

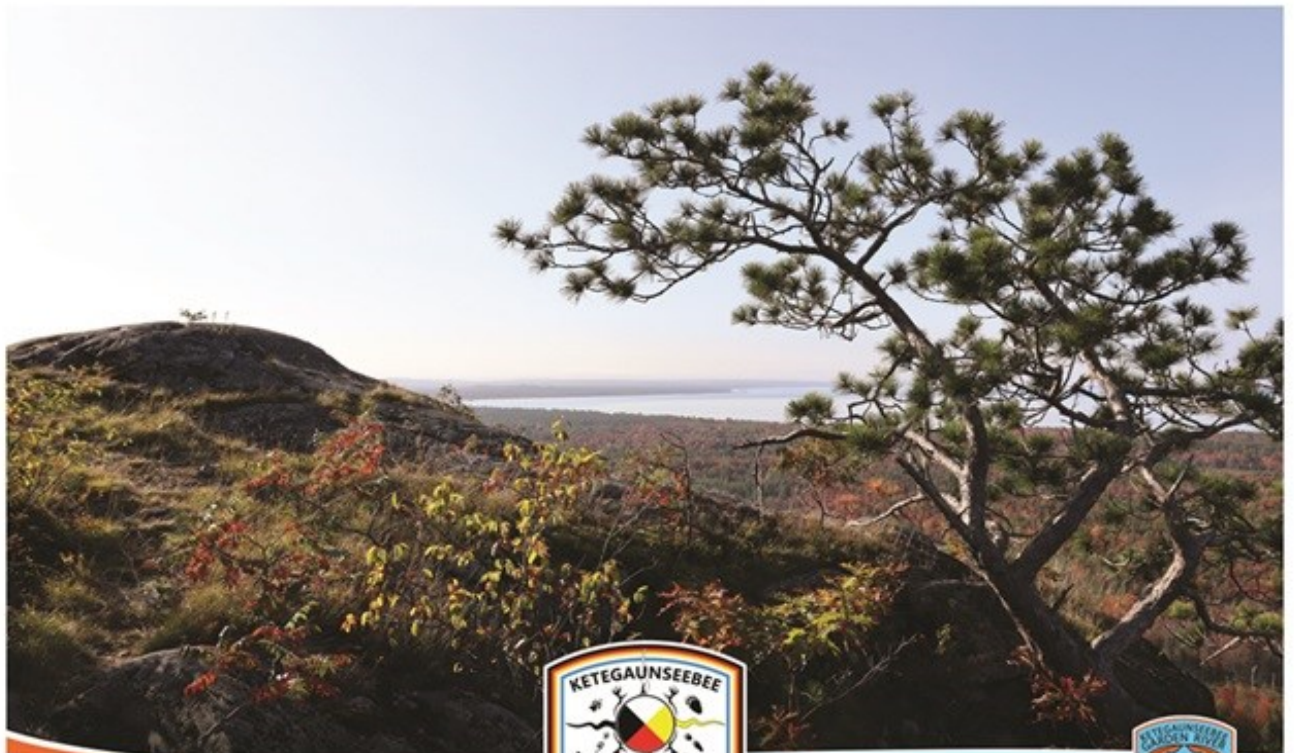


Ketegaunseebee - The Creator's Garden

Garden River First Nation Community Newsletter

March 2024

Snowcrust Moon
Onaabodin-giizis



LANDS DEPARTMENT COMMUNITY GATHERING

MARCH 7TH, 2024

Community Centre

BOOTHS &
PRESENTATIONS
FROM:

- GRFN Lands & Resource Department
- Algoma Highland Conservancy
- Department of Fisheries & Oceans
- Great Lakes Forestry Centre

5 PM
5:45 PM

Indian Taco Dinner
Presentations & Project Updates

CONTACT:
AARON JONES

ajones@gardenriver.org | (705) 253 0225 x 201



Chief's Address



Chief's Newsletter Address for March. Aaniin,

This month's letter sadly must start out in a somber tone as I offer sincere condolences to the Pine family on their loss of Elder Dan Pine Jr (aka Danny Boy), and his daughter Maureen Pine. The nation mourns the loss of these two loved members of Garden River.

March is officially around the corner, and after the warmest winter we have ever had on record has passed. Caution is being spread while out in the bush, and on the ice. These warmer than usual higher temperatures will force hungry bears out of hibernation earlier this year, so be aware. Once a bear determines a constant food source, it will keep showing up and can become aggressive or nuisance when the food is not available.

When dealing with hungry wildlife, keep in mind the old conservation rule of "A fed wild animal, is a dead wild animal." When we feed wild animals, they start to depend on us as their food source and stop foraging for themselves. It may seem like you are helping that animal at the time, but you are training that animal to rely on you for their food. You are also encouraging them to forget their natural instincts to find their own food. Please be mindful of feeding any wild creatures.

February 14th was a busy day that started out at the Sault Ste Marie Courthouse with a large group of people voicing their support by calling for more action and better representation regarding murdered and missing Indigenous women (MMIW2spirit people). Much has been done but there is still more that can be done. I was there as a representative of Garden River and guest speaker to address how we need to step up our efforts to protect our most vulnerable Indigenous people. More safe spaces, more affordable housing, more awareness, and more protections need to be put in place to stop our people from falling through the cracks and losing them to drugs, alcohol, incarceration, sex trafficking or worse. We have made some progress but have more advocating to continue this work.

Our Monthly Community General Meeting took place on the evening of February 14th

at the GRFN Community Centre and had over 80 people attending in person with about 40 attending virtually. The focus during this meeting was for Hydro One to share information with regards to the new power lines that will possibly be running through (or near) Ketegaunseebee territory. The project has the potential for GRFN to be in a partnership with Hydro One along with 7 other Nations, forming a business entity known as "Waasmowin" which would bring revenue and potential jobs. It was just a chance for Hydro One to come and present their case as to why we should work with them. No agreements were made, only information shared. Many negotiations and talks will need to take place before any decisions are made regarding this partnership.

This past month saw The Grassroots Grannies pass through the city of Sault Ste. Marie on their fundraising bike ride to Ottawa. The Grannies are a homegrown grass roots movement that started in Alberta with only a few members, but now the group has thousands of Grassroots Grannies across Canada, all of whom are organizing on a local level. Walks, rides, and fundraisers all to raise money for various non-profits, good causes, and charitable foundations. I encourage you to check them out online at grassrootsgrannies.com, if you would like to donate to their cause, or volunteer at any of their next events. The Grassroots Grannies are a fantastic example of an organization doing great work for less fortunate people across the world. It just shows how fast a movement can pick up speed and momentum, when good intentions are a core value. Go Grannies Go!

Members from The Robinson Huron Treaty Litigation Mitigation Company (LMC) were in the territory to facilitate RHT Community Engagement Sessions on Feb.20th here in Garden River, and on the 21st in the city of Sault Ste. Marie. Both sessions were near capacity for attendance, with hundreds attending in person and between 100 – 300 watching virtually via Zoom link. We tried to get everyone onto the zoom link but apologize if you were not able to connect. The videos of the meetings will soon be published for members to access and review through the GRFN portal which officially launches this March.

(Email communications@gardenriver.org with your birthdate, GRFN card number, and your full name to register for portal access.)

Some hard questions were asked at these sessions, and we welcomed the fact that honest answers were provided. We all learned a little bit more about how the process is working. And though it appears that the process may be moving slowly, it is moving faster than it ever has in the past 150 years. We as GRFN people are in uncharted territory right now and must be careful regarding any choices that are being presented, or decisions being made. This leadership has not made any decisions yet, but as was mentioned at the sessions, "...there are possibilities open to us (GRFN), that were never there before". If we work together to decide carefully as a Nation, we have a chance to make some impactful decisions that could greatly benefit our community and people for years to come.

In closing I would like to wish the best of luck to all our little NHL hockey players playing from Garden River First Nation or any other Nation. It is the 50th anniversary of the little NHL tournament taking place in Markham Ontario during that week. Thanks to LNHL for 50 years of keeping the spirit of hockey alive in Canada. To all our Garden River athletes, we hope you know that your community is behind you and cheering for you to go all the way to the finals! Giver, Giver, GARDEN RIVER!

I would also like to take a moment to remind members to not share/submit any banking information until the request has been officially made by GRFN. If you are unsure or worried about anything you hear out there, you can always email communications@gardenriver.org to ask for clarity. Please use caution if someone reaches out to you for personal information or offers you deals.

Miigwetch and have a wonderful month.

Ogimaa Kwe Karen Bell



GRFN Chief & Council Portfolio Holders	
Chief Karen Bell	karenbell@gardenriver.org
Councillors	Email & Portfolio
Kari Barry	councillorbarry@gardenriver.org Educational Programs, Governance, Nationhood
Darwin Belleau	councillorbelleau@gardenriver.org Administration, Business & Community Development, Capital Infrastructure, Lands & Resources
Kristy Dawn Jones	councillorkristyjones@gardenriver.org Administration, Business & Community Development, Lands & Resources
Lee Ann Gamble	councillorgamble@gardenriver.org Educational Programs, Capital Infrastructure, Social Services
Travis Jones	councillortravisjones@gardenriver.org Business & Community Development, Capital Infrastructure, Lands & Resources
Chester Langille	councillorlangille@gardenriver.org Administration, Governance
Luanne Povey	councillorpovey@gardenriver.org Educational Programs, Governance, Social Services
Candace Sim	councillorsim@gardenriver.org Administration, Governance, Capital Infrastructure, Social Services

Garden River First Nation Mission Statement

In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental and spiritual well-being of all members.

N'bwaakaawin Wisdom	Mnaadendmowin Respect
Zaagidwin Love	Aakdehewin Bravery
Debwewin Truth	Gwekwadziwin Honesty
	Dbaadendizin Humility

Garden River First Nation Chief & Council Portfolio Information

Administration: Administration, Finance, Human Resources

Business & Community Development: Business Entities, Community Development

Educational Programs: Child Care Centre, Education, Language

Governance: By-Laws, Governance Committee, Alternative Dispute Resolutions, Membership Committee, Fire Department, Policing, Pandemic & Emergency Response, Cannabis Commission and Tobacco Working Group

Capital Infrastructure: Capital Projects, Housing, Public Works, O&M

Lands & Resources: Mining, Fish & Wildlife, Forestry, Environment, Lands & Estates

Nationhood: Culture/Language, Treaties, Off-Reserve, Special Events, Youth & Elders

Social Services: Child & Family Services, Health, Niigaaniin

Garden River First Nation Chief & Council Assignments

Organization	Internal/External	Council
Belleville Project Board of Directors	Internal	Kristy Jones
Cannabis Commission	Internal	Chester Langille
Environmental Committee	Internal	Travis Jones
Governance Committee	Internal	Chester Langille, Kari Barry, Luanne Povey, Candace Sim
Justice and Alternative Dispute Resolution	Internal	Chester Langille, Luanne Povey
Ketegaunseebee General Partnership Incorporation	Internal	Chief Karen Bell, Kristy Jones, Travis Jones
Membership Committee	Internal	Candace Sim
Tobacco Working Group	Internal	Darwin Belleau, Travis Jones
Anishinabek Police Services Board of Directors	External/Paid	Chief Karen Bell, Kari Barry
Anishinabek Nation Gas and Tobacco Steering Committee	External	Lee Ann Gamble
Indigenous Woman Anti-Violence Task Force	External	Lee Ann Gamble
Nogdowindamin Board of Directors	External/Paid	Lee Ann Gamble
North Shore Tribal Council Board of Directors	External/Paid	Chief Karen Bell, Travis Jones
Robinson Huron Treaty Trustee	External/Paid	Chester Langille
SSM Community Economic Development Initiative (CEDI)	External	Darwin Belleau, Kristy Jones
SET	External	Kari Barry, Travis Jones
SKG	External	Candace Sim



Wiindamaage



Happy Champagne Birthday to our daughter Raghan Pichette , March 26th

Happy Birthday to Forrest Jones, March 17th

Happy Birthday to Ashley Boissoneau, March 06th

Happy Birthday Auntie Rose, March 30th

Happy Birthday to Tara Belleau March 20th

Happy Birthday to Tim Pine, March 17th

Happy Heavenly Birthday to my Mom, Alice Jones March 25th

Love Trixie & Family



Congratulations to our White Pines senior girls volleyball team on a great season ! We are proud of you 🐾💚🏐

Happy birthday to our brother Devin Bailey-Jones, we're so proud of you!

Love your sisters ✨

Happy Birthday to our best friend/ Auntie Rags, We love you forever xoxo

Mic, Nova and Ni



Happy 11th Birthday Langston

March 14

My athletic girls makes her 11th lap around sun !

Wishing you an adventurous year ! Filled with love &

laughter 💖 We love you so much !! Mom, Dad, Journ, Jacoby, Sh'kionn & Misko !

Congratulations East View Eagles!

Senior girls taking the CHAMPIONSHIP TITLE @ White Pines Volleyball Tournament (Feb 9 ,2024)

Facebook March Birthdays!!

Josh Belleau
Kelvin Boissoneau
Charlene Howard
Marie T. Pine
Lacy Belleau
Spencer Pine
Dan Anung Mantiou Tice
Makadae-Makoons
Waikquakmic
Devin Bailey
Ron Rickard
Cheryl Boissoneau
Emily Pine
Mare K Mc
Tiff Bell
Taff Jones
Laurie Jane

Cheyote Lothrop
Forrest Issac Jones
Natalie Pine
Jay Jones
Brook-Lynn Boissoneau
Melanie Marie
Kyle Grawbarger
Krista Covert
Cain Nolan
Malz Lesage
Gavin Pine
Lorinda Nolan
Nibi Mshkiki Sutherland
Louttit
Gerry Lesage
Josie Blue
Hill Michaela



Miijim Gaamig



Great things to donate to GRFN-MIIJIM GAAMIG Food Bank

- 🍷 Peanut Butter & Jam
- 🍷 Pasta (dry or canned)
- 🍷 Pasta Sauce
- 🍷 Canned Tomatoes
- 🍷 Tuna or Salmon
- 🍷 Other canned meats: chicken, ham or turkey flakes
- 🍷 Kraft Dinner, Sidekicks, Mr. Noodles
- 🍷 Hot & Cold Cereal
- 🍷 Canned Soup
- 🍷 Rice/Flour/Oatmeal
- 🍷 Coffee (instant or ground)
- 🍷 Tea
- 🍷 Juice Boxes

Money and Food Donations are greatly appreciated and can be dropped off at Miijim Gaamig Food Bank located at the GRFN Band Office



MIIJIM GAAMIG
TOOQ HOOSK

Hours of Operation

Monday—9 am—4 pm
Tuesday—CLOSED
Wednesday—9 am—4 pm
Thursday—CLOSED
Friday—9am—4 pm

PLEASE NOTE: LUNCH CLOSURE (12-1pm)

Food bank access is limited to one visit per month

MIIGWETCH FOR YOUR SUPPORT

Further information, please contact Michelle @ MIIJIM GAAMIG (705-946-6300 ext 227)



As the weather begins to warm and the snow begins to melt, we at the Community Development department want to remind the community about the wonderful Ojibway Park Nature Trail. In 2014, the development of the 2-kilometer granular trail began throughout the westerly portion of Ojibway Park, focusing on the preservation of natural aquatic and land ecosystems. The main priority is to ensure the trail serves as an educational experience for all Garden River First Nation members and to the public as it relates to Ojibway culture, language and traditions while protecting the sensitive area. The location of the trail is at the east end of the community; this location has proven to inhabit a variety of species on and off land including, but not limited to: moose, bald eagles, peregrine falcons, eastern meadowlarks, lake sturgeon, hill's thistle, Houghton's goldenrod, and the Blanding's turtle. All these species are identified as species at risk. Ojibway Park was originally set aside for the women and children of Garden River First Nation as a traditional site for harvesting medicinal plants and vegetation. Ojibway Park was eventually classified as a Sensitive Area due to the natural features and ecological function of such significance that warranted their protection.

elevated boardwalk to the scenic lookout and a 36-meter bridge were constructed in 2021.

In May of 2023 expansion of existing 2.1km Nature trail leading from Trans Canada Trail to loop directly into Ojibway Park Campground, gazebo and scenic lookout area was completed. Due to the existing terrain the project included 277 meters of granular surface for a walkway using TerraWeb to stabilize the land base. The granular walkway connects to the 36-meter bridge, 30 meters of elevated boardwalk (with helical piles due to soft surface) and 52 meters of boardwalk to fully connect the

main path to the Ojibway Park amenities as part of the Trans Canada Trail. Late 2023 saw the continued expansion of the nature trail. This expansion included an additional 60-meter raised accessible ramp to connect directly to the scenic lookout so everyone could access the trail. While the trail is open to all users there are some guidelines to remember that ensure the trail remains healthy and clean for years to come: No ATVs, no refuse on site (picking up after yourself) and picking up dog droppings.

Miigwetch and Happy Trails!



In 2014 construction began for a 2.1km granular trail that would be developed in phases. This trail is a loop off the Trans Canada Trail that traverses through Garden River First Nation throughout the westerly portion of Ojibway Park. This phased development saw the trail expand from a granular loop to an extension of granular to raised walkways, boardwalks, and scenic lookouts. In 2017 the Ojibway Park lookout gazebo and beach pavilion were constructed. 2019 saw flooding in the nature trail wetlands that would need remediation. In 2020 Garden River built 75-meter boardwalk over wetland area with an additional 33 meters of packed granular surface in the original 2.1 km nature trail. Due to existing soil and terrain conditions, a 30-meter



Chief Karen Bell welcomes O.P.P. Provincial Liaison Team to Ketegaunseebee.

The OPP Provincial Liaison Team (PLT) stopped by for a visit to Garden River First Nation and showcased their new orange police vehicle marked 21-215. The numbers are in remembrance that in 2021, in Kamloops BC, 215 unmarked graves were uncovered at the site of a former residential school where hundreds of indigenous children attended. The colour orange is the official colour of the, **Every Child Matters** movement which seeks to find all the unmarked graves left behind by the dark legacy which was Canada's residential school system.



OPP Constables John Hill (pictured here with Chief Karen Bell.) and Pete McKee assigned to the Ontario PLT for this region, stopped by for an outreach visit. There are specially trained police officers comprised of OPP, municipal, and First Nation officers who are assigned to meet with, and dialogue with, members of the public at times of unrest, strikes, protests, sit ins, roads blocks, etc. Part of their mandate includes active outreach to communities including First Nations, to ensure that peaceful and lawful events take place along with the recognition of the legislated charter rights and freedoms are shared and applied to minimize undue confrontations.

OPP COMMITMENT TO TRUTH AND RECONCILIATION.

*** Copied directly from the pamphlet. (Art by Nadia McLaren – Oil on wood.)*

The Ontario Provincial Police (OPP) is committed to building trust and confidence with indigenous communities. OPP members across the province are working to repair and strengthen relationships through local and organizational initiatives aligned with responding to the *Calls for Action* from the Truth and Reconciliation Commission of Canada and the *Calls to Justice* from the National Inquiry into Missing and Murdered Indigenous Women and Girls.

As part of the OPP's dedication to reconciliation, co-development strategies are being used to ensure changes made to policies, procedures and practices that affect indigenous peoples are guided by Survivors, Elders, Knowledge Keepers and Indigenous community members.

Submitted by:
Chief Bell

OPP TRUTH AND RECONCILIATION VEHICLE



OPP COMMITMENT TO TRUTH AND RECONCILIATION

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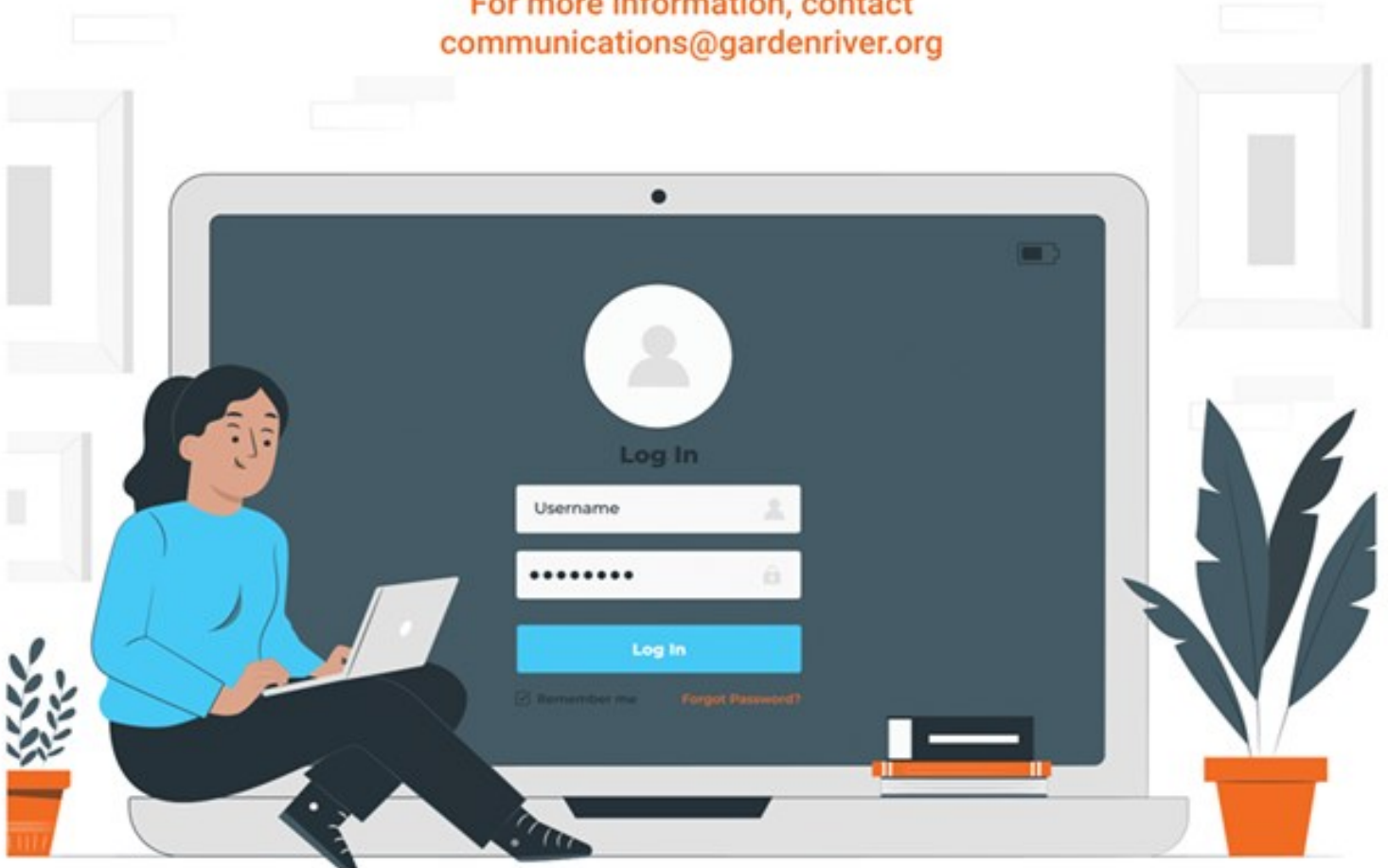
For Garden River First Nation Members

MEMBERS ONLY PORTAL

Launching Soon!

In order to register and verify membership,
we need to have **full name, date of birth,
membership number, and email address.**

For more information, contact
communications@gardenriver.org





Human Resources



Congratulations to Robyn Hache!!

She has been nominated by one of her peers for the 2024 ATHENA Leadership Award which will be presented by the Sault Ste. Marie Chamber of Commerce at the upcoming 2024 Women in Business Breakfast on March 8th, 2024 (International Women's Day), at the Water Tower Inn! The ATHENA® Leadership Award is presented

to an individual who is recognized for their professional excellence, for making a difference in their community and for actively assisting women in the attainment of their professional goals and leadership skills.

Best Wishes!!

GRFN HR



Restorative Justice



Youth Programming in Garden River First Nation.

Garden River First Nation oversees three programs through The Indigenous Justice Division funded by the Ministry of Attorney General. These initiatives include the Anti Human Trafficking Awareness (KYWP) program led by Sierra Souliere, the Restorative Justice (RJP) program headed by Robyn Hache, and the newly launched Anti Guns and Gangs Prevention program, a branch of the Restorative Justice Program, co-led by Robyn Hache and Trinity Neshawabin.

These three programs are designed for individuals aged 12-18, but Robyn emphasizes that the Restorative Justice programming is open to participants of all ages, going beyond its initial focus on the youth demographic. Regular program events, informative sessions, and workshops are consistently rolled out by Robyn, Sierra, and Trinity. Stay tuned to your community's Facebook page for upcoming events and updates.

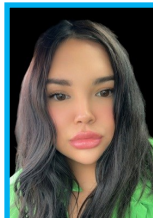


Contact information –

Robyn Hache
Restorative Justice Worker
(705)946-6300 ext. 244

Sierra Souliere
KYWP Worker
(705)946-6300 ext. 251

Trinity Neshawabin
DPHL Administrative Assistant
(705)946-5710 ext. 222



MENTAL HEALTH
AGES 13+

Youth MENTAL HEALTH Night

PRESENTED BY: ALGOMA FAMILY SERVICES

DATE: MARCH 21, 2024
LOCATION: GR COMMUNITY CENTRE
TIME: 5PM-7PM
SUPPER PROVIDED

CALL TO REGISTER
KYWP WORKER: SIERRA SOULIERE
(705)946-6300 EXT. 251

INCENTIVES & DOOR PRIZES

GRFN ANTI-GUNS & GANGS PREVENTION PROGRAM

MUSIC VIDEO CALL OUT

IN COLLABORATION WITH MR. WORLD PEACE

1 DAY ONLY!!!

SUNDAY MARCH 3RD
11:00AM - 3:00PM
@ GRFN REC CENTER

LUNCH INCENTIVES
WORLD PEACE HOODIES
FOR YOUTH AGED 12-18

SIGN UP REQUIRED
ROBYN HACHE - GRFN JUSTICE WORKER
705-946-6300 EXT. 244
RESTORATIVEJUSTICE@GARDENRIVER.ORG

RESTORATIVE JUSTICE PROGRAM

WANT TO BE A VOLUNTEER?

If you are interested in being a volunteer? please take a package.

- Restore peace and balance within the community.
- Holistic healing traditions from our First Nation heritage.

GWEYEK JI-BIMOSENG

ROBYN HACHE
(705)946-6300 EXT. 244
RESTORATIVEJUSTICE@GARDENRIVER.ORG

GARDEN RIVER FIRST NATION

RESTORATIVE JUSTICE PROGRAM

PRE & POST CHARGE
DIVERSION

NOT SURE IF YOU QUALIFY?
GIVE YOUR COMMUNITY JUSTICE WORKER A CALL TODAY!

ROBYN HACHE
(705)946-6300 EXT. 244
(705)989-7813
RESTORATIVEJUSTICE@GARDENRIVER.ORG




Missing Since
March 12, 2023

EVERYONE WELCOME

Vigil for Jake Corbiere




GRFN Community Centre | Friday, March 8, 2024 | 6pm - 8pm




Anniversary and Induction Gala

Celebrating **50 YEARS**



TICKETS


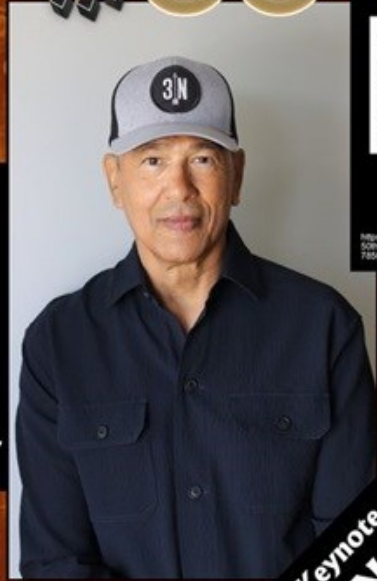


SCAN CODE

OR VISIT
<https://www.eventbrite.ca/e/50th-anniversary-gala-and-induction-gala-tickets-78502923877?aff=oddstcreator>

When:
Saturday
March 9th
Social @ 5pm
Dinner @ 6pm

Where:
Hilton
Toronto/Markham
Suites Conference
Centre
& Spa in Markham,
ON, Canada

**with Keynote speaker
TED NOLAN**



info@koognaasewin.ca
1-877-633-7558
www.koognaasewin.com




Child Well-Being Law Initiative




The Koognaasewin Initiative seeks to support all North Shore First Nations' interested in developing their own community-based Child Well-Being Law and system design.

To Learn more about the Koognaasewin Project, follow our social media accounts, and read about the project online at www.koognaasewin.com. Please subscribe to our email list for the latest updates.

Ways to get involved.

- Attend community engagement sessions,
- Read the Anishinaabe Laws and Customs Research on Child Wellbeing.
- Watch our micro videos online.


@koognaasewin    Koognaasewin Child Well-Being Law Initiative



18th Annual Pow Wow

GATHERING at the RAPIDS

Celebrating Life-long Learning



MARCH 2ND & 3RD, 2024

George Leach Centre,
Algonia University
1520 Queen Street E
Sault Ste. Marie, ON

SATURDAY, MARCH 2ND & SUNDAY, MARCH 3RD

Grand Entry: 1pm & 7pm Grand Entry: 12pm
Feast: 5pm

Please bring your feast bundle (plate, bowl, cup, utensils) and reusable water bottles.

DRUM COMPETITION
1st \$12,000 | 2nd \$8,000 | 3rd \$6,000 | 4th \$4,000 | 5th \$2,000 | 6th-9th \$1,000

DANCE COMPETITION
\$5 Registration Fee

1st \$1,000 | 2nd \$800 | 3rd \$600 | 4th \$400 | 5th \$200
Golden Age (50+) (All Categories Combined)
Senior Adult (35 - 49) (Traditional, Fancy, Grass, Jingle, Woodland)
Junior Adult (18 - 34) (Traditional, Fancy, Grass, Jingle, Woodland)

1st \$500 | 2nd \$400 | 3rd \$300 | 4th \$200 | 5th \$100
Teen (13-17) (Traditional, Fancy, Grass, Jingle, Woodland)

1st \$300 | 2nd \$250 | 3rd \$200 | 4th \$150 | 5th \$100
Junior (6-12) (Traditional, Fancy, Grass, Jingle, Woodland)

SPONSORED SPECIALS
Men's Woodland Category: SSMIFC
Old Style Woman's Jingle: Cathy Syrette & Family

VENDORS
Food Table - \$300 | Craft Table - \$150
Vendors can register by contacting:
Tiara Wabegijig-Jourdain
E: tiara.wabegijig-jourdain@algoniau.ca
P: (705) 949-2301 ext. 4816

HOST HOTEL
Quality Inn & Suites Bay Front
1-800-567-4421 (Request the "Gathering at the Rapids" rate)

This is a drug and alcohol free community event.

Canned food donations for Algonia University's Food Pantry are greatly appreciated.

FREE! CANNED FOOD DONATIONS APPRECIATED.



Aanii kina weyaa. Makwa Giizis was another busy month at the school. Every day we learn math and practice our counting, adding, subtracting, multiplying and dividing. We also continue to look for patterns and shapes in our school and in our schoolyard. We also work on our reading skills and learning our letters and the sounds that they make. Some of us are writing sentences and making books. We had been participating in archery lessons and enjoyed a fish fry with our friends in the high school. We made snowmen when we had the big snowfall. We continue to take walks in the bush beyond the school yard to look for animal tracks and birds. We are looking forward to the ziicbaakdoke giizis to spend some time at the sugar bush.

Aahow sa, miwe, Mona and the GR Elementary School Staff



Elementary & Secondary

Garden River Education Unit Presents

Garden River Students!

FAMILY DAY PHOTO FUN!

snag a selfie or pic with the fam of an activity over the holiday long weekend!

DRAW 1 | Polaroid Insta Max Mini Instant Camera

DRAW 2 | \$50 Galaxy Gift Card & Treats Basket

DRAW 3 | Coles Bookstore Gift Card with Blanket & Treats

Submit along with your name and grade to photosubmissions@gardenriver.ca

Send in by Wed, Feb 21st | 3 Random draws to take place Mon, Feb 26th!

Photo Submissions will grant the GR Education Unit permission to publish on our social media (FB, IG, Comm Newsletter) Thank you!



Family Day Photo Fun 2024!

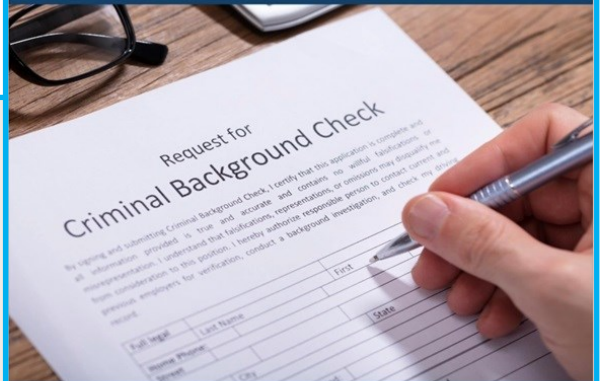
Thank you to everyone who had submitted! So glad to see your continued participation! Congrats to our winners.. Draw #1 (Polaroid Instamax Mini Camera) Jacob Pine; Draw #2 (\$50 Galaxy gift card with treats basket) Annah Bondy; Draw #3 (\$30 Coles Bookstore gift card, blanket & treat) Jasyn Bondy

Thank you/Meegwetch

Secondary & Post Secondary

Life happens. Having a criminal record can be a barrier, particularly with respect to employment, volunteer activities and travel. Would you like to try and restore rights you had lost due to convictions? A pardon can give you a peace of mind and the opportunity to move on with your life. There are crimes that cannot be pardoned in Canada; however, please reach out Jessica at the John Howard Society of Sault Ste. Marie and she can answer some questions for you and help you with the process. Contact info below.

Applying for a **Record Suspension (Pardon)?**



john howard society | John Howard Society of Sault Ste. Marie

Applying for a **Record Suspension (Pardon)?**

JHS Sault Ste. Marie Record Suspension Services Program, funded by Public Safety Canada, helps individuals complete record suspension applications. To find out if you are eligible, contact us today.

CONTACT US!

Jessica Caldwell jcaldwell@jhsossm.ca (705) 297-5513



CONTACT US!

Jessica Caldwell
jcaldwell@jhsossm.ca
(705) 297-5513

John Howard Society of Sault Ste. Marie Record Suspension Services Program, funded by Public Safety Canada, helps individuals complete record suspension applications. To find out if you are eligible, contact us today.

Funds may be available to help cover the cost of fees
Please contact us for more information

Post Secondary

From the Post-Secondary Counsellor:

Winter 2024 Reading/Spring Breaks have arrived and others are approaching fast (and so are my remaining vacation days for this fiscal year ☺)!

For most universities and some colleges, reading/spring break was either at the mid- or end of February and for others, coming up in March. I trust that you will thoroughly enjoy your break as I know I will enjoy my remaining vacation days.

Want to Continue your Studies in the Summer or Fall?

DO I REALLY NEED TO APPLY AGAIN FOR FUNDING?

The simple answer is YES, YES, YES.

If you are currently enrolled full-time or part-time at college or university **AND** if you plan on continuing your studies in the Spring/Summer (May to August) 2024, or in the Fall 2023/Winter 2024 semester (or for both), you must complete and submit a new **GRFN Application for Post- Secondary Educational Assistance** for each semester.

Copies of the GRFN Application for Post-Secondary Educational Assistance are always available to either complete online or download from our website: www.gardenriver.ca in the Post-Secondary section, under Forms section.

- To submit an application for full-time studies, you must complete and submit the 4 pages identified on the website.
- To submit an application for part-time studies, you must complete and submit the 3 pages identified on the website.

How Can I Submit My GRFN Application for Post-Secondary Educational Assistance?

You can submit your completed applications by either filling in online and emailing or by printing/scanning/emailing them or by faxing them to 705-946-0413.

Please make sure that you fill in all of your personal information, the **Education Plan** and that you sign all pages before you hit

send.

Please don't wait until the last day to complete and send your application **apply now to avoid disappointment.**

IMPORTANT: Please be reminded at this time that sponsorship is never guaranteed for the overall length of your program..... **EVERYONE MUST RE-APPLY FOR SPONSORSHIP FOR EACH YEAR (AND SUMMER) THAT YOU WANT TO BE SPONSORED...there are no exceptions.**

POST-SECONDARY SPONSORSHIP APPLICATION DEADLINES:

For Spring/Summer Session:

March 29

For September Enrolment:

May 15

For January Enrolment:

October 15

Deadlines are strictly adhered to!!

Apply early to avoid
disappointment.

Applications are always available for download from our website or they are fillable online or feel free to stop by the office.

www.gardenriver.ca

FULL-TIME (4 pages)
PART-TIME (3 pages)

NOTICE: INCOME TAX

GARDEN RIVER **DOES NOT** ISSUE T4'S FOR your post-secondary sponsorship monies.

You will receive your T2202A form for your tuition fees from the school directly.

Check your portal!

REMINDERS:

.....Good luck on your midterm exams.

.....if, at any time, you had to **change your educational plans by either revising your schedule or you had to transfer programs or whatever changes you have made, you must send a copy of the revised information** ASAP.

.....you must **maintain full-time hours** (check with the Registrar's Office if you are unsure or contact me) to be **eligible for your monthly allowance**. Please check your registration carefully before making any changes.

.....if you still haven't figured it out, **ATTENDANCE is very important! Not only for yourself and your grades but for fulfilling your GRFN sponsorship responsibilities.** Remember that even if your instructor does not take attendance and/or you do not receive any extra marks for attendance, **as a sponsored student, you have signed a CONTRACT with your application for sponsorship to attend all of your classes and complete all of your academic responsibilities** (sound familiar). Besides, if you are physically sitting in a class or have your camera turned on, you have that much more of a chance in understanding the lessons being taught!

.....**COLLEGE STUDENTS: "INTENT TO RETURN" FORMS** - these are forms that your school needs YOU to complete sometimes and return or submit via your online student account to tell them that you are planning on returning to your studies in either the summer or Fall 2023 semester. By submitting this as requested, the school will hold your seat in the program and work on your new schedule. IF YOU DO NOT SUBMIT, the school will consider you as "not returning" and will not send you any new correspondence and/or will not have anything ready for you. **CHECK WITH YOUR SCHOOL ABOUT THIS TYPE OF FORM OR REQUIRED INFORMATION.**

STUDENT RESPONSIBILITY: COMMUNICATION

If you do not talk to or communicate with anyone that you are having problems, we won't know and we won't be able to help you.

If I am not in my office or I am on the phone

when you call, please leave me a message on my voice mail, or with the receptionist or send me an email with a description of what you are experiencing. Please don't think that if I am not in the office that you can't call and report issues/problems or share some good news.

**ARE YOU HAVING
ACADEMIC PROBLEMS OR
ARE YOUR PERSONAL PROBLEMS
AFFECTING YOUR ATTENDANCE or
GRADES ????**

If you are experiencing any difficulties with either your academic work or if your personal life problems are jeopardizing your academic success, please contact me, your instructors, and your academic advisor at the school...there are many individuals available to help you.

Assistance is available but you must take the first step and ask for help. Before that "snowball" gets too big call me and I will help you to access the support services at your school. If you need academic tutoring for any course that you are struggling in, please sign up at the school and if you don't know where to go at your school, ask me and I'll get you the information. Just don't put it off too long...the school has to find you a tutor for your subject...so they need some time to make your arrangements.

**ARE YOU CONSIDERING
GOING TO COLLEGE OR UNIVERSITY
THIS COMING YEAR, 2024/2025?**

Remember....you can't get accepted at a college or university if you don't apply. Here in Ontario you apply through the Ontario College Application Service (OCAS) or the Ontario University Application Service (OUAS)! **AND** you can't get sponsored if you don't complete and submit the GRFN Application for Educational Assistance by the deadlines! Don't delay...complete and submit all of your applications early!

**For High School Students Graduating
this Year and for all New to
Post-Secondary Students:**

Remember, if you have sent your application to the Ontario College Application Service or the Ontario University Application Service, you will be reimbursed for the application fees, once you bring in your "Acknowledgement Letter OR copy of your OCAS/OUAC receipt" and have completed

your Garden River Application for Post-Secondary Educational Assistance. For those of you that sent your OCAS/OUAS application before February 1st, you should start receiving correspondence from the colleges/universities anytime now.

Please make sure that you read each letter carefully....depending on covid restrictions, you may receive an invitation to attend their information sessions in-person which will include a tour of their facilities or they will need more information from you before they can make their final admission decisions...most importantly though, there will be deadlines to respond by and to accept your offer of admission.

Each school will be trying to convince you that their school is the best.... you will need to do your homework -- this means researching your choices to ensure that your time at college/university will be both an enjoyable AND rewarding experience for you. As I am sure most of you know, each school has a reputation for certain types of programs - make sure you check out the program credentials along with the school credentials. Ask about or look for information on the availability of things like support services, campus life/activities, student residences for new students, accessibility by public transportation, etc., etc.....(visit the school web-sites for e-tours and basic information).

**ARE YOU NEW TO POST-SECONDARY?
VISIT YOUR POTENTIAL
COLLEGE/UNIVERSITY TO HELP MAKE
YOUR FINAL DECISION**

When you have received correspondence from all of the schools you applied to and prioritized/narrowed down your choices, you can then arrange and confirm a date/appointment for an in-person campus visit or virtual orientation sessions *that most schools have prepared for "potential students". This is an excellent opportunity to "experience" your new school.*

Remember that according to the GRFN Post-Secondary Operating Guidelines and as a **new to post-secondary applicant/student, you are eligible for one trip** to a prospective college or university to help you finalize your decision. Once you have decided which school you would like to visit, **you must submit a copy of the official "Campus Visit" invitation and itinerary.** According to the length of the pre-arranged visit, you will

receive return bus fare, student rates for meals and accommodations. Remember, this is an excellent opportunity to help you make an informed decision about your new school. In order to access this financial assistance, you must have submitted your **GRFN Application for Educational Assistance.**

This is an excellent opportunity to help you make an informed decision about your new school.

Even though you will have a lot of different opinions/suggestions from your parents, older brothers/sisters, your friends, your guidance counsellors, and so on, ultimately,

this education plan & career decision is YOURS to make and YOU have to want it yourself to help you be successful !!

Please do yourself a favor and do your homework on where you would like to attend college or university and what program best meets your plans for your career plan so that you can make an informed decision.

Once this process is done, naturally, each school will be requiring you to respond to their "offer of admission" and make your final decision!

WHEN YOU START RECEIVING CORRESPONDENCE from the schools that you applied to, ALWAYS make sure to check for:

- Are there deadlines to respond by?
- Do they require a "confirmation fee" to be paid by a certain date?
- Do you have to send more info?
- Are there any entrance tests to write?

NOTE: My office does not receive any documentation from the school directly during your application process. You are responsible for making sure I am kept informed at all times by sending me copies of your official information.

IF THERE ARE ANY FEES that must be paid to secure your seat or to apply for residence, PLEASE MAKE SURE THAT YOU SEND A COPY OF YOUR INFORMATION TO MY OFFICE QUICKLY SO THAT I CAN PROCESS AND MAIL THE

PAYMENT BEFORE THE DEADLINE.

Please be advised that this office is not responsible for payment of any late fees or loss of seat due to late payments if you did not send me the documentation.

Please know that if you ever need any assistance or if you have concerns about your education and plans, or you just want to chat about them, please contact call to set up an in-person appointment or email or

send a virtual meeting request to amjones@gardenriver.ca

Miigwech
Anne Marie Jones



GRFN Public Library aka Resource Centre

The Garden River First Nation Resource Centre/ Public Library's

Services include:

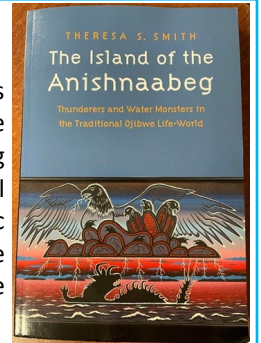
- Printing, blinding, laminating is available.
- Book lending
- Printing services *(free for students)*
- Reading; craft; kids programs

Additional Info:

- Free Wifi Available to students & community members
- Ontario Parks Permit—2 parking passes that can be loaned out
- The VR Console/ Computer has approx. 30 games available
- 3D Printer — small single colour requests can be printed for a fee

March Featured Book

In this study, Theresa S. Smith explores the lived experience of the contemporary Ojibwes (or Anishnaabeg) amid the remarkable revival of both belief in and practice of the Ojibwe religion. Scholars have contended that traditional Ojibwe religion was gradually lost during the three centuries following Euro-American contact. And yet even though traditional religion no longer exists as a plausibility structure for a hunting-gathering culture, historic and contemporary accounts and a revival in the arts attest to the changing and vital nature of Ojibwe religion. The Island of the Anishnaabeg is an nuanced look at traditional Ojibwe religion and its structure, interpretation, and revival among contemporary Ojibwes.



Art Nights
In the Library

Enjoy 45 minutes of Creativity!

Art supplies will be available.

Different material each month!

open to young adults & adults
get in touch with your inner child!

Tuesdays 5 - 5:45 pm

- March 5
- April 9
- May 7
- June 4



Drop-In Story Time

Join Irene for a 1/2 hour of interactive story telling! Stories will be taken from various Native Content Books and Novels. Content will be based on attendees

Tuesdays 5 - 5:30 pm

- March 14
- April 11
- May 9
- June 6

Everyone Welcome!
Come in and listen!



Journaling Support Group

Join Irene once a month at the GRFN Public Library to explore the creative process of journal writing.

Take some time for yourself to create and write; explore different mediums while creating a personal journal that reflects who you are.

Art supplies will be provided, a few journals as well feel free to use/bring your own!

Tuesdays from 5:00 pm - 5:45 pm

- March 19, 2024
- April 16, 2024
- May 14, 2024



Anishnaabemowin



zhibiige—he/she is writing



zhoosgage—he/she is painting



gshkigwaaso—he/she is sewing



nimkaage—he/she is waving

A once a month Social Fabric Drop In Program

With Special Guest Thinking Rock Community Arts



Join Irene & Guests for an evening of creative art exploration as part of their Social Fabric Drop-Ins

Join a diverse team of makers, artists & creative folks as we explore together the textile traditions of Algoma; co-create collaborative art projects; and consider themes of mending and interweaving in art, life and community! No experience needed, supplies provided and everyone is welcome.

Thursdays 4 -6 pm

- March 28
- April 25
- June 27





LNHL PEP RALLY

MEET OUR TEAMS

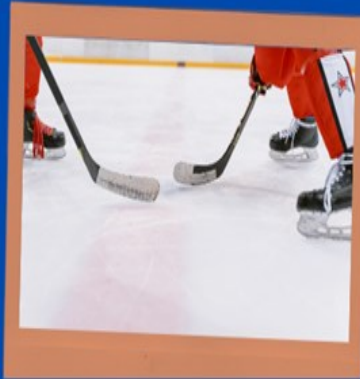
RAFFLE TABLE & FOOD

WEDNESDAY, MARCH 6

6:00PM

@ GR REC CENTRE GYMNASIUM

FOR MORE INFO:
(705) 946-4006



GROUP FITNESS CLASSES

MONDAYS	TUESDAYS	THURSDAYS
BEGINNER/ INTERMEDIATE 5:00PM-6:00PM	YOUTH 5:30PM - 6:30PM	YOUTH 5:30PM - 6:30PM
	BEGINNER/ INTERMEDIATE 6:30PM - 7:30PM	BEGINNER/ INTERMEDIATE 6:30PM - 7:30PM



RUNNING INDEFINITELY



MEET OUR NEW PERSONAL TRAINER



KEESHA SAUNDERS

Personal Training Older Adult/Group Exercise
Rehabilitation Therapy Sport Specific Training

Contact Info:
ksaunders@grfrec.com - (705) 946-4005 ext. 251

Hours of Operation

Monday—Friday 7 am—9 pm
& Saturday—Sunday 9 am—4 pm



LUNCH HOUR WORKOUT CLASS

TUESDAY, WEDNESDAY & THURSDAYS

12:15PM - 12:45PM

@ GR REC GYMNASIUM

FREE OF CHARGE



Garden River Member Prices

Membership	1 year	6 months	3 months	1 month
Adult (18+)	\$248.00	\$170.00	\$94.00	\$34.00
Elders (55 +)	\$241.00	\$144.00	\$78.00	\$29.00
Junior (14-17)	\$225.00	\$154.00	\$82.00	\$31.00

Regular Member Prices

Membership	1 year	6 months	3 months	1 month
Adult (18+)	\$290.00	\$202.00	\$108.00	\$40.00
Elders (55 +)	\$248.00	\$170.00	\$92.00	\$35.00
Junior (14-17)	\$262.00	\$180.00	\$98.00	\$38.00



Membership Office

Updates

January, 2024

Garden River First Nation in conjunction with the Membership Committee are in the process of seeking community input regarding the existing Membership Code. While discussions are occurring the Membership Committee will not be processing band membership applications. At a duly convened meeting held on December 19, 2023 the Garden River First Nation Chief and Council have agreed to place a moratorium on processing band membership applications until January, 2025.

Please watch for dates and times for future community engagements

Please plan to attend these meetings to have your voice heard.

Registration

Upon successful registration through Indigenous Services Canada (ISC), the Membership Office receives confirmation that you're register with Garden River First Nation by receiving a "199" number. This application process will still occur. If you require assistance, please contact the Membership Office.

Status Card Issuance

Please call to schedule an appointment with Brooke Boissoneau, Assistant IRA to have your status card issued. Garden River First Nation citizens—

\$20.00

- picture included

Other First Nation citizens—
\$40.00

- registration information prior to your appointment;
- Picture included

HAVE YOU MOVED?



PLANNING TO MOVE?

Please update your address with the Membership Office



Contact

Terri Tice, Indian Registration Administrator
705-946-6300 ext. 246 * ttice@gardenriver.org

or online at:

<https://www.gardenriver.org/site/membership>

Contact Information

Membership Office, 7 Shingwauk Street, Garden River, ON P6A 6Z8
 Terri Tice, IRA
 705-946-6300 ext. 246
 ttice@gardenriver.org

Brooke Boissoneau, Assistant IRA
 705-946-6300 ext. 247
 brookeb@gardenriver.org

MEMBERSHIP OFFICE HOURS
 MONDAY - FRIDAY
 8:30 A.M. - 4:30 P.M.
 CLOSED 12:00 P.M. - 1:00 P.M.



**GARDEN RIVER
WELLNESS CENTRE**

4 Week Smoking Cessation Program

Week 1 - Traditional Semaas

- ◆ Traditional tobacco teaching
- ◆ Traditional vs. commercial tobacco
- ◆ Benefits of Quitting (Blood Pressure & Weight Check)
- ◆ Developing a quit plan/SMART goal

Week 2 - Beading & Behaviours

- ◆ Beading: hands on activity
- ◆ Reduction vs. quitting tobacco use
- ◆ Cannabis, vaping & tobacco use
- ◆ Budgeting - how much are you spending?

Week 3 - Triggers & Strategies

- ◆ Coping with cravings & withdrawals
- ◆ Identifying triggers
- ◆ Stress management, exercise, mindfulness
- ◆ Self-care

Week 4 - Relapse Prevention

- ◆ Inspiration to feed your spirit
- ◆ Nutrition tips to quit smoking
- ◆ Easy snack ideas

Gift Cards
Prizes
Light Snacks
Lots of FUN !!!



Pre-register by contacting:

705-946-5710

Program Dates & Times:

April 3, 10, 17, 24

12:00pm - 1:00pm OR 5:00pm - 6:00pm

Brett Corbiere, CHN ext 207, chn@grhc.ca
Christine McEwan, CHN ext 225, cmcewan@grhc.ca



**GARDEN RIVER
WELLNESS CENTRE**

COMING SOON

Chronic Disease Prevention Clinic

ABOUT THE CLINIC:

The Chronic Disease Prevention Clinic will provide you with specialized and personalized care towards your health needs. You will work one on one with our Health Team to assess, screen and discuss prevention education as well as new initiatives to control and maintain all aspects of your chronic disease

MEET THE CHRONIC DISEASE TEAM:

- Community Health Nurses
- Diabetic Nurse Educator
- Registered Dietician

To Register: 705-946-5710
Brett Corbiere, CHN ext 207, chn@grhc.ca
Christine McEwan, CHN ext 225, cmcewan@grhc.ca



March 2024



For more information on programs: Call 705-946-5710 OR visit the Garden River Wellness Centre's Facebook page or website www.grwc.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ZM = Zoom RC = Rec Centre CC = Community Centre WC = Wellness Centre	26 Yoga 12-1pm @ RC Yoga 4pm @ CC	27	28 Elders Luncheon 11:30am @ CC	29	1	2
3	4 Yoga 12-1pm @ RC WFC Pickup 12-2pm @ WC (Existing registrants)	5 Elders Social 12pm @ CC Yoga 4pm @ RC 10-11:30 Drop in Social @ WC	6 COHI Holy Cross Baby weight checks 1:30-4pm @ WC	7 COHI Holy Cross Healthy Recipes Pickup 12-2pm @ WC (MUST REGISTER)	8	9
<div style="border: 1px solid black; border-radius: 15px; padding: 5px;"> Fitness Classes every Tuesday and Thursday 5:30pm-6:30pm Youth 6:30pm-7:30pm Adults Rec Centre *Rose </div>	11 Yoga 12-1pm @ RC	12 Yoga 5pm @ CC	13	14	15	16
	Selena and Rose on holidays!!					
17	18 WFC Pickup 12-2pm @ WC (Existing registrants)	19 Elders Social/Grocery Bingo 12pm @ CC Yoga 5pm @ CC Spring into Nature Scavenger Hunt (Registration Opens)	20 Baby weight checks 1:30-4pm @ WC	21 Moon time Packs Pickup 12-2pm @ WC Healthy Recipes Pickup 12-2pm @ WC (MUST REGISTER) Self love group 2-4pm @ DPHL	22 FASD Lunch & Learn 12-2pm on Teams	
<div style="border: 1px solid black; border-radius: 15px; padding: 5px;"> Happy St. Patrick's Day! </div>						
24	25 Yoga 12-1pm @ RC	26 Yoga 5pm @ CC	27 Gilbertson's Pancake Breakfast Tour (MUST REGISTER) Baby weight checks 1:30-4pm @ WC 5-6:30pm Dad's Group @ WC	28 Diabetes Ed Class 12-2pm @ CC (MUST REGISTER) Lunch kits pickup 1:30-4pm @ WC	29	30
					Good Friday (OFFICE CLOSED)	<div style="border: 1px solid black; border-radius: 50%; padding: 10px;"> FOR MORE INFORMATION CONTACT SELENA EXT. 267 LISA EXT. 230 ROSE EXT. 223 LOGAN EXT. 229 JORDIE EXT. 251 </div>
						<div style="border: 1px solid black; border-radius: 50%; padding: 10px;"> Spring into Nature Scavenger Hunt submissions due </div>




WE NEED YOUR HELP

YOUTH VOLUNTEER'S

COME VOLUNTEER WITH US!

DO YOU...

- Have energy, passion and are a team player?
- Want to make a difference in our community?
- Come assist with recreation activities, and other special projects.
- Volunteer experience in a healthcare environment.

SEEKING VOLUNTEERS AGES 13-18

SCAN OUR QR CODE TO APPLY NOW



OR CONTACT KATELYNN LEWIS
705-946-5710 EXT. 231

DO's and DON'Ts

Safe Disposal of Needles and Other Sharps Used At Home, At Work, or While Traveling

Do

- Immediately place used needles and other sharps in a sharps disposal container to reduce the risk of needle-sticks, cuts, or punctures from loose sharps.
- Use an FDA-cleared sharps disposal container, if possible. If an FDA-cleared container isn't available, some organizations and community guidelines recommend using a heavy-duty plastic household container (i.e. laundry detergent container) as an alternative.
- Make sure that if a household disposal container is used, it has the basic features of a good disposal container. (See box at right for more info.)
- Be prepared — carry a portable sharps disposal container for travel.
- Follow your community guidelines for getting rid of your sharps disposal container.
- Call your local trash or public health department (listed in the county and city government section of your phone book) to find out about sharps disposal programs in your area.
- Ask your health care provider, veterinarian, local hospital or pharmacist
 - o where and how you can obtain an FDA-cleared sharps disposal container,
 - o if they can dispose of your used needles and other sharps, or
 - o if they know of safe disposal programs near you.
- Keep all needles and other sharps and sharps disposal containers out of reach of children and pets.



All sharps disposal containers should be:

- made of a heavy-duty plastic;
- able to close with a tight-fitting, puncture-proof lid, without sharps being able to come out;
- upright and stable during use;
- leak-resistant; and
- properly labeled.

Don't

- Throw needles and other sharps into the trash.
- Flush needles and other sharps down the toilet.
- Put needles and other sharps in your recycling bin — they are not recyclable.
- Try to remove, bend, break, or recap needles used by another person. This can lead to accidental needle sticks, which may cause serious infections.
- Attempt to remove the needle without a needle clipper device because the needles could fall, fly off, or get lost and injure someone.

Best Way to Get Rid of Used Needles and Other Sharps:

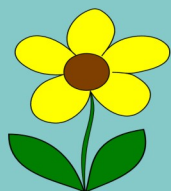
Step 1: Place all needles and other sharps in a sharps disposal container immediately after they have been used.

Step 2: Dispose of used sharps disposal containers according to your community guidelines.

For more information visit, www.fda.gov/safesharpsdisposal.



Safe Disposal of Needles and Other Sharps
www.fda.gov/safesharpsdisposal



Youth March Events



04
MAR

HEALTHY KIDS WINTER FOOD CHALLENGE (FOR EXISTING REGISTRANTS)
PICKUP 12-2PM @ WELLNESS CENTRE

18
MAR

HEALTHY KIDS WINTER FOOD CHALLENGE (FOR EXISTING REGISTRANTS)
PICKUP 12-2PM @ WELLNESS CENTRE

19
MAR

SPRING INTO NATURE: SCAVENGER HUNT FOR AGES 7-17
REGISTRATION OPENS @ 8:30AM UNTIL SPOTS ARE FILLED

21
MAR

MOON TIME PACKS FOR AGES 7-18 (MUST REGISTER)
PICKUP FROM 12-2PM @ WELLNESS CENTRE

For more information or to register...

CONTACT:

Jordie Thibault
Youth Community Health Rep
jthibault@grhc.ca
call or text: 705-989-2309
text preferred





Community Feast:

Fish Fry

Prior to
LNHL PEP RALLY

March 6, 2024 Starting @ 4:00 pm
1st come 1st served until supplies last

For Garden River Band
& Community Members

VENUE: Garden River Rec Centre
48 Syrette Lake Road

Compliments of:

Catered by:



PRESENTS

Empower Me!

Meals

For ages 12-18

Incentives

March Break

March 11-14, 2024 9-4pm

Garden River Community Centre

March 6, 2024 Deadline to
register-Limited spots

Navigating the road to success and confidence

During this 4-day youth program participants will build the confidence, team building and social skills needed to thrive in a group environment together.

Facilitated by:
NC Consulting Solutions

Please register with Marie T. Pine mtpine@grcfs.ca
or 705-971-7116

G'NAADMAAGOOM Garden River Child and Family Services
Building Strong Families and Communities for our Children

PRESENTS

SUNDAY MARCH 24 | **10:00am**
Galaxy Cineplex

FAMILY MOVIE DAY

FEATURED MOVIE
Kung Fu Panda 4

FREE ADMISSION / *FREE POPCORN* / *FREE DRINK*

Please arrive on time for concession stand vouchers
Movie will start @ 10:30am

To register your family, please contact Stevie
Email: snolan@grcfs.ca
Call: 705.450.5071 ext 221

Deadline to register is March 18th @ noon

GARDEN RIVER BAND / COMMUNITY MEMBERS ONLY



REMAINING SWIM DATES MAR 9, 16, 23, 30

Saturdays from 5:00-6:00 pm at John Rhodes Pool

The John Rhodes Pool will be closed for
maintenance February 20 to March 8, 2024.
Sorry for any inconvenience.



GRCFS Family
Swim Update

No swims
February 24 &
March 2nd

Please note the
last swim dates
until September

Thanks for your
understanding

For further information
please call:

Melissa Grawbarger
(705) 450-5071 x205

Community Outreach
Supervisor

Garden River Child &
Family Services

Most programs are on Zoom. **Cameras are to remain on for duration of program.
Off reserve band members are encouraged to participate!

STAFF CONTACT INFORMATION	HOW TO REGISTER FOR A PROGRAM	PROGRAM INCENTIVES/DRAWS
<p>GRCFS Office # 705-450-5071 (staff extensions in black)</p> <p>MG—Melissa Grawbarger – mgrawbarger@grcfs.ca x205</p> <p>MP – Marie T. Pine – mtpine@grcfs.ca x214</p> <p>SN—Stevie Nolan—snolan@grcfs.ca x221</p> <p>BC – Belinda Camara – bcamara@grcfs.ca x202</p> <p>KM - Kelly Musgrove – kmusgrove@grcfs.ca x206</p>	<p>Please email or call Staff running the program to register! Join by phone, cellphone, tablet, or computer!!</p> <p>**PLEASE REGISTER ONE DAY IN ADVANCE AS SPACES ARE LIMITED**</p> <p><u>Registrations before 8:30 am Monday will not be accepted</u></p>	<p>PROGRAMS – Participants will receive an incentive for every program they attend.</p> <p>FAMILY FUN CHALLENGES – Each family that participates will receive an incentive.</p> <p>LEARNING ACTIVITIES (LA) – Each family that participates in the Learning Activities will receive an incentive</p>





G'NAADMAAGOOM

Garden River Child and Family Services Program Calendar

March 2024

Phone: (705) 450-5071

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
<p>** Reminder**</p> <p>Early Years Drop In</p> <p>Open Tuesdays to Thursdays</p> <p>Please contact Kelly or Belinda for hours and information</p>	<p>Please Note: Virtual participants will not be let in Zoom more than 5 minutes after program start time</p>			1	2/3 *NO SWIM*
4	<p>5</p> <p>BC/KM –ZOOM – I Spy Orange 4:30 Parents/ Caregivers & Children 0-6</p> <p>SN – Chores & Children 5:00 Parents/Caregivers of Children 0-12</p> <p>MP – Zoom: Love Yourself 4:30 Youth 7-12</p>	<p>6</p> <p>BC/KM –ZOOM – Story & Song 4:30 Parents/ Caregivers & Children 0-6</p> <p>SN – Just Bead It 5:00 * call to register</p> <p>MP – Make It Sacred 5:30 Youth 13-24 In Person</p>	<p>7</p> <p>BC/KM– LA: Winter Yoga Parents/Caregivers & Children 0-6</p>	8	<p>9/10</p> <p>Family Swim</p> <p>Saturday 5-6 pm</p> <p>@ John Rhodes</p>
11	12	13	14	15	<p>16/17</p> <p>Family Swim</p> <p>Saturday 5-6 pm</p> <p>@ John Rhodes</p> <p></p> <p><i>Happy St. Patrick's Day!</i></p>
<p>March Break</p>					
18	<p>19</p> <p>BC/KM – I Spy: Green 4:30 Parents/Caregivers & Children 0-6</p> <p>SN – Depression & Children 5:00 Parents/Caregivers of Children 0-12</p>	<p>20</p> <p>BC/KM –Shamrock Creations 4:30 Parents/Caregivers & Children 0-6</p> <p>SN – Just Bead It 5:00 * call to register</p>	<p>21</p> <p>BC/KM –LA: I am Special 4:30 Parents/Caregivers & Children 0-6</p>	22	<p>23/24</p> <p>Family Swim</p> <p>Saturday 5-6 pm</p> <p>@ John Rhodes</p>
25	<p>26</p> <p>BC/KM –Zoom– I Spy Shapes 4:30 Parents/Caregivers & Children 0-6</p> <p>SN – Healthy Discipline 5:00 Parents/Caregivers of Children 0–12</p> <p>MP – Emotions 5:00 In Person Youth 7-12</p>	<p>27</p> <p>BC/KM –Zoom: Song & Story 4:30 Parents/Caregivers & Children 0-6</p> <p>SN – Family Culture Night 5:00</p> <p>MP—Zoom: Body Confidence 4:30 Youth 13-24</p>	<p>28</p> <p>BC/KM: Easter Egg Decorating 4:30 Parents/Caregivers & Children 0-6</p>	29 Office Closed	<p>30/31</p> <p>Family Swim</p> <p>Saturday 5-6 pm</p> <p>@ John Rhodes</p> <p></p> <p><i>Happy Easter</i></p>

BUILDING STRONG FAMILIES AND COMMUNITIES FOR OUR CHILDREN



Gnaabidin Giizis 2024 March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Nanda-Gikendan 6pm-8pm	5 Willard Pine - TMHC	6 Women's Night: Drum Circle 6pm-8pm	7 Men's Night 6pm-8pm	8 Bilboon Aadizookaanan Sacred Winter Time Stories: Guest Speakers 5pm-9pm	9
10 Women's Night: Drum Circle 6pm-8pm	11 Nanda-Gikendan 6pm-8pm	12 Willard Pine - TMHC	13 Gerrard Sagassige - THC	14	15 Youth Culture Day 10am-3pm	16
17	18 Nanda-Gikendan 6pm-8pm	19 Willard Pine - TMHC	20 Patricia Toulouse - THC Lunch & Learn 12pm-1pm Grief Support Group Naniinawademo 5:30pm-8pm	21 Men's Night 6pm-8pm	22 Gerrard Sagassige - THC Bilboon Aadizookaanan Sacred Winter Time Stories: Guest Speakers 5pm-9pm	23 Gerrard Sagassige - THC
24 Gerrard Sagassige - THC	25 Nanda-Gikendan 6pm-8pm	26 Willard Pine - TMHC Drum Social Group 6:30 PM - 9 PM	27	28 BFA Aftercare 5:30pm-8pm	29	30
	31					

Intake Worker - Laurie Souliere (705)946-5710 ext. 228
 Program Support Worker - Terry Williston (705)946-5710 ext. 212
 Administrative Assistant - Trinity Neshawabin (705)946-5710 ext. 222

Men's Night
 Thursday March 7th &
 Thursday March 21st
 with Terry Williston
 6PM-8PM

AN EVENING OF TRADITIONAL MEN'S TEACHINGS,
 TOPICS AND ACTIVITIES CONCLUDING WITH
 A WARM MEAL

Join us at Dan Pine Healing Lodge, where the spirit of learning and
 connection comes alive!

TO SIGN UP OR FIND OUT MORE:
 Call 705-946-5710 ext. 228
 or email dphinfo@grhc.ca

Naniinawademo
 A WELLNESS CIRCLE DEDICATED TO GRIEF SUPPORT
 Lead by Laurie Souliere

An open support group to
 Garden River First Nation,
 7 North Shore First Nation
 and other First Nation,
 Metis & Inuit

WEDNESDAY
 March 20th 2024
 5:30PM - 8:00PM

Topic: What is an emotion
 and what is a feeling and
 balancing our emotions
 and feelings

FEATURES:
 Variety of topics • Guest Speakers • Cultural Teachings •
 Therapeutic exercises • Creative arts • Mindful practices & More

200 Anishnawbe Point Rd.
 Contact 705-946-5710 ext. 228
 or email dphinfo@grhc.ca to register

PRE-REGISTER FOR SUPPER


Drum Night
 Drumming & singing lead & taught
 by experienced singers

**Tuesday
 March 26th
 6:30pm-9pm**

LEARN TO DRUM, LEARN
 SONGS AND HOW TO SING
 FROM EXPERIENCED SINGERS

COME SOCIALIZE AND
 HAVE FUN

200 Anishnawbe Point Rd.
 Call 705-946-5710 ext. 228
 or email dphinfo@grhc.ca



TRADITIONAL HEALTH HEALER



Willard Pine

Tuesday
MARCH 5TH, 12TH, 19TH, AND 26TH

By Appointment Only

200 Anishawbe Point Rd., Garden River, On

TO BOOK AN APPOINTMENT
Call 705-946-5710 ext. 228
or email dphinfo@grhc.ca

Thurs March 28th
5:30-8pm

TOPIC: NEW BEGINNINGS
SUPPER PROVIDED



Beauty From Ashes

AFTERCARE WELLNESS CIRCLE

This program is for past participants of the Beauty From Ashes Program

NOW HAPPENING TWO TIMES A MONTH IN PERSON AT THE DAN PINE HEALING LODGE
ZOOM LINK CAN BE PROVIDED IF NEEDED

200 Anishawbe Point Rd.
Contact 705-946-5710 ext. 228
or email dphinfo@grhc.ca to register



Women's Night: Drum Circle

Wednesday March 6th & Sunday March 10th 6PM-8PM

COME SOCIALIZE, HAVE FUN AND LEARN SONGS

By Dan Pine Healing Lodge in Collaboration with Reconnecting Anishawabe Kwe

200 Anishawbe Point Rd.
Call 705-946-5710 ext. 228
or email dphinfo@grhc.ca

TRADITIONAL SKILL BUILDING

Nanda-Gikendan



Mondays 6-8pm
March 4th, 11th, 18th and 25th
Lead by Cecil Pelletier

LEARN TRADITIONAL SKILLS
CONNECT WITH OTHERS
SHARE YOUR WISDOM

Join us at Dan Pine Healing Lodge, where the spirit of learning and connection comes alive!

Whether you are an expert or beginner, immerse yourself in hands-on workshops where you'll make master skills like beading, sewing, weaving & many more!

TO SIGN UP OR FIND OUT MORE:
Call 705-946-5710 ext. 228
or email dphinfo@grhc.ca

TRADITIONAL HEALTH HEALER



Gerrard Sagassige

Wed. March 13th
Fri. March 22nd
Sat. March 23rd
Sun. March 24th

By Appointment Only

200 Anishawbe Point Rd., Garden River, On

TO BOOK AN APPOINTMENT
Call 705-946-5710 ext. 228
or email dphinfo@grhc.ca

TRADITIONAL HEALTH HEALER


Patricia Toulouse

WEDNESDAY MARCH 20TH
LUNCH & LEARN 12PM-1PM

By Appointment Only

200 Anishawbe Point Rd., Garden River, On

TO BOOK AN APPOINTMENT
Call 705-946-5710 ext. 228
or email dphinfo@grhc.ca



Artistic Creativity

Winter Willow Co. Handmade Cards

My name is Natalie and I am a recent graduate of Lake Superior State University and recent community member of Ketegaunseebee First Nation. I have been a lifelong artist, creating mixed media pieces for over 10 years. After graduating, I re-focused on creating art by making cards for ill loved ones. Not long after, I realized how much a handmade card can make someone's day. I decided to start offering my designs for sale earlier this year. I hope you enjoy them! Are you looking for cards with a true homemade touch? Please follow my Facebook page @ [facebook.com/winterwillowco](https://www.facebook.com/winterwillowco) for current selection or email me at natalielesage@gmail.com for custom requests.



Natalie Lesage



COMMUNITY TRUST

"Strength from the Past, Integrity of the Present, Respect for the Future"
Ph: 705-206-7525
Email: grfntrust@gmail.com

c/o 6 Shingwauk Street
Garden River, ON P6A 7B2

"1994 – 2023: Celebrating Community Engagement:
Garden River Membership Approved – Trust Funded!"

NOTICE OF VACANCIES & PRIORITY LIST -- OPEN UNTIL FILLED

1. Are you:
 - A) trustworthy and honest?
 - B) over the age of 30 years on commencement of term as Trustee?
2. Can you make:
 - C) time commitment of a minimum of 5 hours per month?
 - E) sound judgments?
3. Would you:
 - F) help others in your role as a Trustee?
 - G) maintain loyalty to the Trustees, AND higher loyalty to the Garden River Band members/beneficiaries, both present and future generations?

If you have answered YES to all of the above, you are invited to submit your resume and cover letter to the address below. Interviews will be scheduled for those applicants who meet the qualifications*. Successful candidates who meet these qualifications may serve as a Trustee whose purpose is:

"...the Trustees...will manage the Trust Property in a wise and prudent manner, and that the management of the Trust Property may include...investing and expending the Trust Property in ways that are to the greatest benefit to the people of GARDEN RIVER FIRST NATION, both those alive at the time this Trust Agreement is made and the future generations."

Send resume, cover letter to: Alanna Jones, Trust Manager
Garden River First Nation Community Trust
c/o 6 Shingwauk Street
Garden River, ON P6A 7B2
Email: grfntrust@gmail.com

***NOTES:** Meeting criteria s.6.6 of Trust Agreement; and interview process (average 50%+1 interview score); appointments to serve as Garden River Trustee are conditional upon submission:

- a. clear Criminal Reference Check
- b. clear/negative bankruptcy/credit check
- c. signed Code of Conduct
- d. three (3) forms as required corporate trustee

For more information, please call Alanna at (705) 206-7525, or email grfntrust@gmail.com.
Posted June 23, 2023



Public Works



The GRFN Transfer Station
located at 216 Noonday Drive is
OPEN

TUESDAY, 9 am—5 pm

WEDNESDAY, 9 am—5 pm

THURSDAY, 9 am—5 pm

FRIDAY, 9 am—5 pm

SATURDAY, 9 am—5 pm

CLOSED SUNDAY AND MONDAYS &
CLOSED FOR LUNCH
EACH DAY (12-1)

December 18, 2023

GARBAGE COLLECTION

Friendly reminder to all Community members from the Public Works Dept regarding garbage collection.

The garbage collection schedule is:

Monday – Garden East

Tuesday – Garden West

Each household is allotted **2-3 bags of garbage per week** to be picked up at the end of their driveway. It is your responsibility as a homeowner that any significant amount of garbage (4 bags or over) be brought directly to the Transfer Station.

We thank you in advance for your co-operation.

Sincerely,

Public Works Dept



March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 Ball starts March 1—ALL Month St. Patricks Day Special			FREE STRIP DAYS ONLY Letter 1	50/50 RAFFLE TO BE DRAWN AT OUR SPRING MONSTER BINGO	1 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	2 FREE STRIP DAY IN HALL ONLY MATINEE, PAY AS YOU PLAY, ONLINE MAIN
3 NO ONLINE MATINEE, PAY AS YOU PLAY, MAIN	4 MATINEE & MAIN ONLINE	5 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	6 FREE STRIP DAY MATINEE, PAY AS YOU PLAY, ONLINE MAIN	7 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	8 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	9 FREE STRIP DAY IN HALL ONLY MATINEE, PAY AS YOU PLAY, ONLINE MAIN
10 NO ONLINE MATINEE, PAY AS YOU PLAY, MAIN	11 MATINEE & MAIN ONLINE	12 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	13 FREE STRIP DAY MATINEE, PAY AS YOU PLAY, ONLINE MAIN	14 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	15 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	16 FREE STRIP DAY IN HALL ONLY MATINEE, PAY AS YOU PLAY, ONLINE MAIN
17 NO ONLINE St. Patricks Day MATINEE, PAY AS YOU PLAY, MAIN	18 MATINEE & MAIN ONLINE	19 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	20 FREE STRIP DAY MATINEE, PAY AS YOU PLAY, ONLINE MAIN	21 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	22 MATINEE, PAY AS YOU PLAY, ONLINE	23 FREE STRIP DAY IN HALL ONLY MATINEE, PAY AS YOU PLAY, ONLINE
24 NO ONLINE MATINEE, PAY AS YOU PLAY, MAIN	25 MATINEE & MAIN ONLINE	26 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	27 FREE STRIP DAY MATINEE, PAY AS YOU PLAY, ONLINE MAIN	28 MATINEE, PAY AS YOU PLAY, ONLINE MAIN	29 3X1000 12:45PM 4x1000 6:30PM MATINEE, PAY AS YOU PLAY, ONLINE MAIN	30 FREE STRIP DAY IN HALL ONLY MATINEE, PAY AS YOU PLAY, ONLINE MAIN

BINGO HOTLINE (705) 253-8718 PRESS #1

March 29th 2024 MINI MONSTER



BINGO

3 x 1000 at the Matinee 12:45 PM / 4 x 1000 at the Online Main 6:30 PM



GRFNBE has the right to change any promotion at any time. If you have any questions, please feel free to contact the promotions dept. at 705-253-8718 ext. 227, info@grfnbingo.com or come visit us at the promotions desk. Thank you!

NEW 5 BALL CHANCE

BINGO

Starting March 1

ALL month at the Matinee & Online Main

If you are waiting for the 4 ball and your number is the 5th ball in the same 4 ball column, you win an extra \$100

example : Caller calls B1 - I25 - G57 and the 4 ball chance number is O67, no one bingos. If you bingo on 5th ball O62, you win the extra \$100.

Can't bingo in 5 numbers in different 4 ball column.

GRFNBE has the right to change any promotion at any time. If you have any questions, please feel free to contact the promotions dept. at 705-253-8718 ext. 227, info@grfnbingo.com or come visit us at the promotions desk. Thank you!



MARCH LETTER I

WE WILL BE CHANGING THE FORMAT OF THE SUPER JACKPOT

WEDNESDAY AND SATURDAY ONLY MUST BINGO ON LAST NUMBER CALLED

SEE BACK OR ASK PROMOTIONS FOR MORE DETAILS

GRFNBE has the right to change any promotion at any time. If you have any questions, please feel free to contact the promotions dept. at 705-253-8718 ext. 227, info@grfnbingo.com or come visit us at the promotions desk. Thank you!



50/50 DRAW

Sales start March 1st at promotions



Draw date : Spring Monster Bingo

3 for \$5.00

15 for \$20.00

GRFNBE has the right to change any promotion at any time. If you have any questions, please feel free to contact the promotions dept. at 705-253-8718 ext. 227, info@grfnbingo.com or come visit us at the promotions desk. Thank you!

St. Patrick's Day

Random Player Club Draws to win
BINGO BUCKS

March 17th - 2024



Find a clover in your bundle
and receive two free strips



FREE green daubers for
12:45PM & 6:30PM



GRFNBE has the right to change any promotion at any time. If you have any questions, please feel free to contact the promotions dept. at 705-253-8718 ext. 227, info@grfnbingo.com or come visit us at the promotions desk. Thank you!



GRFD received updated training in Emergency Medical Responder that was provided by North Shore Tribal council.



Public AED defibrillators were installed in 5 community buildings that never had one before or were out dated; (community center, golf course, rec/school center, band office and health center). Bringing our community buildings closer to provincial OSHA standards.



Mar 10, 2024 - Daylight Saving Time Starts

WHEN IT'S TIME TO CHANGE THE CLOCKS, IT'S TIME TO CHECK YOUR SMOKE ALARMS.

A public safety message from the International Association of Fire Fighters

Band members who would like their alarms changed/checked can contact the **GRFD Hall @ 705 253-1870** to set up a date/time that is best for them.

When local standard time is about to reach Sunday, March 10, 2024, **2:00:00 am** clocks are turned **forward** 1 hour to Sunday, March 10, 2024, **3:00:00 am** local daylight time instead.



GARDEN RIVER FIRST NATION IS HIRING

In the spirit of our ancestors and our Treaty, we endeavour to conduct ourselves in a manner that is consistent with the Seven Grandfather Teachings given to us by the Creator. We envision a harmonious community that is built on mutual respect that maintains a healthy balance through prosperity and well-being. Through these actions we intend to create a self-sustaining community that fulfills the emotional, physical, mental, and spiritual well-being of all members.



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1-year Contract with possibility of extension
 Position: Project Coordinator
 Starting Range: \$26.50 - \$29.22 (Pending Qualifications)
 Location: 183 Noonday Drive
 Report to: Forestry Coordinator
 Proposed Start Date: April 1, 2024

POSITION SUMMARY
 Garden River Lands & Resources Department is seeking a Project Coordinator to be responsible for the coordination of activities relating to the successful implementation of two projects – An Anishinaabe-Led Approach to Forest Restoration in Garden River First Nation (GRFN) Territory and the Seed Collection and Archiving Program (SCAP). The Project Coordinator will also assist with the administration of our Geographical Information Systems (GIS) for Garden River. The Project Coordinator functions within legislative requirements, regulations, policies and procedures and the Mission, Beliefs and Vision of the Garden River First Nation, and contributes to the accomplishment of the strategic priorities.

- DUTIES**
- Coordinating the implementation of the two projects – An Anishinaabe-Led Approach to Forest Restoration in Garden River First Nation (GRFN) Territory and the Seed Collection and Archiving Program (SCAP);
 - Ensuring project budgets are accurately being tracked;
 - Assisting in establishing and hosting events for the Forestry Advisory Committee, working with other organizations and communities involved;
 - Assist in organizing community meetings;
 - Create external and internal communications (letters, memos, newsletter submissions, etc.);
 - Communicating with Garden River First Nation Community of progress;
 - Providing technical assistance to Lands & Resources Department;
 - Assisting with the administration of Lands department in obtaining certifications;
 - Assisting with writing funding proposals, policy review and development;
 - Work with external and internal partners/proponents;
 - When required; working as a Technician/Labourer;
 - Perform other relevant duties as needed within the organization;

- QUALIFICATIONS**
- College Diploma in Natural Environment Technician or relevant area of study;
 - Ability to work under pressure to meet deadlines;
 - Experience with project management considered an asset;
 - Certified Level 1 Tree Marker or willingness to obtain during employment
 - Great organizational and time-management skills;
 - Competent computer skills (including MS Office, Data Management in PC Computers, Google Earth Pro); Knowledge of designing GIS mapping;
 - Ability to use good judgement in assessing difficult situations;
 - Flexibility required to keep pace with an ever-changing environment;
 - Demonstrated sensitivity to and knowledge to the First Nation cultural values and traditions;
 - Ability to be consistent and display a positive/helpful attitude;
 - Ability to work independently and collaboratively as a member of a team;
 - Ability to report for work as scheduled;
 - Ability to attend work regularly;
 - Must undergo a criminal record check prior to employment (At applicant expenses).

Interested applicants can email or drop off their cover letter, detailed resume, three work related references by: **March 7, 2024, at 4:00pm**. Please address the envelope and/or email **Project Coordinator–2024-02** and submit to:
 Human Resources
 Garden River First Nation
 7 Shingwauk Street, Garden River, ON P6A 6Z8
 Email: employment@gardenriver.org
 Fax: 1-705-945-1415

Date Posted: February 22, 2024
PREFERENCE WILL BE GIVEN TO GARDEN RIVER BAND MEMBERS. SELF-IDENTIFICATION IS ENCOURAGED.
 We thank all applicants for their interest; however only those selected for an interview will be contacted.



OJIBWAYS OF ROBINSON-HURON TREATY OF 1850

6-Month Contract with possibility of Extension
 Position: Technician/Labourer x3
 Starting Range: \$21.90 - \$24.15 (Pending Qualifications)
 Location: 183 Noonday Drive
 Report to: Forestry Coordinator
 Proposed Start Date: April 1, 2024

POSITION SUMMARY
 The Technician is responsible for the supporting the Forestry Programs within the Garden River First Nation (GRFN) Lands and Resources Department. Under the direction of the Lead Hand, the Forestry Technician/Labourer shall assist in the day-to-day work of vegetation management activities, including right-of-way clearing and maintenance and operations of tools and equipment. The Forestry Technician/Labourer will ensure all work assigned is performed efficiently and will have a high regard for health, safety and the environment, ensuring compliance with applicable regulations, policies, procedures and standards.

- DUTIES**
- Assist in collection and compilation of forest related data such as forest resource inventory, stand stocking, regeneration assessment and site evaluation data;
 - Right-of-way clearing (ROW) with brush-saw, chainsaw and mechanized equipment where available;
 - Disposal of cut material;
 - Use of manual and mechanical equipment including brush-saw, chainsaw, and chipper;
 - Timber cruising & tree marking;
 - Riparian zone assessments & collection of ecological data;
 - Assisting with seed collection & archiving program (SCAP);
 - GPS data collection and road traversing;
 - Follow instructions to achieve specified standards and specifications;
 - Required physical demands of exertion and lifting occasionally, load/unload, move equipment around worksite;
 - Ensure worksite is organized and free of clutter and garbage;
 - Cleaning and maintaining forestry equipment and trucks
 - Maintaining knowledge of Occupational Health & Safety including wearing proper PPE;
 - Performing physical activities that require considerable use of your arms and legs and moving your whole body, such as climbing, lifting, balancing, walking, stooping, and handling of materials
 - Perform other relevant duties as needed within the organization;
 - Performing other duties as may be required and/or assigned;

- QUALIFICATIONS**
- Highschool Diploma and/or G.E.D preferred;
 - Possession of valid "G" Class license is an asset;
 - Ability to use good judgement in assessing difficult situations;
 - Flexibility required to keep pace with an ever-changing environment;
 - Demonstrated sensitivity to and knowledge to the First Nation cultural values and traditions;
 - Ability to work under pressure to meet deadlines;
 - Ability to work in inclement adverse weather, standing long periods on feet;
 - Be self motivated – able to function with little to no supervisory;
 - Ability to work independently and collaboratively as a member of a team;
 - Competent computer skills (including MS Word, Word Perfect, Excel, Internet, Email, Outlook);
 - Ability to report for work as scheduled;
 - Ability to attend work regularly;
 - Must undergo a criminal record check prior to employment (At applicant expenses).

Interested applicants can email or drop off their cover letter, detailed resume, three work related references by: **March 7, 2024, at 4:30pm**. Please address the envelope and/or email **Technician/Labourer– 2024-03** and submit to:
 Human Resources
 Garden River First Nation
 7 Shingwauk Street, Garden River, ON P6A 6Z8
 Email: employment@gardenriver.org
 Fax: 1-705-945-1415

Date Posted: February 22, 2024
PREFERENCE WILL BE GIVEN TO GARDEN RIVER BAND MEMBERS. SELF-IDENTIFICATION IS ENCOURAGED.
 We thank all applicants for their interest; however only those selected for an interview will be contacted.



OJIBWAYS OF ROBINSON-HURON TREATY OF 1850



GARDEN RIVER FIRST NATION IS HIRING

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6-Month Contract with possibility of Extension
 Position: Technician/Labourer – Lead Hand
 Starting Range: \$24.09 - \$26.56 (Pending Qualifications)
 Location: 183 Noonday Drive
 Report to: Forestry Coordinator
 Proposed Start Date: April 1, 2024

POSITION SUMMARY
 The Lead Hand will be responsible to supervise the Forestry crew in the day-to-day work of vegetation management activities, including right-of-way clearing and maintenance and operations of tools and equipment. The Forestry Lead Hand will ensure all work assigned is performed efficiently and will have a high regard for health, safety, and the environment, ensuring compliance with applicable regulations, policies, procedures, and standards.

- DUTIES**
- Assist in collection and compilation of forest related data such as forest resource inventory, stand stocking, regeneration assessment and site evaluation data;
 - Supervise vegetation management activities while promoting a safe work environment;
 - Liaise with Coordinator to provide direction and support to workers to achieve set goals and maximize efficiency;
 - Assist with coordination, management and scheduling;
 - Right-of-way clearing (ROW) with brush-saw, chainsaw and mechanized equipment where available;
 - Disposal of cut material;
 - Use of manual and mechanical equipment including brush-saw, chainsaw, and chipper;
 - Timber cruising & tree marking;
 - Riparian zone assessments & collection of ecological data;
 - Assisting with seed collection & archiving program (SCAP);
 - Ability to work in adverse weather;
 - Required physical demands of exertion and lifting occasionally, load/unload, move equipment around worksite;
 - Conduct daily pre-shift meeting;
 - Identify needs for safety training and participate in safety investigations;
 - Complete safety and hazard assessments;
 - Performing other duties as may be required and/or assigned;

- QUALIFICATIONS**
- Highschool Diploma and/or G.E.D preferred; minimum two years in a supervisory role;
 - Vegetation management experience is an asset;
 - Certification in timber cruising/tree marking an asset or willingness to obtain during employment
 - Ability to lift up to 50 lbs;
 - Possession of valid "G" Class license or "DZ" License is an asset;
 - Ability to use good judgement in assessing difficult situations;
 - Flexibility required to keep pace with an ever-changing environment;
 - Demonstrated sensitivity to and knowledge to the First Nation cultural values and traditions;
 - Ability to work under pressure to meet deadlines;
 - Ability to work independently and collaboratively as a member of a team;
 - Excellent organizational skills, time management skills, interpersonal and communication skills;
 - Ability to attend work regularly as scheduled;
 - Competent computer skills (including MS Word, Word Perfect, Internet, Outlook);
 - Must undergo a criminal record check prior to employment (At applicant expenses).

Interested applicants can email or drop off their cover letter, detailed resume, three work related references by: **March 7, 2024, at 4:30pm**. Please address the envelope and/or email **Lead Hand– 2024-01** and submit to:
 Human Resources
 Garden River First Nation
 7 Shingwauk Street, Garden River, ON P6A 6Z8
 Email: employment@gardenriver.org
 Fax: 1-705-945-1415

Date Posted: February 22nd, 2024
PREFERENCE WILL BE GIVEN TO GARDEN RIVER BAND MEMBERS. SELF-IDENTIFICATION IS ENCOURAGED.
 We thank all applicants for their interest; however only those selected for an interview will be contacted.



OJIBWAYS OF ROBINSON-HURON TREATY OF 1850

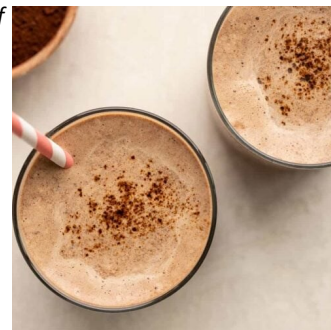
Recipe

Chocolate Coffee Breakfast Smoothie

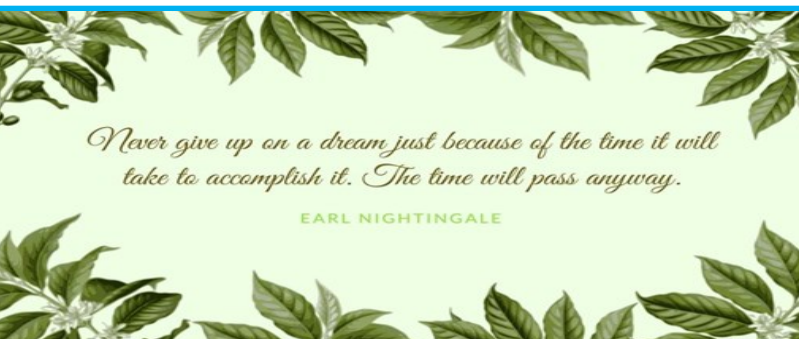
(A sneaky way to add an extra dose of vegetables to your day)

Ingredients:

- 1/2 frozen banana
- 1/2 cup frozen riced cauliflower
- 1 tbsp unsweetened cocoa powder
- 1 tbsp. instant coffee
- 1 cup of milk (any type of milk—the creamier the better)
- 1/2 tsp sugar (any type of sweetener you prefer)



Add all of the ingredients to a blender and blend until smooth. Taste and adjust the sweetness to your liking. Serve immediately.

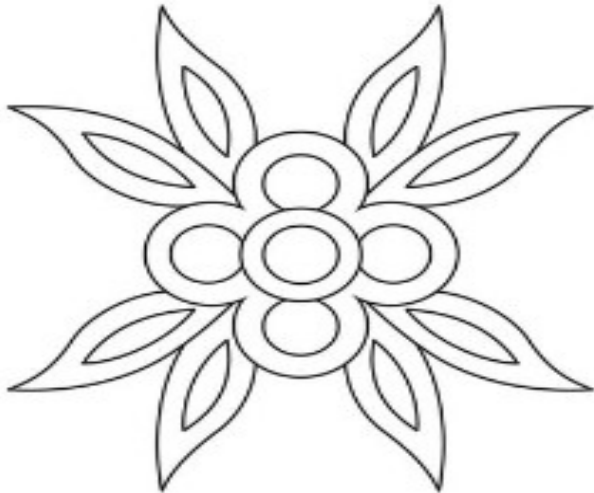


EARL NIGHTINGALE

GRFN Community Newsletter Contact Information

Irene M. Gray, Resource Centre Coordinator
GR Education/Recreation Centre 48 Syrette Lake Road, G.R., ON P6A 7A1
Phone: 705-946-3933 Ext 210, Fax: 705-946-0413
Email: irene.gray@gardenriver.ca Website: https://urlis.net/xvdb0

April 2024 Newsletter
Submission Deadline:
Friday, March 22, 2024.



Please call **1-888-310-1122** when you need to make a report with your local APS detachment.

Our offices are not staffed 24/7. Officers are on the road and unable to check voice messages. When you call the dispatcher they will automatically create an occurrence report and it will be given to an APS officer. Remember that dispatchers are not from the community and will ask you questions, please be patient as it is their job, and it is for everyone's safety.

Miiqwetch for your understanding.

IF YOU SEE IT REPORT IT

1-888-310-1122

1-800-222-TIPS(8477)

"Our communities are suffering at the hands of outsiders taking advantage of our people. We are plagued by drugs, gangs, shootings, overdoses, and violence. Let's not forget that these same people are responsible for taking away young women from our communities for human trafficking. These people prey on us because we have been silenced by our own fears. Police need actionable information."

If you see it, report it.

You will remain anonymous, but your information will not go unheard."

What is actionable information?

DO

- Call a dispatcher
- Alert Crime Stoppers
- File a police report
- Provide first hand info



DON'T

- Call the Band Office
- Tell info for a friend
- Wait too long to call
- Post on social media



Artist: Hawlii Pichette Mushkego Cree
From "A Collection of Indigenous Colouring Pages ~ Time To Colour"

March 2024
Onaabbodin-giizis
Snowcrust Moon

