnership to host Hockey for Development from January 18<sup>th</sup> to January 21<sup>st</sup> was a huge success! Over 200 youth ages 8 to 18 years participated in our four on ice hockey clinics and team building activities at the Rankin Arena and 10 individuals, ages 16 and over, completed the Hockey Canada Coaching Clinic. We also had 55 people take advantage of our two Family Skates at Silver Creek Golf Course and 66 people attend our Hockey for Development Community Dinner and Glow Dance.

Thank you to all the children, youth, their parents, and other community members who got involved in one or more of these wonderful events! Also big thank you to all of the following individuals and businesses who contributed to the success of this special project for our youth:

- The 3 members of the Toronto Furies, Jenelle, Olivia and Emily for all their hard work and dedication working with over 200 youth over 4 days.
- Meisha, Andrew, and Terri-Lynn from Right to Play for all their hard work and support in the planning and facilitation of this four day event.
- The Ministry of Children and Youth for generously donating funds to cover the cost of our Hockey for Development dinner.

### **Wellness News**

#### Children's Oral Health Initiative Program (COHI)

#### WHAT IS COHI?

COHI is designed to help prevent and control tooth decay in young children and set the stage for a lifetime of healthy teeth.

#### WHO BENEFITS FROM COHI?

- Children aged 0 to 7 years old
- Parents & caregivers of children aged 0 to 7 years
- Pregnant women

#### WHAT ARE COHI SERVICES?

⇒ COHI Screening - During a screening a Dental Professional will check your child's teeth for signs of tooth decay.

- ⇒ Fluoride Varnish Applications may be painted on all visible surfaces of the teeth to protect and strengthen the teeth, making it more difficult for tooth decay to begin.
- ⇒ <u>Sealants</u> are thin, clear or white, plastic coatings placed on the surfaces of teeth to help prevent tooth decay. Sealants prevent acids which cause tooth decay from getting into the grooves and pits of the tooth.
- ⇒ Oral Health Information Sessions are provided to parents, caregivers and expectant parents to learn how to care for their own teeth as well as their children's teeth.

#### Healthy Teeth, Happy Child

TIPS:

- ► Clean your children's teeth.
- **→**Brush teeth twice a day.
- ► Floss teeth once a day.
- ► Give children healthy drinks & snacks.
- **>>** Use only milk & water in baby's bottle.
- ➤ Have the whole family visit the dentist regularly including mom & dad.

For more INFORMATION or to book an APPOINTMENT Call Rose Sayers – Children's Oral Health Aide (705) 946-5710



get your	COMMUNITY SWIM NIGHTS	Parent Child Drop In Clinics Wednesdays: 1:30 p.m-4:00 p.m. Wellness Centre	
Flu Shot here!	ARE HERE AGAIN!!! COME OUT AND LET'S GET PHYSICAL Where: John Rhodes Pool	July 6 & 20Feb. 10 & 24Mar. 9 & 23Sept. 7 & 21April 6 & 20Oct. 5 & 19May 4 & 18June 8 & 22Dec. 14	
Flu vaccines have arrived at the Wellness Centre!	When: Saturdays 8 –9 p.m. February 6, 13, 20, 27, 2016 March 5, 12, 19, 26, 2016	You & Your Baby Groups Thursdays: 1:30-3:00 p.m. Wellness Centre	
Call the Health Records Department at 705 946 -5710 ext 226 or 242 to make an appointment.	Ratios have to be met: Children under 7, have to	Feb. 11, 18, 25         Mar. 3           May 26         June 2, 9, 16           Sept. 8, 15, 22, 29         Sept. 8, 15, 22, 29	
There is a new Flu Vaccine called 'FLUMIST' which is a non injectable vaccine (no needle) and is administered through the nasal passage. It is publicly	have adult with them, direct- ly supervised, and within arms reach. <b>Ratio: 1 adult—2</b> children	Parents and babies under 6 months of age come together once a week to talk, share and gather information about nutrition, safety, sleep, growth and development and much more. For more information call Rose Sayers at 705-946-5710	
funded ONLY FOR AGES 2 – 17 years of age. Available last week of November— call now to be on the waiting list.	Children 7–9 years must pass swim test, if they do not pass—must be supervised by	Prenatal Classes Wednesdays: 2 p.m.—3:30 p.m. Wellness Centre	
For more information, please call Health Records Department of the Wellness Centre at 705-946-5710 ext. 226 or 242. Submitted by Maxine Lesage, Health Supervisor	adult (within arms reach). Ratio: 1 adult—4 children Any questions, please call Arnelda at Health Centre	BreastfeedingLabour & Delivery Feb. 10After the Birth Mar. 9April 6May 18June 9July 6Aug. 10Sept. 7Oct. 5Nov. 9Dec. 14	
	705-946-5710 ext. 224	Classes are facilitated by Algoma Public Health Nurses. Register by calling Rose Sayers at 705-946-5710.	

Garden River Wellness Centre Staff Directory

#### 705-946-5710

Clinic Appointments/Medical Records: Press 1 Transportation Van: Press 2 Reception Area: Press 0

Staff Name	Title	Ext.
Belleau, Janice	Reception	201
Belleau, Karen	Community Support Worker	215
Belleau, Natalie	RPN, Clinical & Clerical Care	226
Boissoneau, Vicki	NIHB Clerk	202
Duguay, Kim	Early Learning & Literacy	273
Hermiston, Carol	EDS Coordinator/Nurse	225
Jones, Marissa	EDS Clerk/Office Administration	209
Lesage, Maxine	Health Supervisor	207
Lesage, Robin	Transportation Coordinator	221
Mitchell, Lisa	RPN/OTN (Tele Medicine)	242
Nolan, Pam	Health & Social Services Manager	216
Pelletier, Nicole	Visiting Homecare Nurse/RPN	250
Pine, Arnelda	EDS Activities Worker	224
Pine, Marie	Community Health Rep	203
Pine, Marie T.	Addictions Mental Health	214
Pine, Marlene	Community & Family Cultural Worker	213
Povey, Luanne	Social Services Supervisor	210
Roach, Tina	Personnel/ Finance	212
Sayers, Rose	HBHC Early Childhood Development	223
Solomon, Kelly	Community Outreach Supervisor	208

 Additional Health Staff

 Cynthia Morriseau
 Health Educator/ Promoter

 Drivers
 Tyler Pine, Morley Pine, Gail Souliere

 Replacement Drivers
 Loretta Wagner, Nadine Belleau

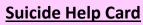
 Personal Support Workers
 Personal Support Workers

Visiting Health Care Providers		
Rhonda Angeconeb	Nurse Practitioner	
Malcolm McCormick	Nurse Practitioner	
Debby Roach	Nurse Practitioner	
Nisha Thomas	Physiotherapist	
Ramona Weldishofer	Physiotherapist Assistant	
Dr. Alan Gelmych	Psychologist	
Bill Mansfield	Speech Pathologist	
Dr. David Quon	Physician	
Beverly Humphrys	Registered Dietitian	
Karolee Gair RPN	Foot Care	
Wendy Steele	Occupational Therapist	
Algoma Public Health Maternal Child Health & Dental		

Have you struggled through life and wondered why? Did your birth mother consume alcohol during pregnancy? If so, You may have undiagnosed FASD. Want to learn more about this life long disability? If so, please feel free to contact your FASD Worker in your community or Priscilla Southwind at 705-844-2021, Ext 307.

"Together we can start the journey"





Pontario

#### If someone you know:

threatens suicide, talks about wanting to die, shows changes in behaviour, appearance, mood, abuses drugs, alcohol, deliberately injures themselves, appears depressed, sad, withdrawn...

#### You can help:

stay calm and listen, let them talk about their feelings, be accepting; do not judge; ask if they have suicidal thoughts, take threats seriously, don't swear secrecy - tell someone.

Get help: You can't do it alone.

Contact: Family, friends, relatives, clergy, teachers, counselors, doctors, crisis lines, mental health services or hospital emergency departments. Submitted by: Marie T. Pine

Call Sault Area Hospital: Crisis Services 705-942-1872 or 1-800-273-TALK (8255)

Additional Information to the October Events Calendar Call Health Records to book an appointment 705-946-5710

#### Daily—7 days a week:

Don't

Wait

•

& See!

\* Elderly & Disabled Service (PSW)

8 months, your child should be able to Say 20 words or more?

Point to show you something they are interested in?

Look at books and show you something? Use gestures e.g. wave, reach up?

If you answer NO to any of these skills, call the Parent Child

information line to talk about your child's development

call Kim Duguay @ 705-946-5710

Look at you when you are talking?

Stack three or more blocks?

Pretend to play with toys?

Walk on their own?

705-541-7101 or 1-888-892-0172

mette

For more information:

- \* Chronic Disease & Diabetes
- Management \* Medical Transportation
- \* Non-Insured Health Benefits
- Non-Insured Health Benefit

#### **Medical Transportation Van**

- \* MEDICAL appts only
- \* Weekdays going up at 8:00, 10:00, 12:45 & 2:30
- \* Monday—Sunday After hours 705-971-5774
- \* If an emergency please call 911

#### Hours when Health Care Providers are in house

ht.

Nurse Practitioner	Monday & Thursday 9 a.m.—3 p.m.
	Tuesdays 9 a.m.—7:30 p.m.
	Wednesdays 9 a.m.—3:30 p.m.
Physiotherapist	8:30 a.m.—3:30 p.m.
EDS Shopping Van	9 a.m. & 1:00 p.m.
Psychologist	8:30 a.m.—10:00 a.m.
EDS clients GRWC appt	8:30 a.m.—12:00 p.m.
Speech Language	8:30 a.m.—4:30 p.m.
Physician Clinic	6:00 –7:30 p.m.
Dietitian	9 a.m.—3 p.m.
Pre-Natal Class	2:00—3:30 p.m.
Drop In Clinic	1:30—4:00 p.m.

#### Non-Insured Health Benefits (NIHB) Program Update

#### **Dental Benefit Information**

#### **Preventive Dental Care**

Preventive dental care includes taking good care of your teeth in order to prevent cavities, gum disease and other oral health problems. Regular brushing and flossing, eating a healthy diet, and visiting the dentist regularly are the most important things you can do to keep your mouth healthy.

The NIHB Program covers preventive dental services for adults and children. Children under 17 years of age are eligible for dental checkups, fluoride treatment and cleaning every six months. Clients 17 years of age and over are eligible for dental checkups and cleaning once a year.

It is recommended that children visit the dentist within six months of their first tooth coming in. Please check the <u>NIHB</u> <u>Dental Benefits Guide (www.hc-sc.gc.ca/fniah-spnia/pubs/nihb-ssna/\_dent/2014-guide/index-eng.php</u>) for a complete list of eligible dental services and treatments.

#### **General Program Information**

## Reminder for Parents and Guardians of NIHB-Eligible Infant Children

Parents and guardians of infant children are encouraged to apply for registered Indian status or seek recognition from their Inuit land claims organization as soon as possible to ensure their child's access to NIHB benefits. In order to allow parents time to register their children, infants up to one year of age may access most types of NIHB benefits under their parent or guardian who is NIHB eligible. After their first birthday, a child should have his or her own status or Number to ensure continued eligibility for NIHB benefits. For additional information visit the following section of the NIHB web site: To register an infant (www.hcsc.gc.ca/fniah-spnia/nihb-ssna/providefournir/client-beneficiaireeng.php#spec prov inf). For dental services only, contact the <u>NIHB</u> <u>Den-</u> tal Predetermination Centre (www.hcsc.gc.ca/contact/fniah-spnia/fnih-spni/ <u>nihbpa-ssnaap-eng.php#a1</u>) if dental services are required for an unregistered infant under one year of age.

#### **NIHB Registered Providers**

Did you know that the NIHB Program works with over 30,000 private practice health service providers – such as dentists, pharmacists, optometrists and mental health counsellors - to help NIHB clients get the health benefits they need?

NIHB invites health service providers to register with the Program so that NIHB can pay them directly for eligible products and services provided to NIHB clients. These health service providers are not employees of Health Canada or the NIHB Program (with a few exceptions). NIHB has agreements with providers that encourage them to bill the Program directly, however in some cases providers will request that clients pay up front for their health benefits and services. To avoid an unexpected bill, it's best to confirm with your provider that they are registered with NIHB and will bill the Program directly, and that the product or service is fully covered by NIHB.

#### **Client Inquiries—General**

Ontario—Toll-free—1-800-640-0642

#### <u>Client Inquiries—Dental and</u> <u>Orthodontic Services</u>

NIHB Dental Predetermination Centre Toll-free: 1-855-618-6291 (Dental Services) Toll-free: 1-866-227-0943 (Orthodontic Services)

#### Listeria Bacteria

On January 22, 2016 the Canadian Food Inspection Agency issued a food recall warning for various Dole Fresh Vegetables Inc. pre-packaged chopped salads, salad blends and kits, and leafy green products in response to а possible Listeria monocytogenes contamination. This also includes some PC Organics products. This contamination is suspected to be linked to a current outbreak of Listeriosis affecting several U.S states and several Canadian provinces.

#### **Background:**

January 22, 2016 a food recall warning was issued on various Dole Fresh Vegetables Inc. pre-packaged chopped salads, salad blends, kits and leafy green products. This recall is a result of a suspected contamination at a Dole facility located in Springfield, Ohio. Various PC Organics salads, blends and leafy products processed at the same facility have also been recalled. The affected products can be identified using the product code. The product code is located on the upper right hand side of the packaging. Any product codes beginning with "A" are considered affected. An exact list of products can be found at the web address below.

http://inspection.gc.ca/about-the-cfia/ newsroom/food-recall-warnings/completelisting/2016-01- 22c/ eng/1453522915084/1453522920123 What is Listeria?

Listeria is bacteria found in food, soil, plants, sewage and other places in nature. When ingested Listeria can lead to a serious illness called Listeriosis. Few people who are exposed to Listeria will actually develop Listeriosis. Symptoms of Listeriosis include but are not limited to: vomiting, nausea, diarrhea. severe headache, cramps, persistent constipation, fever, poor coordination, neck stiffness and seizures.

Anyone who suspects they have consumed an affected product and experiences these symptoms should contact their health care provider immediately. Early diagnosis is a key component in the treatment of Listeriosis.

#### What is the risk for Canadians?

The Dole facility in Springfield Ohio distributes to New Brunswick, Newfoundland and Labrador, Nova Scotia, Ontario, Prince Edward Island and Quebec.

As of now, there have been seven (7) cases of Listeria monocytogenes in five provinces related to this outbreak reported to the Public Health Agency of Canada. The cases are as follows: Ontario (3), Quebec (1), New Brunswick (1), Prince Edward Island (1), and Newfoundland and Labrador (1).

Those affected became ill between September 2015 and January 2016 and are suspected to have consumed packaged salad products from the Dole Facility in Ohio. Thus far, all cases have been hospitalized with one fatality. It has not yet been determined if Listeria contributed to the death. Of the Canadian cases, 71% are female, averaging 81 years of age.

#### Who is most at risk?

Pregnant women and their unborn/newborn children, adults 65 and over, and people with weakened immune systems are considered to be at the greatest risk of illness.

#### How to prevent Listeriosis?

Foods that are contaminated with Listeria may look, smell and taste normal. It is important not to eat any affected packaged salad products from Dole or PC Organics at this time. If you have purchased these products you are advised to discard them. Some of these products may have been used at your local grocery store to prepare premade salads. If you have purchased a premade salad from your local grocery store please contact them to inquire if Dole or PC Organic leafy greens were used.

As per the Public Health Agency of Canada, the following routine precautions should be taken:

- Thoroughly clean fruits and vegetables before you eat them. Wash your leafy greens under fresh, cool running water.
- Don't soak leafy greens in a sink full of water. They can become contaminated by bacteria in the sink.
- Thoroughly clean and sanitize all surfaces used for food preparation after handling foods in the kitchen, especially raw foods such as meat and fish
- Read and follow all package labels and instructions on food preparation and storage.
- Cook foods thoroughly, using a clean thermometer to measure the temperature.
- •To avoid cross-contamination, clean all knives, cutting boards and utensils used with for raw food before using them again.
- Refrigerate or freeze prepared food and leftovers within two hours.
- Defrost food in the refrigerator, in cold water or in the microwave, but never at room temperature.
- Keep leftovers for a maximum of four days, but preferably for only two to three days. Reheat leftovers to an internal temperature of 74°C (165°

F) before eating them.

- Check the temperature in your refrigerator using a thermometer to make sure it is at 4°C (40°F) or below. The higher the temperature in your refrigerator, the greater the risk that Listeria may grow in foods. The risk of getting sick increases as the number of bacteria in food rises.
- Wash and disinfect your refrigerator frequently. The more often it is cleaned, the less chance there will be for Listeria to be transferred from contaminated food and surfaces to non -contaminated foods.

#### What is the role of CHNs?

CHN's are to make this information available to their community. Educate your community on the recall and what steps they need to take. Inform the community on what signs and symptoms to look for. Those working in treatment centers should keep Listeria in mind when assessing patients who present with associated symptoms and make inquiries as to whether clients have consumed Dole or PC Organic packaged salads.

http://inspection.gc.ca/about-the-cfia/ newsroom/food-recall-warnings/ complete-listing/2016-01-22c/ eng/1453522915084/1453522920123

#### Attention: Garden River Community Members

In effort to create a more environmentally friendly space and to expand the life expectancy of our landfill, Public Works is making valuable efforts to create a healthier community.

Garden River Recycling Drop-Off will be located at garden river Public Works (brown building). There will be two large walk-in containers to dispose of your recycling materials. We ask that all members to separate FIBRES from CONTAINERS. FIBRES can be disposed of loosely and CONTAINERS to be in clear bags.

**CONTAINERS:** Metal food cans (that have been emptied and rinsed) Aluminum cans/tin cans (that have been rinsed), #1

Garden River Recycling Drop-Off

plastic

bottles (that

have been rinsed and lids discarded as waste) Example, plastic pop bottles, #2 plastic bottles (that have been rinsed and lids discarded as waste) Examples are detergent bottles, shampoo bottles. Glass bottles/jars tinfoil, plastic cups (lids and straws discarded). All containers must be in clear bags

FIBRES: Example: Newspaper, shredded paper, flyers, magazines, catalogues, phone books, hard and soft covered books, paper rolls, paper egg cartons, wrapping/tissue paper, box board (Example, tissue boxes, cereal boxes, etc.) pizza boxes (no crust), cardboard, (broken down).

FIBRES can be placed in bin loosely.

Some examples of non recyclable items (GARBAGE): Any type of Styrofoam, bags, film plastic like vapour barrier, plastic fruit trays, any #3-7 plastics, flower pots, planter flats, kitty litter pails. Please feel free to phone Garden River Public Works for any questions.

New recycling drop off location will be at Garden River Public Works (brown building) Start date January 26. GO GREEN !!!! Tel: (705) 946-6300 ext 222





## GARDEN RIVER FIRST NATION MATRIMONIAL REAL PROPERTY LAW



## IMPORTANT NOTICE FOR GARDEN RIVER FIRST NATION CITIZENS

### GARDEN RIVER FIRST NATION HAS BEEN IN DEVELOPMENT OF ITS OWN MATRIMONIAL REAL PROPERTY LAW.

THE LAW WILL PROVIDE INDIVIDUALS WITH RIGHTS AND PROTECTIONS REGARDING MATRIMONIAL REAL PROPERTY WHICH ARE REFERRED TO (IN THE ACT) AS THE FAMILY HOME AND MATRIMONIAL INTERESTS OR RIGHTS ON RESERVE.

THE ACT APPLIES TO SPOUSES OR COMMON-LAW PARTNERS LIVING ON RESERVE LANDS (IF AT LEAST ONE OF THEM IS A FIRST NATION MEMBER OR AN INDIAN)

## GARDEN RIVER FIRST NATION REQUIRES CITIZEN INPUT

- 1. SHOULD THE LAW TREAT MARRIED AND COMMON LAW COUPLES THE SAME?
- 2. HOW LONG SHOULD TWO PEOPLE LIVE TOGETHER TO BE CONSIDERED A COMMON LAW COUPLE?
- 3. SHOULD THE LAW PROVIDE CERTAIN RIGHTS TO SPOUSES IF THEIR SPOUSE DIES?

FOR MORE INFORMATION PLEASE CONTACT:

ANNE HEADRICK - (705) 946-6300 - aheadrick@gardenriver.org

COURTNEY SOLOMON - (705) 946-6300 - csolomon@gardenriver.org

Miijim Gaamig Food Bank			
	Regular Hours Monday, Wednesday & Friday 9—12 & 1—4 Closed during Lunch	Important Food Bank Dates: Prize Bingos—Sundays @ Community Centre Feb. 7, Valentines Bingo Mar. 20, Easter Bingo May 1, Mother's Day Bingo June 12, Father's Day Bingo Aug. 28, Back to School Bingo Oct. 23, Halloween Bingo	
Please note: Food Bank access is limited to one visit per month. Thank you		Dec. 11, Christmas Bingo <b>2016 Christmas Cheer</b> Wednesday, Dec. 21, sorting & bagging Thursday, Dec. 22, delivery	

## **Attention High school Students**

The Miijim Gaamig Food Bank is always willing to help students achieve their community hours required for graduation through numerous volunteer opportunities through out the year. Please contact Brenda at 705-946-6300 to enquire when and where the next opportunity will be!



Garder	n River	Child	Care	Cent	ter



## GARDEN RIVER CHILD CARE CENTRE APPLICATION FOR ENROLMENT



#### Child's Information:

Name:	Date of Birth:
Program Applying: 🗆 Infant 🗆 Toddler 🗆 Pro	eschool 🔲 Before and After School Program
Status: Yes 🗆 No 🗆 Band Name:	
Band Number:	
Parent Information:	
Parent/Guardian Name:	
Home Address:	
	(Please Put FULL Address)
Home Phone No.:	Cell No.:
Work/School Address:	Work/School No.:
Other Information:	
Date Care Is Required:	Days and Hours:
Previous Child Care:	
(Name of Agency of In	formal Caregiver)
Full Time Working Parent D Part Time Work	ing Parent 🛛 Full Time Student
Part Time Student	eferral (parent)
Note: Please attach letters from referring agency and I understand that when a vacancy becomes available and my possible effort will be made to contact me. Once contact has I decline the child's space. If I choose to decline, I understand th wait my turn again. It is also my responsibility to contact Loal Care Centre, every six (6) months to express my continued into there is no continued contact, my child's name will be remove	child's name is next (for appropriate age program), every been made, I will have two (2) working days to accept or hat it is my responsibility to reapply to the waiting list and h Souliere, Program Supervisor at the Garden River Child erest in keeping my child's name on the waiting list. If
Parent/Guardian Signature:	Date:
*OFFICE US	E ONLY*
Date Received: Date Accept	ted: Program:
Recommendations:	
Referral Statements:	

Accepted by:

No. of Children:

## ERCD



<u>Tentative Move in</u> <u>Date:</u> Tuesday, March 1st, 2016

DEADLINE TO APPLY: Friday, February 12th at 12:00 p.m. Noon

FORWARD ALL INFORMATION TO: Garden River First Nation Housing Department 7 Shingwauk Street

Garden River, ON P6A 6Z8

PLEASE INDICATE ON YOUR SEALED ENVELOPE:

**Housing Application** 

**Garden River First Nation** 

## HOUSING DEPARTMENT

The Garden River First Nation Housing Department is committed to creating vibrant and effective Housing Department. One of our main goals is to provide quality service and exceptional tenant and homeowner satisfaction.

## HOUSE FOR RENT

THE GRFN HOUSING DEPARTMENT IS CURRENTLY ACCEPTING <u>APPLICATIONS AND LETTERS OF</u> <u>INTEREST</u> FOR THE RENTAL OF A TWO (2) BEDROOM VACANT UNIT THAT HAS BECOME AVAILABLE. APPLICATIONS ARE AVAILABLE IN THE GRFN HOUSING DEPARTMENT. <u>SECURITY DEPOSIT</u> <u>WILL BE REQUIRED UPON APPROVAL</u>/ SELECTION.

If interested, please submit the following information with your completed Application:

	⇒ Letter of Interest
⇒	Proof of employment with identified employer
	⇒ Proof of income
	Dependant verification
	⇒ Identification (Status Card)
Yc	omplete Applications and required documentatio

ONLY <u>complete</u> Applications and required documentation will be considered for the unit. If you already have an Application on file, <u>it is your responsibility to update</u> your Application to reflect current information as they will NOT be accepted.



For more detailed information, please contact the Housing Team at:

Anne Headrick	Carrie Zeppa	Charlotte Boissoneau
Housing Supervisor	Tenant Relations Officer	Housing Assistant
705.946.6300 ext. 248	705.946.6300 ext. 240	705.946.6300 ext. 249

## GRFN Housing EMERGENCY CONTACTS

Garden River Housing Cell # (705)254-9492 Steel City Gas Cell # (705)941-5908 D & R Plumbing (705)542-1881 SSM Platinum (705)450-0803

### Homemade Valentine's Day Cards for Kids



Super Sweets

Never before have we thought about candy coming to the rescue, but these superhero lollipop valentines are sure to do just that!

Simply made with tape, colorful paper, a bit of scissor work, these caped-crusading lollys are sure to be an instant hit at this year's valentine exchange -- and they're incredibly easy to make!

#### **Teacher's Pet**

To make your own, wrap yellow paper



around a package of Rolo chocolates and then add Hershey's Kisses to the bottoms for the pencil tips. Overall, a great idea for showing your child's favorite teacher a little love this Valentine's Day!

Volume 16 Issue 5



The poster and registration form has been emailed out to those on my mass email list, if you are not on that list and would like to receive further information, please email myself (Irene at irene.gray@gardenriver.ca and I will forward the information to you. Thank you

#### **GR Recreation Centre**

## **Membership Rates**

				•		
Elders (55+)		Adult (18+)		Sun.	10 p.m. to 4 p.m.	
1 year	\$248.00	1 year	\$290.00	5011.	10 p.m. to 4 p.m.	
6 months	\$170.00	6 months	\$202.00	Mon.	6:30 a.m. to 9 p.m.	
3 months	\$92.00	3 months	\$108.00	Tues.	6:30 a.m. to 10 p.m.	
Day pass	\$3.00	Day pass	\$5.00	Wed.	6:30 a.m. to 10 p.m.	
Juniors (14—17)		Family (up to 4)			0.00 u.m. to 10 p.m.	
1 year	\$262.00	1 year	\$550.00	Thurs.	6:30 a.m. to 10 p.m.	
6 months	\$180.00	6 months	\$378.00	Fri.	6:30 a.m. to 8 p.m.	
3 months	\$98.00	3 months	\$220.00	Sat.	8 a.m. to 4 p.m.	
Day pass	\$3.00					

\$10,000

**Hours of Operation** 

### **Silver Creek Golf Course**



#### Special Rate for Garden River Members at Silver Creek Single-\$900.00 includes your green fee, cart fee & tab in the restaurant.

\*Family (2 adults & JR's 18 & under)- \$1200.00 includes green fee, cart fee & tab in the restaurant Includes unlimited access to a shared power cart, unlimited access to the chipping, putting greens & driving Range. 14 day advanced booking tee times, member only specials in the pro shop and member only events! PLUS MUCH MORE.



## **Payroll Deduction Payment Plan**

Garden River First Nation Employees now have a payroll deduction option. Monthly or bl weekly payments. Deductions must be completed by May 1, 2016

For more information please contact leah boissoneau at (705)942-2080 ext 205 or email leah@golfsilvercreek.com



GOLF COURSE-





# **Skating Rink Hours**

## Monday-Friday 2:00PM-8:00PM Saturday-Sunday 11:00AM-8:00PM

Restaurant will be open for food & beverages. The rinks operate weather permitting. Please refer to on-site signage. Use at your own risk. Rink is not supervised. 16 years & younger must be accompanied by an adult. Please be mindful and respect everyone who is using the rink.





#### Ceding Land to the Church in 1852: A Document in Anishinaabemowin

Transcription, Annotation, & Commentary Karl S. Hele

During the course of my research I occasionally come across documents written in Anishinaabemowin. These documents are key to understanding the past and how it informs the present, but unfortunately I cannot read our language. Hence, I am forced to rely on people to translate or interpret the documents for me. The following document is a 'cession' of land by Shingwuakonse and his headmen to the Roman Catholic (RC) Church. Based on other documents I know that the RC Church had a presence in the community prior to 1852 and was seeking a piece of land to construct a church for its followers. The land chosen and 'ceded' to the RC Church was located on the same parcel as previously 'ceded' to the Anglican Church. Apparently, Shingwaukonse found this double 'cession' appealing and humourous, because it meant a Christian presence on the reserve without surrendering extra lands (i.e. separate sites to each Church). He also knew that the two faiths would then vie for converts among the people at Garden River thereby limiting the power that either could wield in the community.

Unfortunately the presence of two conflicting versions of Christianity contributed to internal tensions within the community as the Anglican priest and Catholic priest sought to exhert influence and control over the community. Between 1854 and 1870 the conflict grew ever more intense as the Anglican Reverend James Chance was charged with assault and regularly threatened to drive off the Catholics. For their part the Catholic priests sought to force a road through the Anglican Church's farm to connect to the community wharf. Both priest regularly appealed to the Indian Department to intervene. In the end, the divisions that were created in this period settled when Reverend Edward F. Wilson replaced Chance in 1870-1871. Nonetheless, the divisions created and reinforced during Chance's tenure at Garden River continue to affect the community into the 21<sup>st</sup> Century. One can blame Shingwaukonse for a bad decision, but the nature of Christianity and its proponents in the 19<sup>th</sup> Century would have caused conflict regardless of where the churches were located or not located in the community. The conflict between Catholicism

and Anglicanism was born in Europe, which was imported alongside colonialism, and taught in all its glory to First Nations throughout the Americas. Such is the unfortunate nature of belief, if only Western Christianity had learned to practise non-interference and sought balance within its faiths.

I should also note that 'cessions' such as this were extra-legal within British-Canadian law. The Royal Proclamation of 1763 forbade anyone but the Crown from seeking or accepting the surrender of lands. Hence. both the Anglican 'lease' (printed in the GRFN Community Newsletter November 2015) and the Catholic 'cession' were contrary to law and technically invalid. However, the documents did give both Churches the ability to 'claim' and 'use' lands on Garden River. Despite being illegal under British-Canadian laws, both the Catholic 'cession' and Anglican 'lease' represent an expression of Anishinaabeg sovereignty in the face of colonialism. I would argue that the document below in our language is a very important expression of Garden River First Nation's express desire to permit the establishment of a church on reserve lands, regardless of the Crown's domain. At the same time, because the 'cession' and 'lease' both rest within our sovereignty, we can revoke or seek alterations without Crown permission or assent.

#### The Document [if anyone wants to translate this, I would be very grateful]

(Unfortunately when the photocopy was given to me it contained no source information. As such, I do not know where the original resides.)

Cession of land to the Catholic Mission by old Jingwak 12 [blank] 1852 copy duplicated by J [S?] Drolet, esq.

Mi ow ejitchigeiang nongom gijigak namebinigisisa 12. Nijo dibaigans nakibino<sup>n</sup>g<sup>1</sup> ijamagad wabanong gaje minawa Giwedinong Ja-

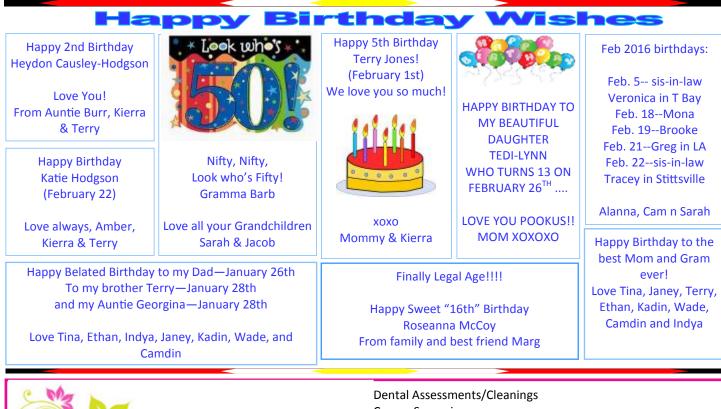
banong gaie minawa Giwedinong Jawanong gaie nio dibaigans, minawa wabanong nakabanong gaie nijo dibaigans, minawa dash Jawanong giwedinong gaie nio dibaigans mi iw minik enakitama<sup>n</sup>g kid akiminan iw wi - inabadjitoieg anamie wigwamig tchi ateg gedtonik apine go kaginig tchi ateg kinawind enishinabe – wiiang namandj minik ge ogijigomiwa buan<sup>2</sup> oma ta no dang od ikitowin debeniminang Mi ow eji-minwetag nind ogimaminan Jingwak +<sup>3</sup> gaie win nind ogimaminan Kebeosne + gaie win nind ogimaminan Kishte + = Augustin Jawainbinesi + Badweweiashi + Bemasig + Nawakwegijig + Neskwabanoke + Eniwabi + Ogimans + Ojawanikwanebid + Nanakwegijig + Nawakwegabaw Jean Baptiste + Joseph +

14 Signatures

<sup>1</sup> The superscripted 'n' indicates an insertion in the text of the document above the original word.

<sup>2</sup> This word appears to be crossedout in the text or contains an extra pen stroke. Making it look like'buan' or 'kan'

 $\frac{3}{2}$  The + are being used to indicate assent on the copy.





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### INSIDE EACH OF US ARE TWO WOLVES

ONE IS EVIL

IT IS ANGER ENVY SORROW REGRET GREED ARROGANCE SELF PITY GUILT RESENTMENT INFERIORITY LIES FALSE PRIDE SUPERIORITY AND EGO



### ONE IS GOOD

T IS JOY PEACE LOVE HOPE SERENITY HUMILITY KINDNESS SENEVOLENCE EMPATHY GENEROSITY TRUTH COMPASSION AND FAITH

THE ONE YOU FEED MOST

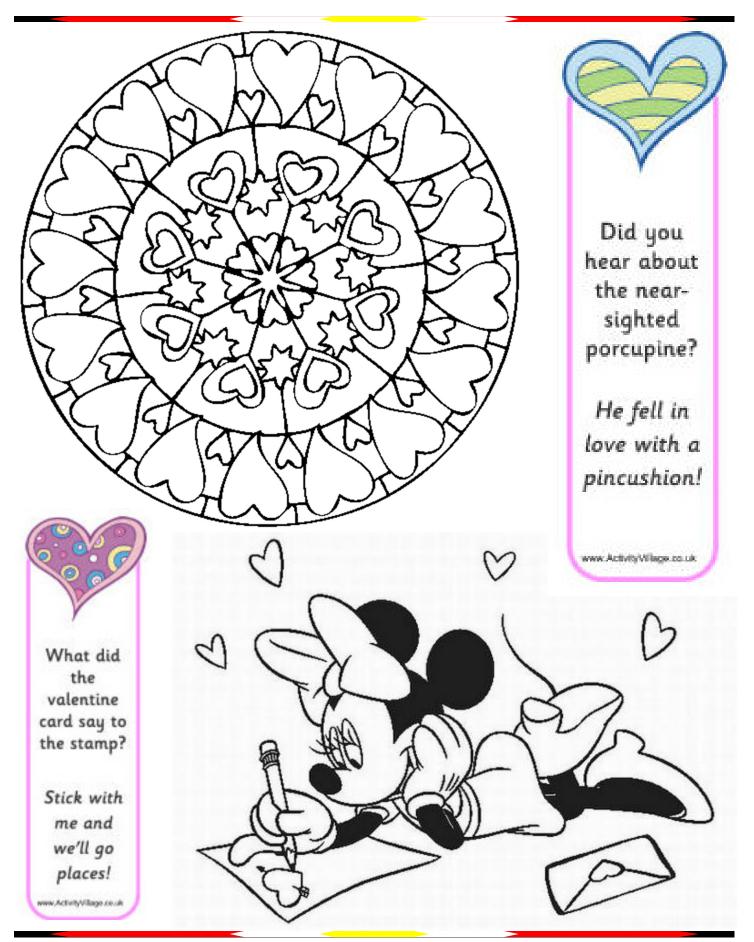
**Cedar Clothesline poles** Various lengths and prices.



Poles might not be as in photo

Volume 16 Issue 5

WHICH WOLF WINS?



Volume 16 Issue 5





## Garden River First Nation Mission Statement

In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through processity and well being. Through these

healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.

N'bwaakaawin—Wisdom Mnaadendmowin—Respect Gwekwadziwin—Honesty Debwewin—Truth Zaagidwin—Love Aakdehewin— Bravery Dbaadendizin—Humility

COUNCILLOR	<b>PORTFOLIO</b> —FULL LIST ON WWW.GARDENRIVER.ORG
Brandi Nolan	Administration, Finance and Education, Governance
Darwin Belleau	Community Services and Development, Economic Resources and Community Development
Andy Rickard	Governance, Natural Resources and Lands
Susan Bell-Chiblow	Economic Resources and Community Development, Natural Resources and Lands
Caroline Barry	Economic Resources and Community Development, Governance
Leslie Zack-Caraballo	Administration, Finance and Education, Business Entities
David Jones	Community Services and Development, Economic Resources and Community Development
Chris Solomon Sr	Administration, Finance and Education, Natural Resources and Lands
Darryl Williams-Jones	Business Entities, Community Services and Development
Gerry Lesage	Business Entities, Natural Resources and Lands
Chester Langille	

## GRFN Departments REGULAR HOURS: Monday - Friday

8:30 a.m. to 4:30 p.m. Closed for lunch 12 - 1 p.m.

Closed for Christmas Break - December 21, 2015 - January 1, 201

#### Garden River First Nation Community Newsletter Contact Information

Irene M. Gray Resource Centre Coordinator Garden River Education/ Recreation Centre 48 Syrette Lake Road Garden River, ON P6A 7A1 Phone: 705-946-3933 ext. 210 Fax: 705-946-0413 Email: irene.gray@gardenriver.ca Website: www.gardenriver.org/newsletter

## March 2016 Issue Submission Deadline is: Friday, February 19, 2016



## Garden River First Nation Business Directory

APS	705-946-2539
APS (Garden Detachment)	705-946-4196
ASSETS / AITC	705-256-5413
Band Office	705-946-6300
Big Arrow Variety & Gas Bar	705-942-2071
Clip & Snip	705-946-1025
Community Centre	705-946-2614
Dan Pine Healing Lodge	705-248-2231
DarMax Service	705-575-3356
Darwin Belleau Contacting	705-254-8676
Education Centre	705-946-3933
Family Tree—Native Crafts	705-949-6777
G.R. Bingo Hall	705-253-8718
G.R. Child Care Centre	705-256-5400
G.R. Fire Dept.	705-253-1870
G.R. Public Works	705-946-6300 x.222
G.R. Community Trust	705-942-1103
Hidden Hills Horse Ranch	1-705-471-0195
Medical Bus	705-946-5710
Quick Stop	705-942-0616
Recreation Centre	705-946-4006
Rick's Tree Service	705-946-4265
Silver Creek Golf Course	705-942-2080
The Massage Gallery	705-971-5155
Wellness Centre	705-946-5710