



Garden River First Nation

The Creator's Garden

Volume 22
Issue: 7

Community Newsletter

NEW COMMUNITY SIGN

On behalf of the Governance Office, I wanted to express our gratitude to all of those who helped out on the new community sign project. Our appreciation goes out to all of the employees that contributed to the project, we couldn't have done it without you.

- ☑ Thank you to ERCD for assisting in bring this project to fruition.
- ☑ Thank you to our Business division, the Aggregates crew and MTO crew for landscaping.
- ☑ Thank you to our Public Works department for the ground work, cleaning and clearing.
- ☑ My appreciation goes out to Barbara Nolan and Ron Rickard for their prayers, songs and smudge at our unveiling event. I would also like to thank all of those who were able to attend the event.
- ☑ A big thank you to Mark Pinkse and his team at Laird Signs for their professional work. Their design captured our vision and made it a reality.
- ☑ And lastly I would like to thank Chief Rickard for tasking us with this project and providing the resources that allowed us to make this a reality for Garden River!

We have a great sign that we are all proud of! GREAT TEAM WORK EVERYONE!

View Sootoday news article: <https://urlis.net/ucb3u>

Miigwetch; Brandi Nolan, Governance Specialist





Words from the Chief...



Greetings, Aaniin, boozhoo elders, youth, and citizens!

I must say it's nice to see warm weather upon us. I hope you are all enjoying the beginning of summer as we get back to some normal activities that we have been waiting so long for. June has certainly been a month of actions and emotions at the same time.

First, I would like to congratulate all our graduates from day care to post-secondary. It is testament to your resilience for getting through the term having to deal with the effects of the pandemic but also several other challenges that our students have faced. You have all done incredibly well and I want to commend each one of you for continuing to reach for your goals during the struggles within this world.

On June 15th, 2022, we had approximately 15 exchange students from Mexico visit Garden River for some cultural teachings, a tour of the First Nation and a lunch at Silver Creek. Shout out to Adrian Perreault for coordinating the visit and being a

host in our community for our visitors. These types of opportunities for our students show great leadership and pride in our community. Way to go Adrian! It is beautiful when we can showcase and share our culture with other nations. Miigwetch also goes out to Brandi Nolan, Darryl Williams, Kristen Jones and the Nogdawindamin cultural team for assisting with the teachings and tour.

June 21st, 2022, National Indigenous Day was quite an eventful day. We had our revealing of our beautiful sign, and an event planned the evening of the 21st. Our sign revealing was a great opportunity to show our beautiful new sign to our members. Much thanks and appreciation to Brandi Nolan and some of the members of the Nogdawindamin cultural team, Barb Nolan and everyone who came out for the revealing. The evening of the 21st included a community supper for everyone along with drum group Niimkii Anakwat Singers who were asked to share a few songs. It was certainly nice to see the young children participating in the event. Miigwetch to Marlene Buller-Lesage for bringing her family and horses for the community to enjoy and to all the volunteers who made these events a success!

I'd like to say Miigwetch for your patience and cooperation with the Highway 17B Resurfacing project. This project is moving accordingly as planned and we're hoping that it will meet its completion date as expected.

As you may be aware, the Water Main replacement project around the Ojibway Subdivision has been initiated and is moving along

making these necessary improvements. Please remember that if you are experiencing any discolouration, run your water for a few minutes before calling for assistance. Myles Thibault has been assisting the project to ensure that our needs are met. Myles has also been available for our community to answer any questions regarding the work within the project. Miigwetch to Myles.

Some postings went out to the community to recruit and build the capacity for the Garden River First Nation Indian Residential School project. Please keep watch for further information on the project as it will require community engagement and feedback from our survivors' and the community as well.

As always, the safety of our community is priority and key to the leadership. I along with our staff have been diligently assessing, monitoring developing plans of action regarding the oil spill. Although, details and reports are trickling in please be reassured that we are carefully considering all options to address this issue.

On June 27, 28 & 29 I had the opportunity to attend Jay Treaty Alliance meetings in Windsor, ON. This alliance with our fellow nations across the province, nations beyond the border will allow us to work together and discuss common goals of border crossing and international trade. We plan on developing strategies that will



assist us to address the needs, concerns and the issues of our communities while building off the partnerships we want to establish with our brothers and sisters in the south. I will keep you updated on the progress.

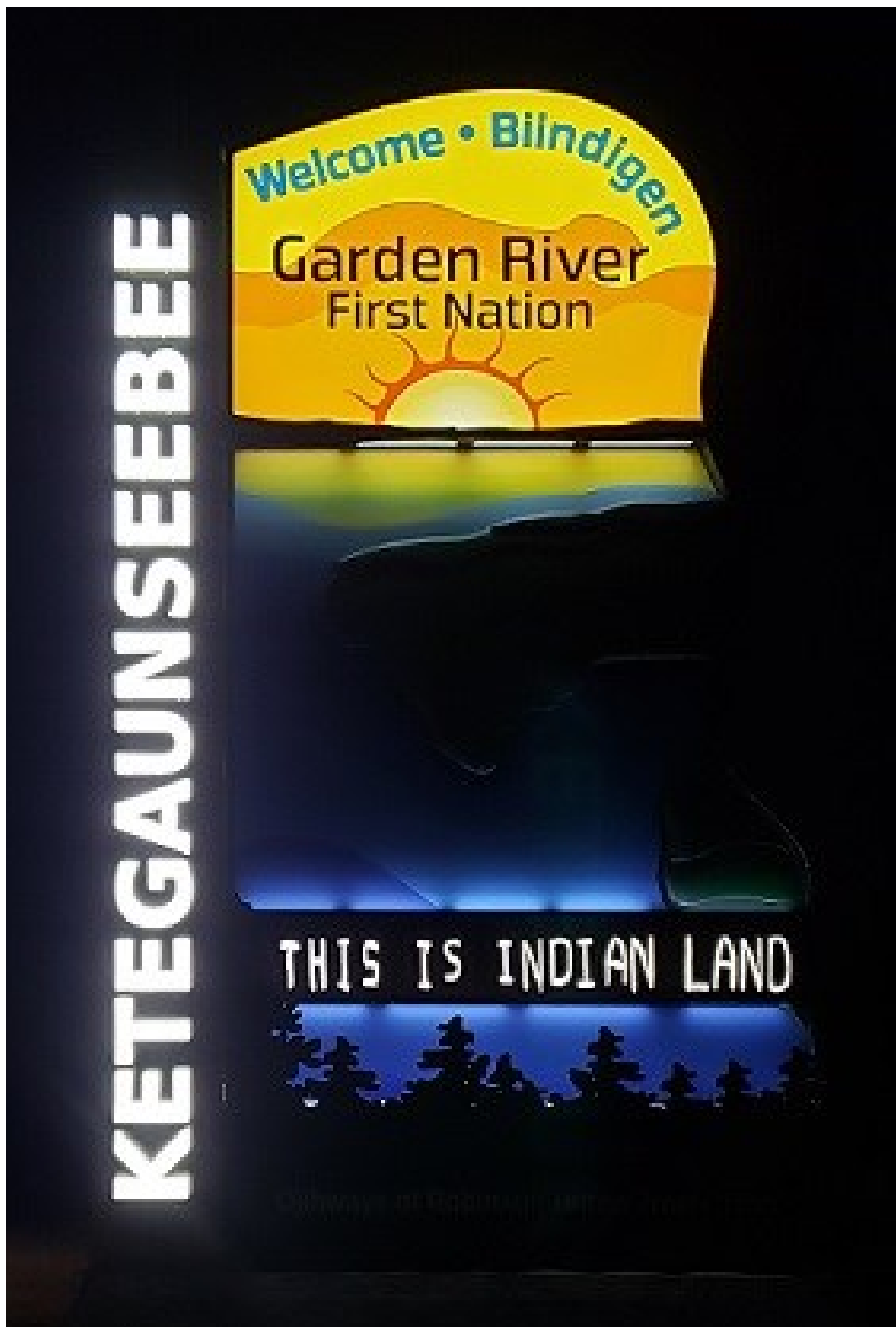
I was asked to be a panellist on behalf of the Anishinabek Nation at the Chiefs of Ontario in relation to Metis matters. I along with a few other notable presenters spoke about the challenges surrounding Metis. It was an opportunity for discussion and debate and put together a plan to move forward.

At the same time, the Prospectors & Developers Association of Canada had their annual conference after a 2-year hiatus which was taking place the same week as the Chiefs of Ontario. Networking and building relationships with existing mining development projects within our traditional territories along with the possibility of new partnerships is our continuous approach. Mining interests and projects are moving forward, and we should start seeing the results of the negotiations in the coming years.

I'd like to wrap up by saying now that summer is upon us, please take time for yourself, your families and the community and enjoy life as we always do without the restrictions. Please remember to be safe, take care of yourself, love your families and be respectful to one another.

Miigwetch,

Chief Andy Rickard
Nameh doodem



A few jokes to lighten the mood;

- i. What do you call half of a thousand Native American insomniacs? *The Indian nap-less 500.*
- ii. One day, an explorer was captured by native warriors and taken to their chieftain, a gigantic man with teeth filed to dagger-like points. Desperately, the explorer tried to think of a way to save him self. He pulled out his cigarette lighter, held it in front of the chief's face and lit it, exclaiming, "Look! Magic!"
The chief's eyes were huge in astonishment. "It certainly must be magic," he said. "I have never seen a lighter light on the first try!"
- iii. A Native American walks into an Old West saloon followed shortly by a bear. The patrons freeze in fear, and the saloonkeeper points to the Native American man and whispers "There's a bear right behind you!"
The Native American man holds up a calm hand and says, "I can explain. Bear with me."



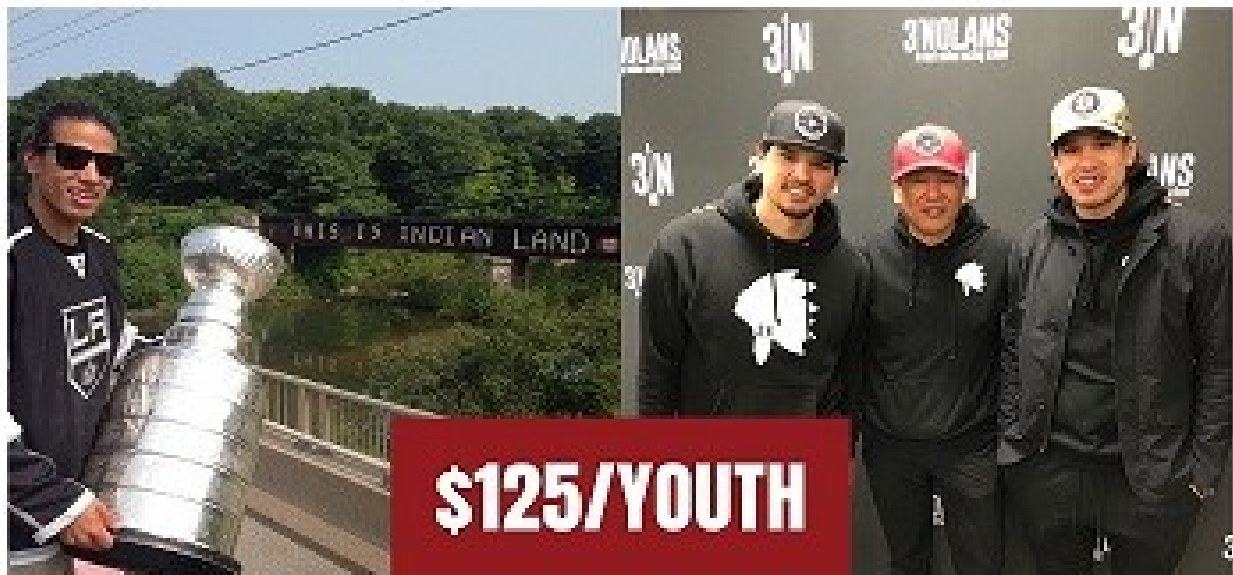
Recreation Centre



GARDEN RIVER REC CENTRE PRESENTS:

3NOLANS

HOCKEY SKILLS DEVELOPMENT CAMP



AUGUST 6 & 7 AT JOHN RHODES COMMUNITY CENTRE

30 SPOTS PER GROUP:

GROUP A (7-9 YEARS OLD)

GROUP B (10-12 YEARS OLD)

GROUP C (13-15 YEARS OLD)

EACH CHILD RECEIVES:

4 HOURS ON-ICE TRAINING

OFFICIAL 3NOLANS JERSEY

PRIZES & BEVERAGES

1.5 HOUR DISCUSSION

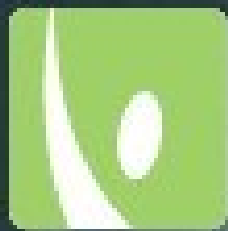
EVENT @ GR REC CENTRE



3NOLANS
First Nation Hockey School

*****PRIORITY WILL BE GIVEN TO GARDEN RIVER BAND MEMBERS*****

CONTACT: CMORETTIN@GRFNREC.COM OR (705) 946-4006 EXT 221



Algoma
PUBLIC HEALTH
Santé publique Algoma

(UPDATE: LIFTED) Water Advisory for Users of the St. Mary's River

Tue, Jun 21, 2022

STATUS: LIFTED

As of June 21st, 2022, Algoma Public Health is lifting the current water advisory for all users of the St. Mary's River. This advisory was a response to a June 9th oil spill that impacted residents East of Algoma Steel and Great Lakes Power. This advisory did not affect Sault Ste. Marie's municipal drinking water system.

The Ministry of the Environment, Conservation and Parks (MECP) has confirmed that all remediation activities have concluded, with no visible sheen being present on the river. Sampling does not indicate any current risk resulting from the oil spill.

Recreational use of the St. Mary's River (i.e., fishing, swimming, boating) can resume, however users should not drink or come into contact with the water if a noticeable sheen is present. It is recommended that you continue to monitor your shoreline at your property. To report a concern, please contact MECP - Spills Action Centre at [1-800-268-6060](tel:1-800-268-6060).

If you are a well water user with a well within 50 ft from the shoreline of St. Mary's River and have questions regarding your well water, please call Algoma Public Health directly to speak with a public health inspector at [705-759-5286](tel:705-759-5286).

General Life Tips

- 1) Your Health is the most important thing in your world. If you don't have your health, you have nothing. So take time every day to work on your physical and mental health.
- 2) Your energy and time are limited. Be careful where you spend them. Be careful what you say yes to.
- 3) Be courageous and responsible. Playing the victim won't get you far.
- 4) The life you want starts when you create. Consuming too much things is a waste of time. (Tv, Netflix, social media, news, etc.)
- 5) Starting is the hardest part. So just start. Now. Just do a little something in the right direction.
- 6) Make your goals SMART: Specific, Measurable, Attainable, Realistic and Timely.
- 7) Do your most important tasks when you're full of energy.
- 8) People who laugh, smile and live lightly are the best kind of people.



Membership



Public Works



HAVE YOU MOVED?



PLANNING TO MOVE?

Please update your address
with the Membership Office



Contact

Terri Tice, Membership Clerk

705-253-0225 ext. 205

or online at:

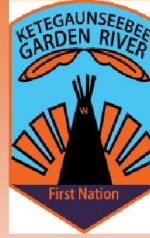
<https://www.gardenriver.org/site/membership>

MEMBERSHIP OFFICE HOURS

MONDAY - THURSDAY

8:30 A.M. - 4:30 P.M.

CLOSED 12:00 P.M. - 1:00 P.M.



**IMPORTANT
NOTICE**

**The Garden River First Nation Landfill is not
open to the public.**

**The Garden River First Nation Transfer Station
located at 216 Noonday Drive is **OPEN**.**

Tuesday– 9am-5pm (Closed 12-1pm for lunch)

Wednesday– 9am-5pm (Closed 12-1pm for lunch)

Thursday– 9am-5pm (Closed 12-1pm for lunch)

Friday– 9am-5pm (Closed 12-1pm for lunch)

Saturday– 9am-5pm (Closed 12-1pm for lunch)

CLOSED SUNDAY & MONDAYS.



GRFN History



Two Row Wampum Belt



“On this Wampum Belt are two parallel rows of purple wampum on top of a foundation of white beads. The purple symbolizes two separate vessels (or two separate paths) travelling in the same direction, travelling down the same river. One path represents a ship, which symbolizes the European settle

present. The other path represents a birch bark canoe, which symbolizes the First Nations. The demonstrates that both vessels have their own laws, cultural and spiritual ways. Between the purple are three rows of white beads, these symbolize the principles of friendship, peace and respect between the two parties, and as much as the three rows keep the two nations separated, it also binds them together. Ultimately, the Two Row Wampum Belt reflects that neither side would try to steer the other's vessel, interfere or impede in the travel of the other, nor would attempt to have one foot in the other's vessel”

The source is located at: <https://urlis.net/krz7r>



COMMUNITY TRUST

"Strength from the Past, Integrity of the Present, Respect for the Future"

Ph: 705-206-7525
Email: grfntrust@gmail.com

c/o 6 Shingwauk Street
Garden River, ON P6A 6Z5

"1994 – 2022: Celebrating Community Engagement:
Garden River Membership Approved – Trust Funded!"

NOTICE OF VACANCIES & PRIORITY LIST -- OPEN UNTIL FILLED

1. Are you:
 - A) trustworthy and honest?
 - B) over the age of 30 years on commencement of term as Trustee?
2. Can you make:
 - C) time commitment of a minimum of 5 hours per month?
 - E) sound judgments?
3. Would you:
 - F) help others in your role as a Trustee?
 - G) maintain loyalty to the Trustees, AND a higher loyalty to the Garden River First Nation (GRFN) Band members (beneficiaries), both present and future generations?

If you have answered YES to all of the above, Garden River band members should submit your resume and cover letter to the address below. Interviews will be scheduled for those applicants who meet the qualifications. Successful candidates would be entered onto a priority list for vacancies that occur within the Garden River First Nation Community Trust, whose purpose is:

"...the Trustees...will manage the Trust Property in a wise and prudent manner, and that the management of the Trust Property may include...investing and expending the Trust Property in ways that are to the greatest benefit to the people of GARDEN RIVER FIRST NATION, both those alive at the time this Trust Agreement is made and the future generations."

Interested Garden River Band members are invited to submit a letter and resume to::

Alanna Jones, Trust Manager
Garden River First Nation Community Trust
c/o 6 Shingwauk Street
Garden River, ON P6A 6Z5
Email: grfntrust@gmail.com

NOTES:

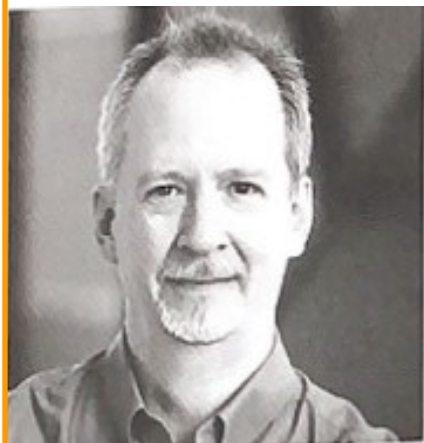
- a. Meeting criteria within Trust Agreement and interview process, appointments as Garden River Trustees are conditional upon submission of:
 - a. clear Criminal Reference Check
 - b. clear/negative bankruptcy/credit check
 - c. signed Code of Conduct
 - d. Three (3) forms as required corporate trustee

For more information, please call Alanna at (705) 206-7525, or email grfntrust@gmail.com.

Posted June14, 2022



2022 Paul Pare Medal of Excellence Recipient



Dr. Karl Hele

Canadian and Indigenous Studies

Dr. Karl Hele, a member of the Garden River First Nation of the Anishinaabeg in Ontario, joined Mount Allison in 2018. His research areas include Indigenous History, law and politics.

Since arriving at Mount Allison, he has played a leadership role in program development around new Indigenous Studies minor and certificate options, introducing new courses on topics such as Indigenous history, cross border encounters and the Indian Act.

Hele is a historian by trade, whose studies focus on his home community, specifically the missionary encounter. In addition to

his teaching and research programs, Hele also serves on the University's Indigenous Advisory Circle, working with students, faculty, staff and First Nations communities on Mount Allison's path towards reconciliation and decolonization.

The pre-eminent faculty award at Mount Allison, the Paul Pare Medal is awarded annually to a professor who has best demonstrated outstanding teaching; outstanding research, scholarship, and/or creative activities; and an exemplary record of service.



Submitted by Margaret Hele

Sault Ste. Marie's Medal of Merit Recipient



Garden River Elder Barb Nolan was selected from a number of submissions as the successful 2021 Sault Ste. Marie Medal of Merit recipient for her outstanding contribution and achievement in attaining a standard of excellence in a cultural field.

She has been fortunate to have been taught early in life the language of the Anishinabwe and has sustained and retained it throughout her life. She continuously shares it with a plethora of people including children, young and older adults.

Barb along with 13 of her selected family and friends were in attendance to witness the presentation of the medal presented by Mayor Carmen Provenzano to Barb at City Hall Monday June 13, 2022.

As is her nature Barb was very humbled by the recognition but many in attendance concurred she is very deserving of the award.

Submitted by Karen Bell





Community



Anishinabek Police Service
1-888-310-1122



Please call **1-888-310-1122** when you need to make a report with your local APS detachment.

Avoid using the local administrative lines unless it is for Criminal Records Checks or to reach our Court Administrators.

Our offices are not staffed 24/7. Officers are on the road and unable to check voice messages.

When you call the dispatcher they will automatically create an occurrence report and it will be given to an APS officer.

Remember that dispatchers are not from the community and will ask you questions, please be patient as it is their job, and it is for everyone's safety.

Miigwech for your understanding.

Did You Know . . .

You can watch previous Chief and Council Meetings online? <https://www.gardenriver.org/site/> at the bottom of the page is the link and the password is . . . L1vegardenr1ver

Due to the twister that went thru Bell's Point Campground, two trees totaled two trailers. Other trees and branches fell throughout the campground.

Margaret Hele



CHI MIIGWETCH!

We just want to send out a HUGE thank you to everyone from the community who donated and helped Aiden get a new bike after his was stolen in May.

We truly appreciate how many people come together in someone's hard times. Aiden also wanted to send a special thank you to the person who donated him a new bike lock to keep his new bike safe.

And of course saving the best for last a BIG thank you to Will Farrell from APS, honestly words can even begin to say how thankful we truly are for him and for all of his hard work and dedication he puts in our community..

Again to everyone Miigwetch from Aiden & Family.

Thanks,
Sara Williams Jones

Fun Conversation Topics for Kids!

Conversation skills are important for children's development and wellbeing. That's because being able to have conversations **helps children make friends, be listened to, ask for what they need and develop strong relationships with others**. Conversation skills are about being able to talk and listen well.

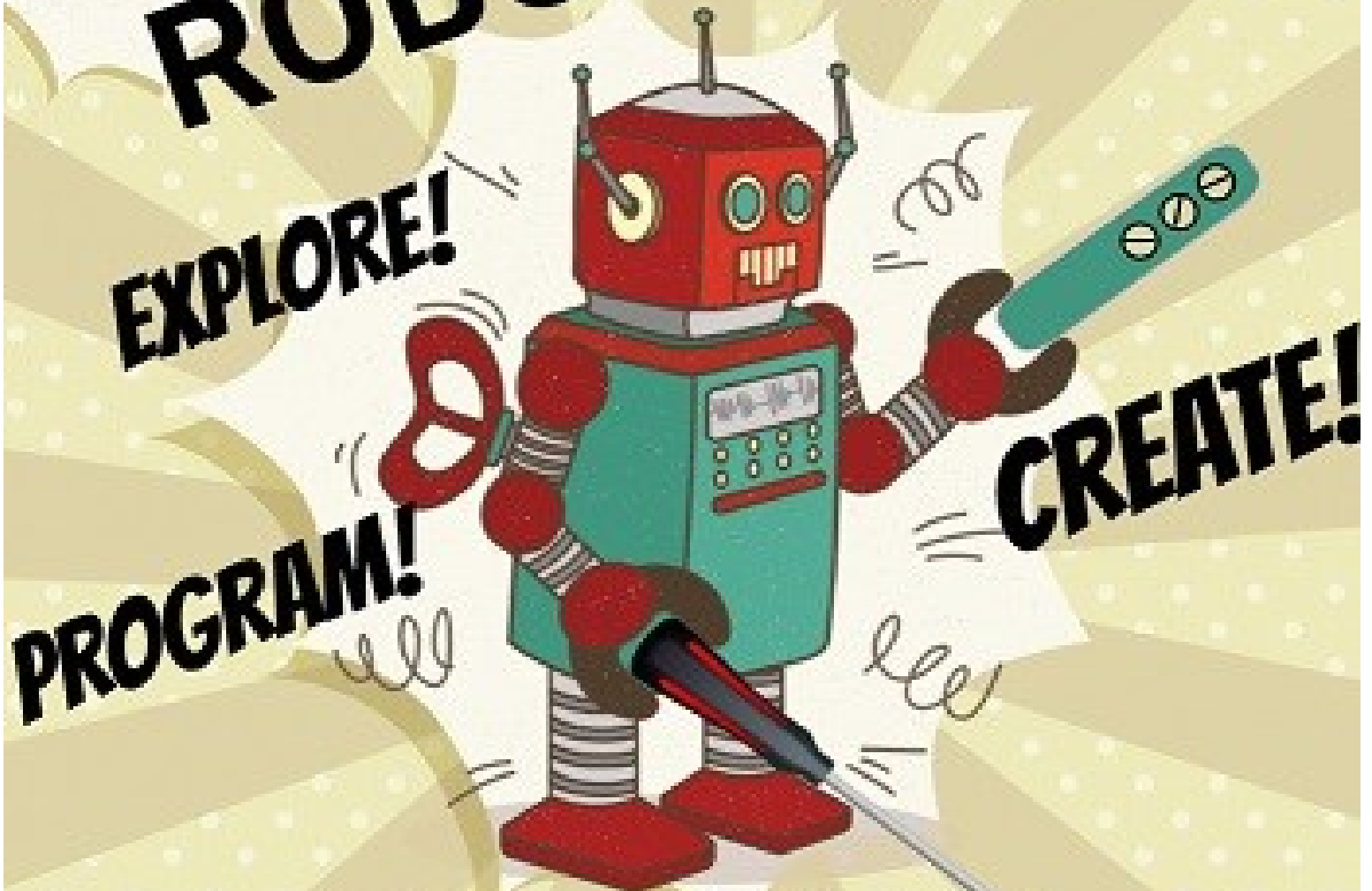
Here are some suggested topics!

1. What superpower would you like to have and why?
2. Do you think it is important to be polite?
3. What is the funniest movie you've ever seen?
4. What's the first thing you think of when you wake up?



GARDEN RIVER EDUCATION UNIT
PRESENTS

ROBOTICS Camp



July 27th, 28th, 29th & 30th

Location: TBD

Intro to Coding
Problem Solving
Creative Building

9AM - 4PM
Bring a lunch
Snacks will be provided
24 Spots Available
Register with Deanna Jones @
dejones@gardenriver.ca



GR Elementary School

Aanii akina wiiya from the Garden River Elementary team! Odemin Giizis (June).

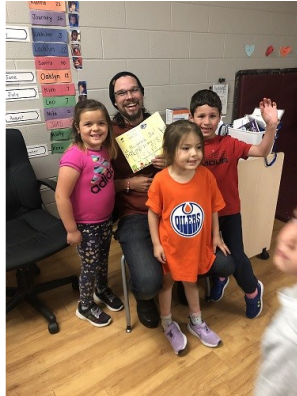
This month, we had the opportunity to focus on gardening and plant identification. We had a guest speaker, Joseph Pitawanakwat, share his knowledge on shkagamik-kwe (Mother Earth) as well as our relationship with plant life.

Continuing with sustainable food harvesting methods, we were led by Jo-anne in harvesting peas and lettuce. Although we were unable to pick strawberries, we were still able to process and make Odeminshaaboo (strawberry drink) and Odemin biitoojiishkwegnigan (strawberry pie) to celebrate birthdays and a student teacher placement.

Finishing off June, we celebrated our 8 Senior Kindergarten graduates.

Gimaamiikwenimigo!
Congratulations!

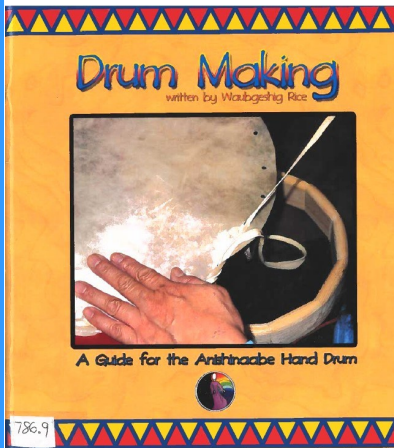
We would like to wish everyone a happy and safe summer from the Garden River Elementary Team.



Mii-iw

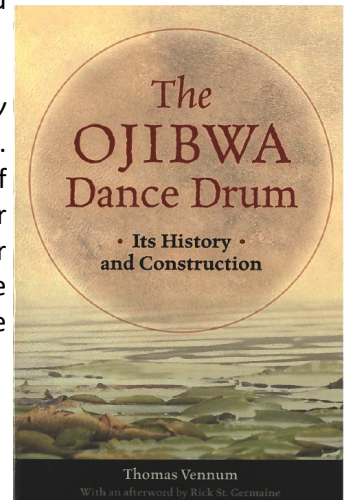


Recommended Books



Drum Making. A guide for the Anishinaabe Hand Drum. *Written by Waubgeshig Rice.* The Drum is the heartbeat of Mother Earth. It has been a cornerstone for First Nations since time immemorial. The Drum takes many different shapes and makes many different sounds. In this book, we will explore the roots of the Anishinaabe hand drum.

The Ojibwa Dance Drum. It's history and construction. *Written by Thomas Vennum.* Hiding in a lake under lily pads after fleeing U.S. soldiers, a Dakota woman was given a vision over the course of four days instructing her to build a large drum and teaching her the songs that would bring peace and end the killing of her people. From the Dakota, the "big drum" spread throughout the Algonquian-speaking tribes to the Ojibwa, becoming the centerpiece for their religious ceremonies.



These books and more are available for borrowing at the Library!

Anishinaabemowin

Words for the Month:

Pabwin
Chair



Doopwin
table



Miijim

K	W	O	S	M	A	A	N	G	Z	V	B	O	T	W	Z	M	M
Q	O	Z	I	I	S	B	A	A	K	W	O	D	E	I	O	S	A
R	M	H	O	M	B	I	S	I	J	I	G	A	N	I	K	H	N
D	I	H	U	E	S	H	K	A	N	I	M	I	N	J	A	I	D
M	I	O	Z	A	W	A	M	I	D	E	C	P	U	A	A	I	A
G	N	Z	O	B	K	W	E	Z	H	I	G	A	N	A	D	M	A
O	U	G	K	L	I	U	X	U	K	R	T	Q	E	S	A	A	M
P	D	O	O	D	O	O	S	H	A	A	B	O	O	C	A	N	I
I	C	D	R	J	R	D	K	W	A	A	W	A	N	M	K	A	N
N	W	A	A	S	G	A	N	G	J	A	P	R	J	E	X	G	L
Y	Z	Z	I	I	T	A	A	G	A	N	N	B	O	O	P	J	T
N	B	I	I	S	H	U	M	N	A	A	J	I	I	M	I	N	U

Find the following words in the puzzle.
Words are hidden → ↓ and ↘.

BKWEZHIGAN
DOODOOSHAABOO
ESHKANIMIN
KWOSMAAN
MANDAAMIN
MIIN
MNAAJIIMIN

MSHIIMANAG
NBIISH
NBOOP
OKAADAAC
OMBISIJIGAN
OPIN
WAASGANG

WAAWAN
WIIJAAS
ZAWAMIDE
ZIISBAAKWOD
ZIITAAGAN

Books are Our Friends

Starting Thursday, July 21 from 1–3 pm in the Library, the tables will be set up with supplies to alter books (books supplied) for an enjoyable afternoon of creating a work of art that will help to calm your mind as your hands work at cutting, painting, gluing and generally working to make something new from something old.

Thursday, July 21 @ 1–3

Thursday, July 28 @ 1–3

Thursday, August 11 @ 1–3

Thursday, August 18 @ 1–3

Use this time for self care; creating is a wonderful way to do small positive activities that ultimately boost your mood and help chase the blues away

There will be: paint, paper, glue, stamps, ink, ribbons, stickers, construction paper, magazines... whatever else I can find that would work..

Seating is limited Open to Everyone!

*Please register to ensure one of the 6 chairs are available for you!
irene.gray@gardenriver.ca or 705-946-3933 ext 210*



GREN Resource Centre/Public Library
48 Syrette Lake Road, Garden River

Visit the GRFN Public Library

**TD
Summer
Reading
Club
2022**

(inside the education/recreation centre
at 48 Syrette Lake Road)



**Ages 5–8
6 spaces only**

Tuesday July 19 @ 10–12

Tuesday July 26 @ 10–12

Tuesday August 9 @ 10–12

Tuesday August 16 @ 10–12

**Ages 9–11
6 spaces only**

Tuesday July 19 @ 1–3

Tuesday July 26 @ 1–3

Tuesday August 9 @ 1–3

Tuesday August 16 @ 1–3

**Enjoy a small gathering with
crafts, stories and games.**

Can't make it in?

Stop in and pick up a TD Summer Reading Kit and participate from home

Please call or email to register:

irene.gray@gardenriver.ca or 705-946-3933 ext. 210.

tdsummerreadingclub.ca



td
public library

Library of Ontario
Garden River
Garden River Public Library

This sponsor



TD
READY
COMMITMENT



Wiindamaage



**Mino-dibishkam noongom, Mino-dibishkam noongom,
Mino-dibishkam (birthday person's name)! Mino-dibishkam noongom!**

Happy Facebook Birthdays—July

Dayna O'Leary	Steven Day Nolan
Dawn Roach	Ave I-B
Chelsey Williams	Gina Belleau
Jessica L. Pine	Caine H-D
Kara Ann	Danielle Boissoneau
Elly Grawbarger	Cherise Johns
Ron Barry	Kyle Armstrong
Tyler Syrette	Kassidy Armstrong
Grant Syrette	Karen Williams
Lee Ann Gamble	Ashley Mae
Ella Barry	Troy Pine
Taylor Rose	Luana Mantovan
Hayven Waboose	Krystle Thibault
Torie Nicole B-H	Kyle S. Barry
Adrian Perreault	Stace Roach
Luke Pine	Layla Grawbarger
Devin Burton	

Happy 13th Birthday Daes!

Love: Mom, Shawn
Jada, Arthur, Jack, Ella & Callan.

Happy 2nd Birthday to Hazel May

Love mom & dad & your big
Sisters

Happy 18th Birthday to DeShaun

Happy Birthday Mama/Granny on July 25th.

We love you a bunch. Love Sara, Aiden, Aliya
& baby Oaks.

A big Happy Anniversary to my Gram Sheri
& Papa Ken. Wishing yous nothing
but happiness!! Love Baby Oakley

Happy Birthday to my Grantie LeeAnn on
the 11th of July! Love Baby Oakley

Colour Me!

Seven Teachings - Courage



FISH BASKET 


Wed, July 20th, 2022

ELDERS 65+ LUNCHEON

**SILVER CREEK GOLF COURSE
UNDER PAVILLION
SELENA BELLEAU 705-946-5710
EXT 267**

 **GARDEN RIVER
WELLNESS CENTRE**



 **GARDEN RIVER
WELLNESS CENTRE**

**Elders 65+
DROP IN/SOCIAL**

*Food/Drinks
*board games, cards, dice,
puzzles, crafts, music and more !!

**Tues July 12th & 19th
12pm-3pm**

AT GR COMMUNITY CENTRE
Selena Belleau
705-946-5710 ext 267



**GARDEN RIVER
WELLNESS CENTRE**

Brett Corbiere CHN: 705-946-5710 ex. 207

Garden River Wellness Centre – 23 Shingwauk Street, Garden River Ontario,
P6A 7B2
www.crwcc.ca

Be Tick Smart

A blacklegged tick (also called a deer tick) is a tiny bug, about the size of a sesame seed, which feeds on blood. Blacklegged ticks are commonly found in woodlands, tall grasses and bushes. They cannot fly. They move about the ground slowly and settle on tall grasses and bushes until they attach themselves to a person or animal passing by. Ticks are most active in spring and summer.

- Perform a careful self-inspection for ticks after being in the woods or tall grass. Pay special attention to areas such as your scalp, ankles, armpits, groin, naval and behind your ears and knees.
- Use a mirror to check the back of your body or have someone else check it for you.
- YouTube: Enjoy the outdoors, without a tick <https://youtu.be/jhq6ap09CPE>



Tick Submitting and Identification GRWC

1. Put the tick in a secure container.
2. Bring the tick to the GRWC for identification. If the tick cannot be brought to the office within one week of removal, the tick may be placed in a freezer until drop off.
3. Complete a [Tick Submission Form](#) at GRWC office



Tick Removal

1. If the tick is attached, use fine-tipped tweezers or tick removal tool to grasp the tick as close to your skin as possible. Do not use your fingers.
2. Pull the tick straight out, gently but firmly making sure to remove the entire tick (including the head). Don't squeeze it – avoid crushing the tick's body.
3. Thoroughly clean the bite site with rubbing alcohol and/or soap and water.



G'NAADMAAGOOM

Garden River Child and Family Services VIRTUAL Program Calendar

Phone: (705)450-5071

July 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<p>Please Note: Virtual program participants will not be let in to Zoom more than 5 minutes after program start time</p>	<p>(LA) = Learning Activity</p>			<p>1</p> <p>Canada Day!</p> <p>Office Closed</p>	<p>2/3</p>
<p>4</p> <p>5</p> <p>KM/BC – All About Butterflies 4:30 (Parents/Caregivers & 0-6yrs)</p> <p>JT- Summer Safety Pt. 2 4:30 (13-24yrs)</p>	<p>6</p> <p>KM/BC – Story Time 4:30 (Parents/Caregivers & 0-6yrs)</p> <p>JT- Values 4:30 (13-24yrs)</p>	<p>7</p> <p>KM/BC – Anishinaabemowin: Memengwaa (LA) 3:00 (Parents/Caregivers & 0-6yrs)</p> <p>MG- Thankful Thursdays 4:00 (7-12yrs)</p> <p>JT- Healthy Relationships 4:30 (13-24yrs)</p>	<p>8</p>		<p>9/10</p>
<p>11</p> <p>12</p> <p>KH/MP – Human Trafficking 5:30 (Parents/Caregivers of Children 0-12yrs)</p> <p>KH- Anishinaabemowin Family Fun Challenges (LA) Sign up 8:30-4</p> <p>JT- My Whole Self 4:30 (13-24yrs)</p>	<p>13</p> <p>KM/BC – Garden Yoga 4:30 (Parents/Caregivers & 0-6yrs)</p> <p>JT- Life Promotion 4:30 (13-24yrs)</p>	<p>14</p> <p>KM/BC – Anishinaabemowin: Waabigwan (LA) 3:00 (Parents/Caregivers & 0-6yrs)</p> <p>MG- Thankful Thursdays 4:00 (7-12yrs)</p> <p>JT- Gratitude 4:30 (13-24yrs)</p>	<p>15</p> <p>KH- Anishinaabemowin Family Fun Challenges (LA) Due 12:00</p>		<p>16/17</p>
<p>18</p> <p>19</p> <p>KM/BC – Lady Bugs 4:30 (Parents/Caregivers & 0-6yrs)</p> <p>KH/MP – Positive Redirection 5:30 (Parents/Caregivers of Children 0-12yrs)</p> <p>KH- Anishinaabemowin Family Fun Challenges (LA) Sign up 8:30-4</p> <p>JT- Human Trafficking 4:30 (13-24yrs)</p>	<p>20</p> <p>KM/BC – Story Time 4:30 (Parents/Caregivers & 0-6yrs)</p> <p>JT- Careers 4:30 (13-24yrs)</p>	<p>21</p> <p>KM/BC – Anishinaabemowin: Aamoo (LA) 3:00 (Parents/Caregivers & 0-6yrs)</p> <p>MG- Thankful Thursdays 4:00 (7-12yrs)</p> <p>JT- Leadership Skills 4:30 (13-24yrs)</p>	<p>22</p> <p>KH- Anishinaabemowin Family Fun Challenges (LA) Due 12:00</p>		<p>23/24</p>
<p>25</p> <p>26</p> <p>KM/BC – Mr. Golden Sun 4:30 (Parents/Caregivers & 0-6yrs)</p> <p>KH/MP – Building Empathy 5:30 (Parents/Caregivers of Children 0-12yrs)</p> <p>KH- Anishinaabemowin Family Fun Challenges (LA) Sign up 8:30-4</p> <p>JT- Youth Culture 4:30 (13-24yrs)</p>	<p>27</p> <p>KM/BC – Story Time 4:30 (Parents/Caregivers & 0-6yrs)</p> <p>MG- Family Culture Night 5:30</p>	<p>28</p> <p>KM/BC – Anishinaabemowin: Bineshinh (LA) 3:00 (Parents/Caregivers & 0-6yrs)</p> <p>MG- Thankful Thursdays 4:00 (7-12yrs)</p>	<p>29</p> <p>KH- Anishinaabemowin Family Fun Challenges (LA) Due 12:00</p>		<p>30/31</p>
BUILDING STRONG FAMILIES AND COMMUNITIES FOR OUR CHILDREN					
<p>STAFF CONTACT INFORMATION</p> <p>KH - Kiana Hill – khil@gcfs.ca 705-989-8189</p> <p>MP – Marie T. Pine – mtpine@gcfs.ca 705-971-7116</p> <p>JT – Jordie Thibault – jthibault@gcfs.ca 705-971-7165</p> <p>BC – Belinda Camara – bcamara@gcfs.ca 705-542-9200</p> <p>KM – Kelly Musgrove – kmusgrove@gcfs.ca 705-987-1645</p> <p>MG – Melissa Grawbarger – mgrawbarger@gcfs.ca 705-971-9079</p>					

To continue practicing safe social distancing - All programs will be on a virtual platform.

Off reserve band members are encouraged to participate!

HOW TO REGISTER FOR A PROGRAM

Please email or call Staff running the program to register! Join by phone, cellphone, tablet, or computer!!

****PLEASE REGISTER ONE DAY IN ADVANCE AS SPACES ARE LIMITED****

PROGRAM INCENTIVES/DRAWS

PROGRAMS – Participants will receive an incentive for every program they attend.

FAMILY FUN CHALLENGES – Every family that participates will receive an incentive.

LEARNING ACTIVITIES (LA) – Each family that participates in the Learning Activities will receive an incentive

EARLY YEARS CENTRE IS OPEN!

For Parents and children ages 0-6 years

Location: 7A Shingwauk St.

Please use side entrance by Water Treatment Building

**Tuesdays, Wednesdays and Thursdays
From 9AM-1PM**

**And every second Saturday
From 9AM-12PM**

**Registration is required.
For more information or
to register please call or text**

Kelly Musgrove (705) 987-1645

Jennifer Pine (705) 542-9200



The Ontario Caregiver Organization (OCO)

The Ontario Caregiver Organization (OCO) exists to support caregivers by being their one point of access to information, so they have what they need to be successful in their role. Working collaboratively with caregivers, healthcare providers and other organizations, OCO draws on the variety of work that is currently being done to ease caregiver burn-out and improve the caregiving experience. Our programs and services are developed in collaboration with caregivers, for caregivers including Peer Support, Online Learning, Helpline and more.

“The OCO have captured caregiving challenges across the spectrum of illnesses like no other. I am so thankful and honoured to be a part of the great work that you are doing for caregivers!” – Caregiver

To learn more about Ontario Caregiver Organization’s program and services, please visit

<https://ontariocaregiver.ca/>.



Obituary



LESAGE : MICHAEL F.

Suddenly at his residence on Saturday July 2, 2022. Michael Franklin Lesage of Perth, formerly of Sault Ste. Marie, in his 79th year. Beloved husband of Gail (Clark) Lesage. Loving father of Michael (Anastasia) Lesage of Coquitlam, B.C., Susan (Josip) Kupina of Cornwall and John (Dorinda) Lesage of Lombardy. Dear brother of Eileen (Gary) Irvine, Eugene (Bonnie) Lesage all

of Sault Ste. Marie, Kathy (Myles) Thibault of Garden River and brother-in-law of Lucinda Lesage of Ottawa. Predeceased by siblings; Edna (Rene) Parizeau, Sonny (Rita), Frances, Bert and Ronald Lesage. Fondly remembered by 14 grandchildren. The family will receive friends at the **SCOTLAND FUNERAL HOME, 27 Main Street, Elgin** on Wednesday afternoon from 1 o'clock until time of Funeral Service in Our Chapel at 2 o'clock. Inurnment Halladay Cemetery, Elgin at a later date. As expressions of sympathy, memorial donations made to the University of Ottawa Heart Institute would be appreciated by the family.

www.scotlandfuneralhome.com

YOU'RE
THERE FOR
THEM.

WE'RE
HERE FOR
YOU.

If you care for a family member or friend and need support, The Ontario Caregiver Organization is here to help.

How we can help you:

 24/7 Helpline
(1-833-416-2273)

 Helpful Webinars
(Live and Recorded)

 e-Learning and
Educational Resources

 New Dedicated Resource
for Young Caregivers:
youngcaregiversconnect.ca

 Peer Support
(Online and by Phone)

 Group Counselling and 1:1
Coaching

 Toolkits for Caregivers
(For New and
Working Caregivers)

 Covid-19 Tip Sheets

Visit: ontariocaregiver.ca

for more information,
to register for a program
or sign up to receive
our e-newsletter.

 **THE ONTARIO
caregiver
ORGANIZATION**



Bio: "Katheryn Wabegijig is an Anishinaabe multidisciplinary artist, writer, and OCAD University graduate. She is a member of Ketegaunseebee/Garden River First Nation and is based in Tkaronto/Toronto. Katheryn has been published in The Unpublished City, Volume 1, Dementia Connections, Inuit Art Quarterly and Arc Poetry Magazine. Her artwork has been exhibited in Sudbury, Echo Bay, and Toronto and her work has been acquired by Copper Cliff Museum and the Royal Ontario Museum (ROM). She currently works with Inuit art as Collections Manager and Sales at Canadian Arctic Producers, the wholesale marketing arm for Arctic Co-operatives Limited, who serve 32 community-based Co-operatives in Nunavut, the Northwest Territories and Yukon."

Website: www.katherynwabegijig.com
Miigwetch,
Katheryn Wabegijig



Artists!!

Email Irene
with your photos
& short blurb!

You could be
featured next
month!!

~~ Irene

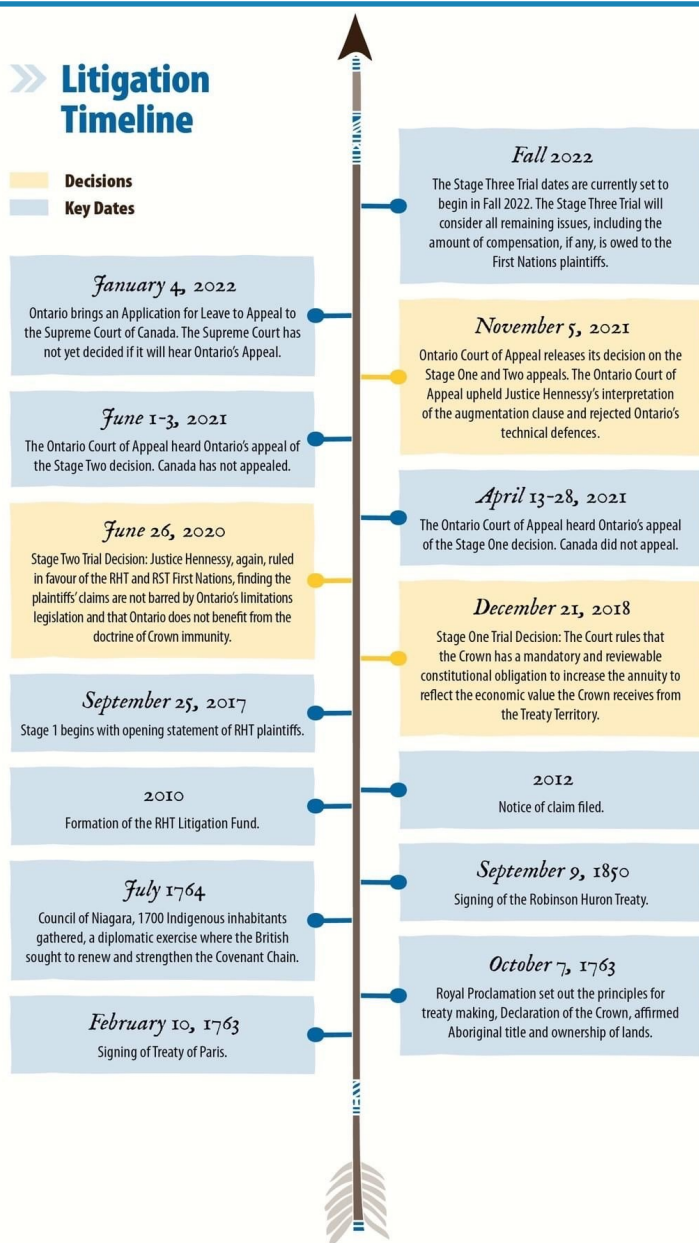


Robinson Huron Treaty LITIGATION FUND

Our purpose: To undertake and pursue litigation and/or negotiations related to the Annuities Claim on behalf of the Settlers of the Trust and/or their members who receive or are entitled to receive annuities under the Robinson Huron Treaty of 1850, as well as others who receive or are entitled to receive annuities under said Treaty.

» Litigation Timeline

Decisions
Key Dates



Source: <https://www.robinsonhuron treaty1850.com/>



Other



Mamaweswen, The North Shore Tribal Council



ANNUAL GENERAL MEETING

THURSDAY JULY 28, 2022



DELTA HOTELS BY MARRIOTT SAULT STE. MARIE WATERFRONT, BALLROOM

TIME: 10:00AM - 3:00PM
LUNCH: 12:00PM
PRIZE DRAWS: 2:30PM



Benbowopka Treatment Centre

BOOTHS
DOOR PRIZES
LUNCH PROVIDED

MAAMWESYING



INDOOR AIR QUALITY Mould

Reducing indoor moisture is key to reducing potential health risks from moulds.

Turn on fans that vent to the outdoors or open windows where moisture can collect such as when showering or boiling water on the stove.

When drying clothes, either on racks or in a dryer, make sure the moisture can escape outdoors.

Be sure to clean up spills and leaks right away. Dry out the area and dispose of wet materials that may promote mould growth such as paper, cardboard or fabric. Fix the source of moisture to avoid mould

re-growth.

Do not store items in your home that may allow mould to grow if they become wet, such as paper products, cardboard, leather, old clothes or fabric, especially items stored in the basement and closets.

If you discover mould on hard surfaces in your home:

Clean up small areas of mould with soapy water and dry the surface completely.

Get help from an appropriate authority (such as Environmental Health Officer) when the mould covers areas larger than one square meter.

Ventilation:

One of the easiest ways to improve the

air in your home is through adequate ventilation.

This will remove stale indoor air and reduce the amount of air pollutants inside your home and help control humidity levels.

- Open windows and doors.
- Use kitchen and bathroom exhaust fans.
- Use and maintain your ventilation system according to manufacturer guidelines

Greg Solomon
Construction Maintenance
Coordinator
Housing Department



Miijim Gaamig



Great things to donate to GRFN-MIIJIM GAAMIG-Food Bank

- Peanut Butter & Jam
- Pasta (dry or canned)
- Pasta Sauce
- Can tomatoes
- Tuna or Salmon
- (Other canned meats: chicken, ham or turkey flakes)
- Kraft Dinner, Sidekicks, Mr. Noodles
- Hot & Cold Cereal
- Canned Soup
- Rice/Flour/Oatmeal
- Coffee (Instant or Ground)
- Tea
- Juice Boxes

Donations can be dropped off @ Miijim Gaamig- Food Bank located at the GRFN Band Office

For further information please contact,
Michelle @ 705-946-6300 Ext. 227



MIIGWETCH FOR YOUR SUPPORT



Hours of Operation

- Monday 9:00 am – 4:00 pm
- Tuesday – CLOSED
- Wednesday 9:00 am – 4:00 pm
- Thursday – CLOSED
- Friday – 9:00 am – 4:00 pm

PLEASE NOTE: CLOSED (12:00 – 1:00 pm)

SUMMMER HOURS – June – September

Regular Hours except on
Fridays: 9:00 – 12:00 pm - CLOSED in Afternoon

Food Bank access is limited to one visit per month

For Further information, please contact Michelle @ MIIJIM GAAMIG
(705) 946-6300 Ext.# 227

Food and Monetary Donations are always greatly appreciated



GR Bingo Presents

MEGA MONSTER BINGO

IN HALL ONLY



Advanced sales hours:
9am-11am / 1pm-5pm

Advanced Tickets

min. 4 strips
\$300
Extra STRIP
\$75

MONDAY, AUGUST 1st, 2022

Doors Open @ 8:30AM

Bingo starts @ 12:30PM

EXTRA CARDS NOT INCLUDED IN BUNDLE

Minis, Late Bird and Last Chance \$5 each

Additional Extra specials \$5 each

At the Door

min. 4 strips
\$400
Extra STRIP
\$100

OVER \$100,000 IN PRIZES TO BE WON!!!

Reserved seating - 50 pts / \$5.00 BOOK NOW - SPACE IS LIMITED Visa/Master card accepted

20 Syrette Lake Rd, Garden River ON, P6A7A1 (705) 253-8718 ext 236



GARDEN RIVER BINGO

CANTEEN MENU

11:30AM - 7PM DAILY

CHEESEBURGER

Fries/Soup \$10 Poutine \$12 \$8.00

CHICKEN FINGERS

Fries/Soup \$10 Poutine \$12 \$8.00

CRISPY CHICKEN WRAP

Fries/Soup \$10 Poutine \$12 \$8.00

SMALL FRENCH FRY \$4.00

LARGE FRENCH FRY \$6.00

SMALL POUTINE \$6.00

LARGE POUTINE \$8.00


ONION RINGS \$5.00

BREADED RAVIOLI \$5.00

SOUP MADE DAILY \$4.00



20 Syrette Lake Road, Garden River, ON P6A 6Z3
(705) 253-8718 Ext. 226




GARDEN RIVER BINGO

7 Days a Week

We will be open to indoor and outdoor Bingo

1pm Bingo
3:15pm Pay as you Play
6:30pm Bingo and Live Bingo





From Our Neighbours



PRE-APPRENTICESHIP – DISCOVER YOUR TRADE

STARTING SOON! FREE SKILLS TRAINING! Love building, fixing, or figuring out how things work, explore the trades! Sault College is now offering a **TUITION-FREE** pre-apprenticeship starting July 4, 2022 until March 3, 2023. Now is the time to switch gears, kick-start your employment skills, and be trade-ready!

Build trade-readiness skills in not one but five trades! Electrical, ironworker, utility arborist, automotive, and parts technician. Includes health and safety certifications and an 8-week paid work placement!

Be Amazing! DISCOVER YOUR TRADE TODAY!

Apply online today! <https://forms.office.com/r/yuAn5QWZSt>

For more information, check out www.saultcollege.ca under pre-apprenticeship or email lisamarie.kelly@saultcollege.ca



SAULT
COLLEGE



CNC MANUFACTURING CAMPS

Sault College will be offering two new camps this summer for students entering grade 7 or grade 8 in September 2022

- CNC Manufacturing Camp - July 18-22
- CNC Manufacturing Camp: Indigenous Focus - August 8-12 (Students must be Indigenous)

During the week-long summer camp, students will work on Computer Numerical Control (CNC) lathes and milling machines. They will also learn the basic function of Fusion 360 cad/cam software. Students will rotate through the different machines making different parts on each machine for the cannon project.

Students will have the opportunity to see various parts as seen on mechanical drawings being machined from various materials like aluminum and brass. As the components become actual machined pieces, the students will learn to measure and verify dimensions using precision measuring tools.

At the end of the week, we will work as a team on the assembly of their decorative cannon. Each student will have a miniature machined cannon project to take home.

Students will receive safety induction in the Machine Shop and safety instructions in the event of an evacuation, etc.

Indigenous Focus

Each day, our CNC Manufacturing Camp: Indigenous Focus will offer students traditional food and culture for breakfast and lunch. This will take place in Enji Maawnjiding, the "Where We Gather" Indigenous Centre that we lovingly refer to as Enji. Students registering for the August 8-12 camp must be Indigenous.

Time & Location

Students can be dropped off from 8:00-9:00 am and picked up from 4:00-5:00 pm in the A-Wing gym at Sault College.

What You Need

Safety glasses and steel-toe work boots (steel toe cover for over regular shoes are also accepted).

Please pack a lunch for your learner if attending camp from July 18-22.

Cost

Cost is \$75 per student. Spots are limited.

Questions?

Call Mel Jones at 705.759.2554 ext. 2430 or email kidcamps@saultcollege.ca



GR Pow Wow Committee & Invited Guests

Presents...

pow wow series



EVERYONE WELCOME!

DANCE AND REGALIA PRESENTATION WITH

MARLENE SYRETTE

JULY 11 @ 5:30PM

GRFN COMMUNITY CENTRE

BIG DRUM STORY AND SINGING WITH PHIL

JONES & GUESTS

JULY 25 @ 5:30PM

GRFN COMMUNITY CENTRE

DANCING AND SINGING WITH INVITED

COMMUNITY DANCERS AND SINGERS

AUGUST 8 @ 5:30PM

GRFN REC CENTRE

**MEALS
PROVIDED!**

**ANY INQUIRES PLEASE EMAIL
GRENPOWWOW@GARDENRIVER.ORG**

GARDEN RIVER POW WOW

REVIVING THE SPIRIT

AUGUST 20 & 21, 2022

- GRFN BALLFIELDS -

**Host Drum:
BEAR
CREEK**

HEAD VETERAN:
Ray Cadott

HEAD DANCERS:
To be announced daily

JUNIOR HEAD DANCERS:
Kelvin Boissoneau, Nevada Pine

ARENA DIRECTOR:
Kevin Syrette

MC'S:
Stephanie Pangowish
& Darrell Boissoneau

**GRAND
ENTRIES:**

Saturday 1:00pm & 7:00pm
Sunday 1:00pm

**MEN'S TRADITIONAL
MEN'S FANCY
MEN'S GRASS**

1ST - \$1000
2ND - \$750
3RD - \$400

**WOMEN'S TRADITIONAL
WOMEN'S FANCY
WOMEN'S JINGLE**

1ST - \$1000
2ND - \$750
3RD - \$400

**JUNIOR GIRLS & BOYS
TEEN GIRLS & BOYS**

1ST - \$100
2ND - \$50
3RD - \$25

**GOLDEN AGE
WOMEN'S & MENS**

1ST - \$500
2ND - \$300
3RD - \$200

**CONTACT: Tyler Pine
EMAIL: grfnpowwow@gardenriver.org**

August 2022 Newsletter Submission Deadline: July 25th, 2022

Raspberry Moon
July 2022
Mskomini Giizis



Chief Andy Rickard	Community Trust, NSTC, Robinson Huron Treaty Trustee
Councilors	Portfolio
Tim Johns Jr.	Community Safety, Educational Programs, Infrastructure, Social Services
Darwin Belleau	Administration, Business, Infrastructure, Lands & Resources
Brandi Nolan	Administration, Business, KGPI, Lands & Resources, Nogdawindamin
Cindy Belleau-Jones	Business, Governance, Infrastructure, Membership, Nationhood, NSTC, APS
Dan Tice	Community Safety, Governance, Social Services, KGPI, Business
Trevor Solomon	Community Safety, Administration, Lands & Resources
Chris Thibodeau	Business, Lands & Resources, Social Services
Tyler Pine	Education, Governance, Nationhood
Kassidy Armstrong	Community Safety, Governance, Indigenous Women Anti-Violence Task Force, Nationhood
Chester Langille	Community Safety, Education, Nationhood
Albert Williams	Administration, Infrastructure, Social Service
Karen Bell	Educational Programs, Infrastructure, Nationhood, Environmental Committee



Garden River First Nation Mission Statement



In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.

N'bwaakaawin— Wisdom **Zaagidwin—Love**
Mnaadendmowin— Respect **Aakdehewin—Bravery**
Gwekwadziwin—Honesty **Dbaadendizin—Humility**
Debwewin—Truth

Garden River First Nation Community Newsletter Contact Information

Irene M. Gray
Resource Centre Coordinator
Garden River Education/Recreation Centre
48 Syrette Lake Road
Garden River, ON P6A 7A1

Phone: 705-946-3933 ext 210
Fax: 705-946-0413
Email: irene.gray@gardenriver.ca
Website: <http://www.gardenriver.org/site/newsletter-2022/>

