

Freezing Moon  
November 2022



Baashkaakodin-Giizis



**Garden River First Nation**

*The Creator's Garden*

Volume 22  
Issue: 11

# Community Newsletter

**NOV**

**11**



## Remembrance Day **CEREMONY**



**ALL WELCOME**

**10:30 AM • GRFN MEMORIAL MONUMENT**

LOCATED NEAR WEST END OF THE PARKING LOT 7 SHINGWAUK STREET

**11:11 AM • LAST POST**

**• FEAST TO FOLLOW CEREMONY AT THE COMMUNITY CENTRE •**

OPENING SONG • OPENING PRAYER • WELCOMING  
REMARKS • 1850 STATEMENT • HISTORY • FLANDERS  
FIELD POEM • REMEMBER ME SONG • LAST POST •  
HONOUR WARRIOR SONG • LAYING OF WEATHS,  
TOBACCO OFFERINGS • CLOSING REMARKS





## Words from the Chief...



Aaniin, Boozhoo Elders, Youth, and Citizens!

It's been an equally busy month taking part in meetings across our homelands. We have been fortunate to experience some nice weather over the course of the month and hoping that it can stretch a big longer! Our administration has been diligently working to get caught up in their respective departments with reporting and other important matters. The effects of the pandemic has not only affected our communities but many others which has caused delays in reporting and interrupted our services. Our goal is stabilization, while improving and enhancing the operations of our community.

I was asked to share a few words at the United Steelworker Union's National Conference held in Sault Ste. Marie. I along with Chief Sayers welcomed the delegates and had an opportunity to share a few words. I spoke of the importance of safe spaces for our people who are in these Unions. It is so important that there is a zero-tolerance policy for racism and discrimination, and I spoke of the need to ensure that any type of situation or incident should be handled appropriately and swiftly. I acknowledged the partnership we've been able to establish with our local chapter including the need for continued meaningful engagement and participation. We are working with some of their local executive on a project of creating a space for flags to be hung for the community. Those conversations will continue to happen and we're hoping to have something in place sooner than later. Aside from those initial conversations was a much bigger discussion about our need to work together in some of the projects that Garden River will be undertaking. We understand the need to collaborate with different sectors and we're trying to position our

community to have good partners and stakeholders for whatever opportunities present themselves to Garden River.

With Indian Residential School work that is happening in different respective regions in Ontario, the Anishinabek Nation has facilitated discussions between communities a part of the political organization to discuss best practices and to support one another. Some communities are at different stages in this important work and Garden River is working to create the capacity that will assist the project in years to come. This will be a long process as we also hope to have discussions with the Federal government about Day School initiatives in the future.

The Ojibway Subdivision Watermain Project is slowly wrapping up. We're hoping that the improvements made in this area of our community will offer a more reliable source with fewer interruptions in services. The laying of asphalt and paving throughout this subdivision is underway, and I'd like to remind our citizens to please slow down in those residential neighbourhoods for the safety of our children, elders, and all other citizens. We will be meeting with our new Police Chief Jeff Skye to talk about a greater presence and more oversight in the enforcement of speeders through and around our community.

I participated in the Lake Huron Chiefs meetings for the Anishinabek Nation on October 13, 2022, where leaders within the region discussed the state of their community and an update. Garden River is not alone as many others are experiencing delays in reporting and the interruption of other projects. It is nice to see that our community continues to move forward with projects despite the setbacks but also on the cusp of implementing new developments which we hope to start in the spring 2023.

The Council has chosen the destinations for our Tiny Home Developments along

with the Transitional homes. We're excited for the work to begin which is set to begin in spring 2023. More information will be provided to membership in terms of updates and progress as it relates to the projects.

I along with the Council were invited to the Child Care Centre for their fall time harvest. I was able to catch the last part of the ceremony in the arbour with many of the children wearing ribbon skirts and shirts that were made by our elder Barb Nolan. It was a very beautiful event to witness and watch our children participate in the cultural and ceremonial customs of our people. Our little learners are like sponges and every time we expose them to our original values and traditions, the stronger the foundation for their development. It is my hope that we continue and embrace the traditions and customs in our Child Care Centre while incorporating our traditions which has always been a part of our people.

I travelled to Toronto to take part in a Joint Indigenous Services Canada discussion with other Chiefs in Ontario. The day consisted of updates, the introduction of the new Regional Director of ISC for Ontario Michael O'Byrne and send off the previous RGD Anne Scotten who is taking on a new role. We had a very good relationship in terms of the former RGD and we wish her well in her new role within the Government. It was also another opportunity to connect with Chiefs to discuss collaboration of projects but also share our communities' updates. The meeting also included a presentation by Chiefs of Ontario on health to discuss the needs of our communities and some of the new initiatives being worked on by the PTO. This meeting also included a continuation of the discussions we had with ISC officials that Garden

River deals in relation to funding agreements, reporting and other opportunities.

The Council held its first new Quarterly General Assembly to introduce the Audit that was already approved and passed in 2020. Although it was passed, it was never introduced and presented to the community which provided an opportunity for members to ask questions and participate in the discussion. Our Council is committed to catching up with the financial reporting and we have another community session planned for December 2022 which we hope to provide the Audit for

2020-2021. We intend to carry out another session in the early new year to discuss the current Audit and begin regular quarterly reporting to our membership shortly after. I want to commend our finance department and our administrative team who have been working extremely hard to get caught up on regular reporting. We are quite confident that we will be on track and in a much better position in terms of the operations within our community.

As a community, we once again grieve the loss of some of members here in Garden River since the last update.

We'd like to send out our prayers and thoughts to those families and members who are grieving and continue to grieve. May the creator look after each and every one of you and your families. I wish you all good health and happiness and until the next report, Baamaapii Giiwaabmin!

Miigwetch,

Chief Andy Rickard  
Nameh doodem



#### Anishinaabemowin Word Scramble

English

Anishinaabemowin

salt

T I I A A A G Z N

pepper

A A A W G S N G

sugar

I S I B A Z A W D O K

bread

K Z H G A E N B I W

egg

O A A N W W

Anishinaabemowin

Ziitaagan—salt

Waasgang—pepper

Ziisbaakwod—sugar

Bkwezhigan—bread

Waawon—egg

#### Anishinaabemowin Word Scramble

English

Scrambled letters

Anishinaabemowin

caribou

D L A I

beaver

M I K A

Bird

I N E I I S B H

Lynx

W I Z H I B

Fish

O G O I G I N

Loon

M N G A A

Wolf

N A A N I M I G

Bear

K A A W M

Eagle

Z I G I M I

Moose

Z N O M O

Crane

J I A A J O K

Anishinaabemowin

Caribou—adik; beaver—amik; bird—bineshii; lynx—bizhiw; fish—giigoon; loon—maang; wolf—maingan; bear—makwa; eagle—migizi; moose—moonz; crane—ojjaak



COMMUNITY NOTICE: Members of Garden River First Nation

## Notice of Winter Quarterly General Meeting

December 13 & 14, 2022

Garden River First Nation strongly encourages our members to attend.

### Garden River, ON

Tuesday, December 13th @ 6 p.m.

Garden River Community Centre

### Sault Ste. Marie, ON

Wednesday, December 14 @ 6 p.m.

Sault College, Native Student Lounge (rm G1200; Enji)

A light snack will be provided for attendees

For more information, please contact Garden River First Nation Administration  
E: [kjones@gardenriver.org](mailto:kjones@gardenriver.org) or [communications@gardenriver.org](mailto:communications@gardenriver.org) W: [wwwgardenriver.org](http://wwwgardenriver.org)

Shuttle Service provided for Elders; if required



## Wiindamaage



Mino-dibishkam noongom,  
Mino-dibishkam noongom,  
Mino-dibishkam ( )!  
Mino-dibishkam noongom!

### Facebook November Birthdays

Nathan Rowe Jr	David Lesage
Dianne Roach	William Vincent
Tamara Nedeau	Sophie Grawbarger
Sydney Nolan	Stacey Vincent Cress
Trevor Solomon	Peyton Lingle
Angela Rose	Sumer Mellon
Shanna Solomon-Barath	Pamela Lynne
Sammy Anne	Myriah Belleau
Janet Jones	Drake McCooy
Ashley Jewkes	Ivy Driver
Mary Eagle	Kim Dug
Blaine Belleau	Sarah Rice Manoomini
Brenda Sayers	Wes Jones
Sherri Kitts	Emily Belleau
Lynne Pine	Brett Holzwarth
Mike Lesage	Susan Murphy
Curt Cress	Mich Pitawanakwat
Budd Jones	Darrin J. Couture
Jennifer A Solomon	Myron Jones
Mandie Pine	Terri Lynn Tice
Roslynn Lariviere	Sharlene Tatasciore
Kaylin Wabano	Katheryn Wabegijig
Rick Levesque	Jennifer Bissailions
Tammy Boissoneau	Mya Headrick
Brent Boissoneau	Shane Solomon
	Laura Neyland

Happy 3rd birthday  
Ryder!  
We love you so much!

Love Mommy and  
daddy xoxo

A big Happy Birthday  
goes out to  
My beautiful Niece  
Anessa Jones

Nov. 10th

Love your Auntie  
Renée xoxo

Happy Birthday to  
the best Uncle all  
around Darryl (Bud)  
Williams Jones on  
the 13th!  
We love you so  
much Uncle.

Love baby Oaks,  
Aiden & Aliya!!

Happy heavenly  
birthday to my sweet  
gramma in heaven  
(Theresa Jones) on  
November 4th.

We miss you  
everyday! Xoxo

Amber and kids

November 22nd  
Happy 13th Birthday  
to Brynn Thibault  
Hope you have the  
best day ever!!! ♥  
Love you little sisters  
Autumn & Hazel May  
& dad & Tay

November 14  
The Big 3.0!! Happy  
30th birthday to my  
sis Amanda  
Hope your day was  
fabulous  
Love your sisters and  
brother

We would like to wish  
Nick Solomon  
a Happy 72nd Birthday  
wish

Love from all the  
family cheers to  
many more years of  
happiness



Happy 13th Birthday  
To Our Beautiful,  
Smart & Athletic  
Miss Brynn Thibault  
on November 22nd!!

Can't believe you're a  
teenager already!

Love you so much and  
we are so proud of  
you!!  
Love Mom, Lakes and  
Riv ♥





## Community Members Needed for Garden River First Nation 2022/23 Indigenous Knowledge Study

### What is the purpose of this Indigenous Knowledge study?

To gain information on:

- Terrestrial species at risk
- Culturally important animals
- Environmentally important areas
- Traditional placenames
- Cultural landscape features



### Who we are looking for:

Garden River community members including elders, adults, and youth that have knowledge about local animal populations, environment, placenames in anishinaabemowin, cultural landscape features, and/or stories about the land.

### Project timeline, honoraria, & contact info:

Interviews for this project will take place from **October to November 2022** at the Lands and Resources Department.

**Each interview will take 40-90 minutes and participants will receive a tobacco offering and a \$250 honorarium. There are a limited number of time slots available for participants.**

**If you are interested in being interviewed for this project, please contact Aaron Jones** at the GRFN Lands and Resources Department:  
- (705) 253 0225 ext. 201  
- [ajones@gardenriver.org](mailto:ajones@gardenriver.org)

### Project background:

This project is led by the Garden River Lands and Resources Department and supported by the Lands and Resource Portfolio Holders.

The data collected will be made into a report for the Garden River community. The project report will influence future policy creation, the development of a fish and wildlife management plan, and future projects for the Lands and Resources Department.

Personal information will not be shared in any reports and participants have the option to be interviewed anonymously.



Turtle painting by: Oskineegish, J. (2018) Turtle mother. Retrieved from <https://www.canadahistory.ca/explore/politics-law/living-well-together>



Aanii / boozhoo Garden River,

The Lands Department and DFO are collaborating on learning more about invasive sea lamprey. Small surface drift nets were set in the Garden River and Root River and will catch juvenile sea lamprey on their way to the Great Lakes. We are catching sea lamprey to take them out of the aquatic ecosystem and to get an estimate of how many sea lamprey are in our rivers.

These types of nets do not normally harm native fish because most adult fish are able to swim out of them. The nets are also small and should not impede boat or canoe traffic in the river.

If you have any comments, questions, or concerns, please contact the Fish and Wildlife Coordinator Aaron

Jones at 705 253 0225 ext. 201 or [ajones@gardenriver.org](mailto:ajones@gardenriver.org)



**Aaron Jones**

Fish & Wildlife Coordinator

Ketegaunseebee (Garden River First Nation)

P: 1 (705) 253-0225 ext. 201

E: [AJones@GardenRiver.org](mailto:AJones@GardenRiver.org)

W: [gardenriver.org/](http://gardenriver.org/)





# Public Notice: Garden River First Nation Shipman Letters/ Harvesting Permission Letters

Oct 19, 2022

## What are Shipman Letters?

Shipman Letters are legal papers that give someone the right to hunt, fish, or harvest within the traditional territories of a community. Shipman letters can also be called Harvesting Permission Letters or Hunting and Fishing Permission Letters.

These letters are called Shipman Letters because of the court case R. v. Shipman, 2007. Shipman was an Indigenous person that was charged with hunting moose outside of their traditional territory, but he had permission to hunt from the local Indigenous community and won the court case.

## Who can give out Shipman Letters?

Shipman Letters can only be given out by the Chief and Council or a designated authority such as a Lands Department. Fish and wildlife are a communal right and responsibility and individual community members cannot give out Shipman Letters on behalf of a community.

## Additional Info:

Garden River community members do not need a Shipman Letter to harvest within our traditional territory or Treaty area. Please seek permission from the nearest Indigenous community if you are planning to harvest outside of your traditional territory or Treaty area.

If you have any questions or comments, please contact Aaron Jones, Fish and Wildlife Coordinator at (705) 253 0225 ext. 201 or [ajones@gardenriver.org](mailto:ajones@gardenriver.org).

## GRFN Policy on Shipman Letters:

Currently, GRFN does not have any policy on Shipman Letters and is therefore not giving out any Shipman Letters. **Any Shipman Letters that were given out by GRFN in the past are void.**

Conservation Officers are aware that GRFN does not give out Shipman Letters and will ticket anyone who claims that GRFN gave them permission to hunt or fish.

The GRFN Lands Department is planning to develop a policy for Shipman letters in the future. Leadership and the community will be consulted regarding this policy development.



## Sports



Nokomis Corner:

I want to Congratulate my Eldest Grand Daughter Journey Day on her two Achievements and Awards.

I also want to acknowledge my Second Eldest Grand Daughter Kionna Day and her Team East view Eagles placing 2nd in the City Finals in Soccer 2022.

Love Grandma / Nokomis  
Barbara Day







# Education



## GRFN Elementary School

Aanii Boozhoo from the Garden River Elementary Team!

Binaakwe Giizis (October) has provided us with a bountiful harvest, and beautiful weather. Over the course of this past month we harvested mashkiigiminan (cranberries), as well as had our Mooz aazhibikoong (moose harvest camp). We discussed things like the importance of sustainable harvesting methods, traditional ecological knowledge as well as how important it is to maintain traditional harvesting grounds. We are grateful for all the opportunities dagwaagin (fall) has to offer.

Mii'iw  
Garden River Elementary Team.





## Secondary

### Education Unit ~ Secondary

For high school students preparing to graduate this year, keep in mind some key application dates with deadlines as a good reason not to delay.

#### Applications “Which ones do I need to submit?”

Firstly, if you are considering any Ontario colleges or universities, please check out the following websites for important information including the application process and deadline dates.

[www.ontariocolleges.ca](http://www.ontariocolleges.ca) (for Ontario colleges)

[www.ouac.on.ca](http://www.ouac.on.ca) (for Ontario universities)

Do some research online and/or inquire with your school guidance counsellor if you're unsure of the process or are feeling that you're not quite sure which route to go or which path you should be taking. A lot of those decisions will be based on what credits you've achieved to date and what you're currently taking, academic or applied courses, etc.

Secondly, Garden River band members can then apply for sponsorship (funding) for their post-secondary studies through our department with Anne Marie Jones who is the Post-Secondary Counsellor and most may already know her. When you're ready to apply or may have questions before hand, please reach out to her at 705.946.3933 ext. 202 or at [amjones@gardenriver.ca](mailto:amjones@gardenriver.ca)

Sponsorship Application Deadlines Dates for Garden River Post-Secondary Sponsorship are:

For Spring/Summer (May-August): March 29th:

**For Fall (September-December): May 15th**

For Winter (January-April): October 15th

I can help you get set up for an appointment to see her or arrange to bring her to meet you at the school if that would suit you better, even if it's just for some questions you have and things you're wondering about. So many decisions to make and you'll be coming across a lot of information in the coming months, preparing for grad and then post-secondary. I am hoping to schedule some dates using the cultural rooms at the high schools to meet with the potential Grade 12 grads and to bring Anne Marie in so you can meet her as well. Together, we can work through the process of applying for sponsorship. Whatever works best for you, but I'll be reaching out to you individually as well.

I have managed to see some of you so far, some at least have been in communication through emails and texts but I have a long list of students to get to still and look forward to seeing you soon. And I am glad when students reach out J.

Keep an eye out on our Facebook Page or watch for emails or calls for upcoming news, workshops and other opportunities.

Send me an email anytime @ [sjones@gardenriver.ca](mailto:sjones@gardenriver.ca) or at the office 705.946.3933 ext. 208.

Thanks and have a great November!

### GRFN Education Unit Sponsored Secondary Students 2022/2023

\*as of October 21, 2022

\*Sponsored Students — Residing on reserve and registered with the Education Unit In-School Program

School	# of GR
St. Mary's College	8
White Pines	62
Korah	10
Superior Heights	12
CASS	1
Chapleau Highschool	1
Other/Out of town	1

#### ~ Getting the Students Involved!

On October 25<sup>th</sup>, Anne Marie & I had the privilege of chaperoning an event with some Garden River youth to the Sault College Trades & Tech Day, hosted by Mamaweswen, The North Shore Tribal Council.

The event brought in Indigenous youth from Grades 6-9 from all over the North Shore, where students had the opportunity to explore a few different workshops throughout the day.

Our Garden River group had the chance to participate in Motive Power, Civil / Construction, Mechanical and Electrical workshops. The teachers and faculty were informative and the students had the chance to participate in some hands-on experiences.

It was a great opportunity and I'd like to give a shout out to our Garden River students as they exemplified good behavior and mannerism and had some good questions for the teachers.

Way to go GR students!

Here are some photos of the day that captures what some of the workshops looked like.

-Steph



## Post Secondary

### Post-Secondary:

First and foremost, with midterms upon you and/or with your midterm grades now reported, if you are **experiencing any difficulties** with your course work and if you haven't already done so, please visit your school's **Student Services or Library or Accessibility Services or Indigenous Services** to arrange for tutoring and extra help. Extra assistance is available for all students at most colleges/universities but you must take the **first step** and **ask for help**. One good thing is that it is **never too late to ask**. I can help you navigate at your school to access these services at your school or drop in here at the GRFN Ed/Rec Center to meet with our tutors to see if they can assist you too.

With covid-19 still very much active, and with enrolment down at both Algoma University and Sault College, I am not scheduling any visits on campus just yet. However, as we all know, a **virtual meeting** is very easy. This makes it easier for all students to meet with me as needed.

*Please feel free to send me a virtual meeting request using the meeting software/platform that you are comfortable with to schedule a meeting/visit or if you are in the GRFN area, you can also book an appointment to meet in person in my office by following proper protocols.*

### IMPORTANT FOR SENIOR HIGH SCHOOL STUDENTS and PARENTS....

ARE YOU (OR YOUR CHILD)  
GRADUATING FROM HIGH SCHOOL  
THIS YEAR?

**Although it is only November, and your last high school year has just started, you have some very important decisions to make soon.... namely are you going to continue your studies at COLLEGE OR UNIVERSITY?**

**Choosing the right college or university is an important step for YOU, one that will help shape your**

**future.** Now is the time to **research, soul search and plan** your choices at an eligible college/university and find an eligible program at the post-secondary level. Talk to your family, friends, your guidance counsellor, your very own Garden River High School Liaison Worker, Stephanie Jones, and/or call me - we are all ready, willing and able to help you **make an informed decision**. This means researching your choices for an eligible college/university and their eligible programs. The good thing is that with the pandemic, schools have all added more information on their websites, Facebook pages, and other social media. There are many additional resources online to help you make this **IMPORTANT** decision. The internet is an excellent tool to help you search for information on eligible schools and programs... **visit the college or university's website and the following websites for valuable tips, links and other information:**

**[www.ontariocolleges.ca](http://www.ontariocolleges.ca)**  
**[www.ouac.on.ca](http://www.ouac.on.ca)**

Once you have researched carefully and decided what you want to take and where you want to go, your High School Guidance Counsellor will be helping you to open your application on Ontario College or University Application Service application at your high school.

## Application for Post-Secondary Sponsorship from Garden River

In addition to the application to the schools, **you must** complete your **Application for Post-Secondary Sponsorship from Garden River**. Once you have completed both applications and you have received the "Acknowledgement Letter" from either OCAS or OUAS, GRFN will reimburse your cost for the base application fee (\$110 covers your first 5 college program choices and \$156 covers your initial 3 university program choices \*\*\* there may be supplemental fees depending on your university choices) after you submit your completed **Garden River Application for Post-Secondary Education Assistance** and your payroll deposit form.

If you are **having difficulty making this very important decision**, please feel free to contact me, Anne Marie Jones, for assistance. **I am here to help you make informed decisions about your future educational plans and to help you understand how your post-secondary sponsorship works.**

**At the same time that you complete and submit your OCAS/OUAC application, you need to complete and submit your Garden River Application for Post-Secondary Education Assistance so that we can reimburse your OCAS/OUAC application fees.**

There are always 4 forms that complete a GRFN Application or Post-Secondary Education Assistance

package for full-time sponsorship:

1. Application
2. Consent to Disclose and Verify Information
3. Student Contract
4. Release of Information

The forms are always available on our website at [www.gardenriver.ca](http://www.gardenriver.ca) under the Post-Secondary section - Forms. **The forms are fillable online.** It is required that you use a **digital signature or a copy of your original signature**. Please **DO NOT just type your name on the signature line** as your application will be considered incomplete.

Feel free to contact me at [amjones@gardenriver.ca](mailto:amjones@gardenriver.ca) or 705-946-3933 ext. 202 or by sending a virtual meeting request when you are ready to complete your **GRFN PS Application for Post-Secondary Education Assistance**.

I look forward to working with you as you prepare for this next important stage in your life.

If you have any questions or concerns about your current schooling or you just want to chat about your educational plan and goals or share some news/updates, please do not hesitate to reach out to me.

Please call me at the office: 1-866-518-7806 or 946-3933 ext. 202 to set up an in-person appointment or email me at [amjones@gardenriver.ca](mailto:amjones@gardenriver.ca) or send a virtual meeting request.

Anne Marie Jones  
Post-Secondary Counsellor



**Aboriginal Post-Secondary  
Information Program (APSIP)  
Connect, Explore and Discover  
October 3, 2022**

**GRFN Education/Recreation Center**

After a couple years of being virtual only, APSIP finally returned to in-person this year. For those of you

### WHEN TO APPLY FOR FALL 2023 ADMISSION

#### • ONTARIO COLLEGES

The equal consideration date for FALL 2023 programs is February 1st.

To be considered on an equal basis with other applicants, your application and application processing fee must be received at our office by February 1st.

After February 1st, applications are considered on a first-come, first-served basis, providing there are still vacancies in the program(s) of your choice.

Apply online at :

[www.ontariocolleges.ca](http://www.ontariocolleges.ca)

#### • ONTARIO UNIVERSITIES

For Current Ontario Secondary School Students:

Application deadline: Wednesday, January 12, 2023, 11:59 p.m. EST

Apply online at :

[www.ouac.on.ca](http://www.ouac.on.ca)

that don't know, APSIP is a group of Indigenous Student Recruiters from Ontario Colleges, Universities and Indigenous Learning Institutes that travel across Ontario to engage more Indigenous students directly in their communities as opposed to attending the mainstream college and university fairs at high schools every Fall.

This is always an excellent opportunity to meet with each recruiter and ask all of the questions that you want to without so many students around you.... you get one-to-one time. You can explore each school's programs, services, supports and pathways to reach your career aspirations and to hopefully find the program that's right for you.

**Miigwech to APSIP for including us in your Fall tour.**

**See you next year!**





## GRFN Public Library aka Resource Centre

Anishinaabemowin  
Words for the Month:

mishiimin  
(apple)



waagijiimin  
(banana)



miinen  
(grape)

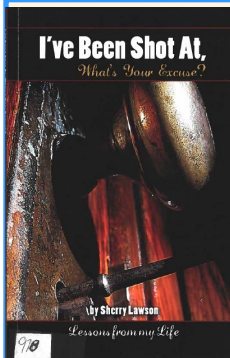


### Attention students!!!!

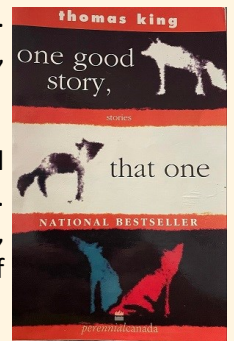
Printing is free for  
educational purposes!!

Email:  
irene.gray@gardenriver.ca

with your printing needs  
and schedule a  
time to come pick them up!



**One Good Story, That One.** Thomas King. Is a collection steeped in native oral tradition and shot through with King's special brand of wit and comic imagination. These highly acclaimed stories conjure up Native and Judeo-Christian myths, present-day pop culture and literature, while mixing in just the right amount of perception and experience.



### November's Featured Books

***I've Been Shot At, what's your Excuse? Lessons from my life.*** Sherry Lynn Lawson (nee Douglas) is a member of Mnjikaning First Nation near Orillia, Ontario, the daughter of an Algonkian mother and Ojibway father. She grew up listening to the stories of her father and paternal grandmother. Sherry worked for many years in libraries and still considers herself an information geek. Sherry's Hobbies include visiting museums and historic sites, reading slasher novels and watching horror movies.

The GRFN Public Library, or more legitimately known as the Resource Centre is open to the public during the day (8:30-12 & 1-4:30)

There is an option to book a few hours at time during the evening/ weekend to come in and use the wifi to complete homework and have access to print out your school work. **FOR FREE!**

There are lap tops that could be available but they are really, really old, so old that the IT person couldn't update to the latest operating system.

The Virtual Reality game is set up for use as well. There are well over 30 games for a wide variety of interests. You can explore Google Earth, fly through the sky to check out the grand canyon, hop, skip

jump over to London and check out some museums. It's like visiting different places, without having to leave the reserve!

As always, there are books and books and books available for all ages, all interests!

I have slowly been building up the Native Content section over the years and am always looking for donations for this section.

Programs will be happening in the near future. The first is "Paper Ornaments", an adult, four week program; to make your own Christmas ornaments. (poster for more info)

The continuation of Book Art will have steady drop in times

on Mondays from 2—3:30 pm. Come in and create; destroy, work with your hands, and such for mental health, socialization, organization and for just because; limited supplies are provided for both programs. **Book Art: Monday's 2—3:30 pm.**

My door is open, I welcome all to come in and check out the library, play on the VR computer, find some new books to read, work on homework. I am here to help however I can with your paper (research, printing, poster) needs.

~ Irene M. Gray  
Resource Centre Coordinator  
705-946-3933 ext. 210  
irene.gray@gardenriver.ca

Resource Centre  
Facebook Page:  
<https://urlis.net/4axgdh9>

Become a friend today!

# Paper Ornaments

GRFN Public Library/Resource Centre  
48 Syrette Lake Road

**Thursdays: 1 - 3:30 pm**

November 24  
quilled angel

December 1  
triskle ornament

December 8  
geodisic paper ornament

December 15  
giant snowflake

Paper Ornament Makers  
where you can make ornaments  
out of paper, glue/tape and accessories  
to decorate your home, tree or to give  
as gifts this Christmas.

Limited materials will be provided  
to make one or two in the library and  
instructions to take home to make more on your own!

Skills required: folding, cutting, gluing paper,  
finger dexterity will be an asset.

Contact: Irene M. Gray @ [irene.gray@gardenriver.ca](mailto:irene.gray@gardenriver.ca)  
for more information and to sign up; space is limited.



Recreation Centre



## BACK TO SCHOOL BASKETBALL CAMP!

**NOV. 5th, 12, 26th AND DEC. 3rd**

**GRADE 3-5: 12:00-1:00PM**

**GRADE 6-8: 1:00-2:00PM**

**GRADE 9-12: 2:00-3:00PM**

**COST: \$80.00**

Register by clicking the G.R. Rec Centre Basketball Camp registration  
form tab at [elite8basketball.com](http://elite8basketball.com) OR

By contacting Roy or Chris at 705-946-4006 ext. 221 or by email at  
[rbillingsley@grfnrec.com](mailto:rbillingsley@grfnrec.com) and [cmoretin@grfnrec.com](mailto:cmoretin@grfnrec.com)

SAULT Sports



towel TAG

SPORTS CENTER  
BAR & GRILL

FIRST MONTHLY

## GR REC

# 50/50

## 1 FOR \$5 OR 5 FOR \$20

\*\*\*\*CASH ONLY\*\*\*\*

LIVE DRAW NOVEMBER 30

ALL PROCEEDS GOING TOWARDS LITTLE NHL

The Rec Centre is excited to announce our 50/50 raffle tickets will be going on sale! As we hope to offer 50/50 draws every month, the first round of tickets will be on sale until the end of November! The draw itself will be live on social media. Proceeds will go towards supporting local Little NHL teams!

Tickets can be purchased at the front desk of the Rec Centre. If you have any questions, please reach out to a staff member!

Rec Centre





## Garden River Family Swimming

John Rhodes Community Center

Every Saturday starting

September 17th to

March 25th from

5:00 pm—6:00 pm

(no swimming on October 29, December 24, December 31)

For more information contact

Melissa Grawbarger 705-450-5071 x205

### Rules for Swimming at the John Rhodes

- ✓ **Under 7 years of age:** all children must be directly supervised by an adult, within arms reach. Limit is 2 children to 1 adult.
- ✓ **Children 7-9 years** must pass facility test to swim alone. If they do not pass, they must be supervised by an adult. Limit 4 children to 1 adult.
- ✓ **Children 10 years and over,** can swim alone.



G'NAADMAAGOOM CHILD & FAMILY SERVICES INVITES YOU TO

**THE 4TH ANNUAL**  
*Garden River*

# Christmas PARADE

**Inviting all Departments & Families to Register a Float!**

Route: Line up on Shingwauk St. onto Highway to Gemah St. to Greensky & back to Shingwauk St.

**Saturday DEC 10 @ 6PM**

**All registered family floats will receive an incentive!**

To register your float contact Marie T. Pine  
@ 705.450.5071 ext. 214 or mtpine@grcfs.ca

Made with PosterMyWall.com

**G'NAADMAAGOOM**  
Garden River Child and Family Services  
Building Strong Families and Communities for our Children

To continue practicing safe social distancing -  
Most programs will be on a virtual platform.

Off reserve band members are encouraged  
to participate!

### STAFF CONTACT INFORMATION

**KH - Kiana Hill** – [khill@grcfs.ca](mailto:khill@grcfs.ca)/705-989-8189

**MP – Marie T. Pine** – [mtpine@grcfs.ca](mailto:mtpine@grcfs.ca)/705-971-7116

**JT - Jordie Thibault** – [jthibault@grcfs.ca](mailto:jthibault@grcfs.ca)/705-971-7165

**BC – Belinda Camara** – [bcamara@grcfs.ca](mailto:bcamara@grcfs.ca)/ 705-542-9200

**KM - Kelly Musgrove** – [kmusgrove@grcfs.ca](mailto:kmusgrove@grcfs.ca)/705-987-1645

**MG – Melissa Grawbarger** – [mgrawbarger@grcfs.ca](mailto:mgrawbarger@grcfs.ca)/705-971-9079

**Hb—Hailey Bryan**—[hbryan@grcfs.ca](mailto:hbryan@grcfs.ca)/705-542-9717

### HOW TO REGISTER FOR A PROGRAM

Please email or call Staff running the program to register! Join by phone, cellphone, tablet, or computer!!

**\*\*PLEASE REGISTER ONE DAY IN ADVANCE**  
**AS SPACES ARE LIMITED\*\***

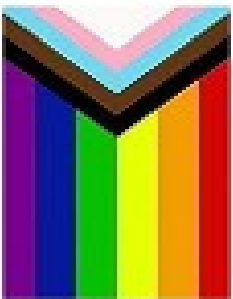
### PROGRAM INCENTIVES/DRAWS

**PROGRAMS** – Participants will receive an incentive for every program they attend.

**FAMILY CHALLENGES** – Every family that participates will receive an incentive.

**LEARNING ACTIVITIES (LA)** – Each family that participates in the Learning Activities will receive an incentive





## 2SLGBTQIA+

### Youth Group

- ✓ Safe Space
- ✓ Snacks
- ✓ Peer Support

Join us in-person on the  
third Friday of every  
month for a drop-in group  
**Ages 12-17**  
**6:00-7:30pm**  
**GR Child & Family  
Services Building**  
**(7A Shingwauk Street)**

- ✓ Information sessions
- ✓ Discussion
- ✓ Incentive offered  
to those who attend



Contact Lana Grawbarger for  
information or to register  
705-450-5071 x226  
[lgrawbarger@grcfs.ca](mailto:lgrawbarger@grcfs.ca)





**G'NAADMAAGOOM**  
**Garden River Child and Family Services VIRTUAL Program Calendar**  
**NOVEMBER 2 0 2 2**

**Phone: (705)450-5071**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
<p><b>1</b></p> <p><b>KM/BC—Dressing for the Weather 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs <b>JT—Nurturing Ourselves 4:30</b> Youth 13-24 yrs <b>KH/MP—4 Sacred Medicines 5:30</b> Parents/Caregivers of children 0-12</p> <p>Please Note: Virtual program participants will not be let in to Zoom more than 5 minutes after program start time.</p>	<p><b>2</b></p> <p><b>KM/BC—Song &amp; Story 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs</p>	<p><b>3</b></p> <p><b>KM/BC—LA: Anishinaabemowin—Mitigomin</b> Parents/Caregivers &amp; Children 0-6 yrs <b>JT— Youth Culture: Make it Sacred 4:30</b> Youth 13-24 yrs <b>MG/HB—Thankful Thursdays 430</b> Children 7-12 yrs</p>	<p><b>4</b></p> <p><b>KH—Anishinaabemowin</b> Family Challenge “Due by noon (from Oct 31)”</p>	<p><b>5/6</b></p> <p>Family Swim Saturday 5-6 pm @ John Rhodes</p>	
<p><b>7</b></p> <p><b>KH—LA: Anishinaabemowin</b> Family Challenge *Sign up by 4 pm</p>	<p><b>8</b></p> <p><b>KM/BC—All about Bears 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs <b>JT—Nurturing Ourselves 4:30</b> Youth 13-24 yrs <b>KH/MP—Cycles of Abuse 5:30</b> Parents/Caregivers of children 0-12</p>	<p><b>9</b></p> <p><b>KM/BC—Song &amp; Story 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs</p>	<p><b>10</b></p> <p><b>KM/BC—LA: Anishinaabemowin—Makwa</b> Parents/Caregivers &amp; Children 0-6 yrs <b>JT— Honouring Our Gift of Life 4:30</b> Youth 13-24 yrs <b>MG/HB—Thankful Thursdays 430</b> Children 7-12 yrs</p>	<p><b>11</b></p> <p><b>KH—Anishinaabemowin</b> Family Challenge “Due by noon</p>	<p><b>12/13</b></p> <p>Family Swim Saturday 5-6 pm @ John Rhodes</p>
<p><b>14</b></p> <p><b>KH—LA: Anishinaabemowin</b> Family Challenge *Sign up by 4 pm</p>	<p><b>15</b></p> <p><b>KM/BC—The Red Fox 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs <b>JT—Diabetes Awareness w/Guest speaker 4:30 IN PERSON</b> Youth 13-24 yrs <b>KH/MP—Anxiety &amp; Depression 5:30</b> Parents/Caregivers of children 0-12</p>	<p><b>16</b></p> <p><b>KM/BC—Song &amp; Story 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs</p>	<p><b>17</b></p> <p><b>KM/BC—LA: Anishinaabemowin—Waagosh</b> Parents/Caregivers &amp; Children 0-6 yrs <b>JT— Beautiful Me 4:30</b> Youth 13-24 yrs <b>MG/HB—Thankful Thursdays 430</b> Children 7-12 yrs</p>	<p><b>18</b></p> <p><b>KH—Anishinaabemowin</b> Family Challenge “Due by noon</p>	<p><b>19/20</b></p> <p>Family Swim Saturday 5-6 pm @ John Rhodes</p>
<p><b>21</b></p> <p><b>KH—LA: Anishinaabemowin</b> Family Challenge *Sign up by 4 pm</p>	<p><b>22</b></p> <p><b>KM/BC— Positive Affirmations 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs <b>JT—Peace &amp; Balance 4:30</b> Youth 13-24 yrs <b>KH/MP—Manic Depressive Disorder 5:30</b> Parents/Caregivers of children 0-12</p>	<p><b>23</b></p> <p><b>KM/BC—Song &amp; Story 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs</p>	<p><b>24</b></p> <p><b>KM/BC—Decorate a Frame</b> Parents/Caregivers &amp; Children 0-6 yrs <b>JT— The Meaning of Friendship 4:30</b> Youth 13-24 yrs <b>MG/HB—Thankful Thursdays 430</b> Children 7-12 yrs</p>	<p><b>25</b></p> <p><b>KH—Anishinaabemowin</b> Family Challenge “Due by noon</p>	<p><b>26/27</b></p> <p>Family Swim Saturday 5-6 pm @ John Rhodes</p>
<p><b>28</b></p> <p><b>KH—LA: Anishinaabemowin</b> Family Challenge *Sign up by 4 pm</p>	<p><b>29</b></p> <p><b>KM/BC—Ornament Creations 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs <b>JT—The Change Challenge 4:30</b> Youth 13-24 yrs <b>KH/MP—Cultural Teachings w/Guest IN PERSON 5:30</b> Parents/Caregivers of children 0-12</p>	<p><b>30</b></p> <p><b>KM/BC—Song &amp; Story 4:30</b> Parents/Caregivers &amp; Children 0-6 yrs MG—Family Culture Night 5:30</p>	<p>(LA) = Learning Activity</p>	<p><b>2</b></p> <p><b>KH—Anishinaabemowin</b> Family Challenge “Due by noon</p>	<p><b>3/4</b></p> <p>Family Swim Saturday 5-6 pm @ John Rhodes</p>

**BUILDING STRONG FAMILIES AND COMMUNITIES FOR OUR CHILDREN**





October 28, 2022

## RE: Community Thank You

The staff here at the Wellness Centre want to acknowledge all the departments that participated in the 2nd Annual Truck or Treat this year:

**Garden River Child & Family Services**  
**Niigaaniin**  
**Garden River Bingo Hall**  
**Anishinabek Police Services**  
**Garden River Child Care Centre**  
**Algoma Public Health**  
**Garden River Fire Department**  
**Garden River Education Unit**  
**Garden River Councillor Cindy Belleau-Jones**  
**Garden River Elementary School**

We also want to thank our programs within our department who also participated in the Truck or Treat this year:

**Nurses**  
**Early Childhood Development**  
**Jordan' Principle Team**  
**Dan Pine Healing Lodge**

We have been able to run this community event with great success and have reached more than 150 of our children and youth who live in the community. We look forward seeing everyone next year.

Chi-Miigwetch for all your support

Jessica Grawbarger  
Manager, Wellness Centre





# NOVEMBER 2022

## ELDERS EVENTS

Every  
Monday

### CHAIR YOGA

@ RC Gym 12-1 (incentive)

SUN  
6th  
&  
27th

### Live Country Music "Dusty Roads"

@ CC 6pm Food & Prizes

TUES  
8th  
&  
22nd

### ELDERS SOCIALS

\*12 (Lunch Provided)

\*Grocery Bingo to follow on  
the 22nd

@ CC

WED  
23rd  
&  
29th

### Xmas Glass Ornaments

@ CC 1-3 PM (must register)

Wed  
30th

### Elders Luncheon

@ CC 11:30am



**GARDEN RIVER**  
WELLNESS CENTRE

SELENA BELLEAU 705-946-5710 EXT 267





# UPDATED



## Public Health guidance

In addition to the many tools already in place to keep Ontarians safe, on the recommendation of the Chief Medical Officer of Health, Ontario is updating public health guidance to manage COVID-19 during the respiratory illness season this fall. Some key highlights include:

1



### IN CONTACT

If you are in contact with someone who has tested positive for COVID-19, continue to self-monitor for symptoms. there is no longer a need to isolate but you should wear a mask for 10 days when in public

2



### WEAR A MASK

If you are experiencing symptoms of COVID-19 such as Fever, Cough, or Runny Nose. Stay home from school, work and social events until your fever is gone and symptoms are improving. get a rapid antigen test (RAT), a PCR test. Wear a mask for 10 days after and avoid non-essential visits to high-risk individuals and settings



*Additional Information:*

<https://www.ontario.ca/page/public-health-measures-and-advice>

**LET'S DO OUR PART IN KEEPING OUR COMMUNITY SAFE**  
**BRETT CORBIERE, CHN (705) 946-5710 EXT. 207**








# Dan Pine Healing Lodge



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <b>6</b> <b>Traditional Health</b> with Gerrard Sagassige, Kimberly for appointment	<b>7</b> Zoom / In Person <b>Super WOW</b> (Work on Whatever), 1-3, call Kimberly to register	<b>8</b> <b>JOURNEY OF GRIEF</b> 5 of 8 5-8 Laurie 228	<b>9</b> ZOOM/In Person <b>"Let's Bead"</b> 10—12 call Kimberly to register <b>Circle of Learning</b> with Carol Nadiwon—Our Ojibway Stories, History and Treaties 5-8 Laurie 228	<b>10</b> Zoom/In Person <b>Tea &amp; Talk</b> 1-3, call Kimberly to register	<b>11</b> <b>Statutory Holiday</b> <b>REMEMBRANCE DAY</b>	<b>12</b> 
<b>13</b> 	<b>14</b> 	<b>15</b> <b>JOURNEY OF GRIEF</b> 6 of 8 5-8 Laurie 228	<b>16</b> 	<b>17</b> <b>JOURNEY OF GRIEF</b> Aftercare Wellness Circle 530-8 (for past participants only) Laurie 228	<b>18</b> 	<b>19</b> 
<b>20</b> 	<b>21</b> Zoom / In Person <b>Super WOW</b> (Work on Whatever), 1-3, call Kimberly to register	<b>22</b> <b>Traditional Health</b> with Gerrard Sagassige, Kimberly for appointment <b>JOURNEY OF GRIEF</b> 7 of 8 5-8 Laurie 228	<b>23</b> <b>Traditional Health with Patricia Toulouse</b> , call Kimberly for appointment <b>Traditional Healers Welcoming Feast</b> 5-8, call Kimberly to register	<b>24</b> Zoom/In Person <b>Tea &amp; Talk</b> 1-3, call Kimberly to register Zoom <b>2 Spirit Indigiqueer Hangouts</b> 6-8 Kimberly	<b>25</b> 	<b>26</b> <b>Traditional Health with Patricia Toulouse</b> , call Kimberly for appointment
<b>27</b> <b>Traditional Health with Patricia Toulouse</b> , call Kimberly for appointment	<b>28</b> Zoom / In Person <b>Super WOW</b> (Work on Whatever), 1-3, call Kimberly to register	<b>29</b> <b>Jiibakwe Wiikongewin</b> (Spirit / Ghost Feast) 10—3, call Kimberly to register <b>JOURNEY OF GRIEF</b> 8 of 8 5-8 Laurie 228	<b>30</b> ZOOM/In Person <b>"Let's Bead"</b> 10—12 call Kimberly to register <b>BEAUTY FROM ASHES</b> (BFA) Aftercare Wellness Circle 5:30—8 pm (for past participants only) Laurie 228			

# THE JOURNEY OF GRIEF

## MONTHLY AFTERCARE WELLNESS CIRCLES



### FOR PAST PARTICIPANTS ONLY OF THE 8 WEEK PROGRAM

Past participants are invited to meet at the Lodge once per month to continue the conversations, continue the healing journey and stay connected with one another

~you are not alone~

- Variety of topics identified by you the participants
- Guest speakers
- Cultural teachings
- Interesting activities



#### Dates for October 2022 to March 2023:

5:30 – 8 pm  
Supper provided

Thurs Oct 27  
Thurs Nov 17  
Thurs Dec 15  
Thurs Jan 26  
Thurs Feb 23  
Thurs Mar 23

Contact Laurie at 705-946-5710 ext 228

## Beauty From Ashes

Reconciling our Past, Reclaiming our future.

Beauty From Ashes is a 5 1/2 day residential program for adults 18 years + who are ready to explore connections between childhood experiences and adult health, wellness and current behaviours

The program is offered three times per year using a cultural approach with Anishnawbek teachings, storytelling and sharing circles.

Two on-site programs are a collaboration between Dan Pine Healing Lodge and Maamwesying North Shore Community Health Services. The program will also be offered once per year virtually via Zoom.

Applicants outside our service delivery area will be accepted based on availability.

\*Residential delivery is pending provincial pandemic guidelines.

\*\*Participants are required to complete the one day virtual N'mekwendun workshop which focuses on creating awareness about the lasting impact of childhood trauma through a simplified approach.

5 1/2 PROGRAM RUNS  
SUNDAY TO FRIDAY

May 8-13, 2022  
residential SSM

Oct 16-21, 2022  
residential, Little Current

Feb 5-10, 2023  
virtual Zoom

For more information  
contact:  
Laurie Souliere  
Intake Worker  
Dan Pine Healing Lodge  
705-946-5710 ext 228  
lsouliere@grhc.ca

#### \*COST

There is no cost to attend the program. Travel to and from program site is at participant's expense.

#### \*CHILD CARE

Maamwesying receives Jordan's Principle funding through Nogdawindamin Family and Community Services, making it possible for us to offer (limited) childcare subsidy to our seven First Nation community members.



## N'mekwendun

NEW

Do you wonder if your childhood experience impacted you? Have you wondered how trauma affects the mind, body and spirit? Are you curious about the Naandwe Noojimowin 5 1/2 Day Program? Then join us for this informative workshop!

MAAMWESYING

FREE WORKSHOP: 9:00 a.m. – 3:30 p.m.

LOCATION:

N'mekwendun translation, "Thinking about something that has come up; to recall, to recollect or come to think of."

Via ZOOM VIRTUAL platform.

Join the Naandwe Noojimowin team at this virtual workshop for community members, front line workers and leaders. The workshop focus is to create awareness about the lasting impacts of childhood trauma through a simplified approach.

#### REGISTRATION REQUIRED

FREE to attend. Call for more information or a registration form.

Participants will be introduced to:

- How trauma/stress impact the mind, body & spirit
- Adverse Childhood Experiences (ACE) Study & Intergenerational Trauma
- Naandwe Noojimowin program background
- Explore how shame and anger are connected, and
- Childhood coping strategies that lead to communication styles that could cause difficulty in adult relationships.

#### WORKSHOP DATES:

- ❖ Fri. Apr. 22, 2022
- ❖ Fri. Aug. 19, 2022
- ❖ Fri. Nov. 18, 2022
- ❖ Fri. Jan. 20, 2023

Please join us at one of the four virtual workshops held annually.

#### Interested in NN Program?

\*Attending N'mekwendun is a requirement BEFORE attending Naandwe Noojimowin program.

Registration form available by request to Mental Wellness Minobimaadizing Program  
Toll-free 1-844-864-0523 or,  
mwmintake@mninoeyaa.ca



473B Hwy17W, Cutler, ON, P0P1B0  
Head Office: (705) 844-2021  
www.maamwesying.ca




Supported by:



Funding for Naandwe Noojimowin program has been provided by the provincial Local Health Integration Networks (LHIN)







# BEAUTY FROM ASHES

## Monthly Aftercare Wellness Circles

**Beginning Wednesday, October 26, 2022  
and every last Wednesday of each month  
5:30-8 PM  
Supper provided  
\*for past participants only\***

**Contact Laurie at 705-946-5710 ext 228 to register**

**A safe place to stay connected with each other;  
in spirit of healing and wellness**



### CIRCLE OF LEARNING

#### Our Ojibway Stories, History and Treaties Workshops for 2022-23

Facilitator: Carol Nadjiwon, BA, BEd, MA in American Indigenous Studies. Odawa, member Batchewana First Nation. Rooted in learning from elders and ceremonial life.

You are invited to learn and participate in our Circle of Learning Workshops about our Ojibway stories, history and treaties to be held **once a month on a Wednesday from October 2022 to December 2023 at the Dan Pine Sr. Healing Lodge from 5:30 to 8:00 pm with supper included.**

Indigenous Peoples have experienced life before contact and after contact. Colonization and racism of control created powerlessness. This included forced assimilation of the residential schools systems, denial of history, culture and economic social co-development. Learning about our past, present and visions for the future are important to our sense of identity, good health and good life.

**CONTACT LAURIE 705-946-5710 EXT 228 TO REGISTER**

No.	Date	Subject
1	Oct 12	Workshop Design and Definitions - Identity, Sovereignty, Cycle of Oppression; Worldview and Spirit
2	Nov 9	<b>Before Contact</b> - Clans, Wampum Treaties - 1 Spoon 1 Dish, Two Row Wampum, Covenant Chain
3	Dec 7	Winter Story Telling by Participants and Winter Celebrations - Bring a favourite dish to share!
4	Jan 18	<b>After Contact</b> - 1701 Grand Peace Treaty, 24 Nations Wampum Belt
5	Feb 15	Treaties - War of 1812 and Impact on Ojibway life
6	Mar 8	1850 Huron and Superior Treaty - Shingaukose, 1848 Petition
7	Apr 5	1859 Pennefather Treaty - Batchewana, Garden River, Thessalon
8	May 3	<b>Colonialism and Control</b> Doctrine of Discovery, Historical Timeline, Indian Acts, Residential Schools
9	June 7	Mid Evaluation and Discussion
10	Aug 2	<b>Decolonization</b> Historical Timeline, Petitions for Justice, Opposition to White Paper, 1980 Declaration of First Nations, 1982 Constitutional Reform., 1850 Treaty Annuities Court Decision in 2018
11	Sept 13	1991 to 1996 Royal Commission on Aboriginal Peoples and Report submitted in 1996, 2008 to 2015 Truth and Reconciliation Commission and 94 Calls For Action
12	Oct 4	Human Rights - International Rights of Indigenous People
13	Nov 1	Stories, Dreams and Feast for our Relations
14	Dec 6	Overall Evaluation, Feast and Circle

### Gshkadin – Giizis Freeze Up Moon November 2022 Programs

Traditional Helper Kimberly Pelletier, Dan Pine Healing Lodge, kpelletier@grhc.ca 705-946-5107 ext. 215

#### Zoom Super WOW (Work On Whatever) Mondays 1 – 3

Share what projects you are working on. Learn some new skills & make new friends. What will you be working on? What would you like to be working on? Please invite your buddies. The last session (28) will be the November Full Moon Paint event. Program supplies not provided. This is in person or virtual. **November 7, 21, & 28, 2022,**

#### Zoom Mazinigwaaso Maawanji'iwe

##### "Let's Bead" Wednesdays 10 - 12

Come join virtually or in person as we all craft our beading projects from your own supplies. If there is something that you want to learn, let me know. We can work on it together. **November 2, 9, & 30, 2022**

#### Zoom Aniibish miinawaa Gaganoonidi-wag "Tea & Talk" Thursdays 1 – 3 pm

Pull up a chair, grab your blanket, pour yourself a cup of coffee, tea, or something, & grab a snack. Join us as we chat, visit, craft, hang out or whatever. **November 10 & 24, 2022, 1 – 3.**

#### Monthly Men's Night

Join us for our monthly meeting at the Dan Pine Healing Lodge. This is an in-person event. Dinner will be provided. This event will be facilitated by Gerrard Sagassige. There are a limited number of participants for all sessions at the Dan

Pine Healing Lodge. Please call, message, or email me to sign up. **Thursday November 3, 2022, 5 – 8 pm**

#### Traditional Medicine Practitioner

**Patricia Toulouse** - Traditional medicine packs available: Detox / Flush Blood & Organs, Building, Nighttime Tea, Addictions / Withdrawal, Pain / Respiratory, Skin Salve, & Cough / Cold / Flu / COVID 19. Packs have been made by Patricia Toulouse, Mamaweswen, Traditional Medicine Practitioner. She will be seeing community members in person. Please call, message, or email for an appointment. **November 23, 26, & 27, 2022.**

#### Zoom 2 Spirit Indigi-Queer Hangouts

Join us for our monthly hangout (Thursday) We are creating a 2 Spirit, Queer, Trans, Indigenous support network / society throughout Bawating & region. Keep an eye out for our new logo & Anishinaabemowin name!!! See the poster below for 1 Day 2 Spirit Conference. **Thursday November 24, 6 – 8 pm**

#### Traditional Medicine Practitioner

##### Gerrard Sagassige

His teachers include. Louis Day (Serpent River), Ron Wakekejig (Wikwemikong Unceded Territory), Leo Elijah (Territory of the Oneida), & Dayhunnee Sunray (Vermont, USA). He is a Traditional Bundle Carrier. His work includes ceremonies:

Sweat Lodge, Naming, Clans, Colors, Cleansing, Wiping of the Tears for Mourning / Grief, Wedding, & Passing Over. Please email for an appointment. **November 3. 4. 5, & 6, 2022**

#### Traditional Healers Welcoming Feast

Join us as we welcome the Traditional Practitioners Patricia Toulouse from Atikameksheng FN & Gerrard Sagassige from Curve Lake FN. Dinner will be provided. There are a limited number of participants for all sessions at the Dan Pine Healing Lodge. Please call, message, or email me to sign up. **Wednesday November 23, 2022, 5 – 8 pm**

You can also add me on FB:

**Kimberly Pelletier Sadigijewegjig.**

Also add yourself to my FB group:

**Ontario Indigenous Trainings & Conferences.**

We are all trying our best to make sure that everyone has access to necessary services. All in person programs will be by pre-registration only. There will be limits on the number of people can be in attendance of in person programs. I am looking forward to adding online, in-person, & hybrid programs.

I will be taking November 14 – 18 off.

~ Kimberly



## Miijim Gaamig



### "Christmas Cheer - 2022"

## MIIJIM GAAMIG

(Garden River NIIGAANIIN Program Food Bank)

**Is now accepting applications**

**Registration Deadline: Fri. Dec. 2, 2022**

**Delivery Date: Wed. Dec. 7, 2022**

\*To register/further information, please contact  
Michelle @ the Garden River Food Bank

(705) 946-6300, Ext. 227  
Monday - Friday, 8:30 am - 4:30 pm.

\*Must live on the Garden River First Nation  
and provide Income Verification\*

**Volunteers Needed for Delivery!!!**



### Hours of Operation

Monday 9:00 am - 4:00 pm  
Tuesday - CLOSED  
Wednesday 9:00 am - 4:00 pm  
Thursday - CLOSED  
Friday - 9:00 am - 4:00 pm

PLEASE NOTE: CLOSED (12:00 - 1:00 pm)

### SUMMMER HOURS - June - September

Regular Hours except on  
Fridays: 9:00 - 12:00 pm - CLOSED in Afternoon

Food Bank access is limited to one visit per month

For Further information, please contact Michelle @ MIIJIM GAAMIG  
(705) 946-6300 Ext.# 227

\*Food and Monetary Donations are always greatly appreciated\*



## Community



## Public Works



The Garden River First Nation  
Transfer Station located at 216  
Noonday Drive is **OPEN**

**TUESDAY, 9 am—5 pm**  
(Closed 12-1 pm for lunch)  
**WEDNESDAY, 9 am—5 pm**  
(Closed 12-1 pm for lunch)  
**THURSDAY, 9 am—5 pm**  
(Closed 12-1 pm for lunch)  
**FRIDAY, 9 am—5 pm**  
(Closed 12-1 pm for lunch)  
**SATURDAY, 9 am—5 pm**  
(Closed 12-1 pm for lunch)

**CLOSED SUNDAY AND MONDAYS**



**IMPORTANT  
NOTICE**



\$25.00 per table / Per day  
\*table / chair available  
\*electrical / freezers spot available

Made with PosterMyWall.com

**CRAFT FAIR Organizer For Info email at**  
**deni\_pine@hotmail.com**





GRFD is renewing their First Aid and CPR basic life support certification. Training supplied by the Ministry of Health.

GRFD would like to thank [Six Nations Fire and Emergency Services](#) for donating smoke alarms to our community. Please stay tuned as Garden River Firefighters will be around to drop them off at your homes. If you need help with installing, please call the Fire Department and we will send one of our Firefighters over to help!

Thank you Mississauga Fire Department and Frank Gionette for the fire truck donation. We'll be putting this truck in service as soon as possible.



GRFD with 4 New 3M Scott Air-Pak X3 Pro SCBA's



New Cascade System SCBA bottle filler ready to go for the Fire hall!



Photo credits/comments from GR Fire & Emergency Services Facebook page.





**NEW Fabulous 50 YEARS OF Rock & Roll Bingo**

**Doors open @ 6pm**  
**Bingo starts @ 8pm**  
 \$100.00 Advanced tickets  
 \*4 strips\* & Entrance to \*Door Prize\*  
 (Mega Monster Bingo Ticket!)  
 Extra Strips in advanced \$25.00 each  
 \$40.00 / strip at the Door

Reserved Seating available with purchase of Advance Tickets.  
 (\$5.00 or 50 POINTS)  
 Advanced Tickets on Sale:  
 October 1, 2022 -  
 December 28, 2022 @ NOON

16 page bundle includes all specials and regular games.  
 (all you need to purchase is your Toonie stamp, Mini's, U-Pik-Em, Late Bird & Digi Balls)  
 Extra Specials are \$2.00 each

205 Yvette LaRue Rd, Garden River ON, PoA 6Z6 (705) 253-8718 ext. 227 or 234. Info at grfnbingo.com

The **BREAK** will be approx. 45 mins long. Five (5) people will have a chance at PLINKO. Each has a chance to win up to **\$100.00 BINGO BUCKS**. There will also be a "BEST DRESSED" Draw and Player's Club Draws (BINGO BUCKS)

**December 31st 2022**

# ATTENTION CUSTOMERS

## \$ NEW MONEY POTS \$

### STARTING NOV 7th 2022

\* Separate MONEY POTS for the following bingos ...

**12:45pm Matinee >>> will have its' own boards**  
**Bingo** (Twoonie, Second ch., 4Ball)

**6:30pm Main >>> will have its' own boards**  
**Bingo** (Twoonie, Second ch., 4Ball)  
**"IN HALL & ONLINE"**

**\*\*SuperJP stays the same for both sessions\*\***

**both sessions Sunday >>> will have its' own boards**  
**Bingo** (Super, Twoonie, Second ch., 4Ball)  
**"NO ONLINE"**

**\*\*TP&UPIK is the same for ALL sessions\*\***

**August 29th**  
**\$5 ea.**

**~DRAWN WEEKLY**  
**MONDAYS @ 3PM**

**~EMTs ARE ACCEPTED**  
**ace@grfnbingo.com**

**INCLUDE: Name, Phone#, Envelope#**

**CASH & CREDIT CARD ALSO ACCEPTED**



**PROGRESSIVE POT**  
**STARTING AT \$6632**

**PLAYING OUT PREVIOUS EXISTING JACKPOT**

**CHOOSE DEALER**





# NOVEMBER & DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 CATCH THE Ace is Back!		1 MATINEE, PAY AS YOU PLAY & MAIN	2 Player's Club Day MATINEE, PAY AS YOU PLAY & MAIN	3 MATINEE, PAY AS YOU PLAY & MAIN	4 MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS	5 MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS
6 No Online MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS	7  CATCH THE Ace MATINEE & MAIN	8 MATINEE, PAY AS YOU PLAY & MAIN	9 Player's Club Day MATINEE, PAY AS YOU PLAY & MAIN	10 Double Points MATINEE, PAY AS YOU PLAY & MAIN	11  Get We Target MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS	12 MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS
13 No Online MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS	14  CATCH THE Ace MATINEE & MAIN	15 MATINEE, PAY AS YOU PLAY & MAIN	16 Player's Club Day MATINEE, PAY AS YOU PLAY & MAIN	17 MATINEE, PAY AS YOU PLAY & MAIN	18 MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS	19 MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS
20 No Online Double Points MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS	21  CATCH THE Ace MATINEE & MAIN	22 MATINEE, PAY AS YOU PLAY & MAIN	23 Player's Club Day MATINEE, PAY AS YOU PLAY & MAIN	24 MATINEE, PAY AS YOU PLAY & MAIN	25 MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS	26 MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS
27 No Online MATINEE, PAY AS YOU PLAY, MAIN & NITE OWL SESSIONS	28  CATCH THE Ace Staff Training MAIN BINGO ONLY	29 MATINEE, PAY AS YOU PLAY & MAIN	30 30x \$1000 (each prob) 2x \$1000 (each prob) Player's Club Day MATINEE, PAY AS YOU PLAY & MAIN	 GARDEN RIVER BINGO Capital of the North	 BINGO Player's Club Day free strip day	 BINGO Player's Club Day free strip day

**BINGO HOTLINE (705) 253-8718 PRESS #1**





# H.R.



# GRFN C.T



"Human Resources representatives Jessica Roach and Jayselen Moore at the October 26, 2022 job fair held at the Community Center in Garden River." Submitted by Vance Boyer



endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.



## COMMUNITY TRUST

"Strength from the Past, Integrity of the Present, Respect for the Future"

Ph: 705-206-7525  
Email: grfntrust@gmail.com

c/o 6 Shingwauk Street  
Garden River, ON P6A 6Z5

"1994 – 2022: Celebrating Community Engagement:  
Garden River Membership Approved – Trust Funded!"

### NOTICE OF VACANCIES & PRIORITY LIST -- OPEN UNTIL FILLED

1. Are you: A) trustworthy and honest?  
B) over the age of 30 years on commencement of term as Trustee?
2. Can you make: C) time commitment of a minimum of 5 hours per month?  
E) sound judgments?
3. Would you: F) help others in your role as a Trustee?  
G) maintain loyalty to the Trustees, AND a higher loyalty to the Garden River First Nation (GRFN) Band members (beneficiaries), both present and future generations?

If you have answered YES to all of the above, Garden River band members should submit your resume and cover letter to the address below. Interviews will be scheduled for those applicants who meet the qualifications. Successful candidates would be entered onto a priority list for vacancies that occur within the Garden River First Nation Community Trust, whose purpose is:

"...the Trustees...will manage the Trust Property in a wise and prudent manner, and that the management of the Trust Property may include...investing and expending the Trust Property in ways that are to the greatest benefit to the people of GARDEN RIVER FIRST NATION, both those alive at the time this Trust Agreement is made and the future generations."

Interested Garden River Band members are invited to submit a letter and resume to:

Alanna Jones, Trust Manager  
Garden River First Nation Community Trust  
c/o 6 Shingwauk Street  
Garden River, ON P6A 6Z5  
Email: grfntrust@gmail.com

#### NOTES:

- a. Meeting criteria within Trust Agreement and interview process, appointments as Garden River Trustees are conditional upon submission of:
  - a. clear Criminal Reference Check
  - b. clear/negative bankruptcy/credit check
  - c. signed Code of Conduct
  - d. Three (3) forms as required corporate trustee

For more information, please call Alanna at (705) 206-7525, or email [grfntrust@gmail.com](mailto:grfntrust@gmail.com).  
Posted June 14, 2022



**Erica Ehm**  
Entrepreneur and family caregiver

## Plot a surprise pick-me-up

The Ontario Caregiver Organization just launched an important initiative and we need your help. Tell us about a family caregiver who can use a boost of kindness. We might get to collaborate on a way to make things a little easier.

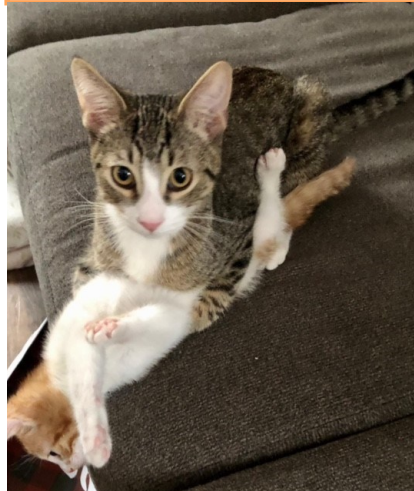
[UnderCoverKindness.ca](https://UnderCoverKindness.ca)



the  
undercover  
kindness  
project



## PETS!!!!



Top kitty - Linc

Bottom kitty Brave

Brotherly love, Linc giving his brother a hug  
René Belleau (Human Mom)



Best friends

Linc & Brave

Having a nap together!  
Brotherly love  
René Belleau (Human Mom)





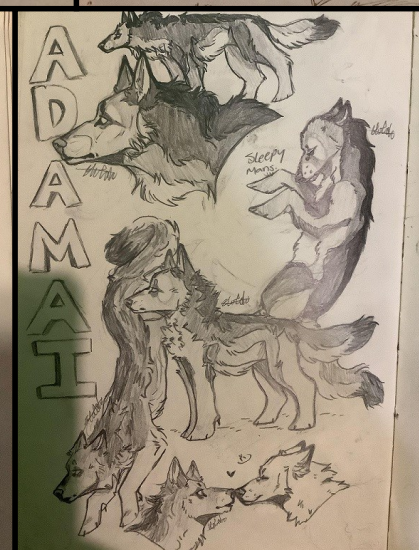
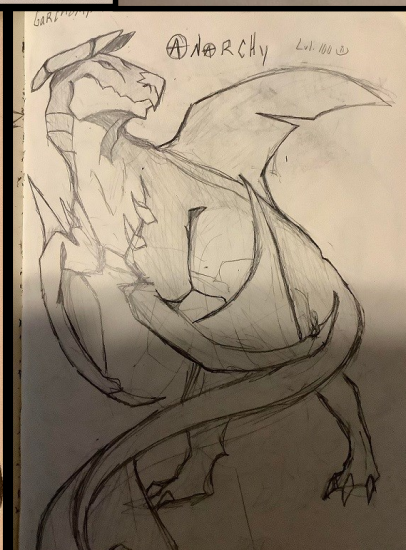
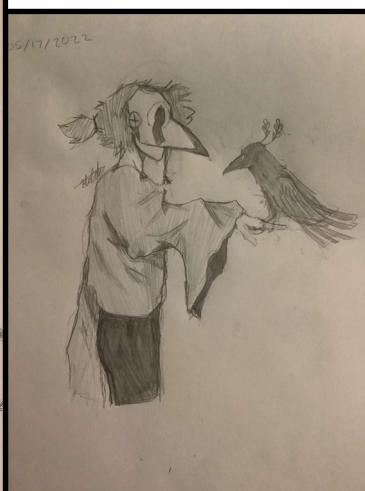
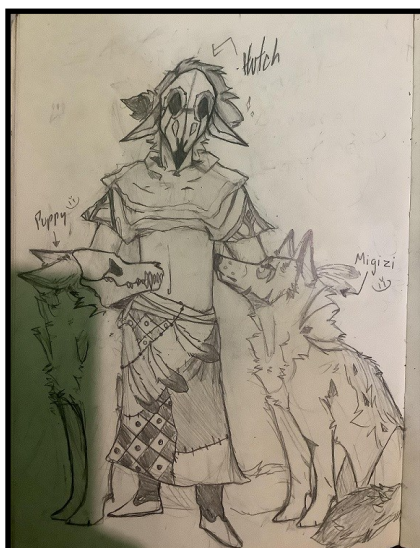
# Artist Showcase



This month's featured Artist is: Makiya Cada!

"Hi my name is Makiya Cada I am 13 years old. My parents are Amanda Solomon and Ty Cada and my grandparents are Donna and Nick Solomon. I have been drawing for about 3-4 years." Makiya Cada :)

Miigwetch Maikiya for sharing your art with us!!  
Keep an eye out for other featured artists!!





GRFN Chief & Council Portfolio Holders	
Chief Andy Rickard	Community Trust, NSTC, Robinson Huron Treaty Trustee
Councilors	Portfolio
Tim Johns Jr.	Community Safety, Educational Programs, Infrastructure, Social Services
Darwin Belleau	Administration, Business, Infrastructure, Lands & Resources
Brandi Nolan	Administration, Business, KGPI, Lands & Resources, Nogdawindamin
Cindy Belleau-Jones	Business, Governance, Infrastructure, Membership, Nationhood, NSTC, APS
Dan Tice	Community Safety, Governance, Social Services, KGPI, Business
Trevor Solomon	Community Safety, Administration, Lands & Resources
Chris Thibodeau	Business, Lands & Resources, Social Services
Tyler Pine	Education, Governance, Nationhood
Kassidy Armstrong	Community Safety, Governance, Indigenous Women Anti-Violence Task Force, Nationhood
Chester Langille	Community Safety, Education, Nationhood
Albert Williams	Administration, Infrastructure, Social Service
Karen Bell	Educational Programs, Infrastructure, Nationhood, Environmental Committee

#### GRFN Community Newsletter Contact Information

Irene M. Gray, Resource Centre Coordinator  
 GR Education/Recreation Centre 48 Syrette Lake Road, G.R., ON P6A 7A1  
 Phone: 705-946-3933 Ext 210, Fax: 705-946-0413  
 Email: irene.gray@gardenriver.ca Website: <https://urlis.net/xvdb0>

## Garden River First Nation

### Mission Statement

In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.

**N'bwaakaawin—Wisdom**

**Zaagidwin—Love**

**Mnaadendmowin—Respect**

**Aakdehewin—Bravery**

**Gwekwadziwin—Honesty**

**Dbaadendizin—Humility**

**Debwewin—Truth**

### December 2022 Newsletter

#### Submission Deadline:

**November 25, 2022**

## Anishinabek Police Service

**1-888-310-1122**



Please call **1-888-310-1122** when you need to make a report with your local APS detachment.

Avoid using the local administrative lines unless it is for Criminal Records Checks or to reach our Court Administrators.

Our offices are not staffed 24/7. Officers are on the road and unable to check voice messages.

When you call the dispatcher they will automatically create an occurrence report and it will be given to an APS officer.

Remember that dispatchers are not from the community and will ask you questions, please be patient as it is their job, and it is for everyone's safety.  
 Miigwech for your understanding.

Freezing Moon  
November 2022



**Baashkaakodin-Giizis**

