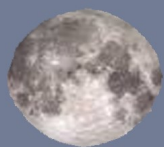


Little Spirit Moon  
December 2022



Manidoo giizisoons



**Garden River First Nation**

*The Creator's Garden*

Volume 22  
Issue: 12

# Community Newsletter



**G'NAADMAAGOOM**

Garden River Child and Family Services  
Building Strong Families and Communities for our Children

## Family **CHRISTMAS** Dance

Friday December 9th  
6-8 PM

Garden River Rec Centre

**Music | Pizza | Snacks**

**Spot Dance Prizes!**

Entry by Canned Food Donation



## Words from the Chief...



Aaniin, Boozhoo Elders, Youth, and Citizens!

With Christmas around the corner and much colder temperatures, I hope that you and your families are safe and healthy throughout the upcoming holidays. With the month of November concluding there have been several meetings I attended on behalf of Garden River. Aside from the external meetings I participated in is the business at home. There has been a lot of good work moving forward with the collective participation from our Council and more importantly carried out by the Administration.

Our Council meetings have transformed in to dedicated department meetings to have much deeper conversations regarding issues, challenges, and goals for the future. It's an opportunity for Managers to interact with leadership to advise, recommend and assist in important decisions that will support the department. In the past, Managers had limited time on agenda's during working meetings, however with the new structure we intend to assist departments with much needed guidance and decisions to strengthen the program and services.

A special meeting on Housing took place which provided a full session dedicated to addressing the challenges, planning and implementation and discussing some of the exciting projects that will be shovel ready in the spring. Two being the transitional home to be constructed here in Garden River along with the units for the Tiny Homes Initiative. Council also continues to work with Housing to ensure that gaps are filled relating to policy and development, and inefficiencies are addressed. It is important to note that we want to ensure that we are continuous improving from where we've been in

housing and build a much more transparent, accountable, and impactful department.

I had an opportunity to meet with Tyler Forbes from the Ministry of Natural Resources Fire (MNRF) program to discuss future opportunities for Garden River. Capacity and development are critical for our community to ensure that Garden River is protected. Capacity development and enhancement is always required to assist with emergencies that we may face in the future. Training took place at the Garden River Fire Department regarding Wildland Fire Fighting and we're hoping to build off these opportunities with MNRF for additional training and expand on our partnership. Much thanks go out to Fire Captain Steve Nolan for assisting with the coordination and all those other staff who helped to put this training together. For all members be on the lookout for additional training opportunities in the future.

The Chiefs of Ontario Annual Fall Assembly took place in Toronto, Ontario, November 15-17, 2022. Much of the focus surrounding the meeting was the discussion of the Premier's visit with leadership in the evening of November 15. Much debate surrounding the Ring of Fire and those many communities affected by the potential development on their traditional lands. Much of the discussion was to support our brothers and sisters from the North to ensure that they were supported in their efforts to maintain their position of Free, Prior and Informed Consent in relation to any activity. The Premier and some of his Cabinet Ministers were asked to participate in the Assembly, however, the province decided not to but chose to use a side room for a discussion with those leaders who decided to attend. As the Chief, I decided to take part in the visit from the Premier as an opportunity to discuss and sit with the leader of the province to discuss issues that affect our communities. Much of the meeting also included updates from the various sectors within Chiefs of Ontario.

I along with Cheyenne Nolan from our ERCD Department and Brandi Nolan from our Governance department met virtually with Mayor Shoemaker and his Economic Development team to combine efforts to vie for a Capacity Development Funding opportunity through CANDO (Council for the Advancement of Native Development Officers). We had to go through an interview process as collective partners and then from there a decision was to be made. Garden River and Sault Ste. Marie were shortlisted last year but this year we were successful in being selected for the CEDI (Community Economic Development Initiative) nationally. Miigwetch goes out to Cheyenne Nolan and Brandi Nolan for being present during the process and assisting for putting the plan together for a successful submission. This opportunity will allow both of our communities to work together to bring initiatives and develop a much stronger relationship to enhance our Economic Development opportunities.

The Council have been meeting with staff, some of our legal experts and community to go over the Pennefather treaty. Many conversations about our history have been occurring with one of our own community researchers, Cole Nolan who has established himself as a valuable resource here in Garden River. We're hoping to continue to have dialogue, develop our strategy with our team and work towards launching our claim. It is exciting times for our community as we are on the cusp of addressing the historical wrongs of our treaty.

Another focus on our Council's radar is the separation of business from core. This has been a priority for leadership for the last 5 years to



ensure that we are properly structured to limit liability and ensure that our businesses are well positioned to enhance profitability but also attract new opportunities to Garden River First Nation. We will continue to advise and inform the community as the process moves forward.

We held our first Quarterly Community Meeting where we discussed the Audit and financial reporting to the community. I credit our CAO and our Finance department who have made this a priority to prepare and present our audits for the last 3 years. The pandemic and the effects along with a changeover within our Finance team has come with its challenges. However, I am happy to note that our finance team has got us to a point where we will be fully caught up for the last 3 years. A very difficult feat in itself but

necessary in order to get us on the right path to fiscal accountability.

I had an opportunity to sit down with the Bishop Dowd from the Catholic Church to discuss follow up from the Papal's visit to Canada. As mentioned in previous updates to the community, we sent a delegation of survivors and other technical staff to be a part of this event. It was important to meet with the Bishop to ensure that there is an action plan that goes along with the apology. An apology is empty if there are no resolutions to support that work of healing and reconciliation. Bishop Dowd was very determined to work on repairing this relationship and we've agreed to work collectively to make impactful changes throughout the dioceses but most importantly the schools that our children are attending. It is my hope that we

continue to change the systematic barriers that our children and people face today.

The month of December is just as busy as we near the end of 2022. As a community we've suffered many losses of our members and I'd like to send prayers and thoughts to all of those and their families. With Christmas celebrations and gatherings occurring over the next couple of weeks, I want to wish you all good health and happiness. On behalf of our leaderships, we wish you all the best. Baamaapii Giiwaabmin!

Miigwetch,

Chief Andy Rickard  
Nameh doodem



T	Z	J	Z	K	H	W	N	G	Z	W	Z	N	D	B
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U	H	V	S	S	I	K	Q	P	O	G	I	Q	A	K
Z	Z	A	W	A	M	I	D	E	D	A	I	Y	B	O
N	M	N	A	A	J	I	I	M	I	N	M	Q	O	M
G	I	E	O	W	L	K	J	F	F	B	N	Y	O	S
V	S	P	F	H	H	Y	F	J	N	T	A	C	A	F
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bkwezhigan  
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waasgang  
zawamide  
doodooshaaboo  
mnaajiimin  
nboob  
waawon  
ziisbaakwod  
kwosmaan  
mshiimnag  
pin  
wiijaas  
ziitaagan



COMMUNITY NOTICE: Members of Garden River First Nation

## Notice of Winter Quarterly General Meeting

December 13 & 14, 2022

Garden River First Nation strongly encourages our members to attend.

### Garden River, ON

Tuesday, December 13th @ 6 p.m

Garden River Community Centre

### Sault Ste. Marie, ON

Wednesday, December 14 @ 6 p.m.

Sault College, Native Student Lounge (rm G1200; Enji)

A light snack will be provided for attendees

For more information, please contact Garden River First Nation Administration  
E: [kjones@gardenriver.org](mailto:kjones@gardenriver.org) or [communications@gardenriver.org](mailto:communications@gardenriver.org) W: [wwwgardenriver.org](http://wwwgardenriver.org)

Shuttle Service provided for Elders; if required



## Wiindamaage



*Mino-dibishkam noongom,  
Mino-dibishkam noongom,  
Mino-dibishkam ( )!  
Mino-dibishkam noongom!*

### Facebook December Birthdays

Niketta-Lynn Boissoneau	Austin Pine
Sebastian Belleau	Leeann Perrault
Charlotte Barry	Virginia West
Stephanie Laplante	Justin Beckett
JD Marchand	Carol Harvey
Gene Taylor	Ron Lewis
Denise Boissoneau	Tia Jones
Stanford	Garrin Pine
Corey Hicks	Jasmine Noelle
Amy Solomon	Mace Solomon
Molly Wabegijig-Skanes	Barath
Paul Johnson	Kevin Syrette
Rene Ojeebah	Tiffany Boissoneau
Randy Pine	Krissta Jordan
Michael Robert Joseph Boissoneau	Dana Boissoneau
Jay Reid	Jade Perrault
Brenda Anne Lesage	Carol Musgrove
Riley Belleau	Corey Mount
Kayla Corbiere	Matthew Syrette
Shirley A Syrette	Zoe Mantovan
Marlene Buller-Lesage	Katie Fsw
Lisa Belleau	Bresceis Pine
Grcfs Tamara	Grcfs Kiana
Dalton Robinson	Jeanette Bondy
Amanda Cress	

Happy Birthday

Mom

Krista Belleau

Love Phoenix, Thomas  
and Kara

Happy 30th Birthday

for my daughter

Krista Belleau

Dec. 25

Love Mom

Happy Birthday

Sebastian (Zeb)

Belleau

We love you!

Love from mom ♥

December 4

Dec 4

Happy 40 Something  
(LOL) Birthday to  
Cuzzin Manda,  
Love Ty

Dec 7

Happy 11th Birthday  
Chanceman Jones,  
Hope your day is just  
as Awesome as you  
are Buddy, We love  
you!

Love Auntie Ty,  
Domi & Tails ♥

Dec 15

Happy 34th Birthday  
Auntie Ty,  
Love Chanceman

Dec 22

Happy 11th Birthday  
To my Favourite  
Cuzzin Lexi,  
Love Chanceman

On December 7th  
Happy 11th birthday  
Chanceman !  
Love Amanda and  
family !

Owen Barry a Happy  
26<sup>th</sup> Birthday Dec 23,  
Love Mom & Dad

Dalton Robinson Dec  
16, Love Auntie Char  
& Uncle Mike  
and Owen

To Amber Irene Jones  
(December 29)  
Hope your birthday is  
just as amazing  
as you !  
Enjoy your day, your  
year, and yourself!  
With love,  
Mom



December 15th is a day  
to celebrate you!! A  
huge shoutout to a one  
of a kind, my forever  
favourite little sister  
Tyana Marie aka T  
Money Fizzle! Woot  
woot!! I hope YOUR  
day is as beautiful as  
you are! Love you  
Amanda and family!

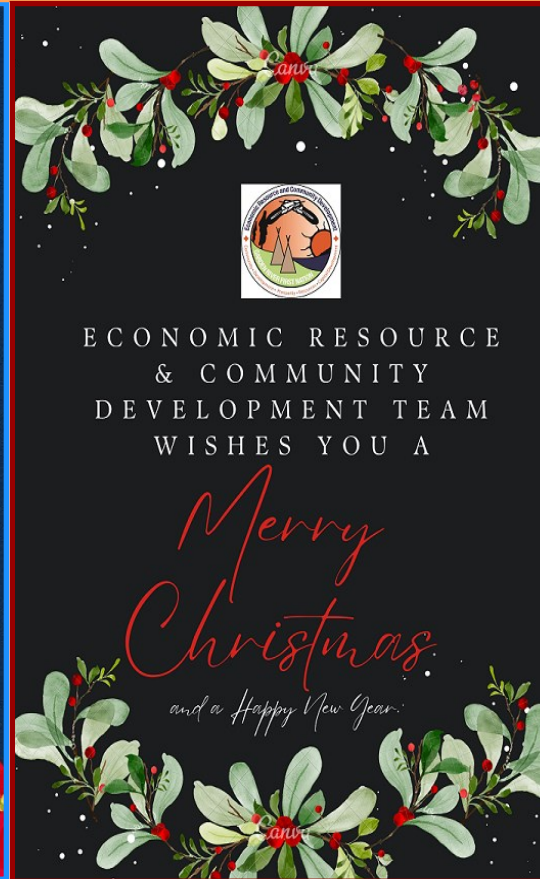
Happy birthday Auntie  
Ty! Love all of your  
favourite nieces and  
nephews:  
Arthur, Jada, Jack,  
Daes, Ella & Cal

Happy birthday Sista!  
Thank you for always  
being there, and being  
you!  
Love, Ash & Shawn

Dec 14  
Happy 33rd Birthday  
Kayla Corbs,  
Love Ty



## Holiday Greetings



### Christmas Phrases in Anishinaabemowin

Mino-gichi-anama'egiizhigan—Merry Christmas  
Jibwaa-gichi-anama'egiizhigag—It is Christmas Eve  
Gichi-anama'egiizhigan—It is Christmas Day  
Ishkwaa-gichi-anama'egiizhigan—It is Boxing Day  
Mino-animikodaadim! - Happy New Year  
Jibwaa-animikodaading—It is New Years' Eve  
Baakiiganan miinigoowin—Open the present

Bazagwa 'iganeyaab(iin)—scotch tape  
Ditibiiginiigin(oon) - wrapping paper  
Gichi-anama 'egiizhiganaatig(oog) - Christmas Tree  
Zenibaa(g) - Ribbon  
Azhigan(ag) - Stocking  
Ishkwaandemi-wawezhichigan(an) - Wreath





## GRFN Administration



Administration staff showing their support for the National Native American Heritage Month by participating in a "rock your mocs" day on Friday, November 18, 2022



## Membership



**HAVE YOU MOVED?**



**PLANNING TO MOVE?**

Please update your address  
with the Membership Office



### Contact

**Terri Tice, Indian Registration Administrator**

**705-253-0225 ext. 205**

**or online at:**

**<https://www.gardenriver.org/site/membership>**

### MEMBERSHIP OFFICE HOURS

**MONDAY - FRIDAY**

**8:30 A.M. - 4:30 P.M.**

**CLOSED 12:00 P.M. - 1:00 P.M.**

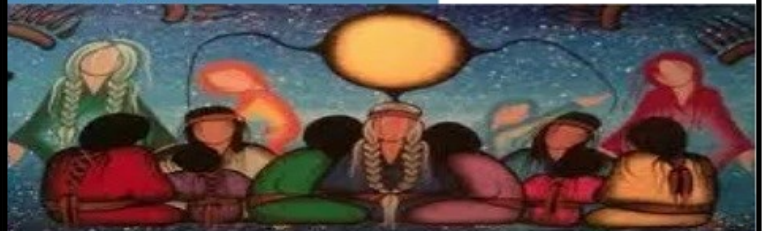
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### MEMBERSHIP OFFICE

## UPDATES

December 1st 2022

GARDEN RIVER FIRST NATION  
LANDS & RESOURCES DEPT.



## Updates

**NEW OFFICE HOURS - Now Open Friday's**

Monday - Friday 8:30 a.m. - 4:30 p.m.  
closed from 12-1

**STATUS CARD FEE INCREASE - Effective January, 2023**

Garden River First Nation \$10.00 → \$20.00

Other First Nation \$30.00 → \$40.00

*\*Please call to schedule an appointment\**

**Terri Tice  
Indian Registration Administrator**

Lands & Resources Dept.  
183 Noonday Road, Graden River First Nation  
705-253-0225 ext. 205 [ttice@gardenriver.org](mailto:ttice@gardenriver.org)

Made with PosterMyWall.com



## GARDEN RIVER ERCD ENERGY ADVISOR MOVED OFFICES!



HELLO EVERYONE,  
YOU CAN STILL CONTACT ME THROUGH  
EMAIL AT [KSAYERS@GARDENRIVER.ORG](mailto:KSAYERS@GARDENRIVER.ORG)  
OR AT THE GARDEN RIVER BAND OFFICE  
705-946-6300 NEW EXT. 225

## "Christmas Cheer - 2022"

### MIIJIM GAAMIG

(Garden River NIIGAANIIN Program Food Bank)

Is now accepting applications

Registration Deadline: Fri. Dec. 2, 2022

**Delivery Date: Wed. Dec. 7, 2022**

\*To register/further information, please contact  
Michelle @ the Garden River Food Bank

(705) 946-6300, Ext. 227  
Monday – Friday, 8:30 am – 4:30 pm.

\*Must live on the Garden River First Nation  
and provide Income Verification\*

**Volunteers Needed for Delivery!!!**

## DO YOU HAVE THE ENERGY AWARENESS CALENDAR?

Don't forget about the scavenger hunt  
for December!  
You could WIN a \$200.00 VISA Gift Card  
for Christmas!

Send your pictures to [ksayers@gardenriver.org](mailto:ksayers@gardenriver.org)

### DECEMBER SCAVENGER HUNT AND ACTIVITY DAYS

Each day starting **December 1-15th**, Garden River members can find the item of the day or activity, take a picture, and send it to [ksayers@gardenriver.org](mailto:ksayers@gardenriver.org) be entered into a prize on **December 16th** for a family **Christmas Gift**.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Take a picture of the Garden River	2 Find a bird in a tree	3 Take a Family walk
4 Take a picture of a unique tree	5 Find a Birds nest	6 Find Frozen puddles	7 Chimney Smoke or a fire	8 Take a picture of the moon	9 Enjoy a family movie night at home	10 Find Animal tracks
11 Blanket of snow	12 Snowflake	13 Take a close-up picture of frost	14 Christmas Lights	15 Enjoy a cup of hot chocolate/tea	<b>YOU WIN A PRIZE!</b>	



### Hours of Operation

Monday—9 am—4 pm

Tuesday—CLOSED

Wednesday—9 am—4 pm

Thursday—CLOSED

Friday—9am—4 pm

PLEASE NOTE: CLOSED (12-1pm)

Food bank access is limited to one visit per month

Further information, please contact Michelle @ MIIJIM GAAMIG  
(705-946-6300 ext 227)

\*Food and Monetary Donations are always greatly appreciated

## Pub Works

### The Garden River First Nation

Transfer Station located at 216 Noonday Drive is **OPEN**

**TUESDAY, 9 am—5 pm** (Closed 12-1 pm for lunch)

**WEDNESDAY, 9 am—5 pm** (Closed 12-1 pm for lunch)

**THURSDAY, 9 am—5 pm** (Closed 12-1 pm for lunch)

**FRIDAY, 9 am—5 pm** (Closed 12-1 pm for lunch)

**SATURDAY, 9 am—5 pm** (Closed 12-1 pm for lunch)

**CLOSED SUNDAY AND MONDAYS**





**NEW Fabulous 50th Year Special Rock & Roll Bingo**

**Selling Period will begin @2pm Bingo starts @5pm**

**\$100.00 Advanced tickets**  
 \*4 strips\*, & Entrance to "Door Prize" (Mega Monster Bingo Ticket! Extra Strips in advanced \$25.00 each \$40.00 / strip at the Door

**Reserved Seating available with purchase of Advance Tickets. (\$5.00 or 50 POINTS)**  
**Advanced Tickets on Sale:**  
 October 1, 2022– December 28, 2022 @ NOON

**16 page bundle includes all specials and regular games.**  
 (all you need to purchase is your Toonie stamp, Mini's, Grey Special, Late Bird & Digi Balls) **Extra Specials are \$2.00 each**

205yrette Lake Rd, Garden River ON, P6A 6Z3 (705) 253-8718 ext. 227 or 234. Info at grfnbingo.com

The **BREAK** will be approx. 45 mins long. Five (5) people will have a chance at PLINKO. Each has a chance to win up to **\$100.00 BINGO BUCKS**. There will also be a "BEST DRESSED" Draw and Player's Club Draws (BINGO BUCKS)

**December 31st 2022**

# ATTENTION CUSTOMERS \$ NEW MONEY POTS \$ STARTING NOV 7th 2022

\* Separate MONEY POTS for the following bingos ...

**12:45pm Matinee >>> will have its' own boards**  
**Bingo** (Twoonie, Second ch., 4Ball)

**6:30pm Main >>> will have its' own boards**  
**Bingo** (Twoonie, Second ch., 4Ball)  
**"IN HALL & ONLINE"**

**\*\*SuperJP stays the same for both sessions\*\***

**both sessions Sunday >>> will have its' own boards**  
**Bingo** (Super, Twoonie, Second ch., 4Ball)  
**"NO ONLINE"**

**\*\*TP&UPIK is the same for ALL sessions\*\***

## HOLIDAY CLOSURES

**Dec 12th-- Matinee ONLY!**  
**Closed @ 3pm**

**Dec 24th-- Matinee ONLY!**  
**Closed @ 3pm**

**Dec 25th-- Closed All Day**

**Dec 26th-- 6:30 Main**  
**ONLINE ONLY! 4x \$1000s**

**Jan 1st-- Closed All Day**

## Santa's Toy Box



**Must be a Member**  
**Automatically Entered**  
**one winner each session**

**\*must play in hall to participate\***  
**\*draw prize from box\***

**come out and join us, hope to see you here!**

**December 13th - 24th**



# DECEMBER 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>New Year's Eve Bingo</b> <b>advanced sales end</b> <b>December 28th</b> <b>No Online</b> MATINEE, PAY AS YOU PLAY & MAIN 4	<b>5</b> MATINEE, PAY AS YOU PLAY & MAIN <b>CLOSED FOR STAFF PARTY</b> 12	<b>6</b> MATINEE, PAY AS YOU PLAY & MAIN <b>Double Points</b> MATINEE, PAY AS YOU PLAY & MAIN 20	<b>7</b> <b>Player's Club Day</b> MATINEE, PAY AS YOU PLAY & MAIN <b>Raffle Draw</b> 14	<b>8</b> <b>Advent Days begin</b> MATINEE, PAY AS YOU PLAY & MAIN <b>Player's Club Day</b> MATINEE, PAY AS YOU PLAY & MAIN 15	<b>9</b> MATINEE, PAY AS YOU PLAY & MAIN <b>3x \$1000 Jackpots</b> MATINEE, PAY AS YOU PLAY & MAIN 16	<b>10</b> <b>Double Points</b> MATINEE, PAY AS YOU PLAY & MAIN 17
<b>11</b> <b>No Online</b> MATINEE, PAY AS YOU PLAY & MAIN 18	<b>12</b> <b>No Online</b> MATINEE, PAY AS YOU PLAY & MAIN 19	<b>13</b> MATINEE, PAY AS YOU PLAY & MAIN <b>Double Points</b> MATINEE, PAY AS YOU PLAY & MAIN 20	<b>14</b> <b>Player's Club Day</b> MATINEE, PAY AS YOU PLAY & MAIN <b>Raffle Draw</b> 21	<b>15</b> MATINEE, PAY AS YOU PLAY & MAIN <b>Player's Club Day</b> MATINEE, PAY AS YOU PLAY & MAIN 22	<b>16</b> <b>3x \$1000 Jackpots</b> MATINEE, PAY AS YOU PLAY & MAIN 23	<b>17</b> MATINEE, PAY AS YOU PLAY & MAIN 24
<b>18</b> <b>No Online</b> MATINEE, PAY AS YOU PLAY & MAIN 25	<b>19</b> MATINEE, PAY AS YOU PLAY & MAIN <b>ONLINE BINGO ONLY</b> <b>4x \$1000 Jackpots</b> 26	<b>20</b> <b>Double Points</b> MATINEE, PAY AS YOU PLAY & MAIN 27	<b>21</b> <b>Player's Club Day</b> MATINEE, PAY AS YOU PLAY & MAIN 28	<b>22</b> MATINEE, PAY AS YOU PLAY & MAIN <b>Player's Club Day</b> MATINEE, PAY AS YOU PLAY & MAIN 29	<b>23</b> MATINEE, PAY AS YOU PLAY & MAIN 30	<b>24</b> MATINEE ONLY 31
<b>25</b> <b>Sorry WE'RE CLOSED</b> 26	<b>26</b> <b>ONLINE BINGO ONLY</b> <b>4x \$1000 Jackpots</b> 27	<b>27</b> MATINEE, PAY AS YOU PLAY & MAIN 28	<b>28</b> <b>Player's Club Day</b> MATINEE, PAY AS YOU PLAY & MAIN 29	<b>29</b> MATINEE, PAY AS YOU PLAY & MAIN 30	<b>30</b> MATINEE, PAY AS YOU PLAY & MAIN 31	<b>31</b> <b>It's Christmas Eve!</b> MATINEE ONLY 32

**BINGO HOTLINE (705) 253-8718 PRESS #1**





## GRFN Elementary School

Aanii Boozhoo from the Garden River Elementary team! Gaskadino Giizis (November) was filled with days of sunshine, rain, sleet and snow! This month has been action packed and filled with lots of new learnings. Some of these things include, Zhimaaganishag Giizhigad (Remembrance day), Jiibay Waakoonge (Ghost Feast), traditional cooking methods, hide processing & tanning, and moccasin making. We reflected on how grateful we are for gete anishnaabeg (our ancestors) and the footsteps they have left behind for us to follow. Chi miigwetch kinagego.

Mii'iw

Garden River Elementary Team









## Secondary

### Babysitting Courses Completions

As part of Safety Skills Training, we are very pleased to announce that we had a total of 39 Garden River youth achieve their Babysitting Course certificates offered on 2 different dates, November 5th and 12th! Training in Babysitting skills has offered these young youth training in the basics and most essential skills required for childcare! Theo Alpha was an awesome instructor and we hope to secure him for more training in the future! Way to go students!



### Cultural Activity Nights

In the spirit of providing some different types of cultural activities for Garden River high school students, we have so far offered Soapstone Carving and Paint Night on November 17<sup>th</sup> and 2nd, both with Phil Jones, one of our local artists here from Garden River. A very nice turnout and great groups of students. They were provided with a meal each night and a \$50 Galaxy gift card was drawn after each activity. Not to mention their beautiful artwork to take home and display. Very proud of them and look forward to seeing them back and others at future workshops after the New Year!



### Programming/Transitions

Our Education Unit Team will be planning some future activities and programming along with some student transitioning ideas for after the New Year, so please watch out for emails and our Facebook Page.

### December Wishes

*Happy December ~ wishing students and families a joyful December and a wish that you make it one to remember. I hope you can look forward to a new month of happiness, love and good health. Merry Christmas everyone.*

-Steph



## Post Secondary

Good luck to all students on your final exams, assignments, and projects! You almost made it through the Fall 2022 semester.... you can do it! Hang in there!

### STUDY, STUDY, STUDY!

- If you haven't started to study yet, start now! It is never too early to start.
- It works best if you can actually plan your study sessions into your day & evening.
- Find a quiet place to review, read and reread the chapters in your textbooks, your notes, quizzes, tests, etc.
- Just a few hours of extra studying is sure to bring you better grades.
- Don't forget to rest the night before too!! Staying up all night will not help you do better in any test or exam.
- Remember the better your grades – the more opportunities for you to get scholarships = more money in your pocket!

### Brushing Up on Your Study Skills

Are you having trouble studying for that **big test or final exam**? Do you go completely blank as soon as your teacher passes the test papers around? Maybe you just need to brush up on your study skills. Although there's no magic formula to get an A on that big test, here are some helpful **homework tips** that might send you on your way to acing your next big exam!

#### 1. Study Tips - Roll Call

You are never going to do well on your exams if you never **show up for class**. Be sure to attend every class. And, take advantage of any **tutorials** or extra help your **teachers** offer. When you're

struggling with a subject, any extra help you can get can make a huge difference.

#### 2. Study Tips - Keep a Routine

Set aside a **specific time** to do your homework and studying every day. Whether that's right after school or after supper, a set **schedule** can often help you focus a lot easier. Don't try to fit your homework around socializing with friends. Homework should be a priority.

#### 3. Study Tips - Shhhh!

If you can't find a **quiet place to focus** on your homework at your house, why not head to the **library**? Be sure you have as little distraction as possible when studying. Avoid watching TV, talking on the phone or playing music that makes you want to dance around the living room while doing homework.

#### 4. Study Tips - Be Inquisitive

If you find that having a friend study for a test with you helps the most, why not make **flash cards** or make **mini quizzes** for one another to answer. The key is to make use of your study time and not turn the get-together into a video game marathon or gossip session.

#### 5. Study Tips - Write it Down

Keep all your notes from your classes and read them over, as well as your **textbooks**. **Make note** of things your teacher has said might be on your test so you can be sure to **review** it. If you're just reading straight from a textbook or novel for class, try **reading aloud**. **Hearing yourself say it while you read often helps you to retain more of what you've read.**

#### 6. Study Tips - Ask For Help

If you are still struggling with forming **good study habits**, don't be afraid to talk to your teachers. Many schools have homework help available to you during lunch or after school. Your teachers may also be able to suggest **tutors** that you could work with.

### Test-Taking Techniques

- Always read the directions carefully.
- Sometimes a "memory dump" as soon as you get the exam is helpful. Jot down all formulas, mnemonics, and anything else you can remember from your studies on a blank scratch paper or in the test margins.
- Skim the test to get a sense of what it covers so you can manage your time wisely. Note the "weight" of questions. Questions worth more points should be completed in a timely manner, whereas the questions worth one or two can be finished after the larger, more difficult ones are complete.
- Do the easiest questions first, and put marks next to the questions you are unsure of. When you have completed the exam, go back and finish the "marked" questions.
- Don't be afraid to ask the professor if you have a question; perhaps others may have the same questions about confusing items or directions.
- Look for key words that might trigger the right answer. Occasionally, the information needed to successfully complete one question lies within another question.
- **For essay exams:** Before you start, "brain-storm" for a minute so you can recall the information needed to answer the question. Then set up a brief outline of your points so

you do not forget anything while you are writing. This way, if you run out of time, you can jot down the items left in the outline for partial credit. If possible, **save time to PROOFREAD!**

- **For multiple choice tests:** Always read all the choices; then mark the answers you know are not correct. Continue until you know the correct answer or can submit an educated guess.
- **For true and false questions:** Watch for words that change the meaning of the statement (i.e., qualifiers like "always" and "never"). And remember, all parts of a statement must be true for the answer to be "true."
- **Always write carefully and legibly.**
- **Ignore the pace** of other students; always take your time.
- Always **save enough time** to go through the test a second time.

#### GENERAL REMINDERS:

- Please make sure that I have your **CURRENT login and password** to access your **Fall 2022 final grades** and your **new schedules** for the **Winter 2023** semester.
- Also, please remember that **if you are making any changes to your educational plans**, you signed a contract stating that you would **inform me** asap - this may include, but is in no way limited to - if you added or dropped a course, if you changed programs, if you transferred schools, if you decided you needed a break and will not be returning for Winter 2023, if you are having trouble getting to classes, or did you move, etc., etc..... by not informing me of your changes, you may jeopardize your sponsorship. Please keep me informed at all times to avoid any potential sponsorship problems.

**NOTE: The earliest that new post-secondary sponsorship is available is not until the Spring/Summer 2023**

**session.** The deadline is March 29th for spring/summer (May to August) sponsorship.

#### **NOTICE FOR RETURNING FULL-TIME STUDENTS RE: BOOKS/SUPPLIES for JANUARY**

As you know, each full-time student is eligible for the established minimum of \$800 for each academic year. As you also know (from section 1.7 of your PS Operating Guidelines), once you have gone over that amount you are **reimbursed** for any and all **mandatory books/supplies** purchased once all required documentation is submitted.

**NOTE:** If you did receive a reimbursement throughout the Fall 2022 semester, your total advance for this upcoming semester is the balance from the \$800 : **\$400 per semester without reimbursement in Fall.**

**However, if you received a reimbursement in the Fall, your January advance will be minus the reimbursement received.**

**For example,** if you received a reimbursement of \$222 in October, you will only be getting \$178 to start buying your books/supplies in January.

**However, when or as you spend more than your next advance in January, please submit the required information and you will be reimbursed immediately.**

Do what you need to do to reconnect with those that you like and love to regroup, rejuvenate, chill with and get yourself ready to return for Winter 2023.

If you ever have any questions, concerns about anything regarding your courses, teachers, or something that is getting in the way of you getting to your classes or getting your work done, or if

you just want to chat about your educational goals, please call me at the office: 705-946-3933 ext. 202 OR toll-free at 1-866-518-7806 OR email at amjones@gardenriver.ca OR send a virtual meeting request.

May the coming year lead you  
and your family on a journey filled with  
much happiness!  
  
Happy Holidays and Happy New Year to  
your and your family!

Anne Marie Jones  
Post-Secondary Counsellor



#### **Attention students!!!!**

Printing is free for  
educational purposes!!

Email:  
irene.gray@gardenriver.ca

with your printing needs  
and schedule a  
time to come pick them up!

Anishinaabemowin  
Words for the Month:

Amik (beaver)



Gaazhagens (cat)

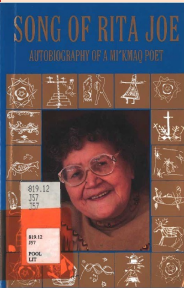


Omakakii (frog)

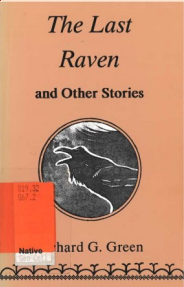




## November's Featured Books



**Song of Rita Joe, Autobiography of a Mi'kmaq poet.** Rita Joe with the assistance of Lynn Henry. Song of Rita Joe reveals to us an eloquent and courageous Mi'kmaq woman whose timely message of 'gentle persuasion' has enriched the life of a nation.



**The Last Raven and Other Stories.** Richard G. Green. Told from an Indian point of view, *The Last Raven and Other Stories* provide telling insights into a world that few non-Indians know or understand.

Both these Native Content Books and many more are available in the Library to borrow!

# Paper Ornaments

GRFN Public Library/Resource Centre  
48 Syrette Lake Road

**Thursdays: 1 - 3:30 pm**

November 24  
quilled angel

December 1  
triskle ornament

December 8  
geodisic paper ornament

December 15  
giant snowflake

Paper Ornament Makers  
where you can make ornaments  
out of paper, glue/tape and accessories  
to decorate your home, tree or to give  
as gifts this Christmas.

Limited materials will be provided  
to make one or two in the library and  
instructions to take home to make more on your own!

Skills required: folding, cutting, gluing paper,  
finger dexterity will be an asset.

Contact: Irene M. Gray @ [irene.gray@gardenriver.ca](mailto:irene.gray@gardenriver.ca)  
for more information and to sign up; space is limited.



## Community



**Christmas**  
Craft & Vendor Market

ON Nov 26 - Dec 3 - Dec 10  
- Dec 17

AT 10AM - 4PM

1082 Highway 17b Garden River

**Our Event Includes:**  
Scentsy, Beadwork  
Origami Owl,  
Stained glass, Corkeys  
Apparel,  
Homemade Baking & Many  
More

Take your picture  
with Santa  
Dec 17 - 1pm

\$25.00 per table / Per day  
\*table /chair available  
\*electrical / freezers spot available

Made with PosterMyWall.com

CRAFT FAIR Organizer For Info email at  
[deni\\_pine@hotmail.com](mailto:deni_pine@hotmail.com)



### Garden River Food Bank – Scentsy Fundraiser Results

575.35 – Commission from Sales

145.00 – Cash Donations Collected

720.35 - Total

- 50.00 – Fee to set up at GR Pow wow

Total Cash \$670.35

In addition to the donation.

\$100 Donation of Cereal and Drink Boxes from RonnieGirls Scent shop.

Winner of the Warmer Wax Basket: Veronica W-Garden River member

Winner of the Scentsy Fresh Spray: Anna B-Garden River Member,

Chi-Miigwetch's to everyone who supported this fundraiser and made it possible to support our local Foodbank.

Ronnie George-AKA Veronica Boissoneau





## Garden River Family Swimming

John Rhodes Community Center

Every Saturday starting

September 17th to

March 25th from

5:00 pm—6:00 pm

(no swimming on October 29, December 24, December 31)

For more information contact

Melissa Grawbarger 705-450-5071 x205

### Rules for Swimming at the John Rhodes

- ✓ **Under 7 years of age:** all children must be directly supervised by an adult, within arms reach. Limit is 2 children to 1 adult.
- ✓ **Children 7-9 years** must pass facility test to swim alone. If they do not pass, they must be supervised by an adult. Limit 4 children to 1 adult.
- ✓ **Children 10 years and over,** can swim alone.



G'NAADMAAGOOM CHILD & FAMILY SERVICES INVITES YOU TO

**THE 4TH ANNUAL**

*Garden River*

# Christmas PARADE

**Inviting all Departments & Families to Register a Float!**

Route: Line up on Shingwauk St. onto Highway to Gemah St. to Greensky & back to Shingwauk St.

**Saturday DEC 10 @ 6PM**

**All registered family floats will receive an incentive!**

To register your float contact Marie T. Pine  
@ 705.450.5071 ext. 214 or mtpine@grcfs.ca

Made with PosterMyWall.com

**G'NAADMAAGOOM**  
Garden River Child and Family Services  
Building Strong Families and Communities for our Children

To continue practicing safe social distancing -  
Most programs will be on a virtual platform.

Off reserve band members are encouraged  
to participate!

### STAFF CONTACT INFORMATION

**KH - Kiana Hill** – [khill@grcfs.ca](mailto:khill@grcfs.ca)/705-989-8189

**MP – Marie T. Pine** – [mtpine@grcfs.ca](mailto:mtpine@grcfs.ca)/705-971-7116

**JT - Jordie Thibault** – [jthibault@grcfs.ca](mailto:jthibault@grcfs.ca)/705-971-7165

**BC – Belinda Camara** – [bcamara@grcfs.ca](mailto:bcamara@grcfs.ca)/ 705-542-9200

**KM - Kelly Musgrove** – [kmusgrove@grcfs.ca](mailto:kmusgrove@grcfs.ca)/705-987-1645

**MG – Melissa Grawbarger** – [mgrawbarger@grcfs.ca](mailto:mgrawbarger@grcfs.ca)/705-971-9079

**Hb—Hailey Bryan**—[hbryan@grcfs.ca](mailto:hbryan@grcfs.ca)/705-542-9717

### HOW TO REGISTER FOR A PROGRAM

Please email or call Staff running the program to register! Join by phone, cellphone, tablet, or computer!!

**\*\*PLEASE REGISTER ONE DAY IN ADVANCE**  
**AS SPACES ARE LIMITED\*\***

### PROGRAM INCENTIVES/DRAWS

**PROGRAMS** – Participants will receive an incentive for every program they attend.

**FAMILY CHALLENGES** – Every family that participates will receive an incentive.

**LEARNING ACTIVITIES (LA)** – Each family that participates in the Learning Activities will receive an incentive





**G'NAADMAAGOOM**  
**Garden River Child and Family Services VIRTUAL Program Calendar**  
**December 2022**

**Phone: (705)450-5071**

MON	TUE	WED	THU	FRI	SAT/SUN
Please Note: Virtual program participants will not be let in to Zoom more than 5 minutes after program start time.	(LA)= Learning Activity		1 KM/BC—LA: Homemade gift bag Parents/Caregivers & Children 0-6 <b>JT – Coping with Holiday Stress 4:30 Youth 13-24 yrs</b>	2 KH—Family challenge *Due by noon (from Nov 28)	3/4 <b>FAMILY SWIM</b> Saturday 5-6 pm @
5 KH— LA: Family Fun “Gingerbread Houses” *Call to register for a kit	6 KM/BC—Christmas Wreath Parents/Caregivers & Children 0-6 <b>JT—Holiday Money Saving tips 4:30 Youth 13-24 yrs</b> <b>KH/MP—Managing Holiday</b>	7 KM/BC—Song & Story Parents/Caregivers & children 0-6 <b>JT— Youth Culture: Feasts &amp; Giveaways 4:30 13-24</b>	8 KM/BC—LA: Anishinaabemowin —Wawezhi Parents/Caregivers & children 0-6	9 GRCFS FAMILY DANCE GR Rec Centre	10/11 <b>GR Community Parade</b> 6:00 pm Start 
12 KH— Family fun challenge *Gingerbread House submissions due	13 	14	15	16 	17/18 <b>FAMILY SWIM</b> Saturday 5-6 pm @
19	20	21	22	23	24/25
<div> <div>No Programs due to Staff Planning</div> <div>OFFICE CLOSURE FOR CHRISTMAS BREAK</div> </div>					
26	27	28	29	30	31
<div> <div>OFFICE CLOSURE FOR CHRISTMAS BREAK</div> <div> </div> </div>					





## 2SLGBTQIA+ Youth Group

- ✓ Safe Space
- ✓ Snacks
- ✓ Peer Support

Join us in-person on the  
third Friday of every  
month for a drop-in group  
**Ages 12-17**  
**6:00-7:30pm**  
**GR Child & Family  
Services Building**  
**(7A Shingwauk Street)**

- ✓ Information sessions
- ✓ Discussion
- ✓ Incentive offered  
to those who attend



Contact Lana Grawbarger for  
information or to register  
705-450-5071 x226  
[lgrawbarger@grcfs.ca](mailto:lgrawbarger@grcfs.ca)



## GR Wellness Centre



**Merry  
CHRISTMAS  
Celebration**

**ELDERS 65+**  
& ADULT GUEST

**\*TURKEY  
DINNER**      **\*DRESS UP  
FOR XMAS**      **\*GIFTS &  
MUSIC**

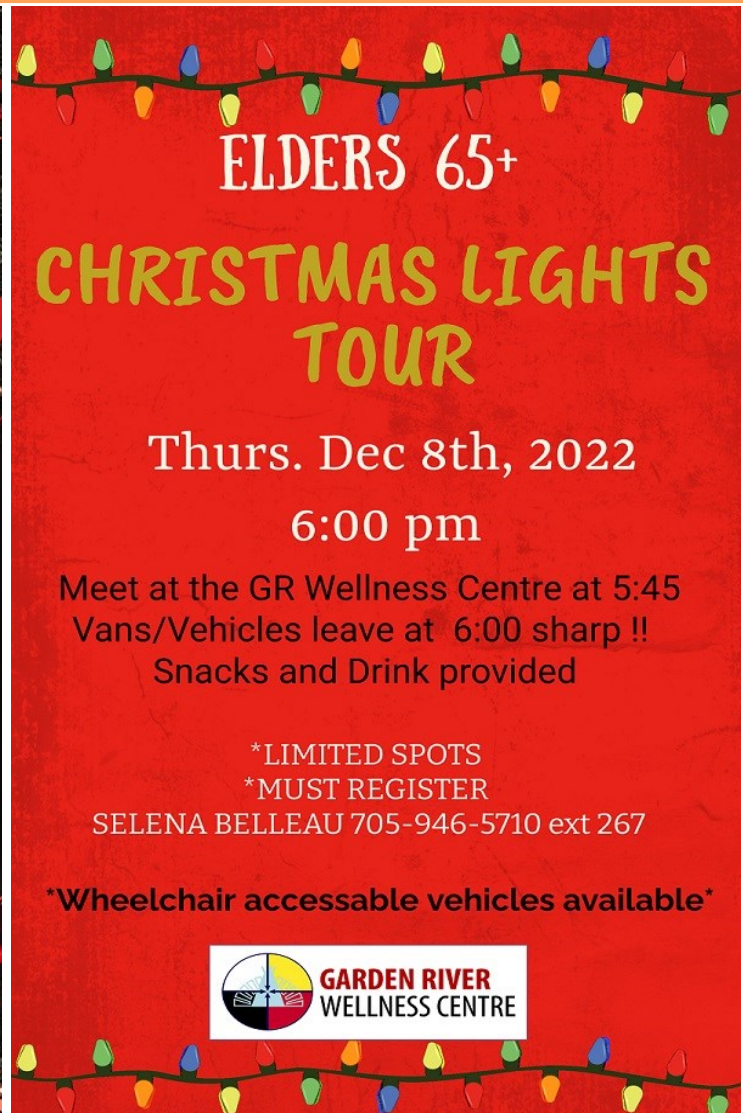
\*Ojibwe Christmas Carols  
performed by Healthy Babies Program  
&  
\*Live Music by "DUSTY ROADS"

**WED. DEC. 14 / 22**

**GR COMMUNITY CENTRE @ 5:30**

\*CURBSIDE PICK UP AVAILABLE \*TRANSPORTATION PROVIDED  
\*MUST REGISTER \*ALCOHOL FREE

Call SELENA BELLEAU @ 705-946-5710 EXT 267



**ELDERS 65+**


**CHRISTMAS LIGHTS  
TOUR**

**Thurs. Dec 8th, 2022**  
**6:00 pm**

Meet at the GR Wellness Centre at 5:45  
Vans/Vehicles leave at 6:00 sharp !!  
Snacks and Drink provided

\*LIMITED SPOTS  
\*MUST REGISTER  
SELENA BELLEAU 705-946-5710 ext 267

**\*Wheelchair accessible vehicles available\***

 **GARDEN RIVER  
WELLNESS CENTRE**





# Dan Pine Healing Lodge



## December 2022 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 Zoom Talk Tuesday 9-12 ~ Kimberly Journey of Grief 8/8 5:30—8 ~ Laurie 228	7 Traditional Health with Gerrard Sagassige. Call Kimberly for appt. Circle of Learning with Carol Nadjiwon—Our Ojibway Stories, History and Treaties 5:30-8 Laurie 228	8 Traditional Health with Gerrard Sagassige. Call Kimberly for appt. Men's night, call Kimberly to register	9 Traditional Health with Gerrard Sagassige. Call Kimberly for appt.	10 Traditional Health with Patricia Toulouse call Kimberly for appt.
11 Traditional Health with Patricia Toulouse, call Kimberly for appt.	12 Zoom Super WOW (Work on Whatever) 1-3 Kimberly	13	14 Traditional Health with Patricia Toulouse, call Kimberly for appt. BEAUTY FROM ASHES (BFA) Aftercare Well- ness Circle 5:30-8 (for past participants only) Laurie 228	15 Zoom Tea & Talk 1-3 Kimberly Zoom 2STalks 6-8 Kimberly JOURNEY OF GRIEF Aftercare Wellness Circle 5:30-8 (for past participants only) Laurie 228	16	17
18	19	20	21	22	23	24
25	WINTER HOLIDAYS WINTER HOLIDAYS					31
	26	27	28	29	30	

## January 2023 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Zoom Super WOW (Work on Whatever) 1-3 Kimberly	3	4 Zoom Let's Bead 1-3 Kim- berly	5 Traditional Health with Gerrard Sagassige. Call Kimberly for appt. Men's night, call Kimberly to register	6 Traditional Health with Gerrard Sagassige. Call Kimberly for appt.	7 Traditional Health with Gerrard Sagassige. Call Kimberly for appt.
8 Traditional Health with Gerrard Sagassige. Call Kimberly for appt.	9	10	11	12	13	14
15	16 Zoom Super WOW (Work on Whatever) 1-3 Kimberly	17	18 Zoom Let's Bead 1-3 Kimberly Circle of Learning with Carol Nadjiwon—Our Ojibway Stories, History and Treaties 5:30-8 Laurie 228	19 Zoom Tea & Talk 1-3 Kimberly Zoom 2STalks 6-8 Kimberly	20	21 Traditional Health with Patricia Toulouse, call Kimberly for appt.
22 Traditional Health with Patricia Toulouse, call Kimberly for appt.	23 Zoom Super WOW (Work on Whatever) 1-3 Kimberly	24	25 Traditional Health with Patricia Toulouse, call Kimberly for appt. BEAUTY FROM ASHES (BFA) Aftercare Wellness Circle 5:30- 8 (for past participants only) Laurie 228	26 Zoom Tea & Talk 1-3 Kimberly JOURNEY OF GRIEF Aftercare Wellness Circle 5:30-8 (for past participants only) Laurie 228	27	28
29	30 Zoom Super WOW (Work on Whatever) 1-3 Kimberly	31				



# THE JOURNEY OF GRIEF

## MONTHLY AFTERCARE WELLNESS CIRCLES



### FOR PAST PARTICIPANTS ONLY OF THE 8 WEEK PROGRAM

Past participants are invited to meet at the Lodge once per month to continue the conversations, continue the healing journey and stay connected with one another

~you are not alone~

- Variety of topics identified by you the participants
- Guest speakers
- Cultural teachings
- Interesting activities



#### Dates for October 2022 to March 2023:

5:30 – 8 pm  
Supper provided

Thurs Oct 27  
Thurs Nov 17  
Thurs Dec 15  
Thurs Jan 26  
Thurs Feb 23  
Thurs Mar 23

Contact Laurie at 705-946-5710 ext 228

## Beauty From Ashes

Reconciling our Past, Reclaiming our future.

Beauty From Ashes is a 5 1/2 day residential program for adults 18 years + who are ready to explore connections between childhood experiences and adult health, wellness and current behaviours

The program is offered three times per year using a cultural approach with Anishnawbek teachings, storytelling and sharing circles.

Two on-site programs are a collaboration between Dan Pine Healing Lodge and Maamwesying North Shore Community Health Services. The program will also be offered once per year virtually via Zoom.

Applicants outside our service delivery area will be accepted based on availability.

\*Residential delivery is pending provincial pandemic guidelines.

\*\*Participants are required to complete the one day virtual N'mekwendun workshop which focuses on creating awareness about the lasting impact of childhood trauma through a simplified approach.

5 1/2 PROGRAM RUNS  
SUNDAY TO FRIDAY

May 8-13, 2022  
residential SSM

Oct 16-21, 2022  
residential, Little Current

Feb 5-10, 2023  
virtual Zoom

For more information  
contact:  
Laurie Souliere  
Intake Worker  
Dan Pine Healing Lodge  
705-946-5710 ext 228  
lsouliere@grhc.ca

#### \*COST

There is no cost to attend the program. Travel to and from program site is at participant's expense.

#### \*CHILD CARE

Maamwesying receives Jordan's Principle funding through Nogdawindamin Family and Community Services, making it possible for us to offer (limited) childcare subsidy to our seven First Nation community members.



## N'mekwendun

NEW

Do you wonder if your childhood experience impacted you? Have you wondered how trauma affects the mind, body and spirit? Are you curious about the Naandwe Noojimowin 5 1/2 Day Program? Then join us for this informative workshop!

MAAMWESYING

FREE WORKSHOP: 9:00 a.m. – 3:30 p.m.

LOCATION:

N'mekwendun translation, "Thinking about something that has come up; to recall, to recollect or come to think of."

Via ZOOM VIRTUAL platform.

Join the Naandwe Noojimowin team at this virtual workshop for community members, front line workers and leaders. The workshop focus is to create awareness about the lasting impacts of childhood trauma through a simplified approach.

#### REGISTRATION REQUIRED

FREE to attend. Call for more information or a registration form.

Participants will be introduced to:

#### WORKSHOP DATES:

- How trauma/stress impact the mind, body & spirit
- Adverse Childhood Experiences (ACE) Study & Intergenerational Trauma
- Naandwe Noojimowin program background
- Explore how shame and anger are connected, and
- Childhood coping strategies that lead to communication styles that could cause difficulty in adult relationships.

- ❖ Fri. Apr. 22, 2022
- ❖ Fri. Aug. 19, 2022
- ❖ Fri. Nov. 18, 2022
- ❖ Fri. Jan. 20, 2023

Please join us at one of the four virtual workshops held annually.

#### Interested in NN Program?

\*Attending N'mekwendun is a requirement BEFORE attending Naandwe Noojimowin program.

Registration form available by request to Mental Wellness Minobimaadizing Program  
Toll-free 1-844-864-0523 or,  
mwmintake@mninoeyaa.ca



473B Hwy17W, Cutler, ON, P0P1B0  
Head Office: (705) 844-2021  
www.maamwesying.ca




Supported by:



Funding for Naandwe Noojimowin program has been provided by the provincial Local Health Integration Networks (LHIN)








# BEAUTY FROM ASHES

## Monthly Aftercare Wellness Circles



**Beginning Wednesday, October 26, 2022  
and every last Wednesday of each month  
5:30-8 PM  
Supper provided  
\*for past participants only\***

**Contact Laurie at 705-946-5710 ext 228 to register**

**A safe place to stay connected with each other;  
in spirit of healing and wellness**



### CIRCLE OF LEARNING

#### Our Ojibway Stories, History and Treaties Workshops for 2022-23

Facilitator: Carol Nadjiwon, BA, BEd, MA in American Indigenous Studies. Odawa, member Batchewana First Nation. Rooted in learning from elders and ceremonial life.

You are invited to learn and participate in our Circle of Learning Workshops about our Ojibway stories, history and treaties to be held **once a month on a Wednesday from October 2022 to December 2023 at the Dan Pine Sr. Healing Lodge from 5:30 to 8:00 pm with supper included.**

Indigenous Peoples have experienced life before contact and after contact. Colonization and racism of control created powerlessness. This included forced assimilation of the residential schools systems, denial of history, culture and economic social co-development. Learning about our past, present and visions for the future are important to our sense of identity, good health and good life.

**CONTACT LAURIE 705-946-5710 EXT 228 TO REGISTER**

No.	Date	Subject
1	Oct 12	Workshop Design and Definitions - Identity, Sovereignty, Cycle of Oppression; Worldview and Spirit
2	Nov 9	<b>Before Contact</b> - Clans, Wampum Treaties – 1 Spoon 1 Dish, Two Row Wampum, Covenant Chain
3	Dec 7	Winter Story Telling by Participants and Winter Celebrations – Bring a favourite dish to share!
4	Jan 18	<b>After Contact</b> - 1701 Grand Peace Treaty, 24 Nations Wampum Belt
5	Feb 15	Treaties – War of 1812 and Impact on Ojibway life
6	Mar 8	1850 Huron and Superior Treaty – Shingwaukose, 1848 Petition
7	Apr 5	1859 Pennefather Treaty - Batchewana, Garden River, Thessalon
8	May 3	<b>Colonialism and Control</b> Doctrine of Discovery, Historical Timeline, Indian Acts, Residential Schools
9	June 7	Mid Evaluation and Discussion
10	Aug 2	<b>Decolonization</b> Historical Timeline, Petitions for Justice, Opposition to White Paper, 1980 Declaration of First Nations, 1982 Constitutional Reform., 1850 Treaty Annuities Court Decision in 2018
11	Sept 13	1991 to 1996 Royal Commission on Aboriginal Peoples and Report submitted in 1996, 2008 to 2015 Truth and Reconciliation Commission and 94 Calls For Action
12	Oct 4	Human Rights – International Rights of Indigenous People
13	Nov 1	Stories, Dreams and Feast for our Relations
14	Dec 6	Overall Evaluation, Feast and Circle

### Manidoo – Giizis Freeze Up Moon

December 2022 Programs – Traditional Helper Kimberly Pelletier, Dan Pine Healing Lodge, kpelletier@grhc.ca 705 946 5107 ext 215

#### Zoom Super WOW (Work On Whatever) **Mondays 1 – 3**

Come join virtually or in person as we all share what projects you are working on. Learn some new skills & make new friends. What will you be working on? What would you like to be working on? Please invite your buddies. The last session (12) will be the December Full Moon Paint event. Program supplies not provided. **December 12, 2022**

#### Zoom Mazinigwaaso Maawanji'iwe – (Let's Bead) **Wednesdays 10 - 12**

Come join virtually or in person as we all craft our beading projects from your own supplies. If there is something that you want to learn, let me know. We can work on it together. This is in person or virtual. **None for December.**

#### Zoom Aniibish miinawaa Gaganoonidiwag (Tea & Talk) **Thursdays 1 – 3 pm**

Come join virtually or in person as we all Pull up a chair, grab your blanket, pour yourself a cup of coffee, tea, or something & grab a snack. Join us as we chat, visit, craft, hang out or whatever. **December 15, 2022, 1 – 3.**

#### Monthly Men's Night

Join us for our monthly meeting at the Dan Pine Healing Lodge. This is an in-person event. Dinner will be provided. This event will be facilitated by Gerrard

Sagassige. There are a limited number of participants for all sessions at the Dan Pine Healing Lodge. Please call, message, or email me to sign up. **Thursday December 8, 2022, 5 – 8 pm**

#### Traditional Medicine Practitioner – Patricia Toulouse

She an Ojibwe Mother & Grandmother of Sagamok. She works with Maamwesying in communities of the North Shore, including Garden River to provide a Traditional Approach to medicine that focuses on your overall Health & Wellness. Saturday morning will be Medicine picking, processing, harvesting from 9 – 12. Please call or email for an appointment. **December 10, 11, & 14, 2022.**

#### Zoom 2 Spirit Indigi-Queer Hangouts

Join us for our online monthly hangout. We are creating a 2 Spirit, Queer, Trans, Indigenous support network / society throughout Bawating & region. Keep an eye out for our new Anishinaabemowin name!!! **Thursday December 15, 6 – 8 pm**

#### Traditional Medicine Practitioner Gerrard Sagassige

His teachers include. Louis Day (Serpent River), Ron Wakekejig (Wikwemikong Unceded Territory), Leo Elijah (Territory of the Oneida), & Dayhunnee Sunray (Vermont, USA). He is a Traditional Bundle Carrier. His work includes ceremonies:

Sweat Lodge, Naming, Clans, Colors, Cleansing, Wiping of the Tears for Mourning / Grief, Wedding, & Passing Over. Please email for an appointment. **December 7, 8, & 9, 2022**

If you are interested in attending Noondwe Noojimowan (Beauty for Ashes), you can check it out here:

<https://maamwesying.ca/index.php/naandwe-noojimowin/>

There is a mandatory 1-day online session before you can attend. The February 2023 event will be online. The intake information is at the bottom of the main webpage in the link above. You can also call Laurie at DPHL for intake.

We are all trying our best to make sure that everyone has access to necessary services. All in person programs will be by pre-registration only. There are limits on the number of people can be in attendance of in person programs. I am looking forward to adding online, in-person, & hybrid programs.

I am off December 5, 6, 13, & 16. Holiday break starts December 19, 2022. We are back in office Monday January 2, 2023.

You can also add me on FB; Kimberly Pelletier Sadigjiwegjig. Also add yourself to my FB group: Ontario Indigenous Trainings & Conferences.





# Garden River First Nation

## Employment & Skills Development



### UPCOMING EMPLOYMENT & TRAINING ACTIVITIES WITH INDIGENOUS SKILLS EMPLOYMENT TRAINING PROGRAM-ISETP

#### NEWS FOR DECEMBER 2022

- ✧ The Mamaweswen, the North Shore Tribal Council ISETP/ FNLMP received some good news regarding their application to the ESDC-Skills Partnership Fund. Their application has been approved to provide an accelerated Early Childhood Education (ECE) Virtual Program to their clients. The training program is set to start in February of 2023 and end approximately in June 2024. Please watch on social media and flyers within the community for application details and deadlines.
- ✧ Become a Peer Supporter! Training offered by Maamwesying/North Shore Community Health Services Inc. Contact Tania Boman, Peer Support Coordinator at 249-525-8547 or email [tania.boman@nminioeyaa.ca](mailto:tania.boman@nminioeyaa.ca) to find out more and inquire about the eligibility criteria.
- ✧ Georgian College/Contact North – UPSKILL Tourism and Hospitality with two Micro-credential micro-certificates that you can complete online **Free of charge** - Deadline to register is December 16, 2022. Winter semester starts January 9<sup>th</sup> to April 21<sup>st</sup>. Please watch on social media and flyers within the community for more information.

#### MAMAWESWEN, NSTC & GRFN LDM REGIONAL EMPLOYMENT OPPORTUNITIES

- ✧ **ECE PROJECT COORDINATION EMPLOYMENT OPPORTUNITY** – Please keep an eye out on our Facebook page AND social media for this employment opportunity by Mamaweswen, the North Shore Tribal Council ISETP/ FNLMP.
- ✧ **Service Canada PM-1 Job Posting** – Payment Service Officer –The successful candidates will be able to work remotely and able to travel to Sudbury at least monthly – Please keep an eye on our Facebook page and social media regarding this opportunity that is geared to the indigenous workforce.



On behalf of the ISET Team, we would like to say Miigwetch to everyone who came out to our Job Fair on October 26, 2022.

We would also like to congratulate Janet Jones for winning our door prize—a new cell phone.

Congratulations Janet 😊

#### NEWS JANUARY 2023

- ✧ Dress for Success – Please watch for flyer on our Facebook page – Youth 15-30 years, please watch out for the upcoming flyer on our Facebook page.
- ✧ Mamaweswen, The North Shore Tribal Council – Peer Support Training will begin January 4<sup>th</sup>.

We are open!

*Walk in or call to make an appointment to discuss your employment and training needs. Garden River First Nation Community Centre Lower Level (South Entrance) 6 Shingwauk Street*

*We offer resume and cover letter assistance, career search, employment counselling, interview preparation, resource room and a job board.*

*If you have any questions, please feel free to contact our team: (705) 256-5413*

**Wanita Jones – ISET Program Supervisor**  
[wjones@gardenriver.org](mailto:wjones@gardenriver.org)

**Lee Ann Gamble – ISET Employment Counsellor**  
[lgamble@gardenriver.org](mailto:lgamble@gardenriver.org)

**Darryl Williams-Jones – ISET Youth Employment Counsellor**  
[dwilliams@gardenriver.org](mailto:dwilliams@gardenriver.org)



GRFN Employment & Skills Development

Follow us on Facebook for local and regional employment and training opportunities!



# Take FREE COURSES in TOURISM & HOSPITALITY



**Set yourself up to be a success in tourism and hospitality with two micro-certificates you can complete online.**

We're partnering with Georgian College to promote the UpSkill Tourism Micro-credentials, which are FREE for eligible participants, and teach the tools and techniques you need to succeed in this exciting industry.

Reach out to your local Contact North | Contact Nord online learning centre to register today!

- 100% online
- Choose from a variety of topics for the two micro-certificates: Frontline Service and Managers and Aspiring Leaders
- Complete five of seven available modules for each micro-certificate
- Modules vary from three to 16 hours



Your Contact North | Contact Nord representative is available for more details:

**Ginette Marion**

**Student Recruitment & Services Rep**

**1855-901-3425**

**[saultstemarie@contactnorth.ca](mailto:saultstemarie@contactnorth.ca)**

Get your degree, diploma or certificate or upgrade your skills online without leaving your community.



Contact North | Contact Nord is funded by the Government of Ontario



**STUDYONLINE.CA**





Have you worked hard at changing your life outcomes?  
Are you interested in putting your lived experience to use, through supporting a  
peer on their journey of recovery?  
Are you ready to give back the love & support you received?  
This may be an opportunity for you!

Become a Peer Supporter!  
Training dates: January 4, 11, 12, 18 and 25<sup>th</sup>, 2023

(able to complete all mandatory training as offered)

#### What will you learn?

- Mental Health Commission of Canada Core Values of Peer Support
- Skills and knowledge for Peer Supporters
- How to become excellent supporters of others in your community
- How to inspire hope in others through your recovery within your First Nation
- Community resources and supports

**This program starts with comprehensive, certified, and custom developed training. It will educate and support your learning needs as you build on your skills and knowledge in the areas of: mental health, addiction, trauma, and recovery.**

*Who can apply: Community First Nation Peers that are serviced by Maamwesying North Shore Community Health. Non compensated volunteer positions are also available.*

To find out more about the eligibility criteria please contact Tania Boman, Peer Support Coordinator at [tania.boman@nmninoeyaa.ca](mailto:tania.boman@nmninoeyaa.ca).

OR call at 249-525-8547.

#### What you need to apply:

- Your updated resume
- Minimum 2 non-family references
- Intake assessment/interview, screening for readiness/capacity
- Qualify for funding
- Additional criteria will be discussed upon approval to the program





## COMMUNITY TRUST

"Strength from the Past, Integrity of the Present, Respect for the Future"

Ph: 705-206-7525

Email: [grtrust@gmail.com](mailto:grtrust@gmail.com)

c/o 6 Shingwauk Street  
Garden River, ON P6A 6Z5

"1994 – 2022: Celebrating Community Engagement:  
Garden River Membership Approved – Trust Funded!"

### NOTICE OF VACANCIES & PRIORITY LIST – OPEN UNTIL FILLED

1. Are you:
  - A) trustworthy and honest?
  - B) over the age of 30 years on commencement of term as Trustee?
2. Can you make:
  - C) time commitment of a minimum of 5 hours per month?
  - E) sound judgments?
3. Would you:
  - F) help others in your role as a Trustee?
  - G) maintain loyalty to the Trustees, AND a higher loyalty to the Garden River First Nation (GRFN) Band members (beneficiaries), both present and future generations?

If you have answered YES to all of the above, Garden River band members should submit your resume and cover letter to the address below. Interviews will be scheduled for those applicants who meet the qualifications. Successful candidates would be entered onto a priority list for vacancies that occur within the Garden River First Nation Community Trust, whose purpose is:

"...the Trustees...will manage the Trust Property in a wise and prudent manner, and that the management of the Trust Property may include...investing and expending the Trust Property in ways that are to the greatest benefit to the people of GARDEN RIVER FIRST NATION, both those alive at the time this Trust Agreement is made and the future generations."

Interested Garden River Band members are invited to submit a letter and resume to:

Alanna Jones, Trust Manager  
Garden River First Nation Community Trust  
c/o 6 Shingwauk Street  
Garden River, ON P6A 6Z5  
Email: [grfntrust@gmail.com](mailto:grfntrust@gmail.com)

#### NOTES:

- a. Meeting criteria within Trust Agreement and interview process, appointments as Garden River Trustees are conditional upon submission of:
  - a. clear Criminal Reference Check
  - b. clear/negative bankruptcy/credit check
  - c. signed Code of Conduct
  - d. Three (3) forms as required corporate trustee

For more information, please call Alanna at (705) 206-7525, or email [grfntrust@gmail.com](mailto:grfntrust@gmail.com).

Posted June 14, 2022





## Public Notice: Garden River First Nation Shipman Letters/ Harvesting Permission Letters

Oct 19, 2022

### What are Shipman Letters?

Shipman Letters are legal papers that give someone the right to hunt, fish, or harvest within the traditional territories of a community. Shipman letters can also be called Harvesting Permission Letters or Hunting and Fishing Permission Letters. These letters are called Shipman Letters because of the court case R. v. Shipman, 2007. Shipman was an Indigenous person that was charged with hunting moose outside of their traditional territory, but he had permission to hunt from the local Indigenous community and won the court case.

### Who can give out Shipman Letters?

Shipman Letters can only be given out by the Chief and Council or a designated authority such as a Lands Department. Fish and wildlife are a communal right and responsibility and individual community members cannot give out Shipman Letters on behalf of a community.

### Additional Info:

Garden River community members do not need a Shipman Letter to harvest within our traditional territory or Treaty area. Please seek permission from the nearest Indigenous community if you are planning to harvest outside of your traditional territory or Treaty area.

If you have any questions or comments, please contact Aaron Jones, Fish and Wildlife Coordinator at (705) 253 0225 ext. 201 or [ajones@gardenriver.org](mailto:ajones@gardenriver.org).

### GRFN Policy on Shipman Letters:

Currently, GRFN does not have any policy on Shipman Letters and is therefore not giving out any Shipman Letters. **Any Shipman Letters that were given out by GRFN in the past are void.**

Conservation Officers are aware that GRFN does not give out Shipman Letters and will ticket anyone who claims that GRFN gave them permission to hunt or fish.

The GRFN Lands Department is planning to develop a policy for Shipman letters in the future. Leadership and the community will be consulted regarding this policy development.







# Public Notice: Net fishing occurs in & around Garden River First Nation



## Net fishing information

Garden River First Nation community members are legally allowed to net fish for sustenance within the Garden River First Nation Reserve and surrounding traditional territory. Sustenance fishing is an Indigenous right that is affirmed in the Canadian Constitution under section 35. Garden River First Nation has a long history of sustainable fish harvesting practices and will continue this practice for future generations. Miigwetch to all the GRFN community harvesters who continue to work hard to feed their families and community members.

## Contact info:

**If you have any information on this incident, or if you have any concerns, questions or comments regarding net fishing, please contact Aaron Jones** at the GRFN Lands and Resources Department:  
- (705) 253 0225 ext. 201  
- [ajones@gardenriver.org](mailto:ajones@gardenriver.org)

## Recent incident

Mid-October 2022, a Garden River community member went to check their net and found it was cut. The net was retrieved and found it was severely damaged and intentionally cut. The person responsible for this act can be convicted of an offence under section 13 (1) of the Fish and Wildlife Conservation Act: "A person shall not interfere with lawful hunting, trapping, or fishing by tampering with traps, nets, bait, ..." A person convicted of an offence may be liable to a fine up to \$25,000 and/or a prison term for up to one year. This criminal act is condemned by the Garden River Chief, Council, and Administration. The act of destroying a harvester's piece of equipment harms the harvester, their family, and our community of Garden River First Nation.



Fish painting by: Bedwash, R. (1988) Sacred Trout. Retrieved from <https://albinger.me/2017/11/21/anishinaabek-beadwork-and-painting-at-the-r-o-m/>



GRFN Chief & Council Portfolio Holders	
Chief Andy Rickard	Community Trust, NSTC, Robinson Huron Treaty Trustee
Councilors	Portfolio
Tim Johns Jr.	Community Safety, Educational Programs, Infrastructure, Social Services
Darwin Belleau	Administration, Business, Infrastructure, Lands & Resources
Brandi Nolan	Administration, Business, KGPI, Lands & Resources, Nogdawindamin
Cindy Belleau-Jones	Business, Governance, Infrastructure, Membership, Nationhood, NSTC, APS
Dan Tice	Community Safety, Governance, Social Services, KGPI, Business
Trevor Solomon	Community Safety, Administration, Lands & Resources
Chris Thibodeau	Business, Lands & Resources, Social Services
Tyler Pine	Education, Governance, Nationhood
Kassidy Armstrong	Community Safety, Governance, Indigenous Women Anti-Violence Task Force, Nationhood
Chester Langille	Community Safety, Education, Nationhood
Albert Williams	Administration, Infrastructure, Social Service
Karen Bell	Educational Programs, Infrastructure, Nationhood, Environmental Committee

#### GRFN Community Newsletter Contact Information

Irene M. Gray, Resource Centre Coordinator  
 GR Education/Recreation Centre 48 Syrette Lake Road, G.R., ON P6A 7A1  
 Phone: 705-946-3933 Ext 210, Fax: 705-946-0413  
 Email: irene.gray@gardenriver.ca Website: <https://urlis.net/xvdb0>

## Garden River First Nation

### Mission Statement

In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.

**N'bwakaawin— Wisdom**

**Zaagidwin—Love**

**Mnaadendmowin— Respect**

**Aakdehewin—Bravery**

**Gwekwadziwin—Honesty**

**Dbaadendizin—Humility**

**Debwewin—Truth**

## January 2023 Newsletter

### Submission Deadline:

**January 5, 2023**

## Anishinabek Police Service

**1-888-310-1122**



Please call **1-888-310-1122** when you need to make a report with your local APS detachment.

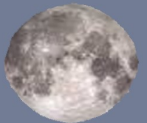
Avoid using the local administrative lines unless it is for Criminal Records Checks or to reach our Court Administrators.

Our offices are not staffed 24/7. Officers are on the road and unable to check voice messages.

When you call the dispatcher they will automatically create an occurrence report and it will be given to an APS officer.

Remember that dispatchers are not from the community and will ask you questions, please be patient as it is their job, and it is for everyone's safety. Miigwech for your understanding.

Little Spirit Moon  
December 2022



Manidoo giizisoons

